



MLS Tweseldown

02 January 2025



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 11.9 km, 150 m

1	Thomas Rollins	M18	SN		1:06:19		5.57	106
2	Michael Krajewski	M40	BAOC		1:14:28	8:09	6.26	98
3	James Lyne	M35	SN		1:17:16	10:57	6.49	95
4	WO2 Des Dickinson	M40	MoD Abbey Wood		1:20:13	13:54	6.74	92
5	Matthias Mahr	M45	SLOW		1:22:08	15:49	6.90	91
6	Peter Daplyn	M45	SN		1:25:25	19:06	7.18	87
7	Alan Velecky	M55	SO		1:27:34	21:15	7.36	85
8	Maj Richard Barrett	M55	HQ 101 OSB		1:28:59	22:40	7.48	84
9	Euan Marsh	M21	SO		1:30:00	23:41	7.56	83
10	Liam Marsh	M21	BOF		1:31:02	24:43	7.65	82
11	Col Mike Cooke	M50	RMAS		1:31:17	24:58	7.67	81
12	Richard Lloyd	M55	LOK		1:32:00	25:41	7.73	81
13	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:33:16	26:57	7.84	79
14	Paul Fox	M60	SN		1:35:20	29:01	8.01	77
15	Oli Smith	M21	IND		1:35:33	29:14	8.03	77
16	Keith Belsey	M55	SN		1:35:57	29:38	8.06	77
17	Maj (Retd) Jeremy Wormington	M60	NOTEAM		1:37:23	31:04	8.18	75
18	Peter Jones	M65	SN		1:40:56	34:37	8.48	72
19	Simon Farrington	M40	BAOC		1:43:59	37:40	8.74	69
20	Col Gary Sawyer	M45	Army HQ		1:44:11	37:52	8.75	68
21	Sgt Alexis Massey-Ryan	M35	32 Regt RA		1:44:47	38:28	8.81	68
22	Andrew Tindal	M55	BOK		1:45:24	39:05	8.86	67
23	Andrew Heaney	M55	SN		1:46:50	40:31	8.98	66
24	Cameron Lamond	M55	SN		1:49:39	43:20	9.21	63
25	Sgt(retd) Alan Brown	M70	NGOC		2:39:16	1:32:57	13.38	13

Blue

Course: Blue, 9.8 km, 120 m

1	Abi Weeds	W45	SLOW		1:17:51		7.94	75
2	Lyra Medlock	W18	WSX		1:19:28	1:37	8.11	75
3	Sgt (Retd) Paul Thwaites	M60	SOC		1:19:36	1:45	8.12	74
4	Tim Must	M55	TVOC		1:22:44	4:53	8.44	71
5	Jolyon Medlock	M50	WSX		1:28:12	10:21	9.00	66
6	Capt Alan Harris	M50	HQ RC		1:28:20	10:29	9.01	66
7	Steve Bailey	M65	SN		1:30:06	12:15	9.19	64
8	Steve Jarvis	M60	SO		1:33:31	15:40	9.54	60
9	Chris Evans	M55	SLOW		1:33:37	15:46	9.55	60
10	Mike Frizzell	M65	BADO		1:35:15	17:24	9.72	59
11	Col (Retd) Paul Lane	M65	SARUM		1:35:59	18:08	9.79	58
12	Charles Gook	M55	BADO		1:38:16	20:25	10.03	56
13	Ian Ditchfield	M65	MV		1:39:51	22:00	10.19	54



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Blue

Course: Blue, 9.8 km, 120 m

14	Richard Bostock	M60	DFOK		1:41:05	23:14	10.31	53
15	Lt Col Bernie Fowler	M55	AACen		1:41:31	23:40	10.36	52
16	Mick Hunter	M70	NWO		1:41:59	24:08	10.41	52
17	Aimee Darley	W21	SN		1:48:46	30:55	11.10	45
18	WO2 Dhan Magar	M55	11 Inf Bde		1:52:53	35:02	11.52	41
19	Phil Conway	M60	GO		1:53:53	36:02	11.62	40
20	WO1 SD Greening	M60	Upavon Stn		1:57:18	39:27	11.97	37
21	Joe Patey	M21	IND		2:04:55	47:04	12.75	29
22	Maj Suzanne Talbot	W40	16 Med Regt		2:07:36	49:45	13.02	26
23	Mike Turner	M75	SO		2:09:13	51:22	13.19	25
24	Andrew Hannaford	M70	SO		2:12:49	54:58	13.55	21
25	WO2 Vicky McCreadie	W40	3 Sig Regt		2:31:28	1:13:37	15.46	3
26	Lt Col (Retd) Rowena Naile	W60	BAOC		2:33:31	1:15:40	15.66	0

