

VAVRS COMPETITION RULES AND ENTRY FORM

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RULES FOR COMPETING IN VAVRS SPONSORED COMPETITIONS AT THE FIRST RESPONDER VIRGINIA

1. All participants must be registered with FIRST RESPONDER VIRGINIA
2. **All Competition Entries are due in the state office no later than AUGUST 30, 2021**
3. All competitors will be required to show the following to compete:
 - a. FIRST RESPONDER VIRGINIA registration badge.
 - b. Picture identification. Example: Driver's license or identification badge with picture.
 - c. Current card for the contest in which they are competing unless otherwise noted in the specific contest's rules. Example Vehicle Extrication competition participant must show a current Vehicle Extrication Certification card.

This rule does not apply to the AVAVRS teams competing in the EMT Contest.

One VAJVR member must possess an EMT card for their team to be able to compete in the EMT Contest
4. An individual may compete only one time in each event.
5. Abusive and obscene language and gestures will not be tolerated and the entire team will be disqualified.
6. If it is determined that an individual gave information to another individual/team that will help them in competition, the team receiving the information, and the individual who provided it will be disqualified.
7. Score sheets will be reviewed by the team Captain on what was missed following completion of the problem. No numeric score value will be on the sheet at the time.

Competition Title: **Advance Life Support (ALS)**

Competition Co-Chair Sara Midkiff

Competition Co-Chair: Frank Smith

Competition Date: Thursday, September 23, 2021

Rain Date: Friday, September 24, 2021

The Advanced Life Support Contest is designed for the Paramedic, Intermediate, Advanced, and Basic EMT's covering both advanced and basic life support skills and knowledge.

The contest shall be of the squad team concept and made up of four (4) members, one of whom shall act as Team Captain, and up to two (2) alternates.

1. One member of the team must be certified at the Intermediate or Paramedic level. The remainder of the team may be composed of Virginia Advanced EMT or Emergency Medical Technicians. Certification in American Heart Association Advanced Cardiac Life Support is recommended but not required.
2. All members of the team shall show proof of certification prior to the team being allowed to compete. This includes current EMS and CPR cards. All participants must show a picture I.D. (eg: driver's license) before being allowed to compete.
3. The team shall be registered through the convention contest entry form. All team members will be required to confirm this registration by showing their convention name badge.
4. All members of the team shall be active members in good standing with the agency they are representing.
5. Teams should arrive at the contest site 30 minutes prior to their scheduled competition time. LATE TEAMS WILL NOT BE PERMITTED TO COMPETE.
6. Comments during competition are not required to come from the Captain. There will be judges assigned to oversee particular events and they will listen to the participant performing that particular skill. Team members are free to talk among themselves during the problem. NEVER ASSUME A JUDGE HEARD OR SAW A PARTICULAR SKILL. CAPTAINS: HAVE EACH TEAM MEMBER COVER EACH ITEM CLEARLY WHEN PERFORMING A PARTICULAR SKILL.
7. The contest will be timed. Timing begins when the team approaches the patient and ends when the Captain of that team notifies the judges they have completed the problem or when the team surpasses the time limit of the problem.
8. Bystanders will not be permitted. Two individuals may enter the contest area to take pictures. No video will be allowed and will result in disqualification.
9. Oral questions may be asked, but they must pertain specifically to the problem.
10. A sheet with dispatch information will be given to each team five minutes prior to entering the contest area. This sheet must be returned to one of the judges in the contest area who will credit the team with returning the call sheet. FAILURE TO RETURN THE CALL SHEET WILL RESULT IN DISQUALIFICATION OF THAT PARTICULAR TEAM.
11. At the end of the contest, the team Captain will review the judge's sheet and sign it. The judges will answer any questions but will not argue a point. A judge will never say that he/she will take care of something. All further questions will be taken up with the contest Chair.
12. The team is responsible for cleaning the contest area. Five (5) points will be deducted from any team's score that does not clean the contest area.
13. If there are any questions concerning make-up on a particular patient, the chair will explain what the make-up represents.
14. The patient will not require movement onto a stretcher for transportation.

