



MLS Long Valley South

Fleet

08 October 2025

Results by class with League Points



Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 8.7 km, 315 m

1	WO1 Des Dickinson	M40	Artillery Centre		1:08:55		7.92	101
2	Matthias Mahr	M45	SLOW		1:09:52	0:57	8.03	100
3	Michael Krajewski	M40	BAOC		1:12:00	3:05	8.28	98
4	Nigel Bunn	M60	TVOC		1:13:29	4:34	8.45	97
5	Maj Richard Barrett	M55	HQ 101 OSB		1:14:47	5:52	8.60	95
6	Richard Lloyd	M55	LOK		1:21:14	12:19	9.34	89
7	Maj Simon Phillips	M35	HQ Soldier Academy		1:21:43	12:48	9.39	89
8	Sgt (Retd) Paul Thwaites	M60	SOC		1:27:30	18:35	10.06	83
9	Oliver Heckford	M18	WSX		1:31:35	22:40	10.53	79
10	Keith Belsey	M55	SN		1:34:20	25:25	10.84	76
11	Col Edward Willcox	M45	Army HQ		1:34:37	25:42	10.88	76
12	Paul Fox	M60	SN		1:37:13	28:18	11.17	73
13	Barry Jones	M55	SO		1:39:43	30:48	11.46	71
14	Andrew Tindal	M55	BOK		1:39:55	31:00	11.48	70
15	Euan Marsh	M21	SO		1:40:11	31:16	11.52	70
16	Lt Col Kerry Corkery	W45	Army HQ		1:40:30	31:35	11.55	70
17	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:41:57	33:02	11.72	68
18	Roger Thetford	M60	TVOC		1:43:44	34:49	11.92	67
19	Maj (Retd) Jeremy Wormington	M60	NOTEAM		1:43:53	34:58	11.94	66
20	Col Michael Cooke	M50	RMAS		1:46:04	37:09	12.19	64
21	Sgt Paul Truss	M35	RAFO		1:54:27	45:32	13.16	56
22	Andrew Heaney	M55	SN		1:57:14	48:19	13.48	53
23	Christopher Ashenden	M60	SN		1:58:17	49:22	13.60	52
24	Neville Baker	M70	TVOC		2:10:19	1:01:24	14.98	40
DNF	Abi Weeds	W45	SLOW		46:06	Retd		
DSQ	Major Jon Oxley	M55	London Central Garrison		1:23:56	Missed No 14 (33)		

Blue

Course: Blue, 6.9 km, 220 m

1	Tommi Grover	M45	BOK		1:04:04		9.29	75
2	Paul Keeble	M55	SN		1:09:06	5:02	10.01	74
3	Chris Hooker	M60	SO		1:11:39	7:35	10.38	72
4	Mike Frizzell	M65	BADO		1:13:22	9:18	10.63	70
5	David Lobley	M60	DFOK		1:13:38	9:34	10.67	70
6	Cameron Lamond	M55	SN		1:14:53	10:49	10.85	68
7	Aleksi Kankainen	M45	EsSu		1:14:58	10:54	10.86	68
8	Alison Simmons	W70	BOK		1:15:33	11:29	10.95	68
9	Col James Rhodes	M50	Army HQ		1:16:47	12:43	11.13	66
10	WO1 (Retd) Les Hunt	M70	SN		1:16:51	12:47	11.14	66
11	Maj(Retd) Michael James	M65	BAOC		1:16:53	12:49	11.14	66
12	Col (Retd) Paul Lane	M65	SARUM		1:16:59	12:55	11.16	66



