



MLS Fair Oak Woods
Bishopstoke
09 April 2025
Results by class with League Points



Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 9.3 km, 150 m

1	Nicholas Jarvis	M21	SO		1:07:45		7.28	102
2	WO2 Des Dickinson	M40	MoD Abbey Wood		1:09:11	1:26	7.44	101
3	Lt Col Richard Mawer	M50	MoD Abbey Wood		1:12:44	4:59	7.82	97
4	Eoghan Wiles	M21	SOC		1:14:21	6:36	7.99	96
5	Maj Richard Barrett	M55	HQ 101 OSB		1:20:41	12:56	8.68	89
6	Major Jon Oxley	M55	London Central Garrison		1:21:12	13:27	8.73	89
7	Simon Farrington	M40	BAOC		1:21:27	13:42	8.76	88
8	Keith Belsey	M55	SN		1:32:22	24:37	9.93	78
9	Maj Aaron Whiting	M40	MoD Abbey Wood		1:32:42	24:57	9.97	77
10	Marc Balston	M50	SARUM		1:33:18	25:33	10.03	77
11	Maj Jamie Dullaghan	M35	Army HQ		1:33:25	25:40	10.04	76
12	John Oakes	M50	WIM		1:34:05	26:20	10.12	76
13	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:34:50	27:05	10.20	75
14	Lt Col(Retd) Charles Bromley Gardner	M65	BAOC		1:38:29	30:44	10.59	71
15	Sgt Alexis Massey-Ryan	M35	32 Regt RA		1:38:51	31:06	10.63	71
16	Lt Col Kerry Corkery	W45	Army HQ		1:38:55	31:10	10.64	71
17	Andrew Tindal	M55	BOK		1:39:44	31:59	10.72	70
18	Barry Jones	M55	SO		1:45:25	37:40	11.34	64
19	Oliver Heckford	M18	WSX		1:46:23	38:38	11.44	64
20	Sam White	M21	SOC		1:47:18	39:33	11.54	63
21	Maj (Retd) Jeremy Wormington	M60	NOTEAM		1:47:37	39:52	11.57	62
22	SSgt Shaun Jones	M35	32 Regt RA		1:58:31	50:46	12.74	51
23	Capt Michael Wallis	M21	HQ 12 Engr Gp		2:13:21	1:05:36	14.34	37
24	Maj Peter Ward	M35	1 RRF		2:19:49	1:12:04	15.03	30

Blue

Course: Blue, 7.3 km, 110 m

1	Maj(Retd) Colin Dickson	M70	BAOC		1:12:36		9.95	75
2	Mike Frizzell	M65	BADO		1:14:45	2:09	10.24	75
3	Col James Rhodes	M50	Army HQ		1:18:17	5:41	10.72	72
4	Col Gary Sawyer	M45	Army HQ		1:21:42	9:06	11.19	69
5	WO1 Jon Ferry	M40	77 Bde		1:22:49	10:13	11.34	67
6	Richard Bostock	M60	DFOK		1:25:57	13:21	11.77	64
7	Sgt(Retd) Gerry Allan	M55	BAOC		1:28:40	16:04	12.15	62
8	Col(Retd) Steve James	M65	BAOC		1:29:00	16:24	12.19	61
9	Ian Moran	M65	SOC		1:29:10	16:34	12.21	61
10	WO(Retd) Ian Byford	M65	HH		1:30:26	17:50	12.39	60
11	Mark Light	M55	SOC		1:31:54	19:18	12.59	58
12	Maj(Retd) Rob Shenton	M50	BAOC		1:33:03	20:27	12.75	57
13	Maj James Tracey	M21	Army HQ		1:33:14	20:38	12.77	57
14	Col (Retd) Paul Oldfield	M65	BAOC		1:33:52	21:16	12.86	56