15. Local protocols are NOT used. State standards of practice for procedures that may be performed by each EMS certification level will be in effect. Procedures allowed for District competition may not necessarily be allowed for state competition.
16. Only judges, victims, and those authorized by the contest chair will have access to the contest area. Team members or representatives from their particular squad will not be permitted in the contest area at any time other than their competing time.
17. All teams must use the PPCR report form. These will be provided, if indicated by the score sheet.
 - a. The problem will be based on:
 - b. American Heart Association's Advanced Cardiac Life Support 2015 Guidelines
 - c. Essentials of Paramedic Care – by: Brady
 - d. Emergency Care and Transportation of the Sick and Injured 11th Edition
 - e. American Heart Association's Pediatric Advanced Life Support 2015 Guidelines
 - f. All CPR, Advanced Cardiac Life Support, and Pediatric Advanced Life Support procedures will be based on the 2015 American Heart Association guidelines.

THE INFORMATION USED TO WRITE THIS YEAR'S PROBLEM CAME DIRECTLY FROM THESE FOUR TEXTS. KNOW THEM COVER TO COVER.

The competing team shall provide any equipment they choose, other than the equipment listed in rules as not being allowed. For teams needing equipment, some or all needed equipment will be provided for them. Drug box and IV set-up will be provided for all teams as in the past. We will have a completely stocked ALS unit on scene with all required VA OEMS equipment that teams may choose to use. PLEASE ADVISE THE VAVRS UPON REGISTRATION IF EQUIPMENT WILL BE NEEDED, AS TO MAKE SCHEDULING EASIER.

Teams will not be allowed to use any type of automated CPR device during the competition.

All skills will be performed unless instructed differently by officials running the scenarios.

Performance of skills above certification level will result in disqualification of team.

There will be a limit of 30 teams; the first 30 to register will be allowed to compete.

Competition Title: **Basic Life Support (BLS)**

Competition Chair/ Co-Chair: Todd Southard

Competition Date: Thursday, September 23, 2021

Rain Date: Friday, September 24, 2021

Please read through these rules carefully. If a question or problem should come up at Conference, feel free to discuss it with the EMT Contest Chair. We want this to not only be a good contest but also an educational and fun event for all involved.

1. VAVRS, VAJVRs and AVAVRS teams from the same squad **MUST** compete consecutively and will be scheduled accordingly. (**This is a change** 2012)
2. All members of a team **MUST** show proof of certification at time of check-in in order to be allowed to compete. (ALL CARDS MUST BE CURRENT).
 - A. All VAVRS Senior Teams – ONLY 3 MEMBERS OF THE TEAM MUST show current Virginia EMT or higher certification. (**Changed 2011**)
 - B. VAJVRs team members are not required to show EMT certification. (**Note change 2012**)
 - C. AVAVRS teams competing in the EMT contest are not required to possess Virginia EMT certification.
3. All team members will be required to show a picture I.D.
4. All team members will be required to show their Conference registration badge.
5. In the event a team has an alternate, the alternate will also be signed in for that team at team check-in. The alternate will fall under all stated rules just as the team members. (Rules 2, 3, and 4) This does not mean that they will be allowed to compete as a fifth team member.
6. The teams shall be registered through the Conference Contest Entry Form and will receive competition times from the conference committee.
7. Teams **MUST** compete when scheduled. If your squad is competing in several contests and utilizing the same equipment or personnel for these contests, be sure that you schedule enough time between contests (counting delays) to get everything in place on time. We have no control over the other contest as they have none over ours. It is your responsibility to show up on time for your contest. Another contest chair cannot alter contest times for another contest.
8. Teams are required to arrive at the contest site 15 minutes prior to your scheduled time. Late teams **WILL HAVE 50 POINTS DEDUCTED FROM THEIR FINAL SCORE IF THEY DO NOT ARRIVE 15 MINUTES BEFORE THEIR SCHEDULED CONTEST TIME.** The 15 minutes allows the team to be checked in and required information checked. During these 15 minutes if an item from #3, 4 or 5 is not available or is forgotten, it allows a few minutes for the team member to obtain the item. **IF THESE ITEMS HAVE NOT BEEN CHECKED OFF OR THE TEAM MEMBER IS LATE PRIOR TO ENTERING THE CONTEST SITE, THAT TEAM MEMBER OR MEMBERS WILL NOT BE ALLOWED TO COMPETE.**
9. The contest will be judged according to AAOS Emergency Care and Transportation of the Sick and Injured, Tenth Edition, utilizing the 1994 National Standard Curriculum. (All practical aspects of the problem will be based on the skills outlined in this text.) CPR and AED will be judged according to the current American Heart Association (AHA) Standards.
10. Teams shall consist of not more than four (4) members, one of whom shall act as the team Captain. Comments to the judges are not required to come from the Captain; however, the judges are obligated only to listen to the Captain. Team members are free to talk among themselves during the contest. Team Captains need to speak clearly and in a normal

