



REHEARSAL TIPS

BRIDE & BRIDESMAIDS

Sustenance (and avoiding fainting)

- Eat breakfast
- Drink plenty of water and stay hydrated.
- Go easy on the champagne while you're getting ready.
- Wear your shoes tonight, so that your feet are ready for them
- Try to get a good night's sleep! Go to bed early (before 10pm)

An important note about sobriety:

- You will be signing legal documents on your wedding day; so, if I assess that you are under the influence, tomorrow will be a commitment ceremony only. Same for your witnesses.

On the day:

- Wear waterproof mascara, and long-lasting lipstick.
- Bride – wear your engagement ring on your right hand.
- When in the car, be in mobile phone contact with a guest at the venue so that if you are running late, you can advise me. Things happen. It's OK.
- Maid of Honour – Ensure at all times throughout the ceremony that the bride's train and veil are beautifully positioned, and free of leaf litter! DO NOT STEP ON HER!
- Hold your bouquets to cover your belly buttons. Dry stems so as not to mark your dress.
- As you begin the Processional, chin up, shoulders back and smile! ☺ Walk slowly and naturally – no Death March!
- Smile, and enjoy the day ☺ If you are relaxed, the Bride will be too.

During the ceremony:

- Look at each other when saying the vows, not me! I will talk you through the entire ceremony, so relax.
- Put the ring to the knuckle, say your words, pause for photos, then gently put the ring on the rest of the way.
- Bride – sign all documents in maiden name.

About children:

- Nominate an adult who can wrangle or console them if they start to get distressed or bolt!
- I recommend that children and pets as ring-bearers only carry fake rings to avoid disappointment. Have the real rings with a responsible adult (Best Man).

After the ceremony:

- Nominate a responsible adult (usually one of the Mums) for me to give your Presentation Marriage Certificate. Ask them to keep it safe for you until you return from your honeymoon.
- Treasure this document, as it cannot be replaced!

BRIDEGROOM & GROOMSMEN

- Go easy on the grog tonight
- Drink plenty of water and stay hydrated
- No KFC, beans, curry or other 'windy' foods tonight!
- Pack an esky of food and snacks, and leave in the car. Bring out during photos. You'll be starving after the ceremony!

- Best Man – know where the rings are at all times!
- Best Man – carry a clean hanky for the groom in case of tears.
- Groomsmen: you have two jobs on the wedding day: 1) Stay upright and 2) Look good. You're the best-looking guys the groom knows. Don't let him down!
- Smile as soon as you see the bridesmaids – it will relax them ☺
- No hands in pockets! Left hand over right to see your watches.
- Nothing in your pockets, other than a hanky.
- Put the stubbies away out of sight.
- Put sunglasses inside your jacket.
- If you feel faint, move your knees, wriggle your toes, even shake out your hands. Get the blood flowing and take a few slow, deep breaths.
- If this doesn't work, go down on one knee and rest your forehead on your hands. This is my signal to get you assistance. If you collapse, you're on your own, so don't be a hero!