



MLS Pyestock

26 March 2025



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 8.6 km, 120 m

1	James Lyne	M35	SN		55:09		6.41	102
2	Michael Krajewski	M40	BAOC		57:03	1:54	6.63	101
3	Peter Daplyn	M45	SN		1:00:43	5:34	7.06	97
4	Lt Col Richard Mawer	M50	MoD Abbey Wood		1:01:39	6:30	7.17	96
5	Alan Velecky	M55	SO		1:03:09	8:00	7.34	94
6	Richard Lloyd	M55	LOK		1:05:19	10:10	7.59	92
7	WO2 Des Dickinson	M40	MoD Abbey Wood		1:07:38	12:29	7.86	90
8	John Hill-Venning	M50	SN		1:07:58	12:49	7.90	90
9	Maj Richard Barrett	M55	HQ 101 OSB		1:08:33	13:24	7.97	89
10	Major Jon Oxley	M55	London Central Garrison		1:09:44	14:35	8.11	88
11	WO1 G Mansfield	M40	NCHQ		1:09:49	14:40	8.12	88
12	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:13:08	17:59	8.50	85
13	Keith Belsey	M55	SN		1:14:37	19:28	8.68	83
14	John Oakes	M50	WIM		1:14:40	19:31	8.68	83
15	Major Kezia Jukes	W35	SLOW		1:16:00	20:51	8.84	82
16	Katherine Bett	W21	SN		1:17:39	22:30	9.03	80
17	Maj(Retd) Jeremy Wormington	M60	NOTEAM		1:17:57	22:48	9.06	80
18	John Dasey	M40	SO		1:18:04	22:55	9.08	80
19	Maj Andy Southby	M60	War Gar		1:18:30	23:21	9.13	79
20	Sgt Alexis Massey-Ryan	M35	32 Regt RA		1:18:37	23:28	9.14	79
21	Hedley Proctor	M45	BADO		1:18:46	23:37	9.16	79
22	Sgt Paul Truss	M35	RAFO		1:18:48	23:39	9.16	79
23	Euan Marsh	M21	SO		1:18:50	23:41	9.17	79
24	Edward Halsey	M50	SARUM		1:19:59	24:50	9.30	78
25	Maj Andrew Snell	M50	Army HQ		1:20:59	25:50	9.42	77
26	Paul Fox	M60	SN		1:21:08	25:59	9.43	77
27	Lt Col Kerry Corkery	W45	Army HQ		1:21:13	26:04	9.44	76
28	Chris Harrison	M65	NGOC		1:21:48	26:39	9.51	76
29	Oliver Allen	M40	SLOW		1:22:19	27:10	9.57	75
30	Cpl Thomas Jarvis	M21	RAF Benson		1:22:55	27:46	9.64	75
31	Cameron Lamond	M55	SN		1:22:57	27:48	9.65	75
32	Mr Alastair Oates	M55	BAOC		1:23:07	27:58	9.66	75
33	Andrew Tindal	M55	BOK		1:24:02	28:53	9.77	74
34	Simon Farrington	M40	BAOC		1:24:30	29:21	9.83	73
35	Barry Jones	M55	SO		1:26:23	31:14	10.04	71
36	Capt Adrian Kerr	M35	DSPG		1:28:28	33:19	10.29	69
37	Christopher Ashenden	M60	SN		1:30:22	35:13	10.51	67
38	WO2 Vicky McCreadie	W40	3 Sig Regt		1:33:08	37:59	10.83	65
39	Mike Bennett	M70	HH		1:33:15	38:06	10.84	64
40	Lt Col Greg Ehlen	M60	Army HQ		1:33:25	38:16	10.86	64
41	Neil Studd	M35	SLOW		1:34:09	39:00	10.95	63
42	Nick Care	M65	SO		1:39:24	44:15	11.56	58