understandable tone of voice, also at a speed in which will ensure clarity. Abusive language, disruptive behavior, and/or un-sportsmanship like conduct will be an automatic disqualification. If any of the above mentioned items occur by a team or team member it would be cause for immediate disqualification.

11. The contest will be timed and will start when you enter the problem. Times are only used to break ties. Time ends when teams call time or the judges call time at the end of 15 minutes.
12. Oral questions may be asked, but will pertain specifically to the problem.
13. When written questions are given, there will be a five (5) minutes to answer them. These five minutes are not part of the 15-minute problem time or the 5 minute cleanup time.
14. A sheet with dispatch information will be **reviewed with each team prior** to entering the contest room. This sheet **MUST** be returned to one of the judges in the room who will check the team off for returning the dispatch information sheet. Teams who fail to return the dispatch information sheet will be disqualified.
15. At the end of the contest, the TEAM CAPTAIN should review the scoresheet with the judges and the Captain will be asked to sign it. Signing the scoresheet shows that it was reviewed. If no signature appears on the judge's sheet a **five (5) point deduction will occur off the final score**. The judge will answer questions, but they will not argue a point with the Captain. Page references will be provided so that you may look up any items you have questions about. A judge should never tell you they will take care of something. If they do, do not accept it. All further questions and issues should be taken to the contest Chair.
16. The TEAM CAPTAIN will be given 5 minutes to review the judge's sheet. The remaining team members will have 5 minutes to clean the contest area. Five (5) points will be docked from teams who do not leave the contest area clean.
17. NO bystanders will be permitted without approval of the contest Chair. **Two** individuals may enter the contest area to take pictures. **One** of these can be your alternate if you have one.
18. If you have any questions about the moulage, ask the judges. They will tell you what the moulage represents.
19. All equipment that you will need to complete the problem will be provided to you. You will NOT be allowed to use your own equipment. You do not need to bring any equipment! You will have 5 minutes to review and set up the equipment we provide you.
20. Actual bandaging, techniques, etc...must be done. There will be no simulation of bandaging. Supplies such as 4X4s to bandage will be provided to be use appropriately.
21. IV therapy and advanced procedures (i.e., endotracheal intubation) are to be considered advanced life support techniques. They will not be available and are **not** to be used in the contest regardless of their mention in the textbook.
22. All vital signs must be manually taken to count.
23. Only equipment for which specific instructions for use stated in the EMT text or permitted in the skills stations for **EMT** testing, will be available for you to use.
24. Only judges, victims and the contest chairpersons have free access to the contest rooms. Team members and members of squads who have teams competing should NEVER enter a contest room, except to compete and should not be loitering in the contest or around the contest area.
25. After competing, the problem should not be discussed outside of YOUR TEAM. If the problem gets out, it will only hurt your score. In other words, the less said the better off you are. We know you like to discuss your problem after it is worked; we suggest you do this in the privacy of your motel/hotel room. DO NOT DISCUSS IT IN PUBLIC.
26. **Most importantly, have fun!**

Competition Title:**Extrication****Rescue Truck** (any vehicle not capable of transporting patients)

