

VAVRS COMPETITION RULES AND ENTRY FORM

TABLE OF CONTENTS

GENERAL RULES FOR COMPETING	PAGE 3
COMPETITION ENTRY FORMS	PAGE 4
ADVANCE LIFE SUPPORT (ALS)	PAGE 5
BASIC LIFE SUPPORT (BLS)	PAGE 7
EXTRICATION	PAGE 9
RESCUE TRUCK	
Light Duty - Less than 15,000 lbs.	
Heavy Duty -More than 15,001 lbs.	
AMBUANCE	
RESCUE	PAGE 11
EMERGENCY VEHICLE OPERATORS COURSE (EVOC)	PAGE 12
WEBSITE OF THE YEAR	PAGE 13
SCRAPBOOK	PAGE 14
SPECIAL AWARDS	PAGE 18
PROMOTION OF SAFETY	
ADVANCE LIFE SUPPORT CALL OF THE YEAR	
BASIC LIFE SUPPORT CALL OF THE YEAR	
RESCUE CALL OF THE YEAR	
HARLAN SENGER AWARD	
PRESIDENTS TROPHY	

RULES FOR COMPETING IN VAVRS SPONSORED COMPETITIONS AT THE FIRST RESPONDER VIRGINIA

1. All participants must be registered with FIRST RESPONDER VIRGINIA
2. All Competition Entries are due in the state office no later than July 15th, 2022
3. All competitors will be required to show the following to compete:
 - a. FIRST RESPONDER VIRGINIA registration badge.
 - b. Picture identification. Example: Driver's license or identification badge with picture
 - c. Current card for the contest in which they are competing unless otherwise noted in the specific contest rules
Example Vehicle Extrication competition participant must show a current Vehicle Extrication Certification card.
4. An individual may compete only one time in each event.
5. Abusive and obscene language and gestures will not be tolerated and the entire team will be disqualified.
6. If it is determined that an individual gave information to another individual/team that will help them in competition, the team receiving the information, and the individual who provided it will be disqualified.
7. Score sheets will be reviewed by the team Captain on what was missed following completion of the problem. No numeric score value will be on the sheet at the time.

Registering to Compete

There are several changes to registering to compete this year.

- You may register online or in person up to 2:00 PM Thursday at the VAVRS Booth located in the Vendors area. You are encouraged to sign up in advance if you know you will be competing to ensure the minimum number of teams are met to hold the competition.
- Multi-person teams may be made of any qualified persons who is a member of a VAVRS or VSFA Agency, however you must compete under the name of an agency
- Agencies may field up to 3 teams or participants for each competition unless specified differently in the individual contest rules
- EVOIC Instructor and Non-Instructor are now a combined competition.
- Competition times are awarded on a first come first choice basis. Online sign up will take priority over in person sign up.

**IF THE MINIMUM NUMBER OF TEAMS NECESSARY TO FACILITATE A COMPETITION ISN'T SIGNED UP BY JULY 15th THE
COMPETITION WILL BE CANCELLED**

Please fill out an entry sheet for each team or competitor in each competition. And email that sheet to:

brianbilheimer@vavrs.com

Competition Registration Form

Fill out one for each team in each competition

Ensure the information for the contact person is correct

Participants will be notified should a competition be cancelled by August 1st

Email form to brianbilheimer@vavrs.com

Competition (check the appropriate box)	EVOC	BLS	ALS	Rescue	Extrication
Agency Name:					
Contact person					
Email address:					
Phone number:					
EVOC Competitors only:					
Drivers Name:					
ALS, BLS, Extrication, Rescue only					
Team Members Names:					
					1.
					2.
					3.
					4.
Competitors must be at the competition site 15 minutes prior to their times or may be disqualified					
Please make a 1st, 2nd and choice for competition times					

ALS, BLS, Extrication & Rescue Competition Times			
	1 st	2 nd	3 rd
8:00 AM			
8:30 AM			
9:00 AM			
9:30 AM			
10:00 AM			
10:30 AM			
11:00 AM			
11:30 AM			
12:00 PM			
12:30 PM			
1:00 PM			
1:30 PM			
2:00 PM			
2:30 PM			
3:00 PM			
3:30 PM			
4:00 PM			

EVOC Competition Times			
3 Competitors will be schedule per timeslot			
	1 st	2 nd	3 rd
8:00 AM			
8:30 AM			
9:00 AM			
9:30 AM			
10:00 AM			
10:30 AM			
11:00 AM			
11:30 AM			
12:00 PM			
12:30 PM			
1:00 PM			

Competition: **ADVANCED LIFE SUPPORT CONTEST**

Coordinator: Frank Smith
Sara Midkiff

Date: Friday, August 11, 2022

The Advanced Life Support Contest is designed for the Paramedic, EMT-Intermediate, Advanced EMT, and EMT covering both Advanced Life Support (ALS) and Basic Life Support (BLS) skills and knowledge.