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Brown

Course: Brown, 8.6 km, 120 m

43	Chris Rampton	M60	WAOC		1:40:35	45:26	11.70	57
44	SSgt Shaun Jones	M35	32 Regt RA		1:41:10	46:01	11.76	56
45	Emma Jarrett	W45	WAOC		1:43:39	48:30	12.05	54
46	Jon Vaughan	M50	BKO		1:49:19	54:10	12.71	48
47	G 7 Iain Brant	M65	Defence Academy		1:52:14	57:05	13.05	45
48	Flt Lt(Retd) Rob Hick	M65	WSX		1:58:11	1:03:02	13.74	39
49	SSgt Prakash Limbu	M45	11 Inf Bde		2:03:02	1:07:53	14.31	35
50	Cpl Emma Gillies	W21	Worthy Down Stn		2:09:44	1:14:35	15.09	28

Blue

Course: Blue, 6.5 km, 85 m

1	James Yule	M21	SO		49:50		7.67	75
2	Sgt(Retd) Paul Thwaites	M60	SOC		52:53	3:03	8.14	75
3	Maj(Retd) Colin Dickson	M70	BAOC		58:36	8:46	9.02	70
4	Ian Ditchfield	M65	MV		1:00:24	10:34	9.29	68
5	Axel Blomquist	M70	SN		1:01:43	11:53	9.49	67
6	Steve Jarvis	M60	SO		1:01:54	12:04	9.52	67
7	Col(Retd) Paul Lane	M65	SARUM		1:01:58	12:08	9.53	67
8	Dave Ryder	M60	SN		1:02:06	12:16	9.55	67
9	Mike Frizzell	M65	BADO		1:02:41	12:51	9.64	66
10	Luke Gosling	M45	SN		1:02:48	12:58	9.66	66
11	Capt (Retd) Paul Martin	M55	SN		1:03:02	13:12	9.70	66
12	WO1(Retd) Les Hunt	M70	SN		1:04:01	14:11	9.85	65
13	Lt Col Woo Allen	W60	Army HQ		1:04:03	14:13	9.85	65
14	Major Michael James	M65	Army HQ		1:04:49	14:59	9.97	64
15	Mark Collins	M65	DFOK		1:04:52	15:02	9.98	64
16	Sgt(Retd) Gerry Allan	M55	BAOC		1:04:57	15:07	9.99	64
17	WO2 Himel Gurung	M45	11 Inf Bde		1:05:28	15:38	10.07	63
18	John Simmons	M70	BOK		1:05:50	16:00	10.13	63
19	Robin Mills	M60	WIM		1:06:37	16:47	10.25	62
20	Steve Bailey	M65	SN		1:06:53	17:03	10.29	62
21	Lt Col Mark Nash	M60	War Gar		1:07:40	17:50	10.41	61
22	Richard Bostock	M60	DFOK		1:07:47	17:57	10.43	61
23	Jonathan Lyle	M65	BOK		1:09:58	20:08	10.76	59
24	Mark Light	M55	SOC		1:10:03	20:13	10.78	59
25	Vincent Joyce	M70	SO		1:10:21	20:31	10.82	58
26	Alison Simmons	W70	BOK		1:10:37	20:47	10.86	58
27	Maj(Retd) Jon Steed	M60	BADO		1:11:02	21:12	10.93	58
28	Jonathan Magee	M60	SN		1:11:19	21:29	10.97	57
29	Carol Lovegrove	W50	SN		1:11:25	21:35	10.99	57
30	WO1 Jon Ferry	M40	77 Bde		1:11:29	21:39	11.00	57



