



# MLS SS RHCP

Hamble

11 June 2025

## Results by class



| Posn | Name | Age Group | Club / Team | Corps | Time | Behind | Pace min/km |
|------|------|-----------|-------------|-------|------|--------|-------------|
|------|------|-----------|-------------|-------|------|--------|-------------|

### Blue

Course: Blue, 7.9 km, 100 m

|    |                             |     |                 |  |         |         |       |
|----|-----------------------------|-----|-----------------|--|---------|---------|-------|
| 1  | Michael Krajewski           | M40 | BAOC            |  | 52:38   |         | 6.66  |
| 2  | Maj Chris Meller            | M21 | Army HQ         |  | 1:04:09 | 11:31   | 8.12  |
| 3  | Maj Andrew Snell            | M50 | Army HQ         |  | 1:04:10 | 11:32   | 8.12  |
| 4  | Maj Simon Phillips          | M35 | Defence Academy |  | 1:04:28 | 11:50   | 8.16  |
| 5  | Maj James Tracey            | M21 | Army HQ         |  | 1:04:53 | 12:15   | 8.21  |
| 6  | Simon Farrington            | M40 | BAOC            |  | 1:05:33 | 12:55   | 8.30  |
| 7  | Philip Harvey               | M50 | WIM             |  | 1:13:10 | 20:32   | 9.26  |
| 8  | Lt Col Woo Allen            | W60 | Army HQ         |  | 1:14:33 | 21:55   | 9.44  |
| 9  | Lt Col(Retd) Colin Metcalfe | M65 | BAOC            |  | 1:14:34 | 21:56   | 9.44  |
| 10 | Mike Frizzell               | M65 | BADO            |  | 1:14:47 | 22:09   | 9.47  |
| 11 | John Oakes                  | M50 | WIM             |  | 1:16:10 | 23:32   | 9.64  |
| 12 | Major Dan Gallagher         | M45 | 32 Regt RA      |  | 1:16:54 | 24:16   | 9.73  |
| 13 | Barry Jones                 | M55 | SO              |  | 1:18:14 | 25:36   | 9.90  |
| 14 | Mark Feltham                | M60 | MV              |  | 1:18:40 | 26:02   | 9.96  |
| 15 | Christopher Pritchett       | M65 | WIGHTO          |  | 1:21:09 | 28:31   | 10.27 |
| 16 | Lt Col Greg Ehlen           | M60 | Army HQ         |  | 1:21:14 | 28:36   | 10.28 |
| 17 | Col Gary Sawyer             | M45 | Army HQ         |  | 1:21:59 | 29:21   | 10.38 |
| 18 | LCpl Nicolas MacDonald      | M35 | 2 MI Bn         |  | 1:22:05 | 29:27   | 10.39 |
| 19 | WO1(Retd) John Cook         | M65 | WSX             |  | 1:23:11 | 30:33   | 10.53 |
| 20 | Sgt(Retd) Gerry Allan       | M55 | BAOC            |  | 1:26:13 | 33:35   | 10.91 |
| 21 | CCF Sergeant Karen French   | W55 | WIM             |  | 1:27:19 | 34:41   | 11.05 |
| 22 | Maj(Retd) Jon Steed         | M60 | BADO            |  | 1:28:04 | 35:26   | 11.15 |
| 23 | Lt Col (Retd) Rowena Naile  | W60 | BAOC            |  | 1:30:56 | 38:18   | 11.51 |
| 24 | Andrew Heaney               | M55 | SN              |  | 1:36:21 | 43:43   | 12.20 |
| 25 | Col(Retd) Iain Brant        | M65 | BAOC            |  | 1:37:47 | 45:09   | 12.38 |
| 26 | Col (Retd) Paul Oldfield    | M65 | BAOC            |  | 1:39:57 | 47:19   | 12.65 |
| 27 | Tim Keogh                   | M60 | MV              |  | 1:40:17 | 47:39   | 12.69 |
| 28 | WO1(Retd) Stuart Greening   | M60 | BAOC            |  | 1:40:35 | 47:57   | 12.73 |
| 29 | WO2 Dhan Magar              | M55 | 11 Inf Bde      |  | 1:43:11 | 50:33   | 13.06 |
| 30 | Serena Ludford              | W60 | BADO            |  | 1:45:47 | 53:09   | 13.39 |
| 31 | Hugh Risebrow               | M60 | SOC             |  | 1:47:30 | 54:52   | 13.61 |
| 32 | Captain Gary Harris-Deans   | M55 | 103 Bn REME(V)  |  | 1:52:38 | 1:00:00 | 14.26 |

