



MLS SS Worthy Down



13 August 2025
Results by class

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km
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BrownABCD

Course: BrownABCD, 9.6 km, 80 m

1	James Lyne	M35	SN		57:58		6.04
2	Harry Bratcher-Howard	M18	WIM		1:00:23	2:25	6.29
3	WO1 Des Dickinson	M40	Artillery Centre		1:01:38	3:40	6.42
4	Major Jon Oxley	M55	London Central Garrison		1:03:27	5:29	6.61
5	Maj Andrew Snell	M50	Army HQ		1:03:59	6:01	6.66
6	Maj Jamie Dullaghan	M35	Army HQ		1:04:26	6:28	6.71
7	Simon Farrington	M40	BAOC		1:05:27	7:29	6.82
8	Monty Bratcher - Howard	M16	WIM		1:08:06	10:08	7.09
9	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:08:51	10:53	7.17
10	Col Gary Sawyer	M45	Army HQ		1:09:34	11:36	7.25
11	Cpl Thomas Jarvis	M21	RAF Benson		1:09:42	11:44	7.26
12	Colonel Toby Till	M50	Army HQ		1:09:54	11:56	7.28
13	Nick Care	M65	SO		1:11:58	14:00	7.50
14	Lt Col Mark Nash	M60	War Gar		1:13:14	15:16	7.63
15	Philip Harvey	M50	WIM		1:13:38	15:40	7.67
16	Peter Jones	M65	SN		1:14:32	16:34	7.76
17	Keith Belsey	M55	SN		1:16:20	18:22	7.95
18	WO1(Retd) John Cook	M65	WSX		1:19:52	21:54	8.32
19	Cpl Emma Gillies	W21	Worthy Down Stn		1:20:22	22:24	8.37
20	WO2(Retd) Neil Gordon	M60	BAOC		1:40:22	42:24	10.45
DNF	Nick Nourse	M60	NWO		57:24	Retd	
DNF	Col(Retd) Iain Brant	M65	BAOC		1:13:29	Retd after C Loop	

BlueBCD

Course: BlueBCD, 7.3 km, 60 m

1	Capt Adrian Kerr	M35	DSPG		52:57		7.25
2	Ian Moran	M65	SOC		57:17	4:20	7.85
3	Lt Col (Retd) Rowena Naile	W60	BAOC		58:19	5:22	7.99
4	Vince Roper	M55	SLOW		58:34	5:37	8.02
5	Ian Ditchfield	M65	MV		1:01:21	8:24	8.40
6	Trish Monks	W50	BKO		1:02:22	9:25	8.54
7	Lt Cdr(Retd) Ashley Tilling	M65	MV		1:06:09	13:12	9.06
8	Maj(Retd) Allan Farrington	M70	BAOC		1:06:23	13:26	9.09
9	Lt Col Bernie Fowler	M55	AACen		1:07:43	14:46	9.28
10	Jessica Stanfield	W60	SOC		1:08:14	15:17	9.35
11	Capt (Retd) David Faulkner	M60	BOK		1:08:49	15:52	9.43
12	Tim Keogh	M60	MV		1:09:09	16:12	9.47
13	Maj Amy Peltor	W45	HQ 160(Wales) Bde		1:09:11	16:14	9.48
14	Bohdan Rainczuk	M60	SARUM		1:10:18	17:21	9.63
15	Mick Hunter	M70	NWO		1:10:25	17:28	9.65
16	Captain Gary Harris-Deans	M55	103 Bn REME(V)		1:12:29	19:32	9.93