Light Duty – 15,000 lbs. or less

Heavy Duty – 15,001 lbs. or more

Ambulance**Competition Chair/ Co-Chair:**

Wayne Myers

Competition Chair/ Co-Chair:

Cecil Leech

Competition Date:

Thursday, September 23, 2021

Friday, September 24, 2021

Rain Date:

None (Competition goes on or Shine)

The following is strictly prohibited and will result in disqualification:

- The entire team may be disqualified if:
 - a. Arguing with or being abusive to the judges.
 - b. Team members or non-participating members of any crew/squad found to be in or around contest problem site before designated time or after team has competed.
 - c. Any team ten (10) minutes late to contest site.
 - d. Individual team members may be disqualified if:
 - e. A member fails to present certifying credentials for Vehicle Rescue Awareness and Operation issued by the Virginia Association of Volunteer Rescue Squads Inc., The Virginia Department of Fire Programs or the Virginia Office of Emergency Medical Services. The certification/issue date of the card must be less than 5(five) year prior to the contest.
 - f. Team member does not present picture ID
 - g. Team member does not present Conference Registration Badge
- 1. Ambulance teams must consist of 3 members competing and may have 1 alternate competing: The participation of an alternate will be discussed at check-in and will be based on the problem.
 - a. The Driver must hold and present a valid EVOC Card
 - b. A minimum of two members of the team must present proof of current EMT certification.
- 2. Rescue Truck must have 4 members and may have 1 alternate competing. The participation of an alternate will be discussed at check-in and will be based on the problem.
 - a. The Driver must hold and present a valid EVOC Card
 - b. A minimum of one members of the team must present proof of current EMT certification.
- 3. Squads/Crews will not be required to lay out all equipment for inspection.
- 4. Contest participants WILL NOT be allowed in the contest area before and after their team (s) have competed. Violation of this rule will disqualify the involved squad/crew.
- 5. Depending on the time and other teams competing the contest chair and/or co-chair may allow more than 6 people to watch/photograph and/or video their squad/crew compete. The decision of the judges will be final. Nonparticipants not allowed in the contest area will be required to wait in an area designated by the contest committee, until after their squad/crew has competed. Violation of this rule constitutes disqualification of the team or teams.
- 6. All shoes and/or boots must have an ANSI Z41 or ASTM F2413 marking.
- 7. There will be NO DISCUSSION OF SCORES OR PROTESTS after a team leaves the competition area. Contest Chairs' decisions are FINAL.
- 8. Squads will be allowed to enter only 1 unit per category.
- 9. All members of the team must be from same agency.

10. Teams of the same Agency will all compete at the same time.
11. Team members must have all current required cards, etc; see CONTEST RULES, items A & B.
12. Contest References: Ron Moore, Vehicle Rescue and Extrication , Second Edition, the DFP, OEMS, VAVRS HTR Vehicle Rescue Awareness and Operations, VAVRS School Bus Extrication, and VAVRS Farm Machinery Extrication.
13. Any procedures taught at seminars and not covered in the above WILL NOT be accepted during this contest.

Competition Title: **Emergency Vehicle Operators Course (EVOC)**

Instructor Division
Non-Instructor Division

Competition Chair/ Co-Chair: James (Jim) Fountaine
Competition Chair/ Co-Chair: Barry VanderVeer
Competition Chair/ Co-Chair: Kenny Freiner