1. The contest shall consist of a two (2) person ALS/BLS response team concept and made up of two (2) members, one (1) ALS (I or P) Provider and one (1) BLS (EMT or AEMT) Provider, one of whom shall act as Team Captain. Each team will have the option to list one (1) alternate member to be utilized in case of emergency or as allowed. The alternate can be certified at any level in Commonwealth of Virginia.
2. As previously stated, one (1) member of the team must be certified at either the EMT-Intermediate or the Paramedic level. The remainder of the team may be composed of Virginia Advanced EMT or Emergency Medical Technicians. **Certification in American Heart Association Advanced Cardiac Life Support is recommended but not required.**
3. All members of the team shall show proof of certification prior to the team being allowed to compete. This includes current EMS and CPR cards. **All participants must show a picture I.D. (eg: driver's license) before being allowed to compete.**
4. The team shall be registered through the convention contest entry form/process. All team members will be required to confirm this registration by showing their convention name badge.
5. All members of the team shall be active members in good standing with the agency they are representing.
6. Teams should arrive at the contest site thirty (30) minutes prior to their scheduled competition time. **LATE TEAMS WILL NOT BE PERMITTED TO COMPETE.**
7. Comments during competition are NOT required to come from the Captain. There will be judges assigned to oversee particular events and they will listen to the participant performing that particular skill. Team members are free to talk among themselves during the problem. **NEVER ASSUME A JUDGE HEARD OR SAW A PARTICULAR SKILL. CAPTAINS, HAVE EACH TEAM MEMBER COVER EACH ITEM CLEARLY WHEN PERFORMING A PARTICULAR SKILL.**
8. The contest will be timed. Teams will be notified of the specific amount of time upon check-in. Timing begins when the team approaches the staged area and countdown provided to the team. Time will end when all team members have completed all tasks in the course. All team members must start and stop together.
9. The contest area will consist of various psychomotor competency skills which must be completed per National Registry standards. Any failure criteria evaluated against a team will result in a fifteen (15) minute penalty to the total time.

10. In the event of a tie in time involving more than one team, individual points will be used to differentiate the winner.
11. Individuals may enter the contest area to take pictures. No video will be allowed and will result in disqualification.
12. Oral questions may be asked, but they must pertain specifically to the problem.
13. At the end of the contest, the team Captain will review the judge's sheet and sign it. The judges will answer any questions but will not argue a point. A judge will never say that he/she will take care of something. All further questions will be taken up with the contest Chair.
14. The team is responsible for cleaning the contest area. Five (5) points will be deducted from any team's score that does not clean the contest area.
15. If there are any questions concerning make-up on a particular patient, the chair will explain what the make-up represents.
16. The patient will not require movement onto a stretcher for transportation.
17. Local protocols are **NOT** used. State standards of practice for procedures that may be performed by each EMS certification level will be in effect. Procedures allowed for District competition may not necessarily be allowed for state competition.
18. Only judges, victims, and those authorized by the contest chair will have access to the contest area. Team members or representatives from their particular squad will not be permitted in the contest area at any time other than their competing time.
19. The problem will be based on:
 - a. American Heart Association's Advanced Cardiac Life Support 2020 Guidelines
 - b. Essentials of Paramedic Care – by: Brady
 - c. Emergency Care and Transportation of the Sick and Injured 11th Edition
 - d. American Heart Association's Pediatric Advanced Life Support 2020 Guidelines
 - e. National Registry of EMT's psychomotor skill checklist
20. All CPR, Advanced Cardiac Life Support, and Pediatric Advanced Life Support procedures will be based on the 2020 American Heart Association guidelines.
21. **The competing team shall provide any equipment they choose, other than the equipment listed in rules as not being allowed. For teams needing equipment, some or all needed equipment will be provided for them. Drug box and IV set-up will be provided for all teams as in the past. We will have a completely stocked ALS unit on scene with all required VA OEMS equipment that teams may choose to use. PLEASE ADVISE THE VAVRS UPON REGISTRATION IF EQUIPMENT WILL BE NEEDED, AS TO MAKE SCHEDULING EASIER.**
22. Teams will not be allowed to use any type of automated CPR device during the competition.
24. All skills will be performed unless instructed differently by officials running the scenarios. Performance of skills above certification level will result in disqualification of team.
25. There will be a limit of thirty (30) teams; the first 30 teams to register will be allowed to compete.

