****Fort Saskatchewan Day Support Program 2022



**Fort Saskatchewan Adult Day Program will be closed Dec 22 - January 2nd**

**Merry Christmas and Happy New Year!**

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| **SUN** | **MON** | **TUESDAY** | **WED** | **THURS** | **FRI** | **SAT** |
|  |  |  |  | **1**9:30 Coffee & Puzzles 1:30 Cookie Decorating10:30 Exercises 2:15 Games11:15 Memory Lane 12:00 Lunch 3:00 Snack1:00 Circuit Walk 3:30 Home | **2** | **3** |
| **4** | **5** | **6**9:30 Coffee & Puzzles 1:30 Music Bingo10:30 Exercises 2:15 Games11:15 Woodworking 12:00 Lunch 3:00 Snack1:00 Circuit Walk 3:30 Home | **7** | **8 Happy Birthday Michael (10th)**9:30 Coffee & Puzzles 1:30 Music/Dance 10:30 Exercises 2:15 Family Feud11:00 Cardmaking w/ guest 12:00 Lunch 3:00 Snack1:00 Circuit Walk 3:30 Home | **9** | **10** |
| **11** | **12** | **13**9:30 Coffee & Puzzles 1:30 Cookie Decorating10:30 Exercises 2:15 Games11:15 Christmas Karaoke 12:00 Lunch 3:00 Snack1:00 Rest & Relax 3:30 Home | **14** | **15**9:30 Coffee & Puzzles 1:30 Music Bingo10:30 Exercises 2:15 Games11:15 Hangman/ Bookmark making 12:00 Lunch 3:00 Snack1:00 Community Connection 3:30 Home | **16** | **17** |
| **18** | **19** | See the source image**20**9:30 Coffee & Puzzles 1:30 Reindeer Hunt10:30 Exercises 2:15 Family Feud 11:15 Christmas Bingo 12:00 Lunch 3:00 Snack1:00 Circuit Walk 3:30 Home | **21** | **22 Program Christmas Party** 11:30 Party Begins 12:00 Christmas Meal 12:45 Musical Moment 1:15 Team Holiday Trivia2:00 Home  | **23** | **24** |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |