



LASH ENHANCEMENT (PERMANENT EYELINER) PREPARATION

Preparation is key for the best results. Follow the steps below for the best results, including before all touch ups.

- Avoid alcohol, caffeine, Aspirin, or Ibuprofen for 24 hours before the procedure.
- Discontinue any use of **all eyelash serums** at least 4 weeks prior to treatment.
- Discontinue Vitamin A/Retinol products at least two weeks prior to treatment.
- Discontinue Fish Oil or Vitamin E one week prior to treatment.
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have.
- Be sure to advise us of any allergies, medical conditions, prior permanent eyeliner and prescriptions you take **prior** to your appointment.
- Do NOT wear any eye makeup to your appointment; especially mascara.
- Remove any eyelash extensions at least 3 days prior to your appointment.

AFTERCARE

It usually takes around 5-7 days for the skin to heal. However, you should follow the After-Care until your skin is completely healed. Your skin is healed when all flaking and/or scabbing is gone.

Day of treatment:

- Do not touch your eyes.
- Before bed you can ice your eyes by placing it on top of a fresh paper towel or tissue. Do not put ice directly on skin.
- Do not wash eyes and try to keep them dry.
- If your eyes are swollen, you may take Tylenol.

Days 2-7 (until the scabbing stops): WASH

- **Gently** rinse your eyes each morning and night with water and a gentle soap (ex. Dial, baby shampoo, Cetaphil). With a very light touch, use your clean fingertips to gently cleanse your eyes. Rub the area in a smooth motion for 5-10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue or let air dry. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.
- **We believe healing with little to no aftercare ointment is best! You should only apply Aquaphor if you are extremely itchy and uncomfortable.** If so, you can apply a rice grain amount of Aquaphor with a cotton swab and spread it across the treated area as needed. **Be sure not to over-apply as this will suffocate your skin and delay healing.** The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.
- **Do not rub or pick at your eyes. This can cause scarring, blurring, and/or infection. Should there be any scabbing, let them fall off naturally.**
- Aside from your daily gentle washes as noted above, do not soak your eyes in water until healed (ex. bath tub, sauna, pool, or hot tub). When washing your face, wash around the eye area. Showers are fine but limit them to five minutes to prevent too much steam around the eye area.
- Avoid facials, chemical treatments, and Botox until your eyes are healed.

- Do not allow makeup, lotions, or other products to touch the treated area. No eye makeup for at least 7 days minimum or until fully healed!
- Stay out of direct sunlight and tanning booths. You can go outside of course! Avoid laying out at the pool or a beach until your eyeliner is healed. If you are going to the beach or pool wear a hat that shields your eyes from the sun until you're healed, like a visor or baseball cap.
- Consult a physician if you have ANY signs of infection, which could include redness in the eye area (aside from the first 48-72 hours after your appointment), foul smell, green or yellow discharge, and/or fever.
- Should you have any questions or concerns, please call or text us at (513) 454-6911.

LONG-TERM AFTER-CARE - AFTER YOUR SKIN HAS HEALED

- You can resume wearing eye makeup after day 7. New mascara is recommended to prevent old bacteria being introduced to procedure area.
- You can resume using lash serum or getting new eyelash extensions 4 weeks after your touchup appointment. (Not to use in between appointments.)
- Inform your technician of your permanent eyeliner at the time of any laser procedures or MRIs.

HEALING STAGES

- **Day 1:** Your eyeliner looks great! Redness and puffiness will dissipate within a couple of hours. Minor soreness may remain, but typically ice and Tylenol will help.
- **Days 2-4:** Your eyes may still be slightly swollen but this is normal and some clients have slightly more swelling than others. This is temporary and will only last a few days on average.
- **Days 5-7:** Your eyeliner may begin to flake or scab and fall off. This step is normal and necessary. Whatever you do, do not pick at your eyes. Let them naturally flake off.
- **Days 7-10:** Your eyeliner may appear several shades lighter once the scabbing is gone. It's common to worry that something is wrong. If you're following the aftercare fully, this is very normal. The top layer of skin is fresh and is muting the pigment. You can begin wearing eye makeup again—new mascara is recommended!
- **Days 11-28:** Your eyeliner will begin to appear darker and you may feel relieved to see some of the color returning. It's common to be slightly patchy in spots, and to feel that your eyeliner isn't dark enough. Not to worry, that's why we have touch up appointments!