EMT (BLS) CONTEST RULES 2022

Competition: BASIC LIFE SUPPORT CONTEST

Coordinator: Todd Southard
Robert Low

Date: Friday, August 11, 2022

The annual VAVRS Conference EMT (BLS) contest will be held on Friday, August 12th, 2022. Please read through these rules carefully. If a question or problem should come up at Conference, feel free to discuss it with the EMT Contest Chair or Co-Chair. We want this to not only be a good contest but also an educational and fun event for all involved.

1. VAVRS, VAJVRs and AVAVRS teams from the same squad **MUST** compete consecutively and will be scheduled accordingly.
2. All members of a team **MUST** show proof of certification at time of check-in in order to be allowed to compete. (ALL CARDS MUST BE CURRENT).
 - A. All VAVRS Senior Teams – ONLY 3 MEMBERS OF THE TEAM MUST show current Virginia EMT or higher certification. (**Changed 2011**)
 - B. VAJVRs team members are not required to show EMT certification. (**Note change 2012**)
 - C. AVAVRS teams competing in the EMT contest are not required to possess Virginia EMT certification.
3. All team members will be required to show a picture I.D.
4. All team members will be required to show their Conference registration badge.
5. In the event a team has an alternate, the alternate will also be signed in for that team at team check-in. The alternate will fall under all stated rules just as the team members. (Rules 2, 3, and 4) This does not mean that they will be allowed to compete as a fifth team member.
6. The teams shall be registered through the Conference Contest Entry Form and will receive competition times from the conference committee or register at the registration booth at the convention center Thursday, the day before the event.
7. Teams **MUST** compete when scheduled. If your squad is competing in several contests and utilizing the same equipment or personnel for these contests, be sure that you schedule enough time between contests (counting delays) to get everything in place on time. We have no control over the other contest as they have none over ours. It is your responsibility to show up on time for your contest. Another contest chair cannot alter contest times for another contest.
8. Teams are required to arrive at the contest site 15 minutes prior to your scheduled time. Late teams **WILL HAVE 50 POINTS DEDUCTED FROM THEIR FINAL SCORE IF THEY DO NOT ARRIVE 15 MINUTES BEFORE THEIR SCHEDULED CONTEST TIME**. The 15 minutes allows the team to be checked in and required information checked. During these 15 minutes if an item from #3, 4 or 5 is not available or is forgotten, it allows a few minutes for the team member to obtain the item. **IF THESE ITEMS HAVE NOT BEEN CHECKED OFF OR THE TEAM MEMBER IS LATE PRIOR TO ENTERING THE CONTEST SITE, THAT TEAM MEMBER OR MEMBERS WILL NOT BE ALLOWED TO COMPETE.**
9. The contest will be judged according to AAOS Emergency Care and Transportation of the Sick and Injured, 12th Edition, utilizing the 2020 National Standard Curriculum. (All practical aspects of the problem will be based on the skills outlined in this text.) CPR and AED will be judged according to the current American Heart Association (AHA) Standards.
10. Teams shall consist of not more than four (4) members, one of whom shall act as the team Captain. Comments to the judges are not required to come from the Captain; however, the judges are obligated only to listen to the Captain. Team members are free to talk among themselves during the contest. Team Captains need to speak

clearly and in a normal understandable tone of voice, also at a speed in which will ensure clarity. Abusive language, disruptive behavior, and/or un-sportsmanship like conduct will be an automatic disqualification. **If any of the above mentioned items occur by a team or team member it would be cause for immediate disqualification.**

