

## **MILITARY LEAGUE(SOUTH) HOSTED BY BAOC** LONG VALLEY SOUTH (WEST)



## **WEDNESDAY 28 JANUARY 2026**

O'IIII TEETING		MIENTO	
Travel Directions:	what3words berated.exonerate.firmer Post Code GU10 5AB		
	Grid SU8286449146. Car Park at SU82900492	264	
Terrain:	Military training area, the area is undulating mixed woodland area with		
	rough open intricate areas and a good network	of tracks and a wide variety	
	of terrain.		
Mapping:	Scale 1:10,000, 5m contours, Minor updates for this event. All courses		
	printed on A4 waterproof paper. Control descrip	otions for all courses on the	
	map and loose in the start lanes.		
Pre-entry:	Open at 20:00 21 Jan 2026 at racesignup.co.uk.		
Results System:	EMIT UK <a href="http://www.baoc.info/">http://www.baoc.info/</a>		
Registration:	1045 – 1355 hours.		
Starts:	1100 – 1400 hours		
Course Closes:	1500 hours. Controls will be taken in at 1500hrs		

All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Brown	8.9km	200m	Experience orienteers	
	Blue	6.8km	160m	Experience orienteers	
	Sh Green	3.3km	70m	Experience orienteers 1:7,500 map	
	V Sh Green	2.1km	30m	Experience orienteers 1:5,000 map	
	Lt Green	4.8km	130m	Improving orienteers	
	Lg Orange	4.7km	120m	Novice orienteering	
	Score	1 Hour	25 Controls	Suitable for all levels	
Dress:		Full leg and arm cover are mandatory; that means no shorts or vests.			
Other Instructions:			All SP must be in-date and have completed Heat Illness Prevention Module		
			1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg		
		Areas. Whistles are compulsory. Place £1 at registration and you will be			
		given a whistle. Dogs in car park only.			
Costs:		Military - £4.25			
EOD: £1.50 extra		Military Veterar	Military Veterans £5,50		
			Senior Civilians (M/W 21 and above) - £8.00		
		Junior Civilians	Junior Civilians (M/W 20 and below) - £5.50		
E		EMIT Hire (if re	EMIT Hire (if required) - £2.00		
SRO:		WO1 Des Dicki	WO1 Des Dickinson – Artillery Centre		
Organiser:	·		OC .		
Planner:	lanner: Kieran Devine BAOC				
Controller	ontroller: TBC				
Contact De	ontact Details: <u>dicksonc44@hotmail.com Mobile</u> 07905050129		<u>bile_</u> 07905050129		
Facilities: Toilets, Food provided by Tom					
Insurance		by Towergate; inc	articipating in Army orienteering, Public Liability Insurance is provided individuals are advised to have their own private accident insurance. Conducted iaw British Orienteering Rules 2025 and land booked iaw the ce and JSP907		
Orienteeri	Orienteering in the Army is classed as individual military training. Competitors are responsible for their				

own personal safety and for assessing their own abilities to complete the course. The personal data you give at Registration will be used by the event organisers and their agents but only

for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)