Competition Date: Thursday, September 23, 2021

Rain Date: Friday, September 24, 2021

1. The Instructor Division is for the VAVRS/DFP Instructors. There will be no difference in the scoring, but the contest will be altered due to the fact that EVOC Instructors may have advantage over the non-instructors.
2. The Non-Instruction Division is for There will be no difference in the scoring, but will be altered due to the fact that the contestants are NOT instructors. Any contestant that wins the NON INSTRUCTOR EVOC competition two times in succession MUST relieve himself/herself from one year of competition or if the same champion wishes to compete in the instructor category they may do so.
3. The EVOC Competition is open to all persons registered for the 2021 First Responder Virginia who hold a valid Emergency Vehicle Operators License.
4. Each participant must have an EVOC card, a valid operator's license and a current conference registration badge. These cards are to be presented to the Chair before the written test.
5. Each participant will compete only one time in the contest.
6. No more than one person from each squad in either category will be allowed to take the written test. (one for instructor and one for non-instructor). If there are participants for both categories from one squad, they will be required to do the practical during the same time block.
7. Participants will be required to take a written exam on Thursday, September 23rd, at 10 am to be eligible to take the driving portion of the contest. The written portion of the EVOC will be taken from the Virginia Operators Manual, July 1, 2015 (DMV 39) and the 2015 EVOC Student Manual 2015.
8. Failure to be prompt for the written or driving test will be a reduction of 25 points in the appropriate contest.
9. The driving test will be on Thursday, and Friday if needed, at the times appointed in the FRV schedule. Please choose a 1st, 2nd, and 3rd choice for the timeslot in which you would like to drive.
10. The written and driving test will be combined to determine your overall score.
11. In case of a tie there will be tiebreaker questions on the written test to be used on the overall score if necessary.

12. Vehicle Malfunction - If the contest ambulance should develop mechanical problems, the time clock will stop. The contest Chair will attempt to repair the ambulance. If repair is not possible, the Chair will attempt to locate an ambulance like the one originally being used at the contest. If replacement cannot be obtained, the Chair will use his or her own judgment to obtain a replacement to finish the contest.
13. Any contestant who participates in an unsafe manner or act, at the discretion of the Chair or Co-Chair, will be immediately disqualified.
14. You must display your Convention Registration Badge while competing.

A tip to help you prepare for the competition.

Judges will be evaluating you on the driving course. The course will be designed to meet some of the many conditions you face when on a call. So, to sum it up, you want to drive the **SMOOTHEST, ERROR-FREE** course, right after you've gotten a 100 on the written test.

Competition Title: **WEBSITE OF THE YEAR**

Competition Chair: Gary Dalton

Competition Date: Competition form is due by August 9, 2021

The "Web Site of the Year" contest will be offered again at the 2021 First Responder Virginia Conference. It will be available to a VAVRS member squad in good standing.

GUIDELINES FOR JUDGING

To be eligible for this award a unit membership must:

1. Submit their web site address for consideration by August 9, 2021.
2. Web Site must include a link to the VAVRS web site.
3. Web Site must list who maintains the site.
4. Web Site must be maintained by a member(s) of the agency.
5. A total of 250 points can be awarded and are judged as follows:
 - 0 – 50 points for "Content"
"Content" – The website should include the name of the organization, exact meeting location, meeting time, area served, up-to-date descriptive calendar of programs, events, trainings, at least one contact for more information (phone number and/or email address) and an invitation or procedure on how to become a member of the agency.
 - 0 – 50 points for "Ease of Use"
"Ease of Use" – This means that it is easy to find any desired information with only one or two clicks. The website should not be too complicated. The home page should indicate where all the information can be found, and should be visually clean and clear.
 - 0 – 50 points for "Links" page
Links" – The "navigation" links to go from page to page or within one page must be obvious and work when clicked. Second, there should be working links that take the viewer to totally different websites. Mentioned name of an agency or group should be hot-linked to its website.
 - 0 – 50 points for "Public Safety and Health Issue" items
"Public Safety and Health Issue" – Instructions displayed for the general public with regard to personal safety and health information.

- 0 – 50 points for “Photos”
“Photos” – The website should include photos which indicate the agency’s activities, such as some of the agency’s fund raising activities, training, meetings, etc. Photos must be identified and should be appropriately sized.

Competition Title: **Rescue**

Competition Chair/ Co-Chair: Jimmy Rice

Competition Chair/ Co-Chair: Bill Camm

Competition Date: Thursday, September 23, 2021

Rain Date: Friday, September 24, 2021

This contest may be worked using Basic & Light, Vertical, Advanced Vertical and/or combination of all three (3) techniques.

