

EMS Training Course Descriptions.

You must be registered with the FRV and present your registration badge at each class.

In addition Pre-registration is required for the "Tac Medic, TIMS, Pediatric Trauma and Stress First Aid classes. All CEU hour classes are first come first serve and require no pre-registration

Please check back regularly as we will be adding more classes

Traffic Incident Management System - TIMS

This is a half day, 4 hour class

Wednesday, August 10 at 8:00 AM

TIMS consists of a planned and coordinated multi-disciplinary process to detect, respond to, and clear traffic incidents so that traffic flow may be restored as safely and quickly as possible. Effective TIMS reduces the duration and impacts of traffic incidents and improves the safety of motorists, crash victims and emergency responders.

- *Ages 16 and up.*
- **Registration is required for this class!**
- *MAXIMUM of 25 Students. Registration is first come first registered*
- *You must be registered with the FRV and present your registration badge at each class.*

Tactical Combat Casualty Care – "Tac Medic"

This is a two day class, Thursday, August 10th and Friday August 12th, 8:00 AM to 5:00 PM

The Tactical Combat Casualty Care Course is a "hands-on" program developed by the military for those individuals needing special tactics and training in trauma care when unique environmental conditions prolonged transport times, or other special situations exist. This course will cover CASEVAC, BEDEVAC, equipment selection and team health. There will be both classroom and scenario training including tourniquets, advanced airway techniques, thoracic and abdominal trauma and needle decompression as well as many other useful techniques

- **Registration is required for this class!**
- *MAXIMUM of 25 Students. Registration is first come first registered*
- An additional cost of \$50 is associated with this class for credentialing Payable to the VAVRS
- Textbook is required for class, information will be sent with acceptance letter
- *CLASS IS FOR BLS AND ALS PROVIDERS, NURSES OR EQUIVALENT. Ages 16 and up.*
- *You must be registered with the FRV and present your registration badge at each class.*

Stress First Aid For the First Responder - Laying the foundation Mental Health Self Care

This is a 90 minute class with an additional time allowance for questions

Thursday, August 11th, 1:00 PM – 2:45 PM

Friday, August 12th, 10:15 AM – 11:45 AM

First Responders are faced with a myriad of stressors that go beyond what the general population may experience. The effects of first responder stress events can factor into behavioral health issues, such as post-traumatic stress disorder, substance abuse and depression. Resources available today, like Stress

First Aid (SFA), address the unique stressors related to first responders and build on the strengths of first responders, including a sense of belonging, support from one another and a strong sense of purpose.

SFA is a flexible set of tools used to care for stress reactions in fire and EMS personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and EMS personnel. The goal of SFA is to restore health and readiness after a stress reaction. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fire and rescue personnel, to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing.

- **Registration is required for this class!**
- *MAXIMUM of 25 Students.* Registration is first come first registered
- Information will be sent with acceptance letter.
- *You must be registered with the FRV and present your registration badge at each class.*

Pediatric Trauma

Thursday, August 11th, 3:00 PM – 5:00 PM
Friday, August 12, 8:00 AM – 10 AM

Students will differentiate the unique needs of injured children, recognize common types of injuries by developmental stage and identify indications for transfer to a Level I Pediatric Trauma Center.

Overview of the scope of the problem of pediatric trauma and how pediatric trauma centers provide optimal care to injured children.

Expanding cases studies of injured children to include common types of injuries such as child physical abuse, drowning, motor vehicle, all-terrain vehicle and bicycle crashes, animal related injuries and burns. Within each case study, salient points related to trauma resuscitation and ongoing care will be described such as referral for specialty services, acute resuscitation strategies, operative vs non-operative management approaches and maintenance of normothermia in the injured child.

- **Registration is required for this class!**
- *MAXIMUM of 25 Students.* Registration is first come first registered
- Information will be sent with acceptance letter.
- *You must be registered with the FRV and present your registration badge at each class.*

Infectious Disease Instructor Update

Thursday, August 11th, 8:00 AM – 12:00 PM

2021 National EMS Educations Standards

Friday, August 12th, 1:00 PM – 5:00 PM

Continuing Education Courses

First Responder Virginia will be offering 24 hours of continuing education classes. These are Category 1 required topics for the purpose of recertification for providers of all levels. CEU class will be presented on Wednesday, Thursday and Friday at the times below. No registration is required, however, seats are available on a first come first served basis. Class room capacity is approximately 100+ per course.

| Topics | Day & Time |
|--|---|
| AIRWAY, OXYGENATION/VENTILATION BLS #11 ALS #16 | Wed. 8:30 AM - 9:30 AM Thu. 1:15 PM – 2:15 PM |
| TRAUMA BLS #13 ALS #18 | Wed. 9:45 AM - 10:45 AM Thu. 9:45 AM - 10:45 AM Fri. 1:15 PM - 2:30 PM |
| MEDICAL BLS #14 ALS #19 | Wed. 11:00 AM - 12:00 PM Wed. 3:45 PM – 4:45 PM Thu. 2:30 PM - 3:30 PM Fri. 9:45 AM - 10:45 AM Fri. 2:30 PM - 3:30 PM |
| CARDIOVASCULAR BLS #12 ALS #17 | Wed. 1:15 AM - 2:15 PM Thu. 11:00 AM - 12:00 PM Fri. 8:30 AM – 9:30 PM |
| OPERATIONS BLS #15 ALS #50 | Wed. 2:30 PM – 3:30 PM Thu. 8:30 AM - 9:30 AM Thu. 3:45 PM – 4:45 PM Fri. 8:30 AM - 9:30 AM Fri. 3:45 PM – 4:45 PM |