



MLS Mytchett/Congo



05 February 2025

Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 8.6 km, 245 m

1	Thomas Rollins	M18	SN		55:29		6.45	102
2	James Lyne	M35	SN		58:21	2:52	6.78	100
3	Michael Krajewski	M40	BAOC		1:00:02	4:33	6.98	98
4	Peter Daplyn	M45	SN		1:05:04	9:35	7.57	93
5	Matthias Mahr	M45	SLOW		1:05:08	9:39	7.57	93
6	Aidan Hilton	M18	SN		1:07:10	11:41	7.81	91
7	Lt Col Richard Mawer	M50	MoD Abbey Wood		1:09:22	13:53	8.07	89
8	Maj Richard Barrett	M55	HQ 101 OSB		1:10:21	14:52	8.18	88
9	Alan Velecky	M55	SO		1:10:50	15:21	8.24	87
10	WO2 Des Dickinson	M40	MoD Abbey Wood		1:10:55	15:26	8.25	87
11	Nigel Bunn	M60	TVOC		1:11:19	15:50	8.29	87
12	Richard Lloyd	M55	LOK		1:13:16	17:47	8.52	85
13	Phil Slingsby	M55	DRONGO		1:13:35	18:06	8.56	84
14	Richard Collyer	M50	GO		1:14:39	19:10	8.68	83
15	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:17:56	22:27	9.06	80
16	MNE(Retd) Dave Cumins	M55	SO		1:19:24	23:55	9.23	79
17	Chris Harrison	M65	NGOC		1:20:44	25:15	9.39	77
18	Euan Marsh	M21	SO		1:20:45	25:16	9.39	77
19	Roger Thetford	M60	TVOC		1:21:57	26:28	9.53	76
20	Peter Jones	M65	SN		1:22:00	26:31	9.53	76
21	Brendon Howe	M55	SAX		1:23:40	28:11	9.73	74
22	Andrew Tindal	M55	BOK		1:26:52	31:23	10.10	71
23	Mark Saunders	M65	BOK		1:27:27	31:58	10.17	71
24	Simon Farrington	M40	BAOC		1:28:25	32:56	10.28	70
25	Nick Nourse	M60	NWO		1:28:56	33:27	10.34	69
26	Paul Fox	M60	SN		1:32:03	36:34	10.70	66
27	Luke Gosling	M45	SN		1:32:36	37:07	10.77	65
28	Nick Care	M65	SO		1:34:48	39:19	11.02	63
29	Maj Tom Reynolds	M35	Army HQ		1:37:11	41:42	11.30	61
30	Neville Baker	M70	TVOC		1:37:12	41:43	11.30	61
31	Maj Jamie Dullaghan	M35	Army HQ		1:37:35	42:06	11.35	60
32	Christopher Ashenden	M60	SN		1:37:38	42:09	11.35	60
33	Neil Studd	M35	SLOW		1:41:22	45:53	11.79	57
34	John Dasey	M40	SO		1:43:51	48:22	12.08	54
35	Col Gary Sawyer	M45	Army HQ		1:47:36	52:07	12.51	50
36	Dave Chapman	M70	SN		1:54:54	59:25	13.36	43
37	Andrew Heaney	M55	SN		1:57:06	1:01:37	13.62	41
38	Lt Col Greg Ehlen	M60	Army HQ		2:08:39	1:13:10	14.96	29
39	Sgt(ret'd) Alan Brown	M70	NGOC		2:09:01	1:13:32	15.00	29



