Sherwood Park Adult Day Support Program 2020

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| **SUN** | https://tse3.mm.bing.net/th?id=OIP.yOZ92RPVMDiYC6fOpLgFrwHaHK&pid=Api&P=0&w=156&h=152**MONDAY** | **TUE** | **WEDNESDAY** | **THURSDAY** | **FRI** | **SAT** |
| **1** | **2** 9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Tic-Toe- Trivia (F) 11:00 Hang Man 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **3** | **4 Celebrate Franklin (2) B-Day**9:30 Coffee &News 1:30 Exercises10:30 Wake & Shake 2:15Book Mobile 11:00 Latter Ball 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **5 Care Givers Meeting 2:00pm** 9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 In-It-To Win It 11:00 Sniff & Say 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **6** | **7** |
| https://tse1.mm.bing.net/th?id=OIP.scxaG5ryNU0XkXfaWCeljAHaFx&pid=Api&P=0&w=207&h=163**8** | **9 Celebrate Barb & Myrtle B-Day (10)**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Bingo 11:00 Letter to Words 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **10** | **11**9:30 Coffee &News 1:30 Exercises10:15 Kinders 2:15 App Time11:00 Memory Trays 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **12**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Balloon Toss 11:00 Shamrock Curling 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **13** | https://tse4.mm.bing.net/th?id=OIP.x0gjiIDZvZtlFeDXP0pvrQHaLS&pid=Api&P=0&w=300&h=300**14** |
| **15** | https://tse4.mm.bing.net/th?id=OIP.kD7mmcw-V_OL63vanE4n0QHaFs&pid=Api&P=0&w=199&h=154**16 Wear Your Green**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Craft 11:00 Gold Hunt 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **17** | **18** 9:30 Coffee &News 1:30 Exercises10:30 Wake &Shake 2:15 Bingo11:00 In It to Win It 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **19 Celebrate Doreen Birthday (23)**9:30 Coffee and News 1:30 Exercises10:15 Kinders 2:15 Yahtzee 11:00 Taste Test 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **20** | **21** |
| **22** | **23 Celebrate Pat. D. Birthday (24)**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Sing-A-Long 11:00 Bucket Trivia 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **24** | **25**9:30 Coffee and News 1:30 Exercises10:15 Kinders 2:15 Mad Libs11:00 Puzzle Challenge 2:45 Snack12:15 Lunch 3:00 Trivia1:00 Stories 3:30 Home | **26**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Memory Trays 11:00 Hang Man 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **27** | **28** |
| **29** | **30**9:30 Coffee &News1:30Stretch & Strength 10:30 Exercises 2:15 Horse Racing 11:00 Taste Test 2:45 Snack12:15 Lunch 3:00: Trivia1:00 Stories 3:30 Home | **31** | https://tse1.mm.bing.net/th?id=OIP.g3jDz2SU6Ix_iy0s6C1MOAHaLs&pid=Api&P=0&w=300&h=300https://tse3.mm.bing.net/th?id=OIP.OKlv4JYrxJ67L7JncSIBGgCYEs&pid=Api&P=0&w=300&h=300https://tse2.mm.bing.net/th?id=OIP.PZ4_tGYdfOnNB8Vqf508PAHaIL&pid=Api&P=0&w=300&h=300https://tse4.mm.bing.net/th?id=OIP.nIZRDRzmbt51j_-u1hnfvwHaHa&pid=Api&P=0&w=300&h=300https://tse4.mm.bing.net/th?id=OIP.g64fPt-XzFJAGq0zs7HyZQHaEv&pid=Api&P=0&w=262&h=168 |

Silver Birch Court **780-417-1977**, Erin 780-886-3337,

Mobility Bus 780-449-9680, Driving Mrs. Daisy 780-777-0828, Care for a Ride 780-417-2222

Staff: Wendy, Erin, Teresa, Arife, Nicole, Mirna; Volunteers: Missionaries, Joyce