1. Safety is the most important aspect. **Any unsafe act could result in the disqualification of the team.**
2. All teams **MUST** consist of six (6) team members (and an alternate if you wish) three (3) **MUST** hold current cards in either VAVRS Basic & Light, VAVRS Vertical, VAVRS Advanced Vertical or VAVRS Cave Rescue and three (3) do not have to have any certification. Instructor cards are valid.
3. All team members and the alternate must show current cards, conference registration badge and picture identification prior to being given the problem. **NO EXCEPTIONS.**
4. Contest will begin on Thursday morning, September 28th.
5. A staging area will be designated and teams will be given directions with contest time confirmation that will be mailed after contest registration deadline. The team is to report to the staging area 45 minutes prior to their scheduled competition time.
6. Teams will be given 60 minutes to work the problem...30 minutes for equipment clean up and site restoration. Teams will receive the problem at the site and you will have five (5) minutes to read the problem, then the time will start.
7. VAVRS will furnish the necessary equipment for working the competition problem. Teams will provide personal equipment i.e., protective equipment including helmet, eye protection, gloves, boots and rescue seats/harnesses.
8. The contest will be conducted in accordance with the VAVRS Basic & Light, Vertical Rescue, and Advanced Vertical guidelines.
9. If a judge is not sure of the procedure being used and is concerned the procedure could be unsafe, time will be stopped and the procedure questioned. If the judges determine that the procedure is safe, time will again commence and the problem will continue.
10. A team's requested time may be reassigned to facilitate the contest. Any change must not conflict with any other contest those team members may be involved in.
11. Team Captain **MUST** furnish the Rescue Chair and Co-Chair with a cell phone number prior to the Conference at the following email address wgcamm@bwxt.com or ramlinn1@aol.com that can be used to contact them (Team Captain) the day of their teams competition.
12. The decision of the Chief Judge is final.

Competition Title: **Scrapbook**

Competition Chair/ Co-Chair: Mike Smoot

Competition Date: Submission is due by August 30, 2021

Rain Date: N/A

LIMIT OF 3 PAGES (FRONT AND BACK) PER FUNCTION

1. Originality and Design:
Cover, originality of the book and overall appearance. 20 points _____
2. Neatness and Organization:
Spelling, general neatness, proper labeling of pictures, and consistency of theme. There MUST be a table of contents and all pages MUST be numbered. All pictures MUST be labeled 20 points _____
3. Percentage of Squads represented in the book:
Based upon the number of squads in the district.
All squads in the District must be listed. 20 points _____
4. Pictures of district meetings/district training:
Competition winners, officers, activities, etc. 20 points _____
5. District Participation at State Level:
Pictures of district officers or other district members at Convention activities, Spring BOG, Rescue College, or other VAVRS functions. 20 points _____

TOTAL **100 POINTS** _____

The Historian will coordinate the scrapbook judging and present the awards. A committee of three (3) will judge the scrapbooks. Each score sheet will be tabulated and signed by a judge and comments may be noted. Results of the competition and a copy of the applicable score sheets will be mailed to the District VP or the person completing the scrapbook immediately after convention and/or will be placed inside the scrapbook after the awards are made at Convention.

The number of awards will be based upon the number of entrants. There will be no ties.

The book should cover the period of August 1, 2020– July 31, 2021.

Scrapbooks must be in the hands of the appointed Historian no later than 5:00 p.m. August 24, 2021. Winners of the senior scrapbook competition will be announced at the Saturday Night Awards Ceremony.

Scrapbooks must be picked up from the Convention Center no later than 4 p.m. on Friday of the Convention.