Green

Course: Green, 6.1 km, 90 m

1	Eskarina Medlock	W16	WSX		54:15		8.89	60
2	Kevin Bracher	M70	SOC		56:44	2:29	9.30	59
3	Vincent Joyce	M70	SO		56:59	2:44	9.34	59
4	Ian Curtis	M55	SO		57:29	3:14	9.42	59
5	Julian Hartwell	M70	SOC		58:18	4:03	9.56	58
6	Emma Heckford	W16	WSX		58:54	4:39	9.66	57
7	Lt Col Andrew Teeton	M50	MoD London		1:00:59	6:44	10.00	55
8	Lt Col (Retd) Axel Blomquist	M70	SN		1:01:50	7:35	10.14	54
9	Lt Col (Retd) Carol Prosser	W60	BAOC		1:02:09	7:54	10.19	54
10	Lt Col RM (retd) Joe House	M70	SO		1:05:16	11:01	10.70	51
11	Marion Payne-Bird	W65	GO		1:05:19	11:04	10.71	51
12	John Harrison	M75	BADO		1:05:37	11:22	10.76	50
13	Kevin Beale	M65	NWO		1:05:56	11:41	10.81	50
14	Sub/Lt Alexander Kent	M21	HMS Collingwood		1:06:15	12:00	10.86	50
15	Martin Lock	M75	GO		1:06:30	12:15	10.90	49
16	WO2(Retd) Neil Gordon	M60	BAOC		1:06:56	12:41	10.97	49
17	Robin Smith	M70	SO		1:08:30	14:15	11.23	47
18	Kevin Parkes	M65	HH		1:11:25	17:10	11.71	45
19	WO1 Frankie Atkins	M35	HQ 101 OSB		1:12:01	17:46	11.81	44
20	Charlie Beck	M65	SN		1:12:14	17:59	11.84	44
21	Neil Mitchell	M65	SLOW		1:13:17	19:02	12.01	43
22	Peter Dudman	M70	SO		1:13:46	19:31	12.09	42
23	WO Jason Ferguson	M50	78 Sqn Swanwick		1:14:38	20:23	12.23	41
24	Di Turner	W70	SO		1:14:44	20:29	12.25	41
25	G 7 Iain Brant	M65	Defence Academy		1:14:59	20:44	12.29	41
26	Mark Thompson	M70	TVOC		1:16:11	21:56	12.49	40



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Green

Course: Green, 6.1 km, 90 m

27	Fit/Lt Ray Sullivan	M65	RAFO		1:16:20	22:05	12.51	40
28	Leianne Upton	W60	MV		1:16:49	22:34	12.59	39
29	Joanna Belsey	W60	SN		1:18:32	24:17	12.87	37
30	Rob Mullens	M45	BKO		1:18:37	24:22	12.89	37
31	Julia Jarvis	W55	SO		1:20:13	25:58	13.15	36
32	SSgt Prakash Limbu	M45	11 Inf Bde		1:20:28	26:13	13.19	36
33	Roger Wilson	M65	SLOW		1:23:10	28:55	13.63	33
34	Gill Wilson	W60	SLOW		1:23:38	29:23	13.71	32
35	Debra Robinson	W55	SN		1:23:44	29:29	13.73	32
36	Maj (Retd) Gill Prowse	W65	SN		1:24:03	29:48	13.78	32
37	Stephen Sutch	M60	SOC		1:26:38	32:23	14.20	29
38	Plt Off(Retd) Mike Elliot	M70	MV		1:40:02	45:47	16.40	16
39	Kevin O'Dwyer	M60	IND		1:42:39	48:24	16.83	13
40	Ruth Rhodes	W80	SO		1:58:12	1:03:57	19.38	0

