
	MILITARY LEAGUE(SOUTH)				
	HOSTED BY BAOC				
	LONG VALLEY SOUTH (EAST)				
	WEDNESDAY 08 OCTOBER 2025				
Travel Directions:	Barrier at what3words closed.swan.march Post Code GU11 1PZ Grid SU8477251065. Car Park at SU8482350463				
Terrain:	Military training area, the area is undulating mixed woodland area with rough open intricate areas and a good network of tracks and a wide variety of terrain.				
Mapping:	Scale 1:10,000, 5m contours, Minor updates for this event. All courses printed on A4 waterproof paper. Control descriptions for all courses on the map and loose in the start lanes.				
Pre-entry:	Open at 20:00 01 Oct 2025 at racesignup.co.uk .				
Results System:	EMIT UK http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Brown	8.9km	200m	Experience orienteers	
	Blue	6.8km	160m	Experience orienteers	
	Sh Green	3.3km	100m	Experience orienteers 1:7,500 map	
	V Sh Green	2.1km	30m	Experience orienteers 1:5,000 map	
	Lt Green	4.8km	130m	Improving orienteers	
	Lg Orange	4.7km	120m	Novice orienteering	
	Score	1 Hour	25 Controls	Suitable for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.25				
EOD: £1.50 extra	Military Veterans £5,50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
SRO:	WO1 Des Dickinson – Artillery Centre				
Organiser:	Maj (Retd) Colin Dickson BAOC				
Planner:	Dave Ryder SN				
Controller:	TBC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, Food provided by Tom				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this new fast area.