### Green

Course: Green, 5.2 km, 75 m

|   |                            |     |               |  |       |      |      |
|---|----------------------------|-----|---------------|--|-------|------|------|
| 1 | Ian Ditchfield             | M65 | MV            |  | 45:42 |      | 8.79 |
| 2 | Maj (Retd) Colin Dickson   | M70 | BAOC          |  | 46:39 | 0:57 | 8.97 |
| 3 | Lt Edward Kershaw-Houghton | M21 | 12 Regt RA    |  | 46:45 | 1:03 | 8.99 |
| 4 | WO2 Scott Craig            | M45 | ATC Pirbright |  | 49:46 | 4:04 | 9.57 |
| 5 | Vincent Joyce              | M70 | SO            |  | 50:55 | 5:13 | 9.79 |
| 6 | Julian Hartwell            | M70 | SOC           |  | 51:37 | 5:55 | 9.93 |



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### Green

Course: Green, 5.2 km, 75 m

|    |                                      |     |           |  |         |       |       |
|----|--------------------------------------|-----|-----------|--|---------|-------|-------|
| 7  | Mike Bennett                         | M70 | HH        |  | 56:01   | 10:19 | 10.77 |
| 8  | WO2(Retd) Neil Gordon                | M60 | BAOC      |  | 57:28   | 11:46 | 11.05 |
| 9  | Col (Retd) Ian Prosser               | M65 | BAOC      |  | 57:31   | 11:49 | 11.06 |
| 10 | Sophie Blundell                      | W21 | SOC       |  | 57:37   | 11:55 | 11.08 |
| 11 | Lt Col RM (Retd) Joe House           | M70 | SO        |  | 58:16   | 12:34 | 11.21 |
| 12 | Capt John Reed                       | M40 | 6 Bn REME |  | 58:48   | 13:06 | 11.31 |
| 13 | Christine Jepson                     | W65 | SO        |  | 59:55   | 14:13 | 11.52 |
| 14 | Bohdan Rainczuk                      | M60 | SARUM     |  | 1:00:15 | 14:33 | 11.59 |
| 15 | Lt Col (Retd) Carol Prosser          | W60 | BAOC      |  | 1:02:39 | 16:57 | 12.05 |
| 16 | Janos Istvan Dobo                    | M60 | SO        |  | 1:02:45 | 17:03 | 12.07 |
| 17 | Flt/Lt Ray Sullivan                  | M65 | RAFO      |  | 1:04:45 | 19:03 | 12.45 |
| 18 | Mikhail Gryaznevich                  | M70 | TVOC      |  | 1:05:41 | 19:59 | 12.63 |
| 19 | Linda Pakuls                         | W65 | WIM       |  | 1:06:41 | 20:59 | 12.82 |
| 20 | Peter Dudman                         | M70 | SO        |  | 1:06:49 | 21:07 | 12.85 |
| 21 | Alan Jones                           | M55 | BKO       |  | 1:07:55 | 22:13 | 13.06 |
| 22 | Leianne Upton                        | W60 | MV        |  | 1:08:10 | 22:28 | 13.11 |
| 23 | Sue Hands                            | W75 | WIM       |  | 1:10:08 | 24:26 | 13.49 |
| 24 | Christopher Branford                 | M75 | WIM       |  | 1:10:26 | 24:44 | 13.54 |
| 25 | Tom Edelsten                         | M80 | GO        |  | 1:11:14 | 25:32 | 13.70 |
| 26 | Paul Nevett                          | M60 | GO        |  | 1:12:19 | 26:37 | 13.91 |
| 27 | Lt Col (Retd) Simon Worsley          | M70 | BAOC      |  | 1:13:32 | 27:50 | 14.14 |
| 28 | Philip Gristwood                     | M75 | MV        |  | 1:15:50 | 30:08 | 14.58 |
| 29 | Lt Col (Retd) Chris Barrington Brown | M65 | BAOC      |  | 1:18:58 | 33:16 | 15.19 |
| 30 | Robin Smith                          | M70 | SO        |  | 1:19:56 | 34:14 | 15.37 |
| 31 | Michael Merritt                      | M65 | SO        |  | 1:20:14 | 34:32 | 15.43 |
| 32 | Plt Off(Retd) Mike Elliot            | M70 | MV        |  | 1:23:58 | 38:16 | 16.15 |
| 33 | Major Tom Martin                     | M50 | Army HQ   |  | 1:25:02 | 39:20 | 16.35 |
| 34 | Paul Blagbrough                      | M75 | MV        |  | 1:36:15 | 50:33 | 18.51 |

