
	MILITARY LEAGUE(SOUTH)					
	Training Event					
	HOSTED BY BAOC Alice Holt Country Park WEDNESDAY 2 Apr 2025					
Travel Directions:	Signed off the A325 at Bucks Horn Oak, follow signs south and turn left into the Alice Holt Country Park. Entrance GU10 4LS. Nearest Station is Farnham. What3words for entrance: bucks.flattered.fried . Car park charge is £5.60 for 3 hours, £7.20 for 4 hrs, or £9 all day. (Entry fee reduced by £1 as a discount). We are hoping to get a discounted price of £5 for parking, TBC. Registration/Download will be from the usual tent/van just outside of the Activities Centre, which is east of the café.					
Terrain:	The area is a standard FC forest with an extensive network of tracks and dry ditches, plus there are numerous streams & other features. Very runnable at this time of year, bracken is all flattened. Further details here: https://www.forestryengland.uk/alice-holt-forest					
Mapping:	Map updated in late 2024. Scale is 1:10,000 overprinted on waterproof paper. Short Green & VSG at 1:7500. Control descriptions on all maps, Loose copies in start lane.					
Pre-entry:	Open at 20:00 26 March 2025 at racesignup.co.uk .					
Results System:	Emit Results http://www.baoc.info/					
Registration:	1030 – 1355 hours. Starts: 1100 – 1400 hours					
Course Closes:	1500 hours. Controls will be taken in from 1500hrs					
All runners must download by course closure time; even if you do not finish the course.						
Courses:	Colour	Distance	Climb	Controls	Remarks	
	Brown	8.4km	130m	23	For experienced orienteers	
	Blue	7.0km	130m	16	For experienced orienteers	
	Light Green	4.9km	90m	13	For improving orienteers	
	Sh Green	3.7km	70m	11	For experienced orienteers	
	VS Green	2.2km	40m	10	For experienced orienteers	
	Long Orange	4.5km	70m	14	Suitable for newbies to orienteering	
	Score	60 mins		25	30 controls, Good for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.					
Other Instructions:	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs are allowed on all courses.					
Costs: EOD £1.50 extra	Military - £4.25					
	Military Veterans & Jnrs £5.00 and senior civilians £7.00					
	EMIT Hire (if required) - £2.00					
SRO:	WO2 Des Dickinson – MoD Abbey Wood					
Organiser:	Maj (Retd) Allan Farrington BAOC					
Planner:	Kieran Devine BAOC Controller: Mike Murray SLOW					
Contact Details:	allan@baoc.info Mobile 07747 446600					
Facilities:	Café & Toilets beside Start/finish area. Ample parking.					
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907					

Have fun and enjoy the woods.