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Blue

Course: Blue, 6.9 km, 220 m

13	Marc Balston	M50	SARUM		1:17:01	12:57	11.16	66
14	Frances Kemp	W21	NOTEAM		1:18:46	14:42	11.42	65
=15	Trish Monks	W50	BKO		1:19:59	15:55	11.59	63
=15	Maj Samuel Scott	M21	Army HQ		1:19:59	15:55	11.59	63
17	Vincent Joyce	M70	SO		1:20:01	15:57	11.60	63
18	Ian Ditchfield	M65	MV		1:20:24	16:20	11.65	63
19	Stephen Keyes	M60	SN		1:20:27	16:23	11.66	63
20	Martin Kensett	M55	SN		1:21:07	17:03	11.76	62
21	Mark Feltham	M60	MV		1:22:29	18:25	11.95	61
22	Maj Andy Southby	M60	SARUM		1:23:06	19:02	12.04	60
23	Pete Couldery	M65	GO		1:25:27	21:23	12.38	58
24	SSgt B Rai	M40	RMAS		1:26:18	22:14	12.51	57
25	Julian Hartwell	M70	SOC		1:26:57	22:53	12.60	56
26	Carys Morgan	W45	SLOW		1:27:11	23:07	12.64	56
27	Col (Retd) Paul Oldfield	M65	BAOC		1:27:31	23:27	12.68	56
28	Ian Moran	M65	SOC		1:27:49	23:45	12.73	55
29	Joe Barrett	M60	SO		1:27:55	23:51	12.74	55
30	Bo Oqvist	M50	BKO		1:28:59	24:55	12.90	54
31	Robin Bishop	M55	TVOC		1:29:31	25:27	12.97	54
32	Lisa James	W55	SOC		1:29:32	25:28	12.98	54
33	Lt Col Michael Callaghan	M40	Northwood HQ		1:30:26	26:22	13.11	53
34	Sarah Howes	W65	SAX		1:31:48	27:44	13.30	51
35	Richard Bostock	M60	DFOK		1:32:37	28:33	13.42	51
36	Neil Studd	M35	SLOW		1:33:46	29:42	13.59	50
37	Cpl Bhesh Gurung	M40	London Central Garrison		1:34:33	30:29	13.70	49
38	John Simmons	M70	BOK		1:34:41	30:37	13.72	49
39	Andrew Hannaford	M70	SO		1:34:55	30:51	13.76	48
40	Lt Col David Macklin	M45	Army HQ		1:35:43	31:39	13.87	48
41	Neil Crickmore	M60	SO		1:36:46	32:42	14.02	47
42	Major Ed Luke	M35	HQ RC		1:37:12	33:08	14.09	46
43	Sgt(Retd) Gerry Allan	M55	BAOC		1:39:20	35:16	14.40	44
44	Capt Albert Hadcock	M21	HQ 101 OSB		1:39:56	35:52	14.48	43
45	Lt Col (retd) Bruce Snelling	M65	SN		1:39:57	35:53	14.49	43
46	CPO(Retd) Derick Mercer	M60	BKO		1:40:00	35:56	14.49	43
47	Maj(Retd) Jon Steed	M60	BADO		1:42:27	38:23	14.85	41
48	Jessica Stanfield	W60	SOC		1:42:31	38:27	14.86	41
49	Tim Keogh	M60	MV		1:42:41	38:37	14.88	41
50	WO2(Retd) Neil Gordon	M60	BAOC		1:43:08	39:04	14.95	40
51	WO2 (Retd) Ian Byford	M65	HH		1:43:50	39:46	15.05	39
52	Serena Ludford	W60	BADO		1:45:04	41:00	15.23	38
53	Jane Lambert	W65	SO		1:45:08	41:04	15.24	38
54	Col Lucy Giles	W55	Defence Academy		1:45:40	41:36	15.31	38



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Blue

Course: Blue, 6.9 km, 220 m

55	Tim Hulley	M60	SO		1:46:44	42:40	15.47	37
56	Sandy Burgon	M65	BOK		1:49:06	45:02	15.81	34
57	Col(Retd) Steve James	M65	BAOC		1:49:20	45:16	15.85	34
58	Nigel Clemens	M60	SLOW		1:49:44	45:40	15.90	34
=59	Charlie Beck	M65	SN		1:51:30	47:26	16.16	32
=59	Stefan Stasiuk	M70	BKO		1:51:30	47:26	16.16	32
61	Neil Mitchell	M65	SLOW		1:52:43	48:39	16.34	31
62	Sgt Shane Thorne	M35	Worthy Down Stn		1:53:28	49:24	16.44	30
63	Cpl Emma Gillies	W21	Worthy Down Stn		1:54:24	50:20	16.58	29
64	Delia Peppercorn	W60	BADO		1:55:07	51:03	16.68	28
65	Roger Wilson	M65	SLOW		1:56:29	52:25	16.88	27
66	Lt Col (Retd) Simon Worsley	M70	BAOC		1:58:01	53:57	17.10	25
67	Andy Parker	M65	BADO		2:11:59	1:07:55	19.13	11
68	Michael Merritt	M65	SO		2:13:36	1:09:32	19.36	10
69	Rob Mullens	M45	BKO		2:15:31	1:11:27	19.64	8
70	Janusz Holender	M65	TVOC		2:18:17	1:14:13	20.04	5
71	Frederick Smith	M65	GO		2:22:32	1:18:28	20.66	1
72	Maj (Retd) Danny Skillman	M70	GO		12:08:42	11:04:38	105.61	0
DNF	Maj Melanie Slade	W55	11 Inf Bde		53:11	Retd		
DNF	SSgt Jonathan Brown	M35	42 Engr Regt		1:00:02	Retd		
DNF	Cpl Lewis Clayton	M21	42 Engr Regt (GEO)		1:07:36	Retd		
DNF	Mark Light	M55	SOC		1:08:11	Retd		
DNF	Nick Nourse	M60	NWO		1:18:54	Retd		
DNF	WO1 (Retd) David Bell	M55	BAOC		2:06:43	Cse Closed Missed 16&17		

