



DECLARATION OF PRACTICES AND PROCEDURES

La'Toya Guillory
800 E. Vermilion Lafayette, La 70501
337.426.8840

Qualifications: I earned an MA degree from Liberty University in Human Services Counseling with Specialization in Marriage and Family. I am a certified Marriage Enrichment Facilitator with Prepare and Enrich and SYMBIS. I am also a certified Health and Wellness Coach and Fitness Trainer through CPD Standards, and a Certified Professional Life Coach through Transformation Academy

Address: PREPARE/ENRICH

2660 Arthur St.

Roseville, MN 55113

Contact info: Toll Free: 800-331-1661 Fax: 855-506-2305

Address: SYMBIS

PO Box 1471,

Bothell, Washington, 98041

Contact info: Phone number: (337) 216-9800

Address: CPD Standards

The Old Station Moor Lane

Staines-upon-Thames. TW18 4BB

Contact info: 0203 745 6463

Address: Transformation Academy

611 S Fort Harrison Ave,

Clearwater, Florida 33756

Contact info: unknown



Facilitation Relationship: As a facilitator, it is my goal to empower families with learning effective communication, boundaries, conflict resolution, roles and responsibilities, sex and affection, finances setting healthy relationship foundations, creating healthy habits and spiritual beliefs.

Areas of Expertise: I am the owner of Empowered with Purpose L.L.C. Within this company, I provide Relationship, Life, Health and Wellness, Family and Group Coaching. I received my Master of Arts in Human Services Counseling with Specialization in Marriage and Families in 2017. I am a Certified Marriage Enrichment Facilitator through Prepare and Enrich and SYMBIS (Saving Your Marriage Before it Starts).

Fee Scales: The fee for my services is as follows:

Individual Coaching Plan (3-Month Commitment): \$1,200

Relationship Coaching (3-Month Commitment): \$2400

Full payment for each service is required prior to your first session. Clients are seen by appointment only. Clients will not be refunded for appointments that are broken or canceled without 24-hour notice. Payment is not accepted from insurance companies.

Services Offered and Clients Served: I approach sessions from a strength's-based perspective in that families and individuals feel empowered to remain anchored in their relationships and purposeful on their life journey. I work with a variety of formats that include individual coaching, premarital coaching, marriage check ins, and group coaching. I see clients of all ages and backgrounds with the exception that I do not work individually with anyone under the age of 13.

Relationship Coaching

- Session 1: Communication
- Session 2: Personal Stress Profile
- Session 3: Conflict Resolution
- Session 4: Financial Management
- Session 5: Leisure Activities
- Session 6: Sex and Affection
- Session 7: Relationship Roles
- Session 8: Spiritual Beliefs
- Session 9: Marriage Expectations
- Session 10: Children and Parenting
- Session 11: Couples Maps
- Session 12: Personality SCOPE and Relationship Goals



Individual Coaching

- Session 1: Your Personality Style
- Session 2: Personal S.W.O.T
- Session 3: Understanding Your Identity
- Session 4: The Importance of Self Awareness
- Session 5: Stress Management
- Session 6: Understanding Your Why
- Session 7: Setting Boundaries
- Session 8: Acknowledge Past Hurts
- Session 9: The Importance of Self Care
- Session 10: Engage Your Community
- Session 11: Identifying your Accountability Team
- Session 12 Goal Setting

Privileged Communications: Materials revealed in sessions will remain strictly confidential except for:

- 1.) The client signs a written release of information indicating informed consent of such release.
- 2.) The client expresses intent to harm him/herself or someone else.
- 3.) There is a reasonable suspicion of abuse/neglect against a minor child, elderly person (60 or older), or a dependent adult.
- 4.) A court order has been received directing the disclosure of information.

It is my policy to assert privileged communication on behalf of the client and the right to consult with the client, if possible, except during an emergency, before mandated disclosure. I will endeavor to apprise clients of all mandated disclosures as conceivable. In the event of marriage enrichment, material obtained from an adult client individually may be shared with the client's spouse or other family members only with the client's permission. Any material obtained from a minor client may be shared with that client's parents or guardian.

Emergency Situations: If an emergency should arise, you may seek help through hospital emergency room facilities or by calling 911.

Client Responsibilities: You, the client, are a full partner in your services. Your honesty and effort are essential to success. If, as we work together, you have suggestions or concerns about your sessions, I expect you to share these with me so that we can make the necessary adjustments. If it develops that you would be better served by another mental health provider, I will help you with the referral process. If you need services beyond my certification, you reserve the right to receive additional assistance. I



expect you to grant me permission to share information with this professional so that we may coordinate our services with you.

Physical Health: Physical health can be an important factor in the emotional well-being of an individual. If you have not had a physical examination in the last year, it is recommended that you do so. Also, please provide me with a list of the medicines you are currently taking.

Potential Facilitation Risk: The client should be aware that facilitation poses potential risks. While working together additional problems may surface of which the client was not initially aware. If this occurs, the client should feel free to share these new concerns with me. If the client needs more in-depth services, licensed counseling is recommended.

I have read and understand the above information.

Guardian/Client Signature _____ Date _____

Spouse's Signature _____ Date _____

Facilitator's Signature _____ Date _____