11. The contest will be timed and will start when you enter the problem. Times are only used to break ties. Time ends when teams call time or the **judges call time at the end of 15 minutes.**
12. Oral questions may be asked, but will pertain specifically to the problem.
13. When written questions are given, there will be a five (5) minutes to answer them. These five minutes are not part of the 15-minute problem time or the 5 minute cleanup time.
14. A sheet with dispatch information will be **reviewed with each team prior** to entering the contest room. This sheet **MUST** be returned to one of the judges in the room who will check the team off for returning the dispatch information sheet. Teams who fail to return the dispatch information sheet will be disqualified.
15. At the end of the contest, the TEAM CAPTAIN should review the scoresheet with the judges and the Captain will be asked to sign it. Signing the scoresheet shows that it was reviewed. If no signature appears on the judge's sheet a **five (5) point deduction will occur off the final score.** The judge will answer questions, but they will not argue a point with the Captain. Page references will be provided so that you may look up any items you have questions about. A judge should never tell you they will take care of something. If they do, do not accept it. All further questions and issues should be taken to the contest Chair or Co-Chair.
16. The TEAM CAPTAIN will be given 5 minutes to review the judge's sheet. The remaining team members will have 5 minutes to clean the contest area. Five (5) points will be docked from teams who do not leave the contest area clean.
17. NO bystanders will be permitted without approval of the contest Chair. **Two** individuals may enter the contest area to take pictures. **One** of these can be your alternate if you have one.
18. If you have any questions about the moulage, ask the judges. They will tell you what the moulage represents.
19. **All equipment that you will need to complete the problem will be provided to you. You will NOT be allowed to use your own equipment, including a stethoscope. You do not need to bring any equipment! You will have 5 minutes to review and set up the equipment we provide you.**
20. Actual bandaging, techniques, etc...must be done. There will be no simulation of bandaging. Supplies such as 4X4s to bandage will be provided to be use appropriately.
21. IV therapy and advanced procedures (i.e., endotracheal intubation) are to be considered advanced life support techniques. They will not be available and are **not** to be used in the contest regardless of their mention in the textbook.
22. All vital signs must be manually taken to count.
23. Only equipment for which specific instructions for use stated in the EMT text or permitted in the skills stations for **EMT testing**, will be available for you to use.
24. Only judges, victims and the contest chairpersons have free access to the contest areas. Team members and members of squads who have teams competing should NEVER enter a contest area, except to compete and should not be loitering in the contest or around the contest area.
25. After competing, the problem should not be discussed outside of YOUR TEAM. If the problem gets out, it will only hurt your score. In other words, the less said the better off you are. We know you like to discuss your problem after it is worked; we suggest you do this in the privacy of your motel/hotel room. **DO NOT DISCUSS IT IN PUBLIC.**
26. Please review and understand all the **RULES FOR COMPETING AT VAVRS STATE COMPETITION**, which were recommended and approved by the Executive Committee, March 4, 1989. These rules will be strictly enforced. You will find them enclosed in this conference packet.
27. **Most importantly, have fun!**

Competition: VEHICLE EXTRICATION CONTEST

Coordinator: Cecil Leach
Wayne Myers
John Craig

Date: Friday, August 12, 2022

The Vehicle Extrication Contest will be held on Friday, August 12, from 9:00 a.m. until 2:00 p.m.

When submitting your entry form, specify your 1st, 2nd and 3rd choices to be judged. It is

STRONGLY suggested that personnel and equipment used in this contest **NOT** be used in other contests,

unless they are entered on different days. **ALL** units from a squad will be scheduled to compete at the same time, on the same day, **NO EXCEPTIONS.**

Contact the State Office or the website for an updated copy of the equipment list.

ALL VAVRS CONTEST RULES will be strictly enforced. DO NOT come to this contest without the required prerequisites or the team or a member may not be allowed to compete. READ THE RULES CAREFULLY.

A. ENTIRE TEAM WILL BE DISQUALIFIED FOR THE FOLLOWING:

1. Arguing with or being abusive to the judges.
2. Team members or non-participating members of any crew/squad found to be in or around contest problem site before designated time or after team has competed.
3. Any team ten (10) minutes late to contest site.

B. INDIVIDUAL TEAM MEMBERS DISQUALIFICATION: (Team may continue, but without member)

1. Team member does not present a certificate or card for Vehicle Rescue Awareness and Operations issued by one of the following (VAVRS, Va.DFP or Va. OEMS). The issued date must be less than five (5) years at the time of the contest.
2. Ambulance Team (current Virginia Drivers License and EVOC – Driver Only) (2 Members must present current EMT Certificate)
3. Rescue Trucks (current Virginia Drivers License and EVOC – Driver Only) (1 member must present current EMT Certificate)
4. Team member does not present picture ID
5. Team member does not present Conference Registration Badge

CONTEST CATEGORIES

1. RESCUE TRUCK Any vehicle that cannot transport

2. AMBULANCE

1. In the Ambulance, there **must** be 3 members competing and may have 1 alternate competing and Rescue Truck **must** have 4 members and may have 1 alternate competing. The participation of an alternate will be discussed at check-in and will be based on the problem.