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Blue

Course: Blue, 6.5 km, 85 m

31	WO2 Sean Venables	M50	CRHQ AGC		1:12:19	22:29	11.13	56
32	Nick Green	M60	GO		1:12:37	22:47	11.17	56
33	SSgtRetd Chris Younger	M65	NOTEAM		1:13:12	23:22	11.26	56
34	Lt Col (ret'd) Bruce Snelling	M65	SN		1:13:52	24:02	11.36	55
35	Maj Sam Turner	M21	Army HQ		1:14:43	24:53	11.49	54
36	David Harrison	M55	SN		1:14:55	25:05	11.53	54
37	WO2(Ret'd) Ian Byford	M65	HH		1:15:12	25:22	11.57	54
38	Alice Jacobsen	W21	SOC		1:15:24	25:34	11.60	53
39	Ronan Cleary	M65	LOK		1:15:35	25:45	11.63	53
40	Katie Clarke	W50	SN		1:15:59	26:09	11.69	53
41	Robin Bishop	M55	TVOC		1:16:25	26:35	11.76	52
42	Col(Ret'd) Ian Prosser	M65	BAOC		1:16:40	26:50	11.79	52
43	CCF Sergeant Karen French	W55	WIM		1:16:41	26:51	11.80	52
44	David Saunders	M65	HH		1:17:06	27:16	11.86	52
45	Jessica Stanfield	W60	SOC		1:17:19	27:29	11.89	51
46	Julian Hartwell	M70	SOC		1:17:27	27:37	11.92	51
47	SSgt B Rai	M40	RMAS		1:17:29	27:39	11.92	51
48	WO2 Scott Craig	M45	ATC Pirbright		1:17:45	27:55	11.96	51
49	WO2(Ret'd) Neil Gordon	M60	BAOC		1:18:51	29:01	12.13	50
50	Andrew Hannaford	M70	SO		1:19:07	29:17	12.17	50
51	Lt Col(Ret'd) Rowena Naile	W60	BAOC		1:20:38	30:48	12.41	48
52	SSgt Nawaraj Gurung	M40	IND		1:22:14	32:24	12.65	47
53	John Harrison	M75	BADO		1:22:42	32:52	12.72	46
54	Harriet Trefusis	W21	SO		1:23:02	33:12	12.77	46
55	Jo Halsey	W50	SARUM		1:24:39	34:49	13.02	44
56	Tim Keogh	M60	MV		1:24:53	35:03	13.06	44
57	Lt Cdr(Ret'd) Ashley Tilling	M65	MV		1:25:10	35:20	13.10	44
58	Mike Turner	M75	SO		1:25:27	35:37	13.15	43
59	Col(Ret'd) Paul Oldfield	M65	BAOC		1:26:50	37:00	13.36	42
60	Col(Ret'd) Steve James	M65	BAOC		1:26:54	37:04	13.37	42
61	David Tookey	M70	HH		1:27:39	37:49	13.48	41
62	Serena Ludford	W60	BADO		1:27:43	37:53	13.49	41
63	Ian Catchpole	M45	DFOK		1:29:29	39:39	13.77	39
64	Colin Swallow	M65	SN		1:31:10	41:20	14.03	38
65	Maj(Ret'd) Rob Shenton	M50	BAOC		1:31:26	41:36	14.07	37
66	Mikhail Gryaznevich	M70	TVOC		1:32:21	42:31	14.21	36
67	Charlie Beck	M65	SN		1:32:41	42:51	14.26	36
68	David Lane	M70	SN		1:32:55	43:05	14.29	36
69	Rob Mullens	M45	BKO		1:35:08	45:18	14.64	34
70	Chris Johnson	M70	BOK		1:35:57	46:07	14.76	33
71	Lt Col(Ret'd) Simon Worsley	M70	BAOC		1:36:18	46:28	14.82	32
72	Maj (Ret'd) Danny Skillman	M70	GO		1:39:51	50:01	15.36	29



