



THE FASTING PODCAST **WOW**: EPISODE 57 – MORE VIRUS SUPPORT TOOLS

# EPISODE 57: MORE VIRUS SUPPORT TOOLS

## Herbals and Enzyme/Probiotics to Break Down Protective Coatings

The Fasting Podcast **WOW** (Wellness & Optimal Weight)



Host: Julie Phillips, CNHP



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### Topics for Virus

- Natural health products do not prevent, heal, treat or cure anything – they are options to consider in supporting our bodies as the miracle
- Episode 52 talked about an air purifier that also sanitizes surfaces up to 99% on viruses, bacteria, mold, allergens, and formaldehyde
- Episode 50 had a guest doctor talk about a natural supplement that may inhibit virus from attaching to our cells and also dislodge them – the same company has water catalyst to aid oxygenating our water
- Episode 48 talked about a 72 hour water fast with proper preparation and follow-up that may help reset the immune system in 72 hours
- Episode 26 talks about a patented supplement that targets modulating the immune system, healthy cells & the blood including oxygenation
- This episode 57 discusses more virus support tools – herbals & outer coatings
- Eating all natural organic when possible, drinking pure water (1/2 body weight in ounces of pure water per day), and the positive mind/body/spirit connection are valuable basics of a healthy start





### Immune Supplements

- Of the companies in my WOW toolkit, I will use an herbal example from a company with 200+ patents, 50+ full time scientists

Large Pack from Univera (free shipping any pack, large offers income opportunity):

- WOW Immune Emergency (<https://www.youtube.com/watch?v=Jtee9H1JM2o>)
- WOW K+ Super Tonic ([www.KplusSuperTonic.com](http://www.KplusSuperTonic.com)) *Thyme, Celery, Chamomile*
- WOW Aloe Probiotic ([https://www.youtube.com/watch?v=1N\\_gLB1l4h8](https://www.youtube.com/watch?v=1N_gLB1l4h8))
- WOW Perfect Combination (WOW Aloe & WOW Renewal)

(<https://www.youtube.com/watch?v=vPjQlwT8oKg> WOW Renewal and <https://www.youtube.com/watch?v=1bhTeHBWSSl> WOW Aloe)

- Recommend watching all, especially 5-min on day/night approach of WOW Immune Emergency (of the 7-days, usually only 3-3.5 days worth needed)
- There are many other immune products from reputable internet sources including others in my WOW toolkit (e.g. Episode 26 immune/blood/healthy vs abnormal cells)





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### Enzymes to Break Down Protective Coatings



**WOW Digestive/  
Gut Blend**

[www.LifeboatTri-ZymePlus.com](http://www.LifeboatTri-ZymePlus.com)

- You may know that viruses are not fully functional living organisms able to self-replicate. Made of DNA or RNA often with protective coatings (e.g. proteins including glycoproteins which are protein/carb combined for the structural wall, lipids/fats), viruses must invade a living organism and enter their cells to replicate and harm, using the energy and resources of the invaded host – an invisible parasite.
- On an empty stomach, lipase enzymes break down fat, amylase breaks down carbs including those within glycoproteins around viruses, protease enzymes break down protein including coatings around parasites, cancer cells, candida & poorly digested food floating around the system making us acidic – best I've seen WOW digestive/gut blend (also make air sanitizer ep 52)
- If protective coatings are gone, what's left is exposed to the immune system and the other enzymes and probiotics in the same capsule, with the body capable of expelling any remains with other waste
- Probiotics are an important part of the immune system. Enzymes help the body do its important jobs & help break down harmful things in the body
- Bonus: formula has ionic minerals, chromate, & nutrients for digestion/gut (see blood pics)
- Currently there are no studies specifically on COVID-19 since no samples are available, but if this virus acts like other forms, results with air sanitizer & enzyme approach may be helpful



### Possible Next Steps



Watch related episodes mentioned, refer others & check out our website that includes the slides for each episode: [www.JPWOWPrograms.com](http://www.JPWOWPrograms.com)

Direct questions or feedback to [Julie@JPWOWPrograms.com](mailto:Julie@JPWOWPrograms.com)

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# Stay Positive, Focused, & Determined Because Where the Mind Goes, **Energy Flows...** *Ernest Holmes*