2. Squads/Crews will not be required to lay out all equipment for inspection.
 3. Contest participants WILL NOT be allowed in the contest area before and after their team (s) have competed. Violation of this rule will disqualify the involved squad/crew.
 4. Depending on the time and other teams competing the contest chair and/or co-chair may allow more than 6 people to watch/photograph and/or video their squad/crew compete. The decision of the judges will be final. Nonparticipants not allowed in the contest area will be required to wait in an area designated by the contest committee, until after their squad/crew has competed. Violation of this rule constitutes disqualification of the team or teams.
 5. All shoes and/or boots must have an ANSI Z41 or ASTM F2413 marking.
 6. There will be NO DISCUSSION OF SCORES OR PROTESTS after a team leaves the competition area. Contest Chairs' decisions are FINAL.
 7. Squads will be allowed to enter only 1 unit per category.
 8. All members of the team must be from same agency.
 9. Teams of the same Agency will all compete at the same time.
 10. Team members must have all current required cards, etc; see CONTEST RULES, items A & B.
 11. Contest References: Ron Moore, Vehicle Rescue and Extrication , Second Edition, the DFP, OEMS, VAVRS HTR Vehicle Rescue Awareness and Operations, VAVRS School Bus Extrication, and VAVRS Farm Machinery Extrication.
 12. Any procedures taught at seminars and not covered in the above WILL NOT be accepted during this contest.
- GOOD LUCK TO ALL TEAMS

Competition: **Rescue**

Coordinators: Bill Camm
 Jimmy Rice

Competition Date: Friday August 12, 2022

This contest may be worked using Basic & Light, Vertical, Advanced Vertical and/or combination of all three (3) techniques.

1. Safety is the most important aspect. **Any unsafe act could result in the disqualification of the team.**
2. All teams **MUST** consist of six (6) team members (and an alternate if you wish) three (3) **MUST** hold current cards in either VAVRS Basic & Light, VAVRS Vertical, VAVRS Advanced Vertical or VAVRS Cave Rescue and three (3) do not have to have any certification. Instructor cards are valid.
3. All team members and the alternate must show current cards, conference registration badge and picture identification prior to being given the problem. **NO EXCEPTIONS.**
4. Contest will begin on Thursday morning, September 28th.
5. A staging area will be designated and teams will be given directions with contest time confirmation that will be mailed after contest registration deadline. The team is to report to the staging area 45 minutes prior to their scheduled competition time.
6. Teams will be given 60 minutes to work the problem...30 minutes for equipment clean up and site restoration. Teams will receive the problem at the site and you will have five (5) minutes to read the problem, then the time will start.
7. VAVRS will furnish the necessary equipment for working the competition problem. Teams will provide personal equipment i.e., protective equipment including helmet, eye protection, gloves, boots and rescue seats/harnesses.
8. The contest will be conducted in accordance with the VAVRS Basic & Light, Vertical Rescue, and Advanced Vertical guidelines.
9. If a judge is not sure of the procedure being used and is concerned the procedure could be unsafe, time will be stopped and the procedure questioned. If the judges determine that the procedure is safe, time will again commence and the problem will continue.
10. A team's requested time may be reassigned to facilitate the contest. Any change must not conflict with any other contest those team members may be involved in.
11. Team Captain **MUST** furnish the Rescue Chair and Co-Chair with a cell phone number prior to the Conference at the following email address wgcamm@bwxt.com or ramlinn1@aol.com that can be used to contact them (Team Captain) the day of their teams competition.
12. The decision of the Chief Judge is final.

Competition Title: **Emergency Vehicle Operators Course (EVOC)**

Competition Chair/ Co-Chair: James (Jim) Fountaine
Competition Chair/ Co-Chair: Barry VanderVeer
Competition Chair/ Co-Chair: Kenny Freiner

Competition Date: Friday, August 12, 2022

1. The EVOC Competition is open to all persons registered for the 2021 First Responder Virginia who hold a valid Emergency Vehicle Operators License.
2. Each participant must have an EVOC card, a valid operator's license and a current conference registration badge. These cards are to be presented to the Chair before the written test.
3. Each participant will compete only one time in the contest.
4. No more than two person from each squad in either category will be allowed
5. Failure to be prompt for the driving test will be a reduction of 25 points in the appropriate contest.
6. The driving test will be Friday at the times appointed in the FRV schedule. Please choose a 1st, 2nd, and 3rd choice for the timeslot in which you would like to drive.
7. Vehicle Malfunction - If the contest ambulance should develop mechanical problems, the time clock will stop. The contest Chair will attempt to repair the ambulance. If repair is not possible, the Chair will attempt to locate an ambulance like the one originally being used at the contest. If replacement cannot be obtained, the Chair will use his or her own judgment to obtain a replacement to finish the contest.
8. Any contestant who participates in an unsafe manner or act, at the discretion of the Chair or Co-Chair, will be immediately disqualified.
9. You must display you Convention Registration Badge while competing.

A tip to help you prepare for the competition.

Judges will be evaluating you on the driving course. The course will be designed to meet some of the many conditions you face when on a call. So, to sum it up, you want to drive the **SMOOTHEST, ERROR-FREE** course.