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BlueBCD

Course: BlueBCD, 7.3 km, 60 m

17	Maj Suzanne Talbot	W40	16 Med Regt		1:14:02	21:05	10.14
18	Nigel Slack	M60	SN		1:14:27	21:30	10.20
19	Captain Andrew and Percy Couch	M45	ETS (South)		1:14:39	21:42	10.23
20	Jon Crews	M55	IND		1:15:37	22:40	10.36
21	Elizabeth Balston	W16	SARUM		1:15:52	22:55	10.39
22	WO1(Retd) Peter Davis	M70	SOC		1:18:12	25:15	10.71
23	Sgt(Retd) Gerry Allan	M55	BAOC		1:19:11	26:14	10.85
24	Michael Merritt	M65	SO		1:19:35	26:38	10.90
25	William Jennings	M18	GO		1:19:41	26:44	10.92
26	Charlie Beck	M65	SN		1:22:42	29:45	11.33
27	Roger Wilson	M65	SLOW		1:23:52	30:55	11.49
28	Neil Mitchell	M65	SLOW		1:25:59	33:02	11.78
29	Serena Ludford	W60	BADO		1:26:13	33:16	11.81
30	Nigel Clemens	M60	SLOW		1:30:36	37:39	12.41
31	Anne Tynegate	W60	BADO		1:43:52	50:55	14.23
DSQ	Michael Dunbar	M60	SN		59:49	Missed No 9 (131)	
DSQ	John Harrison	M75	BADO		1:17:35	Missed No 12 (134)	

GreenCD

Course: GreenCD, 5 km, 45 m

1	Capt John Reed	M40	6 Bn REME		35:55		7.18
2	Capt Jim Wright	M21	HQ 29 EOD&S Gp		40:10	4:15	8.03
3	Maj (Retd) Colin Dickson	M70	BAOC		40:31	4:36	8.10
4	Maj(Retd) Rob Shenton	M50	BAOC		40:57	5:02	8.19
5	Eamon Staunton	M65	WIM		41:37	5:42	8.32
6	Lt Col (Retd) Carol Prosser	W60	BAOC		42:06	6:11	8.42
7	Neil Fraser	M60	NWO		42:14	6:19	8.45
8	Andrew Graham	M70	SARUM		42:36	6:41	8.52
9	Elliot Vaughan	M16	BKO		44:28	8:33	8.89
10	Col (Retd) Ian Prosser	M65	BAOC		44:59	9:04	9.00
11	Maj(Retd) Jon Steed	M60	BADO		45:25	9:30	9.08
12	Dave Ryder	M60	SN		46:44	10:49	9.35
13	Lt Col RM(Retd) Joe House	M70	SO		47:18	11:23	9.46
14	Linda Pakuls	W65	WIM		47:43	11:48	9.54
15	Lucy Paton	W60	SN		48:04	12:09	9.61
16	Leianne Upton	W60	MV		48:53	12:58	9.78
17	John Orton	M70	NWO		49:10	13:15	9.83
18	Christopher Branford	M75	WIM		49:35	13:40	9.92
19	Col (Retd) Ian Tait	M70	SARUM		50:33	14:38	10.11
20	Colin Hicks	M70	SOC		50:34	14:39	10.11
21	Chris Johnson	M70	BOK		51:40	15:45	10.33
22	Lt Col (Retd) Chris Barrington	M65	BAOC		52:03	16:08	10.41



