Sherwood Park Adult Day Support Program October 2019

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| **SUN** | **MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
|  |  | **1** | **2**  9:30 Coffee and News 10:30 Kinders11:00Latter Ball  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bookmobile  2:45 Snack 3:00 Trivia 3:30 Home | **Nicole’s Birthday! 3**  9:30 Coffee and News 10:30 Kinders11:00 Armchair Travel  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **4** | **5** |
| **6** | **7**  9:30 Coffee and News 10:30 Wake and Shake 11:00Craft  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **8** | **9**  9:30 Coffee and News 10:30 Wake and Shake 11:00Horse Racing  12:00 Thanksgiving Feast 1:00 Stories 1:15 Exercises  2:00 Reminiscing 2:45 Snack 3:00 Trivia 3:30 Home | **Caregiver’s Meeting 2pm 10**  9:30 Coffee and News 10:30 Wake and Shake11:00 Puzzle Challenge  12:00 Thanksgiving Feast 1:00 Stories 1:15 Exercises 2:00 Reminiscing 2:45 Snack 3:00 Trivia 3:30 Home | **11** | **12** |
| **13** | **14**  ***No Program***  ***Thanksgiving*** | **15** | **16**  9:30 Coffee and News10:30 Kinders11:00Craft  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00Sing-A-Long  2:45 Snack 3:00 Trivia 3:30 Home | **17**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Crossword  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00Tic-Tac-Toe  2:45 Snack 3:00 Trivia 3:30 Home | **18** | **19** |
| **20** | **21**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Group Games  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Education  2:45 Snack 3:00 Trivia 3:30 Home | **22** | **Verna’s Birthday! 23**  9:30 Coffee and News 10:30 Wake and Shake11:00Bowling  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bookmobile  2:45 Snack 3:00 Trivia 3:30 Home | **24**  9:30 Coffee and News 10:30 Kinders11:00Sniff and Say  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Education  2:45 Snack 3:00 Trivia 3:30 Home | **25** | **26** |
| **27** | **Kurt’s Birthday! 28**  9:30 Coffee and News 10:30 Kinders11:00 Group Games  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 What’s in the Bag?  2:45 Snack 3:00 Trivia 3:30 Home | **29** | **30**  9:30 Coffee and News 10:30 Wake and Shake 11:00 In it to Win it  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Bingo  2:45 Snack 3:00 Trivia 3:30 Home | **31**  9:30 Coffee and News 10:30 Wake and Shake 11:00 Pumpkin Deco.  12:00 Lunch 1:00 Stories  1:15 Exercises 2:00 Halloween Party2:45 Snack 3:00 Trivia 3:30 Home |  |  |

Phone at Silver Birch Court**780-417-1977**, Daisha 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828 Care for a Ride780-417-2222

Staff: Wendy, Teresa, Daisha, Arife, Adele, Mirna; Volunteers:Missionaries, Joyce, Mackenzie, Parul