



EPISODE 44: LIFEBOAT FREEDOM – 8 WELLNESS “WOW” TECHNOLOGIES

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I WAS DROWNING IN DEBT, POOR HEALTH, & STRESS
FROM PERIL TO PASSION & PURPOSE



JULIE PHILLIPS, Certified Natural Health Professional
LIFEBOAT FREEDOM “15 Minutes to Freedom” VIDEO SYSTEM CREATOR
PODCAST/YOUTUBE HOST: THE FASTING PODCAST WOW (Wellness & Optimal Weight)



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- 🌈 \$20,000 in Credit Card Debt - Stressed
- 🌈 Stock Market Eating Up Pensions – More Stressed
- 🌈 Life-Threatening Health Scare - Stressed Prayer
- 🌈 Quick Health Turnaround, Became Wellness Expert, Earned Double Corporate Income in 1 Year of Wellness – Made a Promise to Help Others
- 🌈 Lifestyle of Freedom - Monthly Vacations for Years
- 🌈 Qualified to Create “Lifeboat Freedom” Video System and Educational Wellness Podcast



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ARE YOU...

- ★ Sick & Tired of Being Sick & Tired?
- ★ Drowning in Overwhelming Stress?
- ★ Tired of Others Controlling Your Time?
- ★ Overworked or Underpaid or Both?
- ★ Drowning in Debt or Financial Issues?
- ★ Worried About Your Financial Future?

IF SO, YOU ARE NOT ALONE!



ARE YOU DROWNING IN...

Debt? Poor Health?
Overwhelming Stress?

DO YOU WANT OR NEED A HEALTH OR WEALTH LIFEBOAT?

WISHING FOR MORE FREEDOM? *(Physical, Financial, Emotional, Time)*



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WE CAN HELP!



We Invite You to Watch Our Multiple Choice 3-Part Video Series
(www.LifeboatFreedomOptions.com):

“15 Minutes to Freedom” to Learn How Our Lifeboat Freedom Plan Can Rescue You with Little Time, Effort, Cost or Risk!



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CHOOSE A LIFEBOAT FREEDOM RESCUE PLAN OPTION

1st Watch Videos #1 & #2 Per Instructions Above at www.LifeboatFreedomOptions.com,
Click Link Below for Favorite Option After Viewing Catalog, & Get Back with
Julie@LifeboatFreedom.com

ARIIX™: Wellness & Optimal Weight (WOW) Natural Proven Drops System www.LifeboatFreedomARI.com

LIFESMIRACLE™: Best Air Purification, Digestive/Gut Blend www.LifeboatFreedomLIF.com



ATOMY™: Healthy vs Abnormal Cells/Blood/Immune www.LifeboatFreedomATO.com

NUYUGENT™: Wild-Crafted Adaptogen/CBD Elixir for Stress, Discomfort... www.LifeboatFreedomNUY.com

ENZACTA™: Mitochondria Nutrients for Cell Batteries for Any Challenge www.LifeboatFreedomENZ.com

PRUVIT™: Exogenous Edible Ketone Drinks for Burning Fat, Appetite, DNA... www.LifeboatFreedomPRU.com

HEALY WORLD™: Wearable Energy Devices (Clip-On & Watch) www.LifeboatFreedomHEA.com

UNIVERA™: Best Aloe, Cell Renewal, Digestive Bitters, Free Products Monthly www.LifeboatFreedomUNI.com



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WATCH VIDEO #3 ARIIX™ – RESCUE PLAN (15 Minutes to Freedom) Wellness & Optimal Weight (WOW) Drops System



- 🌈 All-Natural Lifestyle Eating & Drops with Homeopathy, B₁₂, Stress Nutrients Targeting Hormones, Appetite, Emotions, Digestion, Detoxification
- 🌈 Clinical Trial 1/2 Pound/Day Women, 2/3 Pound/Day Men with 90% Reaching Goal Versus None in Control Group, with Drops Improving Triglycerides, Visceral Fat, Insulin, Cholesterol, Inflammation...
- 🌈 Optional Pure, Plant-Based Tasty Shakes & Greens
- 🌈 *Note: Photos to Left From Corporate Website 60-Day Challenge, Results are Not Typical*



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WATCH VIDEO #3 ATOMY – RESCUE PLAN (15 Minutes to Freedom)

HEMOHIM® FOR HEALTHY VS ABNORMAL CELLS, IMMUNE, BLOOD

HemoHIM



- HemoHIM®, Patented in Multiple Countries, Stands For:
 - Hemoglobin: Hemoglobin Carries Oxygen from the Lungs to the Rest of the Body Where it Releases Oxygen to Burn Nutrients to Provide Energy to Power the Functions of the Body in Metabolism
 - Hemopoiesis: The Formation of Blood
 - Immune: Immune System
 - Modulation: Regulate or Balance



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WATCH VIDEO #3 ENZACTA™ – RESCUE PLAN (15 Minutes to Freedom)

PXP® Mitochondria Nutrients For Cell Batteries & Any Health Goal

This is one of many miraculous stories using the mitochondria nutrients! This baby pulled down his Mama's teacup of boiling water and experienced 2nd and 3rd degree burns.

