



THE FASTING PODCAST **WOW**: EPISODE 122: AID FOR FASTING, IMMUNE, DIGESTION & GUT

# EPISODE 122: AID FOR FASTING, IMMUNE, DIGESTION & GUT

The **Fasting** Podcast **WOW** (Wellness & Optimal Weight)



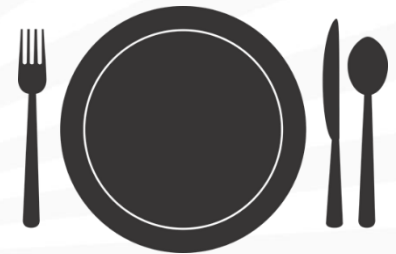
Host: Julie Phillips, CNHP



## THE FASTING PODCAST WOW: EPISODE 122: AID FOR FASTING, IMMUNE, DIGESTION & GUT

### FASTING VS GREAT FASTING

- Excellent digestion aids fasting results
- Getting healthy bowel movements also aids fasting results
- Good absorption of nutrients can reduce cravings
- Eliminating or lessening candida can make weight loss much easier
- Taking lipase enzyme on empty stomach can break down stored fat
- Getting the right kind of chromium can help with cravings during fasting
- Balancing the pH can also help with less cravings during fasting
- Having a strong immune system can keep us on track with fasting





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## Single Tool for Fasting, Immune, Digestion & Gut



### LifesMiracle™ Tri-Zyme Plus

ENZYME/PROBIOTIC/HERBAL/NUTRIENT/PH IONIC MINERALS BLEND

It's Like 7 Products in 1 Capsule – for humans & pets!

Supplement Facts	
Serving Size: 1 Capsule Amount Per Serving	
	% Daily Value
<b>Nutritional Support</b>	
Vitamin C	100 mg 200%
Vitamin D3	25 mcg 500%
Calcium	4 mg 10%
Iron	1 mg 20%
Cholesterol	200 mg 40%
<b>Enzyme Blend</b>	
Bromelain	10,000 BU
Protease	50,000 BU
Amylase	50,000 BU
Lipase	500 BU
Cellulase	500 BU
Mucopolysaccharidase	500 BU
Phytase	500 BU
<b>Probiotic Blend</b>	
Acidophilus	100 mg
Streptococcus	100 mg
Bifidobacterium	100 mg
Lactobacillus	100 mg
<b>Herbal Blend</b>	
Peppermint	10 mg
Chickweed	10 mg
Chlorella	10 mg
Phytolacca	10 mg
<b>Other Ingredients</b>	
Microcrystalline Cellulose	
Hydroxypropyl Methylcellulose	
Starch	
Tri-Zyme Plus	
Tri-Zyme Plus	
Tri-Zyme Plus	



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## ENZYME/PROBIOTIC/HERBAL/NUTRIENT/pH IONIC MINERALS BLEND

Get the **BENEFITS** of 7 Products in **ONE Capsule** – for You & Your Pets!

- Enzymes – protease works in 3 pH ranges (*gut, blood, lymph*), may take before meals (*digestive*) or empty stomach (*systemic*)
- Probiotics (*multiple strains for large and small intestines*)
- 70+ ionic minerals virtually same format as human bone
- Includes all electrolytes the body needs
- Calcium & D3 for its absorption
- The only form of chromium for blood sugar that the body readily absorbs without issue (*niacin bound GTF chromium*)
- Herbs for conditioning the colon
- Nutrients specific to aid the digestive process



### Benefits

- ✓ May help digest, assimilate, eliminate, balance pH, reduce inflammation, aid immune & colon health, clean the blood...
- ✓ On empty stomach, may assist with candida, bowel pockets...
- ✓ Spares metabolic enzymes when eating cooked food

### Supplement Facts

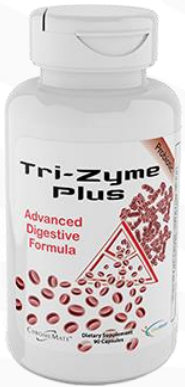
Serving Size: 3 Capsules  
Servings Per Container: 30

Amount Per % Daily			Amount Per % Daily		
Serving	Value		Serving	Value	
<b>Nutritional Support:</b>					
Vitamin A (as Vitamin A Acetate)	1,500 mcg RAE	167%	Lactobacillus acidophilus	200 Million CFU	*
Vitamin D-3 (as Cholecalciferol)	25 mcg	125%	Lactobacillus bulgaricus	150 Million CFU	*
Calcium (as Sea Coral Calcium 15 mg)	6 mg	<1%	Streptococcus thermophilus	150 Million CFU	*
Chromium (as D-Polymicocinate) †	200 mcg	571%	Bifidobacterium longum	1.75 Billion CFU	*
<b>Enzyme Blend:</b>					
Protease 6.0	16,000 HUT	*	<b>Herbal Blend:</b>		
Protease 4.5	30,000 HUT	*	Papaya 10:1 extract (Carica papaya) (fruit)	50 mg	*
Protease 3.0	50 SAPI	*	Deglycyrrhizinated Licorice (DGL) 4:1 extract (Glycyrrhiza glabra) (root)	300 mg	*
Amylase	3,000 SKB	*	Fenugreek (Trigonella foenum-graecum) (seed)	50 mg	*
Lipase	300 FIP	*	*Daily Value not established. Other Ingredients: Vegetable Cellulose Capsule, Vegetable Magnesium Stearate, Silicon Dioxide		
Invertase	400 SU	*			
Maltase	900 DP	*			
Cellulase	900 CU	*			
Lactase	800 ALU	*			
Bromelain	105 FCC PU	*			
Peptidase	1,000 HUT	*			





# THE FASTING PODCAST WOW: EPISODE 122: AID FOR FASTING, IMMUNE, DIGESTION & GUT



- Retail bottle (90 capsules, 3/day) \$89.90
  - Member autoship order (-50%) \$45.95
- Cost of membership: \$12.95/year
- Signup w/1<sup>st</sup> bottle (membership included) \$54.95
- Case of 12 (Members Only) **\$37.53 each**

### Compare:

- Cost of digestive enzymes on Amazon \$20
- Probiotic on Amazon \$16
- Chromium GTF on Amazon \$12
- Trace Minerals on Amazon \$17
- Calcium with D3 on Amazon \$18
- Vitamin A 1500mcg on Amazon \$8
- Systemic enzymes on Amazon \$32+

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Total (Doesn't cover all our ingredients & quality) \$123

Julie's Affiliate Link: [www.Tri-ZymePlus.com](http://www.Tri-ZymePlus.com)



## Possible Next Steps



My 5-year affiliate link for Tri-Zyme Plus is: [www.Tri-ZymePlus.com](http://www.Tri-ZymePlus.com)

Check out our website: [www.JPWOWPrograms.com](http://www.JPWOWPrograms.com)

Please refer others to the podcast / youtube & give us a good Itunes review

For questions or feedback, email [Julie@JPWOWPrograms.com](mailto:Julie@JPWOWPrograms.com)





# Stay Positive, Focused, & Determined Because Where the Mind Goes, **Energy Flows...** *Ernest Holmes*