### Long Orange

Course: Long Orange, 4.2 km, 40 m

|   |                     |     |     |  |         |       |       |
|---|---------------------|-----|-----|--|---------|-------|-------|
| 1 | LCpl Robert Fanning | M21 | KRH |  | 37:22   |       | 8.90  |
| 2 | Ruth Rhodes         | W80 | SO  |  | 1:21:01 | 43:39 | 19.29 |

### Short Green

Course: Short Green, 3.5 km, 50 m

|   |                          |     |        |  |       |      |       |
|---|--------------------------|-----|--------|--|-------|------|-------|
| 1 | WO(Retd) Stuart Ferguson | M70 | NOTEAM |  | 45:40 |      | 13.05 |
| 2 | Neil Watts               | M65 | SO     |  | 46:28 | 0:48 | 13.28 |
| 3 | Keith Henderson          | M80 | WIM    |  | 47:43 | 2:03 | 13.63 |
| 4 | Norman Wilson            | M70 | SOC    |  | 50:25 | 4:45 | 14.40 |
| 5 | Jane King                | W65 | SO     |  | 50:30 | 4:50 | 14.43 |



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### Short Green

Course: Short Green, 3.5 km, 50 m

|    |                              |     |               |  |         |       |       |
|----|------------------------------|-----|---------------|--|---------|-------|-------|
| 6  | Col(Retd) Ian Tait           | M70 | SARUM         |  | 50:59   | 5:19  | 14.57 |
| 7  | Cpl (Retd) Chris Ballard     | M60 | SOC           |  | 51:47   | 6:07  | 14.80 |
| 8  | Lt(Retd) George Elkin        | M75 | BAOC          |  | 56:37   | 10:57 | 16.18 |
| 9  | Tony Ludford                 | M80 | BADO          |  | 1:00:29 | 14:49 | 17.28 |
| 10 | Maj (Retd) Devina Worsley    | W65 | BAOC          |  | 1:01:45 | 16:05 | 17.64 |
| 11 | Dave Cussens                 | M70 | SO            |  | 1:01:47 | 16:07 | 17.65 |
| 12 | Helen Wheelwright            | W65 | SOC           |  | 1:01:48 | 16:08 | 17.66 |
| 13 | Julia Loring                 | W65 | SOC           |  | 1:02:38 | 16:58 | 17.90 |
| 14 | Cpl Curtis Thompson          | M21 | ATC Pirbright |  | 1:03:38 | 17:58 | 18.18 |
| 15 | Elisabeth Dickson            | W65 | BAOC          |  | 1:03:42 | 18:02 | 18.20 |
| 16 | Lt Cdr(Retd) Roger Holehouse | M75 | WIM           |  | 1:04:20 | 18:40 | 18.38 |
| 17 | Fiona Hanstock               | W65 | BOK           |  | 1:05:20 | 19:40 | 18.67 |
| 18 | Jerry Newcombe               | M70 | BOF           |  | 1:05:50 | 20:10 | 18.81 |
| 19 | Deborah Sullivan             | W65 | MV            |  | 1:07:07 | 21:27 | 19.18 |
| 20 | Jim Prowting                 | M75 | TVOC          |  | 1:07:18 | 21:38 | 19.23 |
| 21 | Marion Bond                  | W60 | SARUM         |  | 1:13:26 | 27:46 | 20.98 |
| 22 | Ian Cowe                     | M70 | IND           |  | 1:15:18 | 29:38 | 21.51 |
| 23 | Sue Gallagher                | W70 | SO            |  | 1:23:18 | 37:38 | 23.80 |

### Very Short Green

Course: Very Short Green, 2.4 km, 35 m

|   |                                 |     |      |  |         |       |       |
|---|---------------------------------|-----|------|--|---------|-------|-------|
| 1 | Andy Macgregor                  | M85 | BAOC |  | 34:23   |       | 14.33 |
| 2 | David Hanstock                  | M65 | BOK  |  | 44:19   | 9:56  | 18.47 |
| 3 | Chris Simpson                   | M80 | SO   |  | 48:03   | 13:40 | 20.02 |
| 4 | SSgt(Retd) John Thompson        | M90 | TVOC |  | 50:19   | 15:56 | 20.97 |
| 5 | Yvonne Hodson                   | W75 | TVOC |  | 1:01:00 | 26:37 | 25.42 |
| 6 | JT(rtd) John Farren             | M85 | TVOC |  | 1:12:02 | 37:39 | 30.01 |
| 7 | Staff Com(Retd.) Vicki Barkaway | W70 | SOC  |  | 1:26:53 | 52:30 | 36.20 |