Competition: WEBSITE OF THE YEAR

Coordinators: VAVRS State Office

Competition Date: Entries are due by

The “Web Site of the Year” contest will be offered again at the 2022 First Responder Virginia Conference. It will be available to a VAVRS member squad in good standing.

GUIDELINES FOR JUDGING

To be eligible for this award a unit membership must:

1. Submit their web site address for consideration by August 9, 2021.
2. Web Site must include a link to the VAVRS web site.
3. Web Site must list who maintains the site.
4. Web Site must be maintained by a member(s) of the agency.
5. A total of 250 points can be awarded and are judged as follows:
 - 0 – 50 points for “Content”
“Content” – The website should include the name of the organization, exact meeting location, meeting time, area served, up-to-date descriptive calendar of programs, events, trainings, at least one contact for more information (phone number and/or email address) and an invitation or procedure on how to become a member of the agency.
 - 0 – 50 points for “Ease of Use”
“Ease of Use” – This means that it is easy to find any desired information with only one or two clicks. The website should not be too complicated. The home page should indicate where all the information can be found, and should be visually clean and clear.
 - 0 – 50 points for “Links” page
Links – The “navigation” links to go from page to page or within one page must be obvious and work when clicked. Second, there should be working links that take the viewer to totally different websites. Mentioned name of an agency or group should be hot-linked to its website.
 - 0 – 50 points for “Public Safety and Health Issue” items
“Public Safety and Health Issue” – Instructions displayed for the general public with regard to personal safety and health information.
 - 0 – 50 points for “Photos”
“Photos” – The website should include photos which indicate the agency’s activities, such as some of the agency’s fund raising activities, training, meetings, etc. Photos must be identified and should be appropriately sized.

Agency Name:		Website URL:	
Agency Address			
Contact Person:		Email:	
		Phone:	

EMAIL entry to BarryMcdonald@vavrs.com

Competition Title: **Scrapbook**

Categories Senior Agencies
VAVRS District

Competition Chair/ Co-Chair: Stacey Frame

Competition Date: Scrapbook must be in the possession of the AVAVRS Historian no later than July 11, 2022 Friday, August 12, 2022. They may be mailed, shipped or hand delivered to:

Stacey Frame
3036 Kenova Dr.
North Chesterfield, VA 23237
Phone: 804-894-1437,
Email: avonstaceyframe@hotmail.com

***DO NOT SEND SCRAPBOOKS TO THE VAVRS STATE OFFICE**

VAVRS AUXILIARY SCRAPBOOK RULES

1. Each year, the AVAVRS President picks a theme. You may or may not follow this theme. Be consistent throughout your book, no matter your theme.
Theme for 2021-2022 “Celebrating The Angels Among Us”
2. The Scrapbook should be no larger than a standard scrapbook (12x12).
3. On the first page, give the name and address (city) of the Squad and the name of the Squad Historian and the date that your Scrapbook covers.
4. You **must have an itemized index** (outline) in the front of your scrapbook which includes topics, sub-topics and page numbers **or your scrapbook will not be judged**. You must also identify what categories you want judged in your book or the AVAVRS Historian will select Categories 1 and 2 to be judged on.
5. All pictures should be identified with names of the persons pictured and the event taking place with date of event (mm/dd/yr). In some group pictures it may not be possible to name all of the individuals, but name as many as you can.
6. No one other than an Squad member(s) is to be responsible for preparing and submitting the Scrapbook and its cover. A new cover must be prepared each year. The cover cannot be professionally made. If it looks professionally made, the Squad and/or Squad Historian will be contacted and if found to be, the book **will be disqualified**.
7. If there are any suggestive pictures or profanity in the book, it will be disqualified. No unauthorized pictures are allowed (i.e. general public pictures of blood drives with individual pictures without permission; may require proof if requested).
8. An Squad must attend at least one (1) district meeting during the year to be eligible to have their scrapbook in competition at Convention. Dues to the State and District must be current (if applicable).
9. You must have a registered delegate in attendance at all of the regular business meetings of the Convention. These meetings must be attended in their entirety unless excused by the Roll Call Committee for competition or emergencies.
10. **DEADLINES:** Scrapbooks must be in the hands of the AVAVRS State Historian no later than the published deadline. Books received after the deadline will not be judged.
 - a. **NOTE:** Pack your book carefully so that it will not get damaged in the mail. Send it to the AVAVRS Historian or their designee no later than the published deadline. Do not mail to the state office.

1. The scrapbooks are judged on what the whole Squad has done during the year, so it is very important that **ALL** activities are in the book.

