



MLS Puttenham

Guildford

19 March 2025



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 8.4 km, 215 m

1	Michael Krajewski	M40	BAOC		1:00:49		7.24	102
2	Lt Col Richard Mawer	M50	MoD Abbey Wood		1:04:21	3:32	7.66	99
3	Richard Collyer	M50	GO		1:04:45	3:56	7.71	99
4	Peter Daplyn	M45	SN		1:05:45	4:56	7.83	98
5	Nigel Bunn	M60	TVOC		1:05:46	4:57	7.83	98
6	Major Jon Oxley	M55	London Central Garrison		1:06:26	5:37	7.91	97
7	WO2 Des Dickinson	M40	MoD Abbey Wood		1:08:37	7:48	8.17	95
8	Keith Belsey	M55	SN		1:11:43	10:54	8.54	92
9	Capt Dougie Mileham	M21	1 R Anglian		1:12:03	11:14	8.58	91
10	Roger Thetford	M60	TVOC		1:12:29	11:40	8.63	91
11	Maj Jamie Dullaghan	M35	Army HQ		1:12:41	11:52	8.65	91
12	Cpl Thomas Jarvis	M21	RAF Benson		1:15:24	14:35	8.98	88
13	John Oakes	M50	WIM		1:15:52	15:03	9.03	87
14	Maj Andrew Snell	M50	Army HQ		1:16:12	15:23	9.07	87
15	Lt Col(Retd) Colin Metcalfe	M65	BAOC		1:16:35	15:46	9.12	87
16	Simon Farrington	M40	BAOC		1:17:42	16:53	9.25	86
17	Paul Fox	M60	SN		1:18:55	18:06	9.39	84
18	Andrew Heaney	M55	SN		1:19:02	18:13	9.41	84
19	Maj Grant Clarke	M45	9 Regt RLC		1:19:18	18:29	9.44	84
20	Col James Rhodes	M50	Army HQ		1:19:54	19:05	9.51	83
21	Maj (Retd) Jeremy Wormington	M60	NOTEAM		1:20:21	19:32	9.57	83
22	Lt Col Kerry Corkery	W45	Army HQ		1:21:39	20:50	9.72	82
23	Sgt Alexis Massey-Ryan	M35	32 Regt RA		1:23:10	22:21	9.90	80
24	Maj Sally Calland	W50	London Central Garrison		1:23:47	22:58	9.97	80
25	Capt Adrian Kerr	M35	DSPG		1:23:50	23:01	9.98	79
26	WO2 Vicky McCreadie	W40	3 Sig Regt		1:30:28	29:39	10.77	73
27	Capt Alan Harris	M50	HQ RC		1:35:56	35:07	11.42	67
28	Barry Jones	M55	SO		1:36:27	35:38	11.48	67
29	Nick Care	M65	SO		1:37:58	37:09	11.66	65
30	Oliver Allen	M40	SLOW		1:39:29	38:40	11.84	64
31	Capt Carl Wray	M40	32 Regt RA		1:43:48	42:59	12.36	60
32	John Kelly	M40	SN		1:44:33	43:44	12.45	59
33	Mike Bennett	M70	HH		1:44:58	44:09	12.50	58
34	LCpl Bikal Gurung	M21	IND		1:48:38	47:49	12.93	55
35	G 7 Iain Brant	M65	Defence Academy		1:51:30	50:41	13.27	52
36	Neil Studd	M35	SLOW		1:52:29	51:40	13.39	51