Lt Green

Course: Lt Green, 4 km, 140 m

1	Capt (Retd) Paul Martin	M55	SN		39:48		9.95	60
2	Stephen Mckinley	M60	SN		40:30	0:42	10.13	60
3	Carol Lovegrove	W50	SN		43:48	4:00	10.95	58
4	Charlotte Lovegrove	W16	SN		45:05	5:17	11.27	56
5	Don McKerrow	M70	SLOW		45:52	6:04	11.47	55
6	Jon Paton	M65	SN		46:33	6:45	11.64	55
7	Katie Clarke	W50	SN		48:43	8:55	12.18	53
8	Paul Todd	M50	LOK		48:44	8:56	12.18	53
9	Lt Cdr(Retd) Ashley Tilling	M65	MV		49:28	9:40	12.37	52
10	Capt (Retd) Andrew Parkinson	M70	SO		50:23	10:35	12.60	51
11	Charlie Turner	M70	SLOW		50:54	11:06	12.73	50
12	LCpl Robert Fanning	M21	ATU		51:13	11:25	12.80	50
13	Jonathan Magee	M60	SN		51:32	11:44	12.88	50
14	Maj Paul Cross	M50	HQ 101 OSB		54:18	14:30	13.58	47
15	Joseph Kemp	M21	NOTEAM		55:03	15:15	13.76	46



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Lt Green

Course: Lt Green, 4 km, 140 m

16	Clive Hawkes	M65	SO		55:42	15:54	13.93	46
17	Peter Huzan	M60	SLOW		56:09	16:21	14.04	45
18	Christine Jepson	W65	SO		57:18	17:30	14.33	44
19	Frank Edge	M65	SN		57:19	17:31	14.33	44
20	Angela Darley	W50	GO		57:57	18:09	14.49	43
21	WO1(Retd) Peter Davis	M70	SOC		1:01:08	21:20	15.28	40
=22	Mike Bolton	M75	MV		1:01:17	21:29	15.32	40
=22	Peter Dudman	M70	SO		1:01:17	21:29	15.32	40
24	Gill Tindal	W55	BOK		1:02:26	22:38	15.61	39
25	WO1(Retd) Mark Yeadon	M60	NOTEAM		1:04:03	24:15	16.01	37
26	Leianne Upton	W60	MV		1:04:49	25:01	16.20	37
27	David Harrison	M55	SN		1:06:19	26:31	16.58	35
28	Capt Jim Wright	M21	HQ 29 EOD&S Gp		1:06:35	26:47	16.65	35
29	WO2 (Retd) Chic Young	M65	SARUM		1:08:38	28:50	17.16	33
30	Sgt(Retd) Alan Brown	M70	NGOC		1:10:15	30:27	17.56	31
31	Calvin Stanfield	M65	IND		1:10:54	31:06	17.73	30
32	Capt(Retd) Paul Byers	M65	MV		1:12:45	32:57	18.19	29
33	Richard Rae	M75	BKO		1:12:53	33:05	18.22	28
34	Philip Gristwood	M75	MV		1:13:40	33:52	18.42	28
35	Paul Blagbrough	M75	MV		1:13:52	34:04	18.47	27
36	Joanna Belsey	W60	SN		1:14:24	34:36	18.60	27
37	Rachel Hepworth	W50	IND		1:16:46	36:58	19.19	25
38	Jillian Ullersperger	W60	BKO		1:16:58	37:10	19.24	24
39	Flt/Lt Ray Sullivan	M65	RAFO		1:20:54	41:06	20.23	20
40	Barry Breed	M75	HH		1:21:35	41:47	20.40	20
41	Paul Oates	M75	DFOK		1:22:54	43:06	20.73	18
42	Plt Off(Retd) Mike Elliot	M70	MV		1:23:38	43:50	20.91	18
43	Christopher Moon	M75	BOK		1:25:20	45:32	21.33	16
44	Lisa Cooke	W45	SARUM		1:26:26	46:38	21.61	15
45	LCpl Edward Remer	M21	ATU		1:27:34	47:46	21.89	14
46	Chris Mcdonald	M80	MV		1:32:02	52:14	23.01	9
47	Chris Gill	M55	SN		1:33:45	53:57	23.44	8
48	Linda Hulley	W65	SO		1:49:22	1:09:34	27.34	0
49	Ruth Rhodes	W80	SO		2:03:50	1:24:02	30.96	0
DNF	Sgt Julian Fissasegola	M35	ATU		1:08:19	Retd		
DSQ	Mark Thompson	M70	TVOC		1:14:05	Wrong Order 2&3		
DSQ	Simon Carswell	M65	SLOW		2:07:55	Missed No 11 (51)		