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Blue

Course: Blue, 6.5 km, 85 m

73	Anne Tynegate	W60	BADO		1:42:05	52:15	15.71	27
74	Roger Wilson	M65	SLOW		1:44:54	55:04	16.14	24
75	Nigel Clemens	M60	SLOW		1:45:23	55:33	16.21	23
76	Lt Col Damien Pealin	M55	HQ RC		1:45:26	55:36	16.22	23
77	Michael Merritt	M65	SO		1:45:41	55:51	16.26	23
78	Lisa Cooke	W45	SARUM		1:46:49	56:59	16.43	22
79	Frederick Smith	M65	GO		1:49:05	59:15	16.78	20
80	Neil Mitchell	M65	SLOW		1:52:48	1:02:58	17.35	16

Lt Green

Course: Lt Green, 4.9 km, 60 m

1	Jon Paton	M65	SN		46:43		9.53	60
2	Alan Rosen	M70	HH		46:49	0:06	9.55	60
3	Charlie Turner	M70	SLOW		54:54	8:11	11.20	55
4	Gill Tindal	W55	BOK		57:33	10:50	11.74	52
5	Capt(Retd) Paul Byers	M65	MV		1:00:08	13:25	12.27	49
6	Araba McMillan	W60	JOK		1:00:13	13:30	12.29	49
7	Christine Jepson	W65	SO		1:00:24	13:41	12.33	49
8	Neil Fraser	M60	NWO		1:01:36	14:53	12.57	48
9	Lt Col RM(Retd) Joe House	M70	SO		1:01:53	15:10	12.63	48
10	Robin Smith	M70	SO		1:02:05	15:22	12.67	47
11	Kevin Beale	M65	NWO		1:02:35	15:52	12.77	47
12	Peter Dudman	M70	SO		1:04:34	17:51	13.18	45
13	Leianne Upton	W60	MV		1:04:52	18:09	13.24	45
14	Angela Darley	W50	GO		1:08:23	21:40	13.96	41
15	Edward Forman	M75	SO		1:10:15	23:32	14.34	39
16	Philip Gristwood	M75	MV		1:11:53	25:10	14.67	38
17	Sgt(Retd) Alan Brown	M70	NGOC		1:12:01	25:18	14.70	37
18	Cpl(Retd) David Mullins	M75	SARUM		1:12:13	25:30	14.74	37
19	Terry Smith	M75	SOC		1:12:37	25:54	14.82	37
20	David Kingdon	M70	SAX		1:13:58	27:15	15.10	36
21	Cpl Georgia Taylor	W21	2 MI Bn		1:14:34	27:51	15.22	35
22	Paul Oates	M75	DFOK		1:14:59	28:16	15.30	34
=23	WO2 Krishna Kc	M45	HQ 101 OSB		1:16:01	29:18	15.51	33
=23	Cpl Amit Gurung	M35	HQ 101 OSB		1:16:01	29:18	15.51	33
25	Philip Fawcner-Corbett	M70	BOK		1:16:25	29:42	15.60	33
26	Sue Hands	W75	WIM		1:17:29	30:46	15.81	32
27	Sally Place	W60	GO		1:19:17	32:34	16.18	30
28	Flt/Lt Ray Sullivan	M65	RAFO		1:20:47	34:04	16.49	29
29	WO2 (Retd) Chic Young	M65	SARUM		1:21:21	34:38	16.60	28
30	Paul Blagbrough	M75	MV		1:21:22	34:39	16.61	28
31	Peter Smith	M60	SN		1:21:25	34:42	16.62	28



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Lt Green

Course: Lt Green, 4.9 km, 60 m

32	Emese Svab	W50	HH		1:22:43	36:00	16.88	27
33	Cpl Nabin Rana	M21	32 Regt RA		1:25:32	38:49	17.46	24
34	Joanna Belsey	W60	SN		1:26:33	39:50	17.66	23
35	Richard Stanhope	M65	SLOW		1:26:59	40:16	17.75	22
36	Gill Sharp	W65	SN		1:27:00	40:17	17.76	22
37	Jenny Bray	W70	SN		1:28:47	42:04	18.12	21
38	Sally Thomas	W80	BOK		1:29:32	42:49	18.27	20
39	Clare Devine	W35	BAOC		1:29:50	43:07	18.33	20
40	Maj(Retd) Devina Worsley	W65	BAOC		1:30:45	44:02	18.52	19
41	Plt Off(Retd) Mike Elliot	M70	MV		1:31:01	44:18	18.57	18
42	Jillian Ullersperger	W60	BKO		1:32:28	45:45	18.87	17
43	Liz Flavell	W65	NOTEAM		1:44:33	57:50	21.34	5
44	Linda Hulley	W65	SO		1:51:50	1:05:07	22.82	0

