**Icon

Description automatically generated with low confidence**Fort Saskatchewan Day Support Program 2022



**Fort Saskatchewan Adult Day Program will be closed Dec 22 - January 2nd**

**Merry Christmas and Happy New Year!**

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| **SUN** | **MON** | **TUESDAY** | **WED** | **THURS** | **FRI** | **SAT** |
|  |  |  |  | **1**  9:30 Coffee & Puzzles 1:30 Cookie Decorating  10:30 Exercises 2:15 Games  11:15 Memory Lane  12:00 Lunch 3:00 Snack  1:00 Circuit Walk 3:30 Home | **2** | **3** |
| **4** | **5** | **6**  9:30 Coffee & Puzzles 1:30 Music Bingo  10:30 Exercises 2:15 Games  11:15 Woodworking  12:00 Lunch 3:00 Snack  1:00 Circuit Walk 3:30 Home | **7** | **8 Happy Birthday Michael (10th)**  9:30 Coffee & Puzzles 1:30 Music/Dance  10:30 Exercises 2:15 Family Feud  11:00 Cardmaking w/ guest  12:00 Lunch 3:00 Snack  1:00 Circuit Walk 3:30 Home | **9** | **10** |
| **11** | **12** | **13**  9:30 Coffee & Puzzles 1:30 Cookie Decorating  10:30 Exercises 2:15 Games  11:15 Christmas Karaoke  12:00 Lunch 3:00 Snack  1:00 Rest & Relax 3:30 Home | **14** | **15**  9:30 Coffee & Puzzles 1:30 Music Bingo  10:30 Exercises 2:15 Games  11:15 Hangman/ Bookmark making  12:00 Lunch 3:00 Snack  1:00 Community Connection 3:30 Home | **16** | **17** |
| **18** | **19** | See the source image**20**  9:30 Coffee & Puzzles 1:30 Reindeer Hunt  10:30 Exercises 2:15 Family Feud  11:15 Christmas Bingo  12:00 Lunch 3:00 Snack  1:00 Circuit Walk 3:30 Home | **21** | **22 Program Christmas Party**  11:30 Party Begins  12:00 Christmas Meal  12:45 Musical Moment  1:15 Team Holiday Trivia  2:00 Home | **23** | **24** |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |