

Ideal Talk

I'm Jennie Krischke from Christ Episcopal Church in Cedar Park Texas and I have the honor of not only giving the first talk, but my talk is about "Ideals".

First of all, Thank you for making this a very special and memorable start to my talk!

Embrace this place!!!! How awesome is that statement? In order to truly understand it, I decided to look up the definition of embrace. Here are a few of my favorite definitions:

To encircle, surround, enclose

To take or clasp in arms; to hug (one of my favorite things to do)

Now, the definition that really stuck with me was:

To take or receive gladly or eagerly; accept willingly; to embrace an idea.

So, here we are. Embracing an idea. Better yet, our own ideals.

Do you ever wonder at times "What am I doing???? When you are at work, at home, or anywhere for that matter; do you sometimes ask yourself "Am I doing the best I can to be a good person?" Is this my best?

Well, we are human. Its easy for us to question ourselves. But why is that?

All people , you, me, your friends live by ideals. This is what motivates us. We just need to know what are ideals are. We can discover our ideals by discovering where our time, money and thoughts go.

As humans, we are unique in creation because our lives are motivated by ideals; our lives have a purpose.

An ideal is a combination of ideas, hopes and preferences which inspire and motivate people. Attractive ideals motivate us to work to attain it.

Each of us has at least ONE ideal, not many; all of our life goals and objectives stem from striving from our one ideal. Our ideals represent our values.

Again, as humans, we move toward something worthwhile. What is really worth working for.

There is no such thing as human life without an ideal.

Ideals are what shapes and characterizes our whole life. Our individual ideal makes us what we are. The higher our ideal...The more fully human we are.

A man or women's ideal shows what kind of person he or she is.

The influence of the ideal on life gives us purpose and meaning. Ideals give us enthusiasm for our work.

Ideals shape our personality.

Ideals shape our human history.

I have a wonderful family. My fabulous husband Travis, two great kids, Garrett 16, Emily 10 and a cat; Moose soon to be 3. Like a lot of families, we have full and active schedules. Each day I try to do the best that I can to make sure I'm giving my all to my family, my work and my life to be loving, trustworthy, caring, compassionate, truthful, honorable and giving.

I'll be honest. There are many times that my priorities are not as they should be. Especially since my dear husband travels. I have to admit; Not only do I have a forgiving and patient family, by I also have a very good boss. I work for a family practice doctor. It's a small office. The doctor, myself and the receptionist. In family practice, we get to see all sorts of things. From colds to flu's to newly diagnosed cancers. The ages of the patients vary as well as their expectations. Each day is different. What remains constant is that every day that I go to work, my heart goes into it.

I've often wondered why it is that I work for a doctor. I've always wanted to help people that are sick and injured. I love it and I'm good at it. Knowing that I'm helping those people the best way I know how.....Ideally.....I wouldn't have it any other way.

There are often barriers to discovering and realizing our ideals.

Poor priorities

Impatience

Discouragement from others

And fear

There are as many ideals as there are individuals. Some people are not sure what their ideal is. There are personal, family, group, national and universal ideals.

There are many categories of ideals; wealth, science, glory, fame, honor.

What is your ideal? You have one, whether you realize it or not. Because it guides your life. To discover your ideal, ask yourself.

Where do my thoughts, my free times and my money go?

I'm so very thankful to have an understanding and patient family. They are often too patient and kind. When finding and discovering my ideals, I realized that my family is my foundation. This is where it begins.

As I wrap this up; I want to ask you this question:

Can you embrace your ideals?

Thank you, ultrea