Sherwood Park Adult Day Support Program June 2019

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| **SUN** | **MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
|  | **1****Happy** **Birthday** **John H!** |
| **2** | **3** 9:30 Coffee and News 10:30 Wake and Shake 11:00 Base Ball12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Memory Challenge2:45 Snack 3:00 Trivia 3:30 Home  | **4** | **5** 9:30 Coffee and News 10:30 Wake and Shake 11:00 In-It-To Win It12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Puzzle Challenge 2:45 Snack 3:00 Trivia 3:30 Home | **Happy Birthday Margaret! 6** 9:30 Coffee and News 10:30 Wake and Shake 11:00 Arm Chair Travel 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Crossword 2:45 Snack 3:00 Trivia 3:30 Home | **7** | **8** |
| **9** | **10**9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo 2:45 Snack 3:00 Trivia 3:30 Home | **11** | **Happy Birthday Phyllis! 12**9:30 Coffee and News 10:00 Kinders 11:00 Bocce Ball 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Tic-Tac-Toe Trivia2:45 Snack 3:00 Trivia 3:30 Home |  **Care Givers Meeting 2:00 13**9:30 Coffee and News 10:30 Wake and Shake 11:00 Fathers Day Craft 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Hang Man 2:45 Snack 3:00 Trivia 3:30 Home | **14** | **15** |
| **16** | **17**9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Punch Cup Game2:45 Snack 3:00 Trivia 3:30 Home | **18** | **19**9:30 Coffee and News 10:30 Wake and Shake 11:00 Police Station Visit12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Book Moble 2:45 Snack 3:00 Trivia 3:30 Home | **20**9:30 Coffee and News 10:00 Kinders 11:00 Latter Ball Toss 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo 2:45 Snack 3:00 Trivia 3:30 Home | **21** | **22****Happy****Birthday****Mary F!** |
| **23** | **24**9:30 Coffee and News 10:30 Wake and Shake 11:00 In-It-To Win It 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Word Scramble2:45 Snack 3:00 Trivia 3:30 Home | **25** | **26**9:30 Coffee and News 10:30 Wake and Shake 11:00 Bowling 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo 2:45 Snack 3:00 Trivia 3:30 Home | **27**9:30 Coffee and News 10:30 Wake and Shake 11:00 Base Ball 12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Sing-A-Long2:45 Snack 3:00 Trivia 3:30 Home | **28** | **29** |
| **30** |

Phone at Silver Birch Court **780-417-1977**, Erin 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828 Care for a Ride 780-417-2222

Staff: Wendy, Teresa, Erin, Arife, Adele, Mirna; Volunteers: Missionaries, Joyce, Mackenzie, Parul