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GreenCD

Course: GreenCD, 5 km, 45 m

Brown							
23	Terry Hunt	M60	IND		53:06	17:11	10.62
24	Stefan Stasiuk	M70	BKO		53:20	17:25	10.67
25	Mark Thompson	M70	TVOC		53:40	17:45	10.73
26	Martin Lock	M75	GO		53:58	18:03	10.79
27	Sgt Ernast Kapusa	M40	1 CS Med Regt		54:24	18:29	10.88
28	Cpl(Retd) David Mullins	M75	SARUM		55:33	19:38	11.11
29	Calvin Stanfield	M65	IND		56:44	20:49	11.35
30	Denise Mullins	W70	SARUM		58:28	22:33	11.69
31	Sue Hands	W75	WIM		58:51	22:56	11.77
32	Philip Gristwood	M75	MV		59:36	23:41	11.92
33	Tom Edelsten	M80	GO		1:02:22	26:27	12.47
34	Stephen Sutch	M60	SOC		1:02:59	27:04	12.60
35	Cpl Steven McLocklan	M45	Worthy Down Stn		1:03:52	27:57	12.77
36	Rhodes Dickinson	M16	SARUM		1:04:57	29:02	12.99
37	Major Tom Martin	M50	Army HQ		1:06:06	30:11	13.22
38	Paul Oates	M75	DFOK		1:06:25	30:30	13.28
39	Plt Off(Retd) Mike Elliot	M70	MV		1:08:53	32:58	13.78
40	Michael Forrest	M70	BOK		1:15:02	39:07	15.01
41	Peter Riches	M75	TVOC		1:15:06	39:11	15.02
42	Ruth Rhodes	W80	SO		1:26:22	50:27	17.27
43	Edward Harvey	M12	WIM		1:41:11	1:05:16	20.24
DSQ	Angus Jennings	M16	GO		36:47	Missed No 3(113)	
DSQ	Kevin Beale	M65	NWO		45:33	Missed No 8(119)	
DSQ	Kieran Devine	M70	BAOC		54:36	Wrong No 20 (118 for 108)	

Loop D/SG

Course: Loop D/SG, 3 km, 25 m

1	Richard Sawyer	M16	IND		21:26		7.14
2	Luke Peltor	M16	SBOC		22:17	0:51	7.43
3	Robert Sawyer	M18	IND		24:05	2:39	8.03
4	Chris Gill	M55	SN		24:53	3:27	8.29
5	Col(Retd) Nick Kearns	M70	BAOC		25:44	4:18	8.58
6	Wo1(retired) Stuart Ferguson	M70	NOTEAM		28:06	6:40	9.37
7	Maj Abi Pack	W45	NWO		28:22	6:56	9.46
8	Louise Worsley	W50	NWO		30:19	8:53	10.11
9	Paul Hearn	M60	HH		30:57	9:31	10.32
10	Kirsty Staunton	W65	WIM		34:01	12:35	11.34
11	Lt Col Sarah Streete	W60	London Central Garrison		34:09	12:43	11.38
12	Roger Pleasant	M75	SOC		35:13	13:47	11.74
13	Mark Lyne	M65	IND		35:44	14:18	11.91
14	Helen Wheelwright	W65	SOC		35:50	14:24	11.94



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Loop D/SG

Course: Loop D/SG, 3 km, 25 m

15	Elisabeth Dickson	W65	BAOC		36:43	15:17	12.24
16	Denise Harper	W75	BKO		37:37	16:11	12.54
17	Lt Col(retd) Paul Wallace-Stock	M80	SN		38:24	16:58	12.80
18	Antonia Holt	W65	NWO		38:52	17:26	12.96
19	LCpl Louis Kirkman	M21	HQ 29EOD&S Gp		39:20	17:54	13.11
20	Jerry Newcombe	M70	SARUM		39:26	18:00	13.14
21	LCpl Sacha Hodgkinson	M21	29 Engr Regt		40:34	19:08	13.52
22	Marion Bond	W60	SARUM		41:26	20:00	13.81
23	Tony Ludford	M80	BADO		41:36	20:10	13.87
24	Staff Com(Retd.) Vicki Barkaway	W70	SOC		53:32	32:06	17.84
25	Flt/Lt Ray Sullivan	M65	RAFO		56:46	35:20	18.92

VSG

Course: VSG, 2 km, 25 m

1	Andy Macgregor	M85	BAOC		27:01		13.51
2	Yvonne Hodson	W75	TVOC		36:38	9:37	18.32
3	Flt Lt (Retd) Liz Yeadon	W75	SARUM		39:42	12:41	19.85
4	S/Sgt(Ret) John Thompson	M90	TVOC		41:11	14:10	20.59
5	Roger Baker	M90	TVOC		41:17	14:16	20.64
6	JT(rtd) John Farren	M85	TVOC		43:55	16:54	21.96
7	Eric Harper	M70	BKO		46:15	19:14	23.13