 Leduc Day Support Program 2022

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| **SUN** | See the source image**MONDAY** | **TUE** | **WEDNESDAY** |  | **THU** | **FRI** | **SAT** |
| See the source image**~ Social Wellness Month ~****~ U.V. Safety Awareness Month ~****~ National Picnic Month ~** |  | 30 | See the source image1 | 2 |
| 3 | **4** 9:30 Sip, Chat, Puzzle 10:30 Canada Day Trivia 1:00 Best of 7 11:15 Exercises 1:30 Swatterball12:00 Lunch 2:30 Coverall12:30 Walking Club & 3:30 Home  Wordscapes  | See the source image5 | **6**  9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Canada Day Carnival Dominoes11:15 Seated Yoga/Stretches 1:30 Carnival Games 12:00 Lunch 2:30 Ice Cream Sundays . & Group Games 3:30 Home |  | 7 | 8 | 9 |
| See the source image10 | **11 Birthday Celebrations (Deborah 6th, Clarence 10th)**9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Crafty Crafters Kings/Jokers Wild11:15 Exercises 1:30 Sing-Along w Sharon12:00 Lunch 2:30 Noodle Hockey 3:30 Home | 12 | **13**9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Sensory Activity Dutch Blitz11:15 Exercises 1:30 Bender Balls12:00 Lunch 2:30 Letters to Words  3:30 Home |  | 14 | 15 | 16 |
| 17 | **18** 9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Balloon Wishes Group games11:15 Exercises 1:30 Axe Throwing12:00 Lunch 2:30 Rock Painting 3:30 Home | 19 | **20 “Beach” Day – (Wear your SUN-day best)**9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Dog Days of Summer Scattegories11:15 Exercises 1:30 Lawn Bocce12:00 Picnic Lunch 2:30 BINGO 3:30 Home |  | See the source image21 | 22 | 23 |
| 24See the source image | **25 Caregiver Support Group @ 2:00pm**9:30 Sip, Chat, Puzzle 12:30 Walking Club &10:30 Board Games Scavenger Hunt11:15 Exercises 1:30 Ladderball12:00 Lunch 2:30 Summer Scattegories 3:30 Home | 26 | **27** 9:30 Sip, Chat, Puzzle 12:30 Rolls Royce Visit &10:30 Show & Share (Royals) Walking Club11:15 Exercises 1:30 The Potluck Group12:00 Lunch 2:30 Noodle Hockey 3:30 Home |  | 28 | 29 | 30 |