**Leduc Day Support Program 2023**

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| **SU** | **MONDAY** | **TU** | **WEDNESDAY** | **TH** | **FR** | **SA** |
| **‘Spring is nature’s way of saying ‘Let’s party!’**  **-Robin Williams** | | | **1**  9:30 Sip, Chat, Puzzle 1:00 Colouring  10:30 Exercises 1:30 Axe Throwing  11:15 Group Crossword 2:15 Coverall  12:00 Lunch 3:00 Snack  12:45 Walking Club 3:30 Home | 2 | 3  **World**  **Wildlife**  **Day !** | 4 |
| 5 | **6**  9:30 Sip, Chat, Puzzle 1:00 Puzzles  10:30 Exercises 1:30 Ladderball 11:15 A Day at the Dairy Farm 2:15 Wordmining  12:00 Lunch 3:00 Snack  12:45 Rest & Digest 3:30 Home | 7 | **8 Happy Birthday Bill!**  9:30 Sip, Chat, Puzzle 1:00 Horoscopes  10:30 Exercises 1:30 Swatterball  11:15 Charades 2:15 Hangman  12:00 Lunch 3:00 Snack  12:45 Walking Club 3:30 Home | 9 | 10 | 11 |
| Spring Forward! Daylight Saving Time begins this Sunday. | News | corsicanadailysun.com12 | **13 Happy Birthday Kiki (12th) !**  9:30 Sip, Chat, Puzzle 1:00 Colouring  10:30 Exercises 1:30 Sing Along w/ Sharon  11:15 Best of 7 2:30 Cupstacks  12:00 Lunch 3:00 Snack  12:45 Walking Club 3:30 Home | 14 | **15 St.Patrick’s Day Celebrations**  9:30 Sip, Chat, Puzzle 1:00 Entertainment  10:30 Exercises 2:00 Snack/ Happy Hour  11:15 Armchair Travel - Ireland  12:00 Lunch 2:30 Active Irish Relay  12:45 Rest & Digest 3:30 Home | 16 | Millions of PNG Images, Backgrounds and Vectors for Free Download | Pngtree17 | 18 |
| 19 | **20 First Day of Spring!**  9:30 Sip, Chat, Puzzle 1:00 Show & Share  10:30 Exercises 1:30 Rollerball  11:15 Board Games 2:15 Spring Trivia  12:00 Lunch 3:00 Snack  12:45 Rest & Digest 3:30 Home | 21 | **22**  9:30 Sip, Chat, Puzzle 1:00 Puzzles  10:30 Exercises 1:30 Noodle Hockey  11:15 Arts & Crafts 2:15 Brain Teasers  12:00 Lunch 3:00 Snack  12:45 Walking Club 3:30 Home | 23 | 24 | 25 |
| 26 | **27 Caregiver Support Group @ 2:00pm**  9:30 Sip, Chat, Puzzle 1:00 Horoscopes  10:30 Exercises 1:30 Croquet  11:15 Pathways Music- Spring 2:15 Card Bingo  12:00 Lunch 3:00 Snack  12:45 Rest & Digest 3:30 Home | 28 | **29**  9:30 Sip, Chat, Puzzle 1:00 Would You Rather…  10:30 Exercises 1:30 The Potluck Group  11:15 Green Thumbs 2:30 Bocce  12:00 Lunch 3:00 Snack  12:45 Walking Club 3:30 Home | 30 | 31 |