Deadline, must be in the hands of Historian by: July 11, 2022

Scrapbook will cover from August 1, 2021 – June 30, 2022

Stacey Ann Frame, AVAVRS Historian
Email: avonstaceyframe@hotmail.com
3036 Kenova Drive
North Chesterfield, VA 23237
Phone: 804-894-1437

VAVRS AUXILIARY SCRAPBOOK EXPLANATION OF SCORE SHEET

Each Squad must select two (2) categories from either 1, 2, 3 **Total of 40 points**
and 4 below (20 points each)

Special Note: Squad must indicate which 2 of the optional categories are **Total of 40 points**
to be judged. Otherwise, the Historian will base their decisions on categories
1 and 2. Categories 5, 6, 7 and 8 are mandatory 10 points each)

Grand Total of 100

- 1. SERVICE TO THE SQUADS 20 Points**
Any project undertaken by the Squad or by a Squad member serving as a representative of the Squad to serve the Squad. Examples: Cleaning the building, making cravats, riding calls, helping with fund drive, cooking for crew on duty, etc.
- 2. SERVICE TO THE COMMUNITY -----20 Points**
Any project undertaken by the Squad or by a Squad member serving as a representative of the Squad to serve the community. Example: Taking blood pressures, collecting for Heart Fund, adopting needy family, blood drive, donating food and clothes to pantry, etc.
- 3. FUND RAISING PROJECTS-----20 Points**
All fund-raising projects undertaken by Squad to benefit the Squad. Examples: working bingo, picture project, yard sales, craft shows, BBQ's, etc.
- 4. INTRA-SQUAD/AUXILIARY FUNCTIONS -----20 Points**
Any activity in which both Squad and Auxiliary participate together. Example: social functions, dinners, picnics, installation services, etc.
- 5. PARTICIPATION AT DISTRICT LEVEL -----*10 Points**
Any Squad participation in District functions. Examples: attending District Meetings, hosting District Meetings, EMT contest/quiz, participation in functions sponsored by other Auxiliaries, etc.
- 6. PARTICIPATION AT STATE LEVEL ----- *10 Points**

Pictures of Squads participating at **ALL** Convention functions and meetings.

- 7. SCRAPBOOK APPEARANCE -----10 Points**
The cover and its overall appearance (Cannot be professionally made, if it looks professionally made, you will be contacted)
- 8. SCRAPBOOK ORGANIZATION -----10 Points**
Correct spelling, neatness, consistency of theme (labels must be typed)

VAVRS DISTRICT SCRAPBOOK RULES

- 1. Each year, the AVAVRS President picks a theme. You may or may not follow this theme. Be consistent throughout your book, no matter your theme.
- 2. The Scrapbook should be no larger than a standard scrapbook 12x12.
- 3. Make sure that your name, address, and phone number as the VAVRS District Historian is included with your Scrapbook in case the AVAVRS State Historian has any questions.
- 4. All pictures should be identified with names of the persons pictured and the event taking place with date of event (mm/dd/yr). In some group pictures it may not be possible to name all of the individuals, but name as many as you can. Labels must be typed.
- 5. No one other than the VAVRS District Historian or a member of the District is to be responsible for preparing and submitting the Scrapbook and its cover. A new cover must be prepared each year. The cover cannot be professionally made. If it looks professionally made, the Historian will be contacted and if found to be, the book will be disqualified.
- 6. If there are any suggestive pictures or profanity in the book, it will be disqualified. No unauthorized pictures are allowed (i.e. general public pictures of blood drives with individual pictures without permission; may require proof if requested).
- 7. You **must have an itemized index** (outline) in the front of your scrapbook which includes topics, sub-topics, and page numbers or your scrapbook will not be judged.

Note: Pack your book carefully so that it will not get damaged in the mail. Send it to the AVAVRS Historian or their designee no later than the published deadline. **Do not mail to the state office.**

Deadline, must be in the hands of Historian by: July 11, 2022

Scrapbook will cover from August 1, 2021 – June 30, 2022

Stacey Ann Frame, AVAVRS Historian
Email: avonstaceyframe@hotmail.com
3036 Kenova Drive
North Chesterfield, VA 23237
Phone: 804-894-1437

VAVRS DISTRICT SCRAPBOOK

SCORE SHEET

- | | | |
|----|--|------------------|
| 1. | Originality and Design
The cover, originality and overall appearance of the book | 20 Points |
| 2. | Neatness and Organization
Correct spelling, neatness, and consistency of your theme throughout the book, labels must be typed. | 20 Points |
| 3. | Percentage of VAVRS Squads Reporting
Based on the number of Squads in each District | 10 Points |
| 4. | Pictures of District Meetings
EMT/Quiz, competition winners, officers, etc. | 20 Points |
| 5. | VAVRS District Participation at State Level Pictures of District
Vice President at Convention at Head Table at Friday and/or Saturday meetings, at Installation Service at Convention | 20 Points |
| 6. | Other State Participation (i.e., Rescue College, BOG Meeting, etc)
Points | 20 |

