 Leduc Day Support Program 2022

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **SUN** | See the source image**MONDAY** | **TUE** | **WEDNESDAY** |  | **THU** | **FRI** | **SAT** |
| See the source image  **~ Social Wellness Month ~**  **~ U.V. Safety Awareness Month ~**  **~ National Picnic Month ~** | | | |  | 30 | See the source image1 | 2 |
| 3 | **4**  9:30 Sip, Chat, Puzzle  10:30 Canada Day Trivia 1:00 Best of 7  11:15 Exercises 1:30 Swatterball  12:00 Lunch 2:30 Coverall  12:30 Walking Club & 3:30 Home  Wordscapes | See the source image5 | **6**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Canada Day Carnival Dominoes  11:15 Seated Yoga/Stretches 1:30 Carnival Games  12:00 Lunch 2:30 Ice Cream Sundays . & Group Games  3:30 Home |  | 7 | 8 | 9 |
| See the source image10 | **11 Birthday Celebrations (Deborah 6th, Clarence 10th)**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Crafty Crafters Kings/Jokers Wild  11:15 Exercises 1:30 Sing-Along w Sharon  12:00 Lunch 2:30 Noodle Hockey  3:30 Home | 12 | **13**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Sensory Activity Dutch Blitz  11:15 Exercises 1:30 Bender Balls  12:00 Lunch 2:30 Letters to Words  3:30 Home |  | 14 | 15 | 16 |
| 17 | **18**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Balloon Wishes Group games  11:15 Exercises 1:30 Axe Throwing  12:00 Lunch 2:30 Rock Painting  3:30 Home | 19 | **20 “Beach” Day – (Wear your SUN-day best)**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Dog Days of Summer Scattegories  11:15 Exercises 1:30 Lawn Bocce  12:00 Picnic Lunch 2:30 BINGO  3:30 Home |  | See the source image21 | 22 | 23 |
| 24  See the source image | **25 Caregiver Support Group @ 2:00pm**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &  10:30 Board Games Scavenger Hunt  11:15 Exercises 1:30 Ladderball  12:00 Lunch 2:30 Summer Scattegories  3:30 Home | 26 | **27**  9:30 Sip, Chat, Puzzle 12:30 Rolls Royce Visit &  10:30 Show & Share (Royals) Walking Club  11:15 Exercises 1:30 The Potluck Group  12:00 Lunch 2:30 Noodle Hockey  3:30 Home |  | 28 | 29 | 30 |