

Sherwood Park Adult Day Support Program 2019

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| **SUN** | **MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
| **1** | **2 Barry’s Birthday (Dec 3)**Image result for snowman clipart 9:30 Coffee & News 1:30 Exercises10:30 Wake & Shake 2:15 Bingo11:00 Group Games 2:45 Snack12:15 Lunch 3:00 Trivia 1:00 Stories 3:30 Home | **3** | **4**9:30 Coffee & News 1:30 Exercises10:15 Kinders 2:15 Bookmobile11:15 Wake & Shake 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **5**9:30 Coffee & News 1:30 Exercises10:30 Wake & Shake 2:15 Shuffle Board11:00 Arm Chair Travel 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **6** | **7** |
| **8** | **9** 9:30 Coffee & News 1:30 Exercises10:30 Wake & Shake 2:15 Carols/Apps11:00 Group Games 2:45 Snack12:15 Lunch 3:00 Trivia 1:00 Stories 3:30 Home | **10** | **11**9:30 Coffee & News 1:30 Exercises10:15 Kinders 2:15 Carols 11:15 IITWI 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **12**9:30 Coffee & News 1:30 Exercises10:30 Wake & Shake 2:15 Xmas App11:00 Xmas Hangman 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **13** | **14** |
| **15** | **16 CHRISTMAS TEA 1:30-3:30**9:30 Coffee & News 12:00 Lunch10:30 Wake & Shake 1:00 Strories11:00 Group Games Image result for christmas clipartAll participants/families from all days are invited!**Image result for christmas clipartChristmas Tea**  **1:30-3:30**Please **RSVP** before Thursday, Dec 9th  | **17** | **18**9:30 Coffee &News 1:30 Exercises10:30 Wake &Shake 2:15Carols/App 11:00 Ladder Ball 2:45 Snack12:15 Lunch 3:00 TriviaImage result for christmas clipart1:00 Stories 3:30 Home  | **19 LAST DAY OF PROGRAM**9:30 Coffee & News 12:15 Brunch10:15 Kinders 1:00 Xmas Stories 11:15 ExercisesCHRISTMAS PJ PARTY PLEASE WEAR PAJAMAS | **20** | **21** |
| **22** | **23****Program Closed – Merry Christmas!** | **24** | **25****Program Closed – Merry Christmas!** | **26****Image result for christmas clipartProgram Closed – Merry Christmas!** | **27** | **28** |
| **29** | **30****Program Closed – Happy New Year!** | **31** | **Program Closed – Happy New Year!** | **PROGRAM CLOSED DEC 20TH FOR THE HOLIDAYS****FIRST DAY BACK MONDAY,** **JAN 6TH 2020** |  |  |

Silver Birch Court **780-417-1977**, Daisha 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828 Care for a Ride780-417-2222

Staff: Wendy, Teresa, Daisha, Arife, Nicole, Mirna, Sharon, Kayla; Volunteers: Missionaries, Joyce, Mackenzie