The parents decided to use the mitochondria nutrients internally and topically, along with colloidal silver spray on the skin to avoid any infection. You can see the dramatic difference in the photos from Day 2 to Day 10!





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WATCH VIDEO #3 HEALY WORLD™ – RESCUE PLAN (15 Minutes to Freedom)

HEALY® Clip-on FDA-approved Energy Device & Watch for Anyone



- The Healy Clip-On May be Used by Multiple People
- The Healy Watch is for a Single Individual
- For All Features, Both Devices & Software are Needed, but Either can be Used Alone
- Medical Device (E.G. Canada & US FDA Class 2)
- Healy Offers: Analysis of an Individual's Status, Suggestions, Frequency Formulas, Microcurrents & Digital Nutrition Specific for that Individual





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WATCH VIDEO #3 LIFESMIRACLE™ – RESCUE PLAN (15 Minutes to Freedom)

Air Sanifiers® & Best Digestive/Gut Blend



- Rated Best Air Purification System Per Texas A&M
- Proven to Sanitize Surfaces
- Drops Dust, Pollen & Animal Dander Out of Air
- No Filters to Change
- Deactivates Black Mold
- Tri-Zyme Plus is One of the Best Digestive/Gut Blends Available with 3 pH Ranges, Enzymes, Probiotics, Ionic Minerals, Vitamin D₃, Best Form of Chromate for Blood Sugar & Herbs for Digestion & Gut





Wild-Crafted Adaptogen/CBD Elixir for Stress & Discomfort

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WATCH VIDEO #3 NUYUGEN™ – RESCUE PLAN (15 Minutes to Freedom)

Wild-Crafted Adaptogen/CBD Elixir for Stress & Discomfort

- 10 Wild-Crafted Adaptogens/Herbs for Stress+, Backed by 3000+ Studies Over 50 Years by 1200 Scientists
- In a Study of Stressed People with Excess Cortisol, the Product Reduced Damaging Cortisol 40.2%
- In The US, the “Plus” Option has Organic Hemp-Based CBD Full-Spectrum with No Hallucinatory Issue
- CBD Industry Wide Uses: Discomfort, Inflammation, Mood, Anxiousness, Serious Illness, Nausea, Neurological Challenges, Blood Sugar, Heart Health





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WATCH VIDEO #3 PRUVIT™ – RESCUE PLAN (15 Minutes to Freedom)

Exogenous Edible Ketone Drinks for Burning Fat, Appetite, DNA...



- Exogenous (Consumable) Ketones Require Almost No Digestion & Are Instantly Useable for Superior Energy & May Help: Feeling of Fullness Between Meals or During a Fast, Physical Performance, Mental Function, Longevity, Tolerating More Carbs, Avoiding “Keto Flu,” Inflammation, Getting “Fat-Adapted,” Travel Convenience...
- They Help Appetite & Cravings and Provide More Than Double The Energy (9 Calories) of Burning Carbs or Protein (4 Calories of Energy)



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WATCH VIDEO #3 UNIVERA™ – RESCUE PLAN (15 Minutes to Freedom) Best Aloe, Cell Renewal, Digestive Bitters & Free Products Monthly



- 🌿 Aloe Select® Mango is Bioactive, Hand-Crafted Peak Aloe for Digestion/Gut Health, 3 Times the Potency
- 🌿 Aloe-Based Xtra® Cellular Renewal Formula “Reduces the Rate of DNA Damage in as Few as 14 Days” & Supports Energy, Stress, Mood, Joints, DNA
- 🌿 Km® Bitters Tonic for pH Balance, Digestion, Inflammation & More was Inspired by Prayer in 1922 (Karl Jurak), Listed in Physician’s Desk Reference, Validated All Naturally Derived Ingredients by Texas A&M
- 🌿 50+ Natural Products with Unsurpassed Science, with 50 Full-Time Scientists in a Farm-to-Family Approach





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OUR EDUCATIONAL HELP:



THE FASTING PODCAST

WOW (Wellness & Optimal Weight)

We Invite You to Tune in to Our Weekly 8-15 Minute Episodes:

www.FastingWOWYouTube.com for Video with Slides

www.FastingWOWITunes.com for Audio while Driving



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ARE YOU READY FOR A LIFEBOAT RESCUE?



WHAT IF...there was a LIFEBOAT sent to RESCUE you from drowning, would you be ready to get on board?



WHAT IF...the Lifeboat could feel more like a yacht, or even a luxury liner in 6-12 months when your video work could be done in 28 days... would you give it serious consideration?

Choose 1 of Our Excellent Rescue Plan Options, Watch the 15 Minutes to Freedom Video Series on www.LifeboatFreedomOptions.com, Get Back with Me



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Possible Next Steps



For interest in “Lifeboat Freedom” system, get back with Julie@LifeboatFreedom.com who will help you or connect you with an excellent team mate to assist.



Watch our next & previous episodes, refer others, & check out our website: www.TheFastingPodcastWOW.com

Watch WOW (Wellness & Optimal Weight) video: www.LifeboatDoctors.com

Podcasters – 5-stars on I-Tunes, YouTubers – “like” this video & subscribe



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Stay Positive, Focused, & Determined Because
Where the Mind Goes, Energy Flows... *Ernest Holmes*