Sh Green

Course: Sh Green, 3.2 km, 85 m

1	Maj (Retd) Colin Dickson	M70	BAOC		29:20		9.17	50
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Sh Green

Course: Sh Green, 3.2 km, 85 m

2	SSgt Prakash Limbu	M45	HQ RC		30:16	0:56	9.46	50
3	WO2 (Retd) Steve Blount	M65	SO		31:58	2:38	9.99	49
4	Lt Col RM (retd) Joe House	M70	SO		37:24	8:04	11.69	43
5	Alan Kersley	M65	BADO		39:21	10:01	12.30	41
6	Paul Street	M70	SLOW		39:44	10:24	12.42	41
7	Sarah Francis	W55	SN		39:48	10:28	12.44	41
8	Andrew Graham	M70	SARUM		40:30	11:10	12.66	40
9	Mark Smith	M70	GO		40:55	11:35	12.79	40
10	FS Andy Barker-Pilsworth	M55	RAFO		41:05	11:45	12.84	39
11	Luke Gosling	M45	SN		41:13	11:53	12.88	39
12	WO2 Scott Craig	M45	ATC Pirbright		42:28	13:08	13.27	38
13	Maj (Retd) Gill Prowse	W65	SN		42:45	13:25	13.36	38
14	Jill Blount	W65	SO		43:03	13:43	13.45	37
15	Dvr(Retd) Roger Maher	M85	SO		43:22	14:02	13.55	37
16	Mr Tom Mills	M75	NGOC		45:02	15:42	14.07	35
17	Mick Hunter	M70	NWO		46:08	16:48	14.42	34
18	Lt Col (Retd) Carol Prosser	W60	BAOC		48:04	18:44	15.02	32
19	Col(Retd) Nick Kearns	M70	BAOC		48:47	19:27	15.24	32
20	Jon Wheatcroft	M70	TVOC		49:27	20:07	15.45	31
21	Lt Col(retd) Paul Wallace-Stock	M80	SN		49:37	20:17	15.51	31
22	WO1 (Retd) Alun Roberts	M65	BAOC		49:52	20:32	15.58	31
23	Elisabeth Dickson	W65	BAOC		51:07	21:47	15.97	29
24	LCpl S Richards	W40	IND		52:44	23:24	16.48	28
25	Col (Retd) Ian Prosser	M65	BAOC		53:35	24:15	16.74	27
26	Susan Crickmore	W60	SO		54:03	24:43	16.89	26
27	++ Elkin	M75	BAOC		54:05	24:45	16.90	26
28	WO1 (ASM) Retd Peter Hull	M75	BAOC		54:51	25:31	17.14	26
=29	Michele Funnell	W70	SO		55:26	26:06	17.32	25
=29	Edward Forman	M75	SO		55:26	26:06	17.32	25
31	Barbara Lugton	W65	GO		55:58	26:38	17.49	25
32	George Engelhardt	M70	MV		56:33	27:13	17.67	24
33	Tom Edelsten	M80	GO		56:41	27:21	17.71	24
34	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		56:52	27:32	17.77	24
35	Janos Istvan Dobo	M60	SO		56:53	27:33	17.78	24
36	Kevin Beale	M65	NWO		57:12	27:52	17.88	23
37	Allan Darwell	M70	BOK		57:39	28:19	18.02	23
38	Stephen Peacock	M70	SN		58:07	28:47	18.16	22
39	John Liley	M65	GO		58:16	28:56	18.21	22
40	Kevin Parkes	M65	HH		59:50	30:30	18.70	21
41	Lt Col Damien Pealin	M55	HQ RC		1:02:45	33:25	19.61	18
42	Brian Sewell	M65	BKO		1:03:24	34:04	19.81	17