ALL SCRAPBOOKS ARE TO BE MAILED/SHIPPED/DELIVERED IN PERSON TO:

MIKE SMOOT

1476 Ashbourne Drive

Lynchburg, VA 24501

Cell: (434) 944-3955 Email: msmoot53@hotmail.com

**DO NOT SHIP/MAIL/DELIVER BOOKS TO THE VAVRS OFFICE. IF YOU DO, THEY WILL BE RETURNED
TO YOUR AGENCY. NO BOOKS WILL BE JUDGED UNLESS IN HANDS OF JUDGE BY 5:00 P.M. ON
AUGUST 25, 2021**

SPECIAL AWARDS

SPECIAL AWARDS ENTRIES MUST:

- Have a coversheet that includes the agency's name, contact person, phone number, email (if applicable) and state the category it competing in.
- Be limited to one per agency per category.
- Be typewritten in standard 12-point block style font, double spaced on single sided white paper
- Be a maximum of 10 pages per entry with the exception of the Harlan Senger award (25 pages maximum).
- Contain no more than five (5) photos may be included in any entry.
- Include content that is concise, relevant and limited to the context of the award.
- Not contain video or be faxed.
- Be in the VAVRS State Office no later than August 30, 2021.
- Reference events that occurred in the period of August 1st of the prior year and July 31st of the current year.
- The number of trophies awarded will be dependent on the number of entries.

Competition Title: PROMOTION OF SAFETY

Squads which during the year, have contributed to and promoted safety within their respective area by means of printed and/or electronic media and /or civic organization.

Competition Title: ADVANCE LIFE SUPPORT (ALS) CALL OF THE YEAR

The ALS calls will be judged on the current edition of the ALS text book ad Virginia Office of Emergency Medical Services guidelines that govern EMT Enhanced and higher. The entry will be judged on Basic Life Support (BLS) skills with the addition of Advance Life Support (ALS) skills. A copy of the call sheet(s) with the patient(s) name, (s) address (s), social security number (s) redacted, shall be submitted with the entry. Provider's names should not be included in the submission.

Competition Title: BASIC LIFE SUPPORT (BLS) CALL OF THE YEAR

All EMT-Basic Life Support calls will be judged by the current edition of the current EMT text book and the Virginia Office of Emergency Medical Services guidelines that govern EMT-B. A copy of the call sheet(s) with the patient(s) name(s), address (es), social security number (s) redacted, shall be submitted with the entry. Provider's names should not be included in the submission. If **ANY** Advance Life Support (ALS) procedures are included in the submission the call will be disqualified from contention.

Competition Title: RESCUE CALL OF THE YEAR

Given for an outstanding Rescue Call where life, entrap due to structure, environment, water or vehicle is saved. Rescue procedures and techniques only will be considered. BLS and/or ALS treatment should not be included in the submission and will not be considered. Provider's names should not be included in the submission.

Competition Title:**HARLAN SENDER MEMORIAL AWARD**

The Harlan Senger Memorial Award is presented by the Virginia Association of Volunteer Rescue Squads, Inc. in recognition of an individual who has distinguished himself or herself in an action which involves extraordinary heroism, clearly above and beyond the call of duty in the protection of life and/or property. The act, or acts of heroism was also so notable and involved risk of life to the provider so extraordinary and of such magnitude, as to set them apart from their peers. Clear and convincing proof of the performance of the service was documented. The award will be a rotating trophy to be displayed at the VAVRS Headquarters and an individual trophy or plaque will become the permanent property of the recipient.

Competition Title:**THE PRESIDENT'S TROPHY**

The President's Trophy is presented by the Virginia Association of Volunteer Rescue Squads, Inc. in recognition of an agency/agencies who has distinguished itself/themselves in an action which involves extraordinary heroism, clearly above and beyond the call of duty in the protection of life and/or property during a mass casualty incident or natural disaster. The act or acts of heroism were so notable, so extraordinary and of such magnitude to have set the agency/agencies apart from its/their peers. Clear and convincing proof of the performance of the service was documented and involved not only an exemplary display of EMS Skills, but excellence in incident command protocol. The award will be a rotating trophy to be displayed at the VAVRS Headquarters and an individual trophy or plaque will become the permanent property of the recipient/recipients.

CONTEST ENTRY FORM

Must be received in the State office by 5:00 p.m. Monday August 30th.