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Blue

Course: Blue, 6.9 km, 205 m

1	Katherine Bett	W21	SN		1:04:01		9.28	75
2	Dave Ryder	M60	SN		1:05:17	1:16	9.46	75
3	Sqn Ldr Graeme Court	M40	RAF Brize Norton		1:07:49	3:48	9.83	73
4	Mike Frizzell	M65	BADO		1:08:58	4:57	10.00	72
5	Mark Feltham	M60	MV		1:09:47	5:46	10.11	71
6	Tim Clark	M45	IND		1:11:20	7:19	10.34	69
7	Ian Ditchfield	M65	MV		1:11:40	7:39	10.39	69
8	Vincent Joyce	M70	SO		1:11:59	7:58	10.43	69
9	Lt Col (Retd) Axel Blomquist	M70	SN		1:12:11	8:10	10.46	69
10	Alice Bedwell	W65	BOK		1:12:14	8:13	10.47	68
11	WO1 (Retd) Les Hunt	M70	SN		1:13:39	9:38	10.67	67
12	Trish Monks	W50	BKO		1:14:17	10:16	10.77	66
13	Mark Light	M55	SOC		1:15:17	11:16	10.91	65
14	Richard Bostock	M60	DFOK		1:16:32	12:31	11.09	64
15	Julian Hartwell	M70	SOC		1:16:36	12:35	11.10	64
16	Alison Howe	W50	SAX		1:17:24	13:23	11.22	63
17	Maj(Retd) Jon Steed	M60	BADO		1:18:30	14:29	11.38	62
18	Col(Retd) Steve James	M65	BAOC		1:18:42	14:41	11.41	62
19	WO2 Sean Venables	M50	CRHQ AGC		1:18:46	14:45	11.42	62
20	John Simmons	M70	BOK		1:20:12	16:11	11.62	61
21	WO1 Stuart Greening	M60	Upavon Strn		1:21:32	17:31	11.82	59
22	Robin Bishop	M55	TVOC		1:22:25	18:24	11.94	58
23	Katie Clarke	W50	SN		1:24:59	20:58	12.32	56
24	Sgt(Retd) Gerry Allan	M55	BAOC		1:26:31	22:30	12.54	54
25	Nigel Slack	M60	SN		1:26:40	22:39	12.56	54
26	Charles Daniel	M65	BOK		1:26:42	22:41	12.57	54
27	Jon Vaughan	M21	IND		1:29:41	25:40	13.00	51
28	Benjamin Mills	M21	WIM		1:29:43	25:42	13.00	51
29	Andrew Hannaford	M70	SO		1:30:58	26:57	13.18	50
30	WO2 (Retd) Ian Byford	M65	HH		1:32:20	28:19	13.38	48
31	Tim Hulley	M60	SO		1:33:07	29:06	13.50	48
32	John Harrison	M75	BADO		1:36:01	32:00	13.92	45
33	Tim Keogh	M60	MV		1:37:05	33:04	14.07	44
34	Kevin Parkes	M65	HH		1:37:20	33:19	14.11	43
35	Col (Retd) Paul Oldfield	M65	BAOC		1:37:52	33:51	14.18	43
36	Mikhail Gryaznevich	M70	TVOC		1:40:30	36:29	14.57	40
37	Colin Swallow	M65	SN		1:41:16	37:15	14.68	39
38	Charlie Beck	M65	SN		1:41:43	37:42	14.74	39
39	Maj (Retd) Garry Patey	M60	SN		1:45:19	41:18	15.26	35
40	Maj (Retd) Danny Skillman	M70	GO		1:46:42	42:41	15.46	34
41	Trevor Ould	M60	WIGHTO		1:47:18	43:17	15.55	33
42	Lt Col (Retd) Simon Worsley	M70	BAOC		1:47:48	43:47	15.62	33



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Blue

Course: Blue, 6.9 km, 205 m

43	Captain Gary Harris-Deans	M55	103 Bn REME(V)		1:48:20	44:19	15.70	32
44	Sandy Burgon	M65	BOK		1:48:52	44:51	15.78	32
45	Frederick Smith	M65	GO		1:49:02	45:01	15.80	32
46	Lt Col (Retd) Rowena Naile	W60	BAOC		1:53:16	49:15	16.42	27
47	Fiona Clough	W60	BKO		1:56:48	52:47	16.93	24
48	Anne Tynegate	W60	BADO		1:58:18	54:17	17.14	22
49	Jessica Stanfield	W60	SOC		1:58:40	54:39	17.20	22
50	Michael Merritt	M65	SO		2:09:56	1:05:55	18.83	11