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Blue

Course: Blue, 7.3 km, 110 m

15	Colin Hicks	M70	SOC		1:34:00	21:24	12.88	56
16	Bohdan Rainczuk	M60	SARUM		1:35:17	22:41	13.05	55
17	Flt Lt(Retd) Rob Hick	M65	WSX		1:35:29	22:53	13.08	55
18	Lt Col(Retd) Rowena Naile	W60	BAOC		1:36:08	23:32	13.17	54
19	Maj Chris Meller	M21	Army HQ		1:37:51	25:15	13.40	52
20	WO2 Kierran Sumner	M35	1 Gren Gds		1:38:21	25:45	13.47	52
21	Gill Tindal	W55	BOK		1:39:24	26:48	13.62	51
22	Paul Fox	M60	SN		1:39:47	27:11	13.67	50
23	WO2 Dhan Magar	M55	11 Inf Bde		1:40:12	27:36	13.73	50
24	Jessica Stanfield	W60	SOC		1:42:59	30:23	14.11	47
25	Bernie Newitt	W60	SOC		1:44:55	32:19	14.37	45
26	Maj(Retd) Gabi Shanahan	W60	BAOC		1:45:50	33:14	14.50	44
27	Elizabeth Balston	W16	SARUM		1:46:56	34:20	14.65	43
28	Mikhail Gryaznevich	M70	TVOC		1:48:32	35:56	14.87	42
29	WO2(Retd) Neil Gordon	M60	BAOC		1:49:18	36:42	14.97	41
30	Michael Merritt	M65	SO		1:54:21	41:45	15.66	36
31	Charlie Beck	M65	SN		2:05:47	53:11	17.23	24

Light Green

Course: Light Green, 5 km, 80 m

1	Andrew Graham	M70	SARUM		56:14		11.25	60
2	David Saunders	M65	HH		1:04:54	8:40	12.98	58
3	WO1 Frankie Atkins	M35	HQ 101 OSB		1:06:34	10:20	13.31	56
4	Janet Rosen	W70	HH		1:09:25	13:11	13.88	53
5	Col (Retd) Ian Prosser	M65	BAOC		1:13:21	17:07	14.67	49
6	Philip Gristwood	M75	MV		1:13:41	17:27	14.74	49
7	Sgt Shane Thorne	M35	Worthy Down Stn		1:14:50	18:36	14.97	48
8	Lt Col RM(Retd) Joe House	M70	SO		1:15:55	19:41	15.18	47
9	WO1 Mark Robson	M40	Army HQ		1:16:52	20:38	15.37	46
10	Leianne Upton	W60	MV		1:18:07	21:53	15.62	44
11	Terry Smith	M75	SOC		1:19:02	22:48	15.81	44
12	Edward Forman	M75	SO		1:22:49	26:35	16.56	40
13	Robin Smith	M70	SO		1:26:29	30:15	17.30	36
14	Peter Smith	M60	SN		1:27:05	30:51	17.42	35
15	Norman Wilson	M70	SOC		1:35:45	39:31	19.15	27
16	Sue Hands	W75	WIM		1:38:05	41:51	19.62	24
17	WO2(Retd) Chic Young	M65	SARUM		1:39:03	42:49	19.81	24
18	Gill Sharp	W65	SN		1:40:30	44:16	20.10	22
19	Joanna Belsey	W60	SN		1:40:41	44:27	20.14	22
20	Paul Blagbrough	M75	MV		1:42:45	46:31	20.55	20
21	Plt Off(Retd) Mike Elliot	M70	MV		1:44:13	47:59	20.84	18
22	Ruth Rhodes	W80	SO		1:50:56	54:42	22.19	12