Short Green

Course: Short Green, 3.3 km, 60 m

1	Maj (Retd) Colin Dickson	M70	BAOC		27:45		8.41	50
2	Charlie Turner	M70	SLOW		29:37	1:52	8.97	50
3	Col(Retd) Nick Kearns	M70	BAOC		31:37	3:52	9.58	48
4	Paul Nevett	M60	GO		31:51	4:06	9.65	48
5	Col(Retd) Ian Tait	M70	SARUM		33:07	5:22	10.04	47
6	Mike Murray	M80	SLOW		33:11	5:26	10.06	46
7	Sue Bett	W55	SN		33:23	5:38	10.12	46
8	Lucy Paton	W60	SN		33:45	6:00	10.23	46
9	Nathanial Teeton	M16	SN		38:24	10:39	11.64	41
10	Lt Col(retd) Paul Wallace-Stock	M80	SN		39:00	11:15	11.82	41
11	Teresa Turner	W75	SLOW		40:11	12:26	12.18	39
12	Dvr(Retd) Roger Maher	M85	SO		40:13	12:28	12.19	39
13	Elisabeth Dickson	W65	BAOC		40:33	12:48	12.29	39
14	Jim Prowting	M75	TVOC		41:10	13:25	12.47	38
15	Jon Wheatcroft	M70	TVOC		41:17	13:32	12.51	38
16	Sue Hands	W75	WIM		41:53	14:08	12.69	38
17	Cpl(Retd) David Mullins	M75	SARUM		42:36	14:51	12.91	37
=18	Allan Darwell	M70	BOK		43:41	15:56	13.24	36
=18	Kate Nevett	W60	GO		43:41	15:56	13.24	36
20	Nigel Saker	M75	SLOW		44:27	16:42	13.47	35
21	Kate Turner	W21	IND		44:28	16:43	13.47	35
22	Roy Heselden	M75	BADO		45:01	17:16	13.64	35
23	Tom Edelsten	M80	GO		46:14	18:29	14.01	33
24	Denise Mullins	W70	SARUM		47:18	19:33	14.33	32



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Short Green

Course: Short Green, 3.3 km, 60 m

25	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		50:59	23:14	15.45	29
26	Robin Ferguson	M14	RAFO		51:09	23:24	15.50	29
27	Denise Harper	W75	BKO		53:50	26:05	16.31	26
28	Anna Fowler	W21	MDOC		54:03	26:18	16.38	26
29	Ethan Teeton	M14	IND		55:07	27:22	16.70	25
30	Amanda Bailey	W60	SN		55:43	27:58	16.88	24
31	Chris Gill	M55	SN		56:08	28:23	17.01	24
32	Jutta Byers	W55	MV		57:10	29:25	17.32	22
33	Helen Rivers	W70	GO		57:42	29:57	17.48	22
34	Sue Gallagher	W70	SO		57:43	29:58	17.49	22
35	Rhodes Dickinson	M16	BAOC		58:03	30:18	17.59	22
36	WO2 (Retd) James Munday	M80	BKO		58:46	31:01	17.81	21
37	Deborah Sullivan	W65	MV		1:02:28	34:43	18.93	17
38	Clare Fletcher	W80	BOK		1:02:48	35:03	19.03	17
39	Jerry Newcombe	M70	BOF		1:04:34	36:49	19.57	15
40	WO2 Kc Krishna	M45	HQ 101 OSB		1:05:39	37:54	19.89	14
41	Steve Goodrum	M60	SN		1:11:32	43:47	21.68	8
42	Deborah Carpenter	W70	SN		1:24:14	56:29	25.53	0
43	Penny Parkes	W65	HH		1:26:22	58:37	26.17	0
44	Lieut (Retd) Michael White	M85	MV		1:36:53	1:09:08	29.36	0

VSG

Course: VSG, 2 km, 30 m

1	S/Sgt(Ret) John Thompson	M90	TVOC		39:42		19.85	40
2	Nick Grant	M50	IND		43:01	3:19	21.51	40
3	Yvonne Hodson	W75	TVOC		49:48	10:06	24.90	34
4	Flt Lt (Retd) Liz Yeadon	W75	SARUM		54:23	14:41	27.19	30
5	Roger Baker	M90	TVOC		58:50	19:08	29.42	25