FORT SASKATCHEWAN DAY PROGRAM September 2019

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| **SUN** | **MON** | **TUESDAY** | **WED** | **THURSDAY** | **FRI** | **SAT** |
| Image result for sunflowers September  images**1** | **2**  **Labor Day** | **3**  9:30am Coffee & News; 10:30am Exercises  11am Bingo  12 Lunch; 1pm Circuit Walk  1:30pm Charades 2pm Games  3pm Snack and Visiting 3:30pm Home | **4** | **5**  9:30am Coffee & News; 10:30am Exercises  11am Crossword  12 Lunch; 1pm Circuit Walk  1:30pm Bowling 2pm Games  3pm Snack and Visiting 3:30pm Home | **6** | **7** |
| **8** | **9** | **10**  9:30am Coffee & News; 10:30am Exercises  11am Hangman  12 Lunch; 1pm Circuit Walk  1:30pm Ball Toss 2pm Games  3pm Snack and Visiting 3:30pm Home | **11** | **Caregivers Meeting 2:00 12**  9:30am Coffee & News; 10:30am Exercises  11am Best of 7  12 Lunch; 1pm Circuit Walk  1:30pm Bocce Ball 2pm Games  3pm Snack and Visiting 3:30pm Home | **13** | **14** |
| **15** | **16** | **17**  9:30am Coffee & News; 10:30am Exercises  11am Letters To Words  12 Lunch; 1pm Circuit Walk  1:30pm Bean Bag Toss 2pm Games  3pm Snack and Visiting 3:30pm Home | **18** | **19**  9:30am Coffee & News; 10:30am Exercises  11am Card Bingo  12 Lunch; 1:30pm Go To Fort Bowling Lanes 2:45 Return from Bowling  3pm Snack and Visiting 3:30pm Home | **20** | **21** |
| **22**  **Ed’s**  **Birthday** | **23** | **24**  9:30am Coffee & News; 10:30am Exercises  11am Name That Tune  12 Lunch; 1pm Circuit Walk  1:30pm Jig Saw Puzzles 2pm Games  3pm Snack and Visiting 3:30pm Home | **25** | **26**  9:30am Coffee & News; 10:30am Exercises  11am Craft  12 Lunch; 1pm Circuit Walk  1:30pm Balloon Tennis 2pm Games  3pm Snack and Visiting 3:30pm Home | **27** | **28**  **Jeannette’s**  **B-Day** |
| **29** | **30** | See the source image | | | | |

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