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Light Green

Course: Light Green, 5 km, 80 m

Short Green

Course: Short Green, 3.6 km, 50 m

1	Julian Hartwell	M70	SOC		44:24		12.33	50
2	Emma Heckford	W16	WSX		46:01	1:37	12.78	50
3	Marcus White	M55	SOC		48:24	4:00	13.44	48
4	Don McKerrow	M70	SLOW		49:29	5:05	13.75	47
5	Col(Retd) Ian Tait	M70	SARUM		50:06	5:42	13.92	46
6	Maj Adam Mackness	M40	War Gar		50:08	5:44	13.93	46
7	Linda Pakuls	W65	WIM		51:40	7:16	14.35	45
8	Lt Col Sarah Streete	W60	London Central Garrison		51:54	7:30	14.42	44
9	Paul Nevett	M60	GO		51:58	7:34	14.44	44
10	Rachel Robertson	W60	SOC		54:00	9:36	15.00	42
11	Neil Underwood	M70	SARUM		54:44	10:20	15.20	42
12	Lt Col (Retd) Carol Prosser	W60	BAOC		55:41	11:17	15.47	41
13	Lisa James	W55	SOC		56:36	12:12	15.72	40
14	LCpl Martin Simpson	M35	9 Regt RLC		57:00	12:36	15.83	39
15	WO Jason Ferguson	M50	78 Sqn Swanwick		58:54	14:30	16.36	37
16	Christopher Branford	M75	WIM		58:55	14:31	16.37	37
17	Delia Peppercorn	W60	BADO		1:01:24	17:00	17.06	35
18	Terry Sankey	M75	SOC		1:01:31	17:07	17.09	35
19	Elisabeth Dickson	W65	BAOC		1:02:03	17:39	17.24	34
20	Andy Parker	M65	BADO		1:04:04	19:40	17.80	32
21	Jim Prowting	M75	TVOC		1:04:12	19:48	17.83	32
22	Dvr(Retd) Roger Maher	M85	SO		1:05:36	21:12	18.22	31
23	Jenny Bray	W70	SN		1:06:06	21:42	18.36	30
24	L/Wrn(Retd) Helen Wise	W70	SO		1:08:37	24:13	19.06	28
25	Lt(Retd) George Elkin	M75	BAOC		1:10:23	25:59	19.55	26
26	Katherine Pike	W60	WIM		1:12:29	28:05	20.13	24
27	Michele Funnell	W70	SO		1:15:01	30:37	20.84	21
28	CPL Retd David Battison	M75	SARUM		1:15:02	30:38	20.84	21
29	Lt Col Damien Pealin	M55	HQ RC		1:15:11	30:47	20.88	21
30	Alison Saunders	W65	HH		1:15:19	30:55	20.92	21
31	Jon Wheatcroft	M70	TVOC		1:16:23	31:59	21.22	20
32	Tony Ludford	M80	BADO		1:16:29	32:05	21.25	20
33	Fiona Clough	W60	BKO		1:19:09	34:45	21.99	17
34	Cpl (Retd) Chris Ballard	M60	SOC		1:19:21	34:57	22.04	17
35	Martin Cross	M80	WIM		1:20:56	36:32	22.48	15
36	Roger Pleasant	M75	SOC		1:22:55	38:31	23.03	13
37	Antonia Holt	W65	NWO		1:24:15	39:51	23.40	12
38	Ian Cowe	M70	IND		1:25:17	40:53	23.69	11



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Short Green

Course: Short Green, 3.6 km, 50 m

39	Richard Rae	M75	BKO		1:27:22	42:58	24.27	9
40	Kate Shaw	W65	SOC		1:32:23	47:59	25.66	4
41	WO2 (Retd) James Munday	M80	BKO		1:33:51	49:27	26.07	2
42	Joan Hambleton	W80	SARUM		2:05:26	1:21:02	34.84	0

Long Orange

Course: Long Orange, 4.2 km, 70 m

1	Sophie Hodgson	W16	IND		1:43:24		24.62	40
2	LCpl Lucy Gillbanks-miller	W21	1 Regt AAC		1:44:38	1:14	24.91	40
3	Calvin Stanfield	M65	IND		1:48:29	5:05	25.83	37
4	Marion Bond	W60	SARUM		1:58:12	14:48	28.14	27

Very Short Green

Course: Very Short Green, 2.4 km, 40 m

1	Keith Henderson	M80	WIM		38:07		15.88	40
2	Andy Macgregor	M85	BAOC		38:30	0:23	16.04	40
3	Major Tom Martin	M50	Army HQ		50:15	12:08	20.94	32
4	Isla Ablitt	W16	SARUM		1:00:43	22:36	25.30	22
5	Roger Baker	M90	TVOC		1:01:07	23:00	25.47	21
6	Yvonne Hodson	W75	TVOC		1:06:35	28:28	27.74	16
7	Jnr Tech(Retd) John Farren	M85	TVOC		1:08:11	30:04	28.41	14
8	S/Sgt(Ret) John Thompson	M90	TVOC		1:08:58	30:51	28.74	13
9	Robin Ferguson	M14	RAFO		1:12:39	34:32	30.27	10
10	Gillian Cross	W80	WIM		1:13:23	35:16	30.58	9
11	Spr(Retd) Patrick Maher	M90	SO		1:14:40	36:33	31.11	8
12	Flt Lt(Retd) Liz Yeadon	W75	SARUM		1:17:18	39:11	32.21	5
13	Staff Comm (Retd.) Vicki Barkaway	W70	SOC		1:51:03	1:12:56	46.27	0