Blue

Course: Blue, 6.9 km, 180 m

1	Eoghan Wiles	M21	SOC		49:32		7.18	75
2	Phil Slingsby	M55	DRONGO		53:11	3:39	7.71	75



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Blue

Course: Blue, 6.9 km, 180 m

3	Steve Jarvis	M60	SO		58:31	8:59	8.48	70
4	Keith Masson	M65	MV		1:01:20	11:48	8.89	67
5	Mike Frizzell	M65	BADO		1:02:52	13:20	9.11	66
6	Lt Col Woo Allen	W60	Army HQ		1:03:10	13:38	9.15	66
7	Maj (Retd) Colin Dickson	M70	BAOC		1:03:26	13:54	9.19	65
8	Chris Harrison	M65	NGOC		1:04:01	14:29	9.28	65
9	Col (Retd) Paul Lane	M65	SARUM		1:04:16	14:44	9.31	64
10	Mark Collins	M65	DFOK		1:04:17	14:45	9.32	64
11	Alison Simmons	W70	BOK		1:04:36	15:04	9.36	64
12	Robin Mills	M60	WIM		1:05:02	15:30	9.43	64
13	Christopher Pritchett	M65	WIGHTO		1:05:31	15:59	9.50	63
14	Julian Hartwell	M70	SOC		1:06:57	17:25	9.70	62
15	Maj Laura Clarke	W45	165 Regt RLC		1:07:14	17:42	9.74	62
16	Vincent Joyce	M70	SO		1:07:21	17:49	9.76	61
17	Trish Monks	W50	BKO		1:07:54	18:22	9.84	61
18	Julia Jarvis	W55	SO		1:08:42	19:10	9.96	60
19	Tim Clark	M45	IND		1:08:52	19:20	9.98	60
20	Lt Cdr(Retd) Ashley Tilling	M65	MV		1:10:48	21:16	10.26	58
21	WO1 (Retd) Les Hunt	M70	SN		1:11:41	22:09	10.39	57
22	Major Michael James	M65	Army HQ		1:12:53	23:21	10.56	56
23	Lt Col (Retd) Rowena Naile	W60	BAOC		1:13:14	23:42	10.61	56
24	Robin Bishop	M55	TVOC		1:14:57	25:25	10.86	54
25	John Simmons	M70	BOK		1:15:00	25:28	10.87	54
26	Ian Ditchfield	M65	MV		1:15:10	25:38	10.89	54
=27	Jon Vaughan	M50	BKO		1:15:27	25:55	10.93	53
=27	Lt Col (Retd) Chris Kemp	M60	BAOC		1:15:27	25:55	10.93	53
29	Col(Retd) Steve James	M65	BAOC		1:15:59	26:27	11.01	53
30	Sgt(Retd) Gerry Allan	M55	BAOC		1:16:46	27:14	11.13	52
31	SSgt B Rai	M40	IND		1:16:56	27:24	11.15	52
32	David Saunders	M65	HH		1:18:15	28:43	11.34	50
33	Mark Feltham	M60	MV		1:18:42	29:10	11.41	50
34	Tim Keogh	M60	MV		1:18:59	29:27	11.45	50
35	Jane Lambert	W65	SO		1:19:38	30:06	11.54	49
36	Captain Gary Harris-Deans	M55	103 Bn REME(V)		1:19:39	30:07	11.54	49
37	David Harrison	M55	SN		1:20:06	30:34	11.61	49
38	Flt Lt(Retd) Rob Hick	M65	WSX		1:21:40	32:08	11.84	47
39	WO2 (Retd) Ian Byford	M65	HH		1:22:48	33:16	12.00	46
40	Trevor Ould	M60	WIGHTO		1:22:55	33:23	12.02	46
41	Col (Retd) Paul Oldfield	M65	BAOC		1:24:26	34:54	12.24	44
42	Lt Col (Retd) Simon Worsley	M70	BAOC		1:24:42	35:10	12.28	44
43	Mike Turner	M75	SO		1:25:22	35:50	12.37	43
44	Maj (Retd) Danny Skillman	M70	GO		1:25:54	36:22	12.45	43



