Child Guidance School Schedule

7:00	OPEN
7-8:30	Free play
8:30-9:00	Morning meeting
	Calendar, singing, group discussion
9-9:30	Wash up and morning snack
9:45-10:00	Group time
	Story, gross motor activities, explanation of
	discovery learning
10-11:00	Discovery learning
	Letter of the week, journals, projects
11-11:30	Outside play/Gross motor activities
	Story or group game inside
11:30-12:30	Wash up and lunch
12:30-1:00	Wash up and prepare for rest time
1-2:30	Rest time
	*Rest time is state mandated. For children who do
	not sleep, they will be provided with quiet activities
	reserved specifically for rest time after a period of
	relaxation or upon waking.
2:30-3:15	relaxation or upon waking. Wash up and afternoon snack
2:30-3:15 3:15-5:00	
	Wash up and afternoon snack
	Wash up and afternoon snack Outside play (weather permitting)