Lt Green

Course: Lt Green, 4.6 km, 140 m

1	Maj (Retd) Colin Dickson	M70	BAOC		40:48		8.87	60
2	Phil Conway	M60	GO		48:53	8:05	10.63	57
3	Charlie Turner	M70	SLOW		49:13	8:25	10.70	57
4	Lt Col(Retd) Alex Thomson	M70	SARUM		50:57	10:09	11.08	55
5	April Devine	W21	BAOC		51:05	10:17	11.11	55
6	Christine Jepson	W65	SO		51:41	10:53	11.24	55
7	David Harrison	M55	SN		51:59	11:11	11.30	54
8	Lt Col RM (retd) Joe House	M70	SO		53:01	12:13	11.53	53
9	Capt (Retd) Andrew Parkinson	M70	SO		56:10	15:22	12.21	50
10	Richard Stanhope	M65	SLOW		56:23	15:35	12.26	50
11	Serena Ludford	W60	BADO		56:26	15:38	12.27	50
12	Neil Fraser	M60	NWO		57:18	16:30	12.46	49
13	Clive Hawkes	M65	SO		59:23	18:35	12.91	47
14	Trevor Griffiths	M75	BOK		1:00:01	19:13	13.05	46
15	Neil Mitchell	M65	SLOW		1:00:18	19:30	13.11	46
16	Araba McMillan	W60	JOK		1:00:59	20:11	13.26	45
17	Kieran Devine	M70	BAOC		1:01:58	21:10	13.47	44
18	Robin Smith	M70	SO		1:03:14	22:26	13.75	43
19	WO2(Retd) Neil Gordon	M60	BAOC		1:03:47	22:59	13.87	43
20	Edward Forman	M75	SO		1:08:26	27:38	14.88	38
21	WO1 Frankie Atkins	M35	HQ 101 OSB		1:08:32	27:44	14.90	38
22	Marion Payne-Bird	W65	GO		1:08:49	28:01	14.96	37
23	Mr Matthew Grant	M50	MoD London		1:08:58	28:10	14.99	37
24	Flt Lt Robert Smith	M60	Surrey Wing ATC		1:09:41	28:53	15.15	37
25	Cpl(Retd) David Mullins	M75	SARUM		1:10:09	29:21	15.25	36
26	Flt/Lt Ray Sullivan	M65	RAFO		1:10:19	29:31	15.29	36
27	Sue Hands	W75	WIM		1:11:12	30:24	15.48	35
28	Ted McDonald	M80	BOK		1:12:19	31:31	15.72	34
29	Philip Gristwood	M75	MV		1:12:31	31:43	15.76	34
30	Maj James Tracey	M21	Army HQ		1:14:09	33:21	16.12	32



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Lt Green

Course: Lt Green, 4.6 km, 140 m

31	Chris Gill	M55	SN		1:16:13	35:25	16.57	30
32	Terry Smith	M75	SOC		1:17:07	36:19	16.76	29
33	WO1 (ASM) Retd Peter Hull	M75	BAOC		1:17:12	36:24	16.78	29
34	Leianne Upton	W60	MV		1:18:12	37:24	17.00	28
35	Maj M Butlin	M55	London UOTC		1:20:56	40:08	17.59	25
36	Katherine Pike	W60	WIM		1:24:45	43:57	18.42	22
37	Paul Oates	M75	DFOK		1:25:31	44:43	18.59	21
38	Capt(Retd) Paul Byers	M65	MV		1:25:58	45:10	18.69	20
39	David Kingdon	M70	SAX		1:33:53	53:05	20.41	12
40	Linda Hulley	W65	SO		1:40:08	59:20	21.77	6
41	Norman Wilson	M70	SOC		1:40:39	59:51	21.88	6
42	Ruth Rhodes	W80	SO		1:49:58	1:09:10	23.91	0
43	Jillian Ullersperger	W60	BKO		1:50:00	1:09:12	23.91	0
44	Paul Blagbrough	M75	MV		1:54:59	1:14:11	25.00	0
45	OCdt Meng	M20	London UOTC		1:56:06	1:15:18	25.24	0

Short Green

Course: Short Green, 3.6 km, 85 m

1	Andy Creber	M65	NGOC		29:41		8.25	50
2	Frank Edge	M65	SN		31:49	2:08	8.84	50
3	Mick Hunter	M70	NWO		34:29	4:48	9.58	48
4	Nick Grant	M50	IND		37:32	7:51	10.43	44
5	Mike Murray	M80	SLOW		39:03	9:22	10.85	43
6	Lisa James	W55	SOC		39:16	9:35	10.91	43
7	Stefan Stasiuk	M70	BKO		39:38	9:57	11.01	42
8	Carol Taverner	W65	WIGHTO		41:34	11:53	11.55	40
9	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		41:35	11:54	11.55	40
10	Maj (Retd) Gill Prowse	W65	SN		42:03	12:22	11.68	40
11	Linda Pakuls	W65	WIM		42:18	12:37	11.75	40
12	FS Andy Barker-Pilsworth	M55	RAFO		42:43	13:02	11.87	39
13	WO2 Scott Craig	M45	ATC Pirbright		42:51	13:10	11.90	39
14	Peter Dudman	M70	SO		44:01	14:20	12.23	38
15	Jim Prowting	M75	TVOC		44:06	14:25	12.25	38
16	Col(Retd) Nick Kearns	M70	BAOC		45:05	15:24	12.52	37
17	Jon Wheatcroft	M70	TVOC		46:54	17:13	13.03	35
18	Peter Smith	M60	SN		47:03	17:22	13.07	35
19	George Engelhardt	M70	MV		49:21	19:40	13.71	33
20	Stephen Peacock	M70	SN		49:33	19:52	13.76	32
21	Nigel Saker	M75	SLOW		49:57	20:16	13.88	32
22	Tom Edelsten	M80	GO		50:06	20:25	13.92	32
23	Keiko Conway	W60	GO		50:43	21:02	14.09	31



