Sherwood Park Adult Day Support Program October 2019

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| **SUN** | **MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
|  |  | **1** | **2**9:30 Coffee and News 10:30 Kinders11:00Latter Ball12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bookmobile2:45 Snack 3:00 Trivia 3:30 Home | **Nicole’s Birthday! 3**9:30 Coffee and News 10:30 Kinders11:00 Armchair Travel12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo2:45 Snack 3:00 Trivia 3:30 Home | **4** | **5** |
| **6** | **7**9:30 Coffee and News 10:30 Wake and Shake 11:00Craft12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo2:45 Snack 3:00 Trivia 3:30 Home  | **8** | **9**9:30 Coffee and News 10:30 Wake and Shake 11:00Horse Racing12:00 Thanksgiving Feast 1:00 Stories 1:15 Exercises2:00 Reminiscing 2:45 Snack 3:00 Trivia 3:30 Home | **Caregiver’s Meeting 2pm 10**9:30 Coffee and News 10:30 Wake and Shake11:00 Puzzle Challenge12:00 Thanksgiving Feast 1:00 Stories 1:15 Exercises 2:00 Reminiscing 2:45 Snack 3:00 Trivia 3:30 Home | **11** | **12** |
| **13** | **14*****No Program******Thanksgiving*** | **15** | **16**9:30 Coffee and News10:30 Kinders11:00Craft12:00 Lunch 1:00 Stories 1:15 Exercises 2:00Sing-A-Long2:45 Snack 3:00 Trivia 3:30 Home | **17**9:30 Coffee and News 10:30 Wake and Shake 11:00 Crossword12:00 Lunch 1:00 Stories 1:15 Exercises 2:00Tic-Tac-Toe2:45 Snack 3:00 Trivia 3:30 Home | **18** | **19** |
| **20** | **21**9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Education2:45 Snack 3:00 Trivia 3:30 Home | **22** |  **Verna’s Birthday! 23**9:30 Coffee and News 10:30 Wake and Shake11:00Bowling12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bookmobile2:45 Snack 3:00 Trivia 3:30 Home | **24**9:30 Coffee and News 10:30 Kinders11:00Sniff and Say12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Education2:45 Snack 3:00 Trivia 3:30 Home | **25** | **26** |
| **27** |  **Kurt’s Birthday! 28**9:30 Coffee and News 10:30 Kinders11:00 Group Games12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 What’s in the Bag?2:45 Snack 3:00 Trivia 3:30 Home | **29** | **30**9:30 Coffee and News 10:30 Wake and Shake 11:00 In it to Win it12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Bingo2:45 Snack 3:00 Trivia 3:30 Home | **31**9:30 Coffee and News 10:30 Wake and Shake 11:00 Pumpkin Deco.12:00 Lunch 1:00 Stories 1:15 Exercises 2:00 Halloween Party2:45 Snack 3:00 Trivia 3:30 Home |  |  |

Phone at Silver Birch Court**780-417-1977**, Daisha 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828 Care for a Ride780-417-2222

Staff: Wendy, Teresa, Daisha, Arife, Adele, Mirna; Volunteers:Missionaries, Joyce, Mackenzie, Parul