Sh Green

Course: Sh Green, 3.7 km, 40 m

1	Peter Jones	M65	SN		30:13		8.17	50
2	Phil Conway	M60	GO		35:57	5:44	9.72	48
3	Sue Bett	W55	SN		36:07	5:54	9.76	48
4	Lucy Paton	W60	SN		39:15	9:02	10.61	45
5	Lt Col(Retd) Carol Prosser	W60	BAOC		40:53	10:40	11.05	43
6	Marcus White	M55	SOC		42:01	11:48	11.36	42
7	Maj Rebecca Melly	W40	Army HQ		42:16	12:03	11.42	42
8	Dvr(Retd) Roger Maher	M85	SO		42:50	12:37	11.58	41
9	Col(Retd) Nick Kearns	M70	BAOC		44:35	14:22	12.05	40
10	Linda Pakuls	W65	WIM		45:23	15:10	12.27	39
11	Julie Cleary	W60	LOK		45:59	15:46	12.43	38
12	Paul Street	M70	SLOW		46:00	15:47	12.43	38
13	Martin Lock	M75	GO		46:10	15:57	12.48	38
14	WO1(ASM) (Retd) Peter Hull	M75	BAOC		47:03	16:50	12.72	37
15	Col(Retd) Ian Tait	M70	SARUM		47:23	17:10	12.81	37
16	Paul Nevett	M60	GO		47:29	17:16	12.83	37
17	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		47:38	17:25	12.87	36
18	Laurence Gossage	M75	BOK		48:31	18:18	13.11	36
19	Simon Bevan	M60	SOC		48:52	18:39	13.21	35
20	John Liley	M65	GO		49:27	19:14	13.36	35
21	Tom Edelsten	M80	GO		49:45	19:32	13.45	34
22	Mike Murray	M80	SLOW		49:48	19:35	13.46	34
23	Keiko Conway	W60	GO		50:14	20:01	13.58	34
24	Maj MJ Slade	W55	11 Inf Bde		51:05	20:52	13.81	33
25	Alison Saunders	W65	HH		51:43	21:30	13.98	32



