
	MILITARY LEAGUE (SOUTH) Summer Series					
	HOSTED BY BAOC & EMIT					
	WEDNESDAY 11th June 2025					
River Hamble Country Park Hedge End						
First event in the 2025 M LS Summer Series						
Travel Directions:		<ul style="list-style-type: none">Location: What3Words: costs.appear.freshGr SU 488113 Pyland's Lane, Southampton SO31 1EXEntrance to the country park is just north of Junc 8 M27, east of Hedge End, between Southampton and Fareham.Parking is in Toplands car park, drive past the main Barnfield car park by the main café, into the BBQ car park. Late arrivals may have to park in Barnfield CP and walk up.				
Terrain:		The park runs along the westside of the River Hamble, which is well worth a visit after your run. Mostly wooded, with a some deep re-entrants and an extensive path network. Full leg cover mandatory.				
Mapping:		A4 size; scale 1:7500 all courses. This is a new map produced for the opening of the POC in 2024. Partial updates in May 2025: map on waterproof paper; control descriptions on map & loose copies available in start lanes.				
ToplandsPre-entry:		Opens at 20:00hrs 4 Jun 25 at racesignup.co.uk				
Results System:		EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:		1030 – 1355 hours. Starts: 1100 – 1400 hours.				
Course Closes:		1500 hrs. Far controls will be taken in from 1445 hrs.				
All runners must download by course closure time, even if you do not finish the course						
Courses:	Colour	Distance	Climb	Controls	Remarks	
	Blue	8.0 km	100m	34	Experienced orienteers only	
	Green	5.4 km	75m	22	Experienced orienteers only	
	S/Green	3.4 km	50m	15	Experienced orienteers	
	VS/Green	2.6 km	35m	14	Less physical than S/Green	
	Lg Orange	4.4 km	45m	18	Suitable for “Novice” orienteers	
	Score	60 mins		30 cntls	Suitable for all standards	
Dress:		Full leg and arm cover is required; shorts/vests not allowed.				
Other Instructions: Parking:		Dogs allowed on all courses. Parking in Toplands car park next to the start and finish,(note paying machine is U/S so pay in Barnfield) PARKING COST:- Up to 1 hour: £2.50, Up to 2 hours: £5 Up to 4 hours: £8, Full day: £9. <i>Entry fees reduced to offset car park charges.</i>				
Costs:		Military - £3.25p / Senior Civilians (M/W 21 and above) - £5.00p Military Vets & Junior Civilians (M/W 20 and below) - £4.50p Ecard Hire (if required) - £2.00p Standard emit controls being used.				
Organiser/Planner:		Maj (Retd) Allan Farrington BAOC - 07747 446600 allan.emituk@gmail.com				
Controller:		Paul Thwaites SOC				
Facilities:		There are toilets in Toplands Car Park. The Barn café is in the main car park also with toilets and full range of refreshments.				
Insurance:		For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This				



event is conducted iaw British Orienteering Rules 2021 and land booked iaw the AOA DIO Licence and JSP907

