Sherwood Park Adult Day Support Program June 2019

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| **SUN** | **MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
|  | | | | | | **1**  **Happy**  **Birthday**  **John H!** |
| **2** | **3**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Base Ball  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Memory Challenge  2:45 Snack 3:00 Trivia 3:30 Home | **4** | **5**  9:30 Coffee and News 10:30 Wake and Shake 11:00 In-It-To Win It  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Puzzle Challenge  2:45 Snack 3:00 Trivia 3:30 Home | **Happy Birthday Margaret! 6**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Arm Chair Travel  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Crossword  2:45 Snack 3:00 Trivia 3:30 Home | **7** | **8** |
| **9** | **10**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **11** | **Happy Birthday Phyllis! 12**  9:30 Coffee and News 10:00 Kinders  11:00 Bocce Ball  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Tic-Tac-Toe Trivia  2:45 Snack 3:00 Trivia 3:30 Home | **Care Givers Meeting 2:00 13**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Fathers Day Craft  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Hang Man  2:45 Snack 3:00 Trivia 3:30 Home | **14** | **15** |
| **16** | **17**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Punch Cup Game  2:45 Snack 3:00 Trivia 3:30 Home | **18** | **19**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Police Station Visit  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Book Moble  2:45 Snack 3:00 Trivia 3:30 Home | **20**  9:30 Coffee and News 10:00 Kinders 11:00 Latter Ball Toss  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **21** | **22**  **Happy**  **Birthday**  **Mary F!** |
| **23** | **24**  9:30 Coffee and News 10:30 Wake and Shake 11:00 In-It-To Win It  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Word Scramble  2:45 Snack 3:00 Trivia 3:30 Home | **25** | **26**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Bowling  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **27**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Base Ball  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Sing-A-Long  2:45 Snack 3:00 Trivia 3:30 Home | **28** | **29** |
| **30** |

Phone at Silver Birch Court **780-417-1977**, Erin 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828 Care for a Ride 780-417-2222

Staff: Wendy, Teresa, Erin, Arife, Adele, Mirna; Volunteers: Missionaries, Joyce, Mackenzie, Parul