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Blue

Course: Blue, 6.9 km, 180 m

45	Andrew Hannaford	M70	SO		1:26:26	36:54	12.53	42
46	Serena Ludford	W60	BADO		1:26:30	36:58	12.54	42
47	SSgt Katy Hillman	W35	26 Regt RA		1:28:28	38:56	12.82	40
48	Stefan Stasiuk	M70	BKO		1:28:47	39:15	12.87	40
49	Chris Low	M45	N/A		1:29:30	39:58	12.97	39
50	WO2 Sean Venables	M50	CRHQ AGC		1:29:40	40:08	13.00	39
51	WO2 Scott Craig	M45	ATC Pirbright		1:29:46	40:14	13.01	39
52	Harriet Trefusis	W21	SO		1:30:25	40:53	13.10	38
53	Nigel Clemens	M60	SLOW		1:31:46	42:14	13.30	37
54	Lisa James	W55	SOC		1:36:55	47:23	14.05	32
55	Sue Hands	W75	WIM		1:37:23	47:51	14.11	31
56	SSgt Prakash Limbu	M45	11 Inf Bde		1:41:49	52:17	14.76	27
57	Colin Swallow	M65	SN		1:43:08	53:36	14.95	26
58	Roger Wilson	M65	SLOW		1:48:52	59:20	15.78	20
59	Fiona Clough	W60	BKO		1:49:18	59:46	15.84	19
60	Michael Merritt	M65	SO		1:50:45	1:01:13	16.05	18
61	Steve Goodrum	M60	SN		2:27:15	1:37:43	21.34	0

Light Green

Course: Light Green, 4.7 km, 110 m

1	Carol Lovegrove	W50	SN		41:50		8.90	60
2	Alan Jones	M55	BKO		41:53	0:03	8.91	60
3	Maj(Retd) Jon Steed	M60	BADO		46:25	4:35	9.88	57
4	Charlie Turner	M70	SLOW		47:20	5:30	10.07	56
5	Capt (Retd) Andrew Parkinson	M70	SO		47:41	5:51	10.15	56
6	Martyn Roome	M70	SROC		47:51	6:01	10.18	56
7	Capt Kathryn Unsworth	W21	RSMS		49:11	7:21	10.46	54
8	LCpl Martin Simpson	M35	9 Regt RLC		50:37	8:47	10.77	53
9	Maj (Retd) Gill Prowse	W65	SN		51:17	9:27	10.91	52
10	Robin Smith	M70	SO		52:33	10:43	11.18	51
11	Capt(Retd) Paul Byers	M65	MV		53:34	11:44	11.40	50
12	Col(Retd) Ian Tait	M70	SARUM		53:39	11:49	11.41	50
13	Peter Dudman	M70	SO		55:45	13:55	11.86	48
14	Kieran Devine	M70	BAOC		57:10	15:20	12.16	46
15	Trevor Griffiths	M75	BOK		57:25	15:35	12.22	46
16	Cpl(Retd) David Mullins	M75	SARUM		58:41	16:51	12.49	45
17	Philip Gristwood	M75	MV		58:58	17:08	12.55	44
18	Lt Col RM (retd) Joe House	M70	SO		1:00:01	18:11	12.77	43
19	Roy Heselden	M75	BADO		1:00:14	18:24	12.82	43
20	WO2(Retd) Neil Gordon	M60	BAOC		1:00:21	18:31	12.84	43
21	Mark Thompson	M70	TVOC		1:00:49	18:59	12.94	43
22	Sally Place	W60	GO		1:00:59	19:09	12.98	42



