

2023 Speedo Sectionals at Boise
Boise, Idaho
July 13-16, 2023
Friday, July 14, 2023
Estimated Preliminaries Timeline

		<u>No. of Heats</u>	<u>Est. Start Time</u>
Event #13	Women's 100 Meter Backstroke	5	9:30 AM
Event #14	Men's 100 Meter Backstroke	7	9:41 AM
Event #15	Women's 200 Meter Freestyle	7	9:56 AM
Event #16	Men's 200 Meter Freestyle	9	10:17 AM
Event #17	Women's 400 Meter Individual Medley	4	10:42 AM
Event #18	Men's 400 Meter Individual Medley	5	11:07 AM

10 Minute Break

Event #19	Women's 400 Meter Freestyle Relay	1	11:47 AM
Event #20	Men's 400 Meter Freestyle Relay	1	11:51 AM

****Events 19 and 20 will alternate heats women/men.***

****The fastest two heats of Events 19 and 20 will swim during finals.***

End of Session	11:56 AM
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All events will swim fastest-to-slowest.

All heats will start from the West/Finals end of the pool.

Relay cards for 400 Meter Freestyle Relays swimming during the preliminaries session are due at 9:30 AM.

Scratch box for tomorrow's events closes at 6:00 PM today.

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Prelims - Friday

Event 13 Women 100 LC Meter Backstroke

MEET: 1:00.02 3/2012 Melissa Franklin
 1:01.89 OLYT Olympic Trials
 1:02.89 PRO TYR Pro Champs
 1:04.39 JR-A Summer Juniors
 1:04.79 JR-B Juniors Bonus
 1:06.89 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1	Stack, Ella	16 MAC-MT	59.19Y
2	Ascher, Adalynn	16 MAC-MT	1:09.17
3	Zallen, Sloan	16 FST-CO	1:08.44
4	Gonzalez, Carla	25 PSC-AZ	1:03.35 JR-A
5	George, Genevieve	16 PSC-AZ	1:07.33
6	Frost, Ellee	17 BY-SR	1:08.88
7	Dinnen, Brigid	15 VAN-IE	58.08Y
8	Hand, Hope	17 NEP-AZ	59.37Y

Heat 2 of 5 Prelims

1	Biglow, Lauren	17 PC-UT	59.21Y
2	Afman, Zoe	18 FST-CO	58.04Y
3	Hyde, Catherine	18 SMR-OR	1:08.53
4	Reich, Abby	16 PSC-AZ	1:05.98 FUTR
5	Shuler, Sofia	18 BY-SR	1:08.35
6	Hunt, Santi	13 BY-SR	1:08.95
7	Engle, Jaidan	17 NEP-AZ	58.55Y
8	Bontemps, Julia	17 KING-PN	59.47Y

Heat 3 of 5 Prelims

1	Flikkema, Dylan	13 BOZ-MT	59.24Y
2	McColley, Rylee	17 BOZ-MT	58.