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Short Green

Course: Short Green, 3.6 km, 85 m

24	Elisabeth Dickson	W65	BAOC		50:48	21:07	14.11	31
25	Stephen Sutch	M60	SOC		51:41	22:00	14.36	30
26	CPL Retd David Battison	M75	SARUM		51:54	22:13	14.42	30
27	Peter Riches	M75	TVOC		52:39	22:58	14.63	29
28	Teresa Turner	W75	SLOW		53:41	24:00	14.91	28
29	Tony Ludford	M80	BADO		54:30	24:49	15.14	27
30	Jenny Bray	W70	SN		54:57	25:16	15.26	27
31	John Turner	M70	TVOC		55:37	25:56	15.45	26
32	John Liley	M65	GO		55:39	25:58	15.46	26
33	Susan Parker	W65	BKO		55:40	25:59	15.46	26
34	Sue Gallagher	W70	SO		56:26	26:45	15.68	26
35	Denise Mullins	W70	SARUM		58:28	28:47	16.24	24
36	Malcolm Scott	M70	SN		58:38	28:57	16.29	23
37	Mr Tom Mills	M75	NGOC		58:54	29:13	16.36	23
38	Howard Thomas	M80	BOK		59:14	29:33	16.45	23
39	Richard Rae	M75	BKO		59:35	29:54	16.55	22
40	Brian Bailey	M75	WIGHTO		59:37	29:56	16.56	22
41	Richard Fowler	M55	IND		1:01:23	31:42	17.05	21
42	Clare Fletcher	W80	BOK		1:02:11	32:30	17.27	20
43	Gill Sharp	W65	SN		1:03:16	33:35	17.57	19
44	Plt Off(Retd) Mike Elliot	M70	MV		1:03:23	33:42	17.61	19
45	Rosie Merry	W60	DFOK		1:03:25	33:44	17.62	19
46	Barbara Lugton	W65	GO		1:05:56	36:15	18.31	16
47	Lisa Cooke	W45	SARUM		1:06:06	36:25	18.36	16
48	Liz Stradling	W65	BKO		1:07:12	37:31	18.67	15
49	Helen Rivers	W70	GO		1:07:19	37:38	18.70	15
50	Christopher Moon	M75	BOK		1:08:24	38:43	19.00	14
51	Jane Breed	W70	HH		1:08:38	38:57	19.06	13
52	Barry Breed	M75	HH		1:09:19	39:38	19.25	13
53	John Collyer	M80	GO		1:10:08	40:27	19.48	12
54	Tony Painter	M75	GO		1:11:35	41:54	19.88	10
55	Antonia Holt	W65	NWO		1:13:10	43:29	20.32	9
56	Kim Liggett	W60	NGOC		1:13:15	43:34	20.35	9
57	Colin Merry	M70	DFOK		1:22:22	52:41	22.88	0
58	WO2 (Retd) James Munday	M80	BKO		1:25:30	55:49	23.75	0
59	Kathryn Turner	W65	TVOC		1:25:44	56:03	23.81	0
60	Deborah Sullivan	W65	MV		1:41:35	1:11:54	28.22	0
61	Penny Parkes	W65	HH		1:42:12	1:12:31	28.39	0
62	Lieut (Retd) Michael White	M85	MV		2:14:15	1:44:34	37.29	0



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Long Orange

Course: Long Orange, 4.4 km, 145 m

1	OCdt Huo	M18	London UOTC		51:11		11.63	40
2	OCdt Sprague	W20	London UOTC		52:30	1:19	11.93	40
3	OCdt Philips	M18	London UOTC		1:00:05	8:54	13.66	35
4	OCdt Howey	M18	London UOTC		1:00:11	9:00	13.68	34
5	Maj (Retd) Devina Worsley	W65	BAOC		1:16:05	24:54	17.29	19
6	Liz Flavell	W65	IND		1:16:17	25:06	17.34	18
7	Elaine Evans	W70	IND		1:20:41	29:30	18.34	14
8	Kelly Good	W21	IND		1:44:44	53:33	23.80	10

V Sh Green

Course: V Sh Green, 1.6 km, 15 m

1	Capt(Retd) Ken Williams	M85	BAOC		29:19		18.32	40
2	Roger Baker	M90	TVOC		33:07	3:48	20.70	40
3	Cliff Thorne	M70	BKO		35:34	6:15	22.23	37
4	Deborah Carpenter	W70	SN		39:56	10:37	24.96	33
5	Spr(Retd) Patrick Maher	M90	SO		43:02	13:43	26.90	30
6	Junior technician (R John Farren	M85	TVOC		43:03	13:44	26.91	30
7	Flt Lt (Retd) Liz Yeadon	W75	SARUM		47:13	17:54	29.51	25
8	Yvonne Hodson	W75	TVOC		1:03:56	34:37	39.96	9