

Results MLS Long Valley South 08.10.2025

V Sh Green

1	Andy Macgregor, BAOC					31:36	+00:00			
Control	1	2	3	4	5	6	7	8	9	10
Total time	01:43-1	02:55-1	10:20-1	14:42-1	19:26-1	21:43-1	26:52-1	29:17-1	31:05-1	31:36-1
Split time	01:43	01:12-1	07:25-1	04:22-1	04:44-1	02:17-1	05:09-3	02:25-1	01:48-3	00:31-1
Time behind	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
2	Sarah Brown, SLOW					38:32	+06:56			
Control	1	2	3	4	5	6	7	8	9	10
Total time	02:53-6	04:26-4	12:43-3	18:37-3	23:53-3	26:23-2	33:22-2	35:52-2	37:42-2	38:32-2
Split time	02:53	01:33-2	08:17-3	05:54-5	05:16-2	02:30-2	06:59-6	02:30-2	01:50-4	00:50-7
Time behind	+01:10&	+00:21&	+00:52#	+01:32&	+00:32#	+00:13	+01:50&	+00:05	+00:02	+00:19&
3	Yvonne Hodson, TVOC					46:22	+14:46			
Control	1	2	3	4	5	6	7	8	9	10
Total time	02:44-5	05:02-6	14:33-4	22:18-5	29:11-4	32:04-4	38:40-4	43:31-3	45:39-3	46:22-3
Split time	02:44	02:18-7	09:31-4	07:45-9	06:53-5	02:53-3	06:36-4	04:51-7	02:08-5	00:43-3
Time behind	+01:01&	+01:06&	+02:06&	+03:23&	+02:09&	+00:36&	+01:27&	+02:26@	+00:20#	+00:12&
4	S/Sgt(Ret) John Thompson, TVOC					50:46	+19:10			
Control	1	2	3	4	5	6	7	8	9	10
Total time	03:11-7	04:54-5	15:43-6	22:02-4	29:32-5	32:38-5	44:09-5	47:52-4	50:00-4	50:46-4
Split time	03:11	01:43-3	10:49-6	06:19-6	07:30-7	03:06-4	11:31-9	03:43-4	02:08-5	00:46-4
Time behind	+01:28&	+00:31&	+03:24&	+01:57&	+02:46&	+00:49&	+06:22@	+01:18&	+00:20#	+00:15&
5	Capt(Retd) Ken Williams, BAOC					59:13	+27:37			
Control	1	2	3	4	5	6	7	8	9	10
Total time	02:06-2	03:57-2	12:02-2	16:37-2	22:33-2	27:07-3	34:08-3	56:40-6	58:27-5	59:13-5
Split time	02:06	01:51-6	08:05-2	04:35-2	05:56-4	04:34-7	07:01-7	22:32-10	01:47-2	00:46-4
Time behind	+00:23#	+00:39&	+00:40	+00:13	+01:12&	+02:17&	+01:52&	+20:07@	-00:01	+00:15&
6	Chris Glew, SLOW					59:49	+28:13			
Control	1	2	3	4	5	6	7	8	9	10
Total time	08:57-10	13:28-9	28:14-8	33:01-7	38:26-7	47:23-7	51:53-6	55:56-5	58:45-6	59:49-6
Split time	08:57	04:31-8	14:46-8	04:47-3	05:25-3	08:57-10	04:30-1	04:03-6	02:49-10	01:04-9
Time behind	+07:14@	+03:19@	+07:21&	+00:25	+00:41#	+06:40@	-00:39	+01:38&	+01:01&	+00:33@
7	JT(rtd) John Farren, TVOC					1:06:04	+34:28			
Control	1	2	3	4	5	6	7	8	9	10
Total time	03:17-8	05:07-7	14:49-5	34:03-8	41:46-8	48:05-8	54:48-8	62:27-7	65:01-7	66:04-7
Split time	03:17	01:50-5	09:42-5	19:14-10	07:43-8	06:19-9	06:43-5	07:39-8	02:34-8	01:03-8
Time behind	+01:34&	+00:38&	+02:17&	+14:52@	+02:59&	+04:02@	+01:34&	+05:14@	+00:46&	+00:32@
8	Spr(Retd) Patrick Maher, SO					1:07:06	+35:30			
Control	1	2	3	4	5	6	7	8	9	10
Total time	02:16-4	15:53-10	29:41-9	37:12-9	45:47-9	51:16-10	60:20-9	63:29-8	65:58-8	67:06-8
Split time	02:16	13:37-10	13:48-7	07:31-8	08:35-10	05:29-8	09:04-8	03:09-3	02:29-7	01:08-10
Time behind	+00:33&	+12:25@	+06:23&	+03:09&	+03:51&	+03:12@	+03:55&	+00:44&	+00:41&	+00:37@
9	Roger Baker, TVOC					1:08:15	+36:39			
Control	1	2	3	4	5	6	7	8	9	10
Total time	02:10-3	03:59-3	22:40-7	29:10-6	37:04-6	40:20-6	60:58-10	64:42-9	67:26-9	68:15-9
Split time	02:10	01:49-4	18:41-9	06:30-7	07:54-9	03:16-6	20:38-10	03:44-5	02:44-9	00:49-6
Time behind	+00:27&	+00:37&	+11:16@	+02:08&	+03:10&	+00:59&	+15:29@	+01:19&	+00:56&	+00:18&
10	Elaine Evans, IND					1:13:43	+42:07			
Control	1	2	3	4	5	6	7	8	9	10
Total time	07:54-9	13:18-8	33:54-10	39:04-10	46:28-10	49:41-9	54:19-7	71:29-10	73:09-10	73:43-10

Split time 07:54 05:24-9 20:36-10 05:10-4 07:24-6 03:13-5 04:38-2 17:10-9 **01:40-1** 00:34-2
Time behind +06:11@ +04:12@ +13:11@ +00:48# +02:40& +00:56& -00:31 +14:45@ -00:08 +00:03

08/10/25 18:24:56 eTiming Version 4.0 [EQ Timing as](#)

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