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Sh Green

Course: Sh Green, 3.7 km, 40 m

26	Richard Steptoe	M75	TVOC		51:59	21:46	14.05	32
27	Capt Kathryn Unsworth	W21	RSMS		52:06	21:53	14.08	32
28	Stephen Peacock	M70	SN		52:29	22:16	14.18	32
29	Andy Macgregor	M85	BAOC		52:55	22:42	14.30	31
30	Janet Rosen	W70	HH		53:08	22:55	14.36	31
31	CPL(Retd) David Battison	M75	SARUM		53:40	23:27	14.50	30
32	Elisabeth Dickson	W65	BAOC		53:43	23:30	14.52	30
33	Nigel Saker	M75	SLOW		54:03	23:50	14.61	30
34	Kim Liggett	W60	NGOC		54:54	24:41	14.84	29
35	Jon Wheatcroft	M70	TVOC		55:09	24:56	14.91	29
36	WO1(Retd) Alun Roberts	M65	BAOC		55:45	25:32	15.07	28
37	Neil Underwood	M70	SARUM		55:55	25:42	15.11	28
38	Roy Heselden	M75	BADO		56:25	26:12	15.25	28
39	Mark Foxwell	M60	BKO		57:02	26:49	15.41	27
40	Lt(Retd) George Elkin	M75	BAOC		58:20	28:07	15.77	26
41	Richard Rae	M75	BKO		1:00:02	29:49	16.23	24
42	Di Turner	W70	SO		1:00:05	29:52	16.24	24
43	Sue Gallagher	W70	SO		1:00:10	29:57	16.26	24
44	Jutta Byers	W55	MV		1:00:17	30:04	16.29	24
45	Teresa Turner	W75	SLOW		1:00:32	30:19	16.36	24
46	Denise Mullins	W70	SARUM		1:00:45	30:32	16.42	23
47	Jasmine Bennett	W70	SO		1:00:57	30:44	16.47	23
48	James Crawford	M70	GO		1:02:11	31:58	16.81	22
49	Mick Smith	M75	HH		1:02:43	32:30	16.95	21
50	Jim Prowting	M75	TVOC		1:03:00	32:47	17.03	21
51	Tony Ludford	M80	BADO		1:03:26	33:13	17.14	21
52	Howard Thomas	M80	BOK		1:04:29	34:16	17.43	20
53	Richard Fowler	M55	IND		1:05:25	35:12	17.68	19
54	WO Jason Ferguson	M50	78 Sqn Swanwick		1:05:45	35:32	17.77	18
55	Kirsty Staunton	W65	WIM		1:05:48	35:35	17.78	18
56	John Collyer	M80	GO		1:06:01	35:48	17.84	18
57	Thomas Mills	M75	NGOC		1:07:01	36:48	18.11	17
58	Liz Stradling	W65	BKO		1:09:03	38:50	18.66	15
59	Michele Funnell	W70	SO		1:09:46	39:33	18.86	14
60	Barry Breed	M75	HH		1:10:01	39:48	18.92	14
61	Jane Breed	W70	HH		1:16:59	46:46	20.81	7
62	L/Wrn (Retd) Helen Wise	W70	SO		1:18:33	48:20	21.23	6
63	Deborah Sullivan	W65	MV		1:18:55	48:42	21.33	5
64	WO2(Retd) James Munday	M80	BKO		1:19:20	49:07	21.44	5
65	Sarah Lowe	W55	SO		1:21:21	51:08	21.99	3
66	Sue Parker	W65	BKO		1:29:11	58:58	24.10	0
67	Cliff Thorne	M70	BKO		1:29:15	59:02	24.12	0



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Sh Green

Course: Sh Green, 3.7 km, 40 m

68	Marion Shipman	W60	LOK		1:39:01	1:08:48	26.76	0
69	Lt(Retd) Michael White	M85	MV		2:30:31	2:00:18	40.68	0

Lg Orange

Course: Lg Orange, 4.7 km, 60 m

1	LCpl Davis Reddock	M21	RDG		1:03:33		13.52	40
2	Gill Wilson	W60	SLOW		1:25:55	22:22	18.28	35
3	Elaine Evans	W70	IND		1:33:09	29:36	19.82	28

V S Green

Course: V S Green, 2.4 km, 25 m

1	Gen Mullens	W18	BKO		39:08		16.31	40
2	Sarah Brown	W70	SLOW		42:12	3:04	17.58	40
3	Chris Simpson	M80	SO		43:56	4:48	18.31	38
4	Roger Baker	M90	TVOC		45:04	5:56	18.78	37
5	Yvonne Hodson	W75	TVOC		45:29	6:21	18.95	36
6	Spr(Retd) Patrick Maher	M90	SO		48:55	9:47	20.38	33
7	Capt(Retd) Ken Williams	M85	BAOC		52:29	13:21	21.87	29
8	Jnr Tech(Retd) John Farren	M85	TVOC		1:03:52	24:44	26.61	18
9	SSgt(Retd) John Thompson	M90	TVOC		1:12:40	33:32	30.28	9
10	Daniele Fawkner-Corbett	W70	BOK		1:24:44	45:36	35.31	0