

HARMONY EVENT MEDICINE

Orientation

HEM is a 100% volunteer-driven organization dedicated to “Bring Harmony to Medicine and Music”. We primarily provide our services to the Willamette Valley, Oregon. As an HEM volunteer, you will provide basic life support, first aid, and crisis assistance to patrons of the events we support, as well as the production staff or even the performers. While on shift, we expect you to perform your tasks professionally and, more specifically, sober!! Do what you will after your shift, but when on shift, we expect your “A” game.

As an HEM member/volunteer, you will probably be required to attend to the following (but not limited to):

INJURIES. Cuts, abrasions, blisters, bites, stings, traumas, burns, sprains & breaks, and old wounds, etc. Use standard first aid procedures, PPE, Bio-bag, and clean-up rules. IF you are at all uncomfortable in any situation, just ask another HEM staff for help.

INTOXICATION. Alcohol, street drugs, Pharmies. Provide First Aid, monitor vitals, hydrate if necessary, prevent choking or falling, find friends or family. Vomiting is likely, so be ready with PPE and Biobags.

+Dehydration/Pass-outs/ ‘crowd syndrome’ Slowly hydrate with Gatorade/etc, provide fresh air, AVPU scale, Sternal Rub?

MENTAL HEALTH/CRISIS. Is Patron intoxicated or aggitated? Provide sincere support, use non-violent communication (Empathize, Clarify, Isolate, Respond), and ground yourself!

OTHER INSTANCES. Lost parents or children, acting as venue information staff, supplying ear plugs, sun block, sunscreen, condoms, and water! Consult 'Service Basics' on website.

We follow standard First Aid/CPR/AED guidelines as prescribed by Oregon Good Samaritan Act. HEM does carry General Liability and Professional Liability insurance, but our scope is BLS: First Aid/CPR/AED only.

There will be an Identified Shift Leader for every shift, who can provide direction, support, and help at any time. Remember, FIRST DO NO HARM. Provide the best care you can, for as long as you can, and ask for help when needed. Communicate with your team, and only the Shift Supervisor will communicate with venue/security staff, production, artists, and most importantly, EMS.

Before every shift, there will be a shift huddle and report. Ask questions! Introduce yourself to the other staff and then orient yourself to the tent, forms, and other supplies needed for your role.

Taking care of yourself means you can take care of others. Be safe, be sober, and have FUN! Don't forget to listen and enjoy the MUSIC!!

Shift lengths vary by venue, usually is 5-7 hours, but some festival shifts can be 6-10 hours long.

Use the log notes and RAS/AMA form EVERYTIME!!

OTC meds: Consent forms are available for Festivals where we can offer OTC meds.

While on shift, anytime you leave the table or Tent, you need a partner/buddy with you; preferably Male & Female each, and/or Medic & Helper.

Important: If you are scheduled for a shift, we expect you to arrive 15-30 minutes early for sign out and huddle. Arrive sober and do not consume alcohol or drugs in the med tent. We expect you to remain in the tent for the duration of your shift unless cleared by the shift lead. If you need to be fed, the shift lead will arrange food. Help your fellow volunteers, and do more than your share!

Important Numbers:

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