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Light Green

Course: Light Green, 4.7 km, 110 m

23	Joanna Belsey	W60	SN		1:01:42	19:52	13.13	42
24	WO2 Himal Gurung	M45	11 Inf Bde		1:02:33	20:43	13.31	41
25	Flt/Lt Ray Sullivan	M65	RAFO		1:03:24	21:34	13.49	40
26	WO2 Krishna Kc	M45	HQ 101 OSB		1:04:23	22:33	13.70	39
27	Cpl Rajeev Thapa	M21	HQ 101 OSB	RLC	1:04:24	22:34	13.70	39
28	Gill Sharp	W65	SN		1:04:38	22:48	13.75	39
29	Di Turner	W70	SO		1:04:41	22:51	13.76	39
30	Jenny Bray	W70	SN		1:05:40	23:50	13.97	38
31	Sally Thomas	W80	BOK		1:07:01	25:11	14.26	36
32	Alison Saunders	W65	HH		1:07:55	26:05	14.45	35
33	David Kingdon	M70	SAX		1:08:25	26:35	14.56	35
34	Thomas Elgood	M60	CHIG		1:09:12	27:22	14.72	34
35	Peter Smith	M60	SN		1:11:03	29:13	15.12	32
36	Nicky Masson	W60	MV		1:14:33	32:43	15.86	29
37	Major Tom Martin	M50	Army HQ		1:14:53	33:03	15.93	28
38	Paul Oates	M75	DFOK		1:15:25	33:35	16.05	28
39	Richard Rae	M75	BKO		1:15:51	34:01	16.14	28
40	Chris Gill	M55	SN		1:16:09	34:19	16.20	27
41	Cpl Nauraj sunwar	M35	11 Inf Bde		1:16:29	34:39	16.27	27
42	Plt Off(Retd) Mike Elliot	M70	MV		1:16:44	34:54	16.33	27
43	Emese Svab	W50	HH		1:19:18	37:28	16.87	24
44	Richard Fowler	M55	IND		1:19:29	37:39	16.91	24
45	Paul Blagbrough	M75	MV		1:20:43	38:53	17.17	23
46	WO1 (Retd) Alun Roberts	M65	BAOC		1:22:53	41:03	17.63	20
47	Neil Mitchell	M65	SLOW		1:27:03	45:13	18.52	16
48	WO1 (ASM) Retd Peter Hull	M75	BAOC		1:27:56	46:06	18.71	15
49	Linda Hulley	W65	SO		1:28:49	46:59	18.90	15
50	Ruth Rhodes	W80	SO		1:33:37	51:47	19.92	10

Short Green

Course: Short Green, 3.5 km, 90 m

1	Nick Grant	M50	IND		36:53		10.54	50
2	Alan Rosen	M70	HH		38:15	1:22	10.93	50
3	Janet Rosen	W70	HH		38:22	1:29	10.96	49
4	Col(Retd) Nick Kearns	M70	BAOC		39:11	2:18	11.20	49
5	David Palmer	M75	BOK		41:19	4:26	11.80	47
6	Martin Lock	M75	GO		41:59	5:06	12.00	46
7	Lt Col (Retd) Carol Prosser	W60	BAOC		42:21	5:28	12.10	45
8	Araba McMillan	W60	JOK		42:44	5:51	12.21	45
9	Carol Taverner	W65	WIGHTO		43:29	6:36	12.42	44
10	Dvr(Retd) Roger Maher	M85	SO		46:13	9:20	13.20	42



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Short Green

Course: Short Green, 3.5 km, 90 m

11	Paul Nevett	M60	GO		46:36	9:43	13.31	41
12	Paul Kilpin	M75	TVOC		46:56	10:03	13.41	41
13	Mike Murray	M80	SLOW		47:03	10:10	13.44	41
14	Tom Edelsten	M80	GO		47:13	10:20	13.49	41
15	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		48:24	11:31	13.83	39
16	Elisabeth Dickson	W65	BAOC		49:15	12:22	14.07	39
17	Richard Steptoe	M75	TVOC		49:58	13:05	14.28	38
18	John Liley	M65	GO		51:15	14:22	14.64	37
19	Denise Mullins	W70	SARUM		51:19	14:26	14.66	37
20	Maj MJ Slade	W55	11 Inf Bde		51:35	14:42	14.74	36
21	Jasmine Bennett	W70	SO		52:24	15:31	14.97	35
22	Andy Macgregor	M85	BAOC		53:37	16:44	15.32	34
23	Rosie Merry	W60	DFOK		54:24	17:31	15.54	33
24	Laurence Gossage	M75	BOK		54:39	17:46	15.61	33
25	Mark Foxwell	M60	BKO		54:45	17:52	15.64	33
26	Chris Glew	W70	SLOW		55:22	18:29	15.82	32
27	Helen Rivers	W70	GO		55:30	18:37	15.86	32
28	Deborah Sullivan	W65	MV		56:32	19:39	16.15	31
29	Jim Prowting	M75	TVOC		56:52	19:59	16.25	31
30	Teresa Turner	W75	SLOW		57:35	20:42	16.45	30
31	Stephen Peacock	M70	SN		57:36	20:43	16.46	30
32	Michele Funnell	W70	SO		58:14	21:21	16.64	30
33	Sue Gallagher	W70	SO		58:34	21:41	16.73	29
34	Peter Bartlett	M70	WIGHTO		59:02	22:09	16.87	29
35	Ted McDonald	M80	BOK		59:41	22:48	17.05	28
36	Lisa Cooke	W45	SARUM		1:01:22	24:29	17.53	26
37	WO2 (Retd) James Munday	M80	BKO		1:01:32	24:39	17.58	26
38	Sue Parker	W65	BKO		1:02:09	25:16	17.76	26
39	Kim Liggett	W60	NGOC		1:02:29	25:36	17.85	25
40	Lt Col Damien Pealin	M55	HQ RC		1:03:05	26:12	18.02	25
41	Nigel Saker	M75	SLOW		1:03:12	26:19	18.06	25
42	Ben Rivers	M80	GO		1:03:21	26:28	18.10	24
43	Hazel Grant	W55	DRONGO		1:04:34	27:41	18.45	23
44	L/Wrn (Retd) Helen Wise	W70	SO		1:05:19	28:26	18.66	23
45	Sue Roome	W70	SROC		1:05:23	28:30	18.68	22
46	Mr Tom Mills	M75	NGOC		1:06:27	29:34	18.99	21
47	Lt(Retd) George Elkin	M75	BAOC		1:07:03	30:10	19.16	21
48	Dave Rogers	M65	BKO		1:07:04	30:11	19.16	21
49	Colin Merry	M70	DFOK		1:12:06	35:13	20.60	16
50	Malcolm Scott	M70	SN		1:13:01	36:08	20.86	15
51	LCpl Pawan Rai	M21	IND		1:22:06	45:13	23.46	6