TOTAL POINTS 100 Points

*** POINTS TO BE ASSIGNED BY AVAVRS STATE HISTORIAN**

1. There will be three (3) judges to look at each book. The three (3) score sheets will be added together to get your score. A perfect score is 300 points.
2. Each score sheet will be signed by a judge and the AVAVRS State Historian and comments may be noted.
3. There will be no ties.
4. Trophies will be awarded for 1st and 2nd Place.

Scrapbooks must be in the hands of the AVAVRS State Historian no later than the published deadline.

Deadline, must be in the hands of Historian by: July 11, 2022

Scrapbook will cover from August 1, 2021 – June 30, 2022

SPECIAL AWARDS

SPECIAL AWARDS ENTRIES MUST:

- Have a coversheet that includes the agency's name, contact person, phone number, email (if applicable) and state the category it competing in.
- Be limited to one per agency per category.
- Be typewritten in standard 12-point block style font, double spaced on single sided white paper
- Be a maximum of 10 pages per entry with the exception of the Harlan Senger award (25 pages maximum).
- Contain no more than five (5) photos may be included in any entry.
- Include content that is concise, relevant and limited to the context of the award.
- Not contain video or be faxed.
- Be in the VAVRS State Office no later than August 30, 2021.
- Reference events that occurred in the period of August 1st of the prior year and July 31st of the current year.
- The number of trophies awarded will be dependent on the number of entries.
- Entries should be directed to BarryMcDonald@VAVRS.com unless otherwise noted

Competition Title: **PROMOTION OF SAFETY**

Squads which during the year, have contributed to and promoted safety within their respective area by means of printed and/or electronic media and /or civic organization.

Competition Title: **ADVANCE LIFE SUPPORT (ALS) CALL OF THE YEAR**

The ALS calls will be judged on the current edition of the ALS text book ad Virginia Office of Emergency Medical Services guidelines that govern EMT Enhanced and higher. The entry will be judged on Basic Life Support (BLS) skills with the addition of Advance Life Support (ALS) skills. A copy of the call sheet(s) with the patient(s) name, (s) address (s), social security number (s) redacted, shall be submitted with the entry. Provider's names should not be included in the submission.

Competition Title: **BASIC LIFE SUPPORT (BLS) CALL OF THE YEAR**

All EMT-Basic Life Support calls will be judged by the current edition of the current EMT text book and the Virginia Office of Emergency Medical Services guidelines that govern EMT-B. A copy of the call sheet(s) with the patient(s) name(s), address (es), social security number (s) redacted, shall be submitted with the entry. Provider's names should not be included in the submission. If **ANY** Advance Life Support (ALS) procedures are included in the submission the call will be disqualified from contention.

Competition Title: **RESCUE CALL OF THE YEAR**

Given for an outstanding Rescue Call where life, entrap due to structure, environment, water or vehicle is saved. Rescue procedures and techniques only will be considered. BLS and/or ALS treatment should not be included in the submission and will not be considered. Provider's names should not be included in the submission.

Competition Title: HARLAN SENGER MEMORIAL AWARD

The Harlan Senger Memorial Award is presented by the Virginia Association of Volunteer Rescue Squads, Inc. in recognition of an individual who has distinguished himself or herself in an action which involves extraordinary heroism, clearly above and beyond the call of duty in the protection of life and/or property. The act, or acts of heroism was also so notable and involved risk of life to the provider so extraordinary and of such magnitude, as to set them apart from their peers. Clear and convincing proof of the performance of the service was documented. The award will be a rotating trophy to be displayed at the VAVRS Headquarters and an individual trophy or plaque will become the permanent property of the recipient.

Competition Title: THE PRESIDENT'S TROPHY

The President's Trophy is presented by the Virginia Association of Volunteer Rescue Squads, Inc. in recognition of an agency/agencies who has distinguished itself/themselves in an action which involves extraordinary heroism, clearly above and beyond the call of duty in the protection of life and/or property during a mass casualty incident or natural disaster. The act or acts of heroism were so notable, so extraordinary and of such magnitude to have set the agency/agencies apart from its/their peers. Clear and convincing proof of the performance of the service was documented and involved not only an exemplary display of EMS Skills, but excellence in incident command protocol. The award will be a rotating trophy to be displayed at the VAVRS Headquarters and an individual trophy or plaque will become the permanent property of the recipient/recipients.