
	MILITARY LEAGUE(SOUTH)					
	MLS RELAYS & LINE EVENT					
	HOSTED BY BAOC					
	CONGO STREAM					
	WEDNESDAY 09 JULY 2025					
Travel	what3words flinches.expiring.distracts. Grid SU9236456334					
Directions:	Car park at SU9248056353, on a flat grassed area					
Terrain:	Mixed wood with runnable, intricate, undulating contour detail and a good network of line features.					
Mapping:	Map updated in Sep 2023 with minor adjustment for this event. Scale 1:5000 overprinted on waterproof paper. Loose control description will be provided at the start less the Relay courses.					
Pre-entry:	Open at 20:00 02 July 2025 racesignup.co.uk					
Results:	EMIT Results https://race-results.info/ & http://www.baoc.info/					
Registration:	1045 – 1355 hours.					
Starts:	1100 – 1400 hours Read details below for Relay					
Course Closes:	1500 hours. Controls will be taken in at 1500hrs					
<p>The MLS Relay Champs will have a mass start with 3 person teams racing at same time with a punching start. There will be a short brief and line up at 1220 and the start at 1230. The Relay legs are different from the line events. The winning team is the team with the fastest 3 completed leg times added together.</p> <p>Team members should enter as individuals on the Long, Medium or Short Relay course with the same Team name which needs to be unique, ie BAOC Kickers. Ad Hoc team are most welcome to enter and take part. Full teams can start any time if duty requires, however, maps will be collected from early teams starting. And teams are not allowed to view line course maps before the Mass start.</p> <p>1st Place prizes will be presented at 1415 (or thereabouts) to the following categories.</p> <p>Open Men Open Women Vet Team, M/W 40 + Mil Vet Team M/W 55 + Ad Hoc Team</p> <p>Second Run - Give the organiser an indication by email of what map you will have your 2nd run on, you will pay £1 EOD for the map, get a download, but will not appear on results.</p> <p>All runners must download by course closure time; even if you do not finish the course.</p>						
	Colour	Distance	Climb	Control	Remarks	
	Relay Long	5.2km	15m	23	Hard Back to Back map	
	Relay Medium	3.9km	10m	19	Medium.	
	Relay Short	2.4km	10m	15	Easier	
	Blue	5.5km	15m	28	Back to Back, not same as Long	
	Green	4.0km	10m	20	Back to Back, not same as Medium	
	Sh Green	2.8km	10m	16		
	V Sh Green	1.8km	10m	12		
	Score	1 Hour		24		
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.					
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.					
Costs: EOD £1.50 extra	Military - £4.25					
	Military Veterans - £5.50					
	Senior Civilians (M/W 21 and above) - £8.00					
	Junior Civilians (M/W 20 and below) - £5.50					
	EMIT Hire (if required) - £2.00					

SRO:	WO1 Des Dickinson – MoD Abbey Wood
Organiser:	Maj (Retd) Colin Dickson BAOC
Planner:	Andy Macgregor BAOC
Controller:	Elisabeth Dickson BAOC
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129
Facilities:	Toilets, Toms Food Wagon.
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.	

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)