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Short Green

Course: Short Green, 3.5 km, 90 m

52	LCpl Arun Shahi	M21	ARRC Sp Bn		1:23:44	46:51	23.92	4
53	Pte Ajaya Tamang	M21	IND		1:23:50	46:57	23.95	4
54	Tony Ludford	M80	BADO		1:24:12	47:19	24.06	4
55	Marion Shipman	W60	LOK		1:29:16	52:23	25.50	0
56	Pte Chiran Lawati	M21	IND		1:38:57	1:02:04	28.27	0
57	LCpl Amar Bahadur Gurung	M21	IND		1:41:03	1:04:10	28.87	0
58	Cpl Nirajan Gurung	M21	IND		1:41:11	1:04:18	28.91	0
59	Lt (Retd) Michael White	M85	MV		2:18:48	1:41:55	39.66	0

Long Orange

Course: Long Orange, 5 km, 90 m

1	Maj Cross		HQ 101 OSB		48:58		9.79	40
2	Gill Wilson	W60	SLOW		1:07:30	18:32	13.50	34
3	Maj (Retd) Devina Worsley	W65	BAOC		1:08:53	19:55	13.78	33
4	LCpl S Roka	M21	HQ 101 OSB		1:10:17	21:19	14.06	31
5	LCpl Lucy Gillbanks-miller	W21	1 Regt AAC		1:21:19	32:21	16.26	20
6	Elaine Evans	W70	IND		1:36:32	47:34	19.31	10
7	Liz Flavell	W65	NOTEAM		2:14:53	1:25:55	26.98	10

V Sh Green

Course: V Sh Green, 2.4 km, 55 m

1	Sue Hooper	W70	HH		34:57		14.56	40
2	John Collyer	M80	GO		41:40	6:43	17.36	40
3	Deborah Carpenter	W70	SN		48:09	13:12	20.06	33
4	Yvonne Hodson	W75	TVOC		50:18	15:21	20.96	31
5	Jnr Tech (Retd) John Farren	M85	TVOC		52:58	18:01	22.07	29
6	Spr(Retd) Patrick Maher	M90	SO		54:01	19:04	22.51	28
7	Chris Simpson	M80	SO		56:10	21:13	23.40	25
8	SSgt(Retd) John Thompson	M90	TVOC		1:00:30	25:33	25.21	21
9	Roger Baker	M90	TVOC		1:05:46	30:49	27.40	16