Email all competition entries to BarryMcDonald@VAVRS.com

AGENCY _____ VAVRS/VSFA

DISTRICT (if applicable) 1 2 3 5 6 7 8 9 10

INDICATED THE NAME, ADDRESS AND EMAIL ADDRESS OF THE PERSON TO RECEIVE THE CONFIRMED CONTEST TIMES AND ALL CORRESPONDENCE CONCERNING THE CONTEST. CONTEST COMPETITION TIMES WILL BE SELECTED BY THE CONFERENCE COMMITTEE BASED ON A FIRST-COME, FIRST-SERVE BASIS.

NAME: _____ EMAIL: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP: _____

- A minimum of 5 competitors or teams is required for each contest.
- Competition times are awarded on a first received first award basis.
- The number of places awarded will be determined by the number of entries.
- Teams must choose 3 times for each day.
- Friday is the rain date for most competitions.

BASIC LIFE SUPPORT – BLS				Office Use Only	
Indicate preferred time to compete See “Rules” for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 4:00 PM	FRIDAY 8:00 AM – 2:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available on the half hour. Example, Thursday @ 8:00, 8:30, 9:30				

ADVANCE LIFE SUPPORT – ALS				Office Use Only	
Indicate preferred time to compete See “Rules” for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 5:00	FRIDAY 8:00 AM - 5:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available on the hour. Example 8:00, 9:00, 10:00...				

EXTRICATION – LIGHT TRUCK (< 15,000 LBS)				Office Use Only	
Indicate preferred time to compete See “Rules” for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 2:00 PM	FRIDAY 8:00 AM - 2:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available every 45 minutes. Example 8:00, 8:45, 9:30...				

EXTRICATION – HEAVY TRUCK (15,001 or >)				Office Use Only	
Indicate preferred time to compete See “Rules” for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 2:00 PM	FRIDAY 8:00 AM - 2:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available on the hour. Example 8:00, 9:00, 10:00...				

EXTRICATION – MODULAR AMBULANCE				Office Use Only	
Indicate preferred time to compete See "Rules" for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 2:00 PM	FRIDAY 8:00 AM - 2:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available every 45 minutes. Example 8:00, 8:45, 9:30...				

RESCUE				Office Use Only	
Indicate preferred time to compete See "Rules" for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM - 5:00 PM	FRIDAY 8:00 AM - 5:00 PM	Received Date	_____ Team #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Competition time slots are available every 90 minutes. Example 8:00, 9:30, 11:00...				

EMERGENCY VEHICLE OPERATOR – INSTRUCTOR				Office Use Only	
Indicate preferred time to compete See "Rules" for details. Only one entry per category	Time Slot Choice	THURSDAY 10:00 AM - 5:00 PM	FRIDAY 10:00AM - 2:00 PM	Received Date	_____ DRIVER #.
	1 ST Choice			Received Time	_____ AM/FM
	2 nd Choice				Thursday / Friday
	3 rd Choice				
	Testing will be Thursday at 10:00 AM. Drive time slots are available on the half hour. Example, Thursday @ 12:30, 1:00, 1:30				

EMERGENCY VEHICLE OPERATOR NON-INSTRUCTOR				Office Use Only	
Indicate preferred time to compete See "Rules" for details. Only one entry per category	Time Slot Choice	THURSDAY 8:00 AM -2:00 PM	FRIDAY 8:00 AM - 2:00 PM	Received Date	_____ DRIVER #.
	1ST Choice			Received Time	_____ AM/FM
	2nd Choice				Thursday / Friday
	3rd Choice				
	Testing will be Thursday at 10:00 AM. Drive time slots are available on the half hour. Example, Thursday @ 12:30, 1:00, 1:30				

WEBSITE OF THE YEAR	Office Use Only
WEBSITE ADDRESS	Received Date
	Received Time

SPECIAL AWARDS

SEE PAGE 16 FOR INSTRUCTION ON HOW TO SUBMIT AN ENTRY

PROMOTION OF SAFETY

ADVANCE LIFE SUPPORT CALL OF THE YEAR

BASIC LIFE SUPPORT CALL OF THE YEAR

RESCUE CALL OF THE YEAR

HARLAN SENDER AWARD

PRESIDENTS TROPHY