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Sh Green

Course: Sh Green, 3.2 km, 85 m

43	Keiko Conway	W60	GO		1:05:00	35:40	20.31	16
44	Peter Entwistle	M75	BKO		1:05:15	35:55	20.39	15
45	Kim Liggett	W60	NGOC		1:05:41	36:21	20.53	15
46	Jerry Newcombe	M70	SARUM		1:06:17	36:57	20.71	14
47	John Turner	M70	TVOC		1:07:01	37:41	20.94	14
48	Deborah Sullivan	W65	MV		1:07:32	38:12	21.10	13
49	Tony Ludford	M80	BADO		1:08:02	38:42	21.26	12
50	Teresa Turner	W75	SLOW		1:09:42	40:22	21.78	11
51	Col(Retd) Ian Tait	M70	SARUM		1:10:23	41:03	21.99	10
52	Peter Riches	M75	TVOC		1:11:16	41:56	22.27	9
53	Jane Breed	W70	HH		1:12:19	42:59	22.60	8
54	Mark Blackstone	M75	BOK		1:12:41	43:21	22.71	8
55	Susan Parker	W65	BKO		1:14:03	44:43	23.14	6
56	Gill Sharp	W65	SN		1:14:04	44:44	23.15	6
57	Leading Wren (Retd) Helen Wise	W70	SO		1:14:17	44:57	23.21	6
58	Nigel Saker	M75	SLOW		1:19:16	49:56	24.77	1
59	Peter Smith	M60	SN		1:19:44	50:24	24.92	1
60	Sue Gallagher	W70	SO		1:20:18	50:58	25.09	0
61	Maj (Retd) Devina Worsley	W65	BAOC		1:23:16	53:56	26.02	0
62	WO2 (Retd) James Munday	M80	BKO		1:25:57	56:37	26.86	0
63	LCpl S Hodgkinson	M21	HQ 29 EOD&S Gp		1:43:32	1:14:12	32.35	0
64	LCol L Kirkman	M21	HQ 29 EOD&S Gp		1:43:45	1:14:25	32.42	0
65	Penny Parkes	W65	HH		1:44:00	1:14:40	32.50	0
66	Kathryn Turner	W65	TVOC		1:46:17	1:16:57	33.21	0
DNF	Cpl Curtis Thompson	M21	ATC Pirbright		0:00	Retd		
DNF	Sarah Blundell	W60	DFOK		20:00	Retd		
DNF	Roy Heselden	M75	BADO		30:36	Retd		

Lg Orange

Course: Lg Orange, 4.4 km, 90 m

1	Ceri Balston	M50	IND		55:21		12.58	40
2	Cpl Oscar Alexander	M40	HQ 101 OSB		1:06:17	10:56	15.06	36
3	WO2 Kisha La Touche	W45	HQ 101 OSB		1:06:22	11:01	15.08	36
4	Daniel Martin	M50	IND		1:11:43	16:22	16.30	31
5	Lucy Haley	W40	IND		1:17:23	22:02	17.59	25
6	Gill Wilson	W60	SLOW		1:36:04	40:43	21.83	10
DNF	Spr H Hunt	M20	42 Engr Regt		44:49	Retd		
DSQ	Sgt George Otieno	M40	HQ RC		1:18:07	Wrong No 1 (52 for 65)		
DSQ	Sgt Y Chinog	M40	16 Regt RA		1:22:53	Missed a few		



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V Sh Green

Course: V Sh Green, 2.1 km, 35 m

1	Andy Macgregor	M85	BAOC		31:36		15.05	40
2	Sarah Brown	W70	SLOW		38:32	6:56	18.35	40
3	Yvonne Hodson	W75	TVOC		46:22	14:46	22.08	32
4	S/Sgt(Ret) John Thompson	M90	TVOC		50:46	19:10	24.17	28
5	Capt(Retd) Ken Williams	M85	BAOC		59:13	27:37	28.20	20
6	Chris Glew	W70	SLOW		59:49	28:13	28.48	19
7	JT(rtd) John Farren	M85	TVOC		1:06:04	34:28	31.46	13
8	Spr(Retd) Patrick Maher	M90	SO		1:07:06	35:30	31.95	12
9	Roger Baker	M90	TVOC		1:08:15	36:39	32.50	11
10	Elaine Evans	W70	IND		1:13:43	42:07	35.10	5