



TSPST RED ALERT 2024 SUMMARY

332 First Responders took Red Alert survey:

- Rated the training 4.64 stars out of 5 stars
- Dates of training: Sept 1, 2024 to Jan 24, 2025
- 26 Departments participated (15 Fire Departments and 11 Law Enforcement)
- Counties: Brown, Clermont, Hamilton and Butler

RED ALERT CAMPAIGN GOALS	RESULTS FROM SURVEY
Raise awareness of problem of First Responder Suicide	90% of attendees agreed that the presentation increased their knowledge about first responder suicide
Increase knowledge of suicide signs and symptoms	Increased understanding of the warning signs of suicide increased from 66% to 93%
Provide informational advice about how to refer a first responder identified as being at risk to appropriate resources	Persuading someone to get help increased from 52% to 90%
Educate Peer Supporters about suicide and where to seek help for someone	
Understand the path to inpatient treatment	Confidence in helping a coworker access help if they are suicidal increased from 57% to 88%
Provide an overview of suicide in American in First responders	
Learn facts about mental health and suicide	Understanding about suicide and mental health increased 26%, 91% of attendees indicated a strong understanding of suicide and mental health issues.
Get comfortable of asking "the Question" to a coworker	96% indicated that asking someone about suicide is appropriate.
Demonstrate knowledge about suicide	
Understand local resources for clinical care	<p>Understanding of local resources for clinical care increased for 43% to 90%.</p> <p>The responses demonstrated a strong awareness of available resources, particularly crisis hotlines and peer support systems.</p> <p>93% of attendees confirm the training effectively conveyed actionable steps and resources for helping someone who may be suicidal.</p>

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(Continued)

Overall, participants found the presentation highly impactful, particularly due to its relatable delivery, actionable content, and emphasis on breaking stigma.

Top Themes of the presentation:

- Resources are highly valued
- Engaging and knowledgeable presenters
- Open discussion enhances learning
- Suicide Awareness and warning signs need emphasis
- Well structured presentation improved engagement
- First Responder specific focus is essential to success

We discovered that personal stories of survival make an impact

The comments overwhelmingly support the role of peer supporters in departments and their ability to check-in on individuals, shifts and departments.

The comments indicated the role of peer support in reducing stigma and accessing resources.

Most common strategies indicated that can build mental health awareness in departments are:

1. Yearly training about mental health, suicide
2. Build peer support teams in departments

“Don’t be afraid to get involved. If you don’t, who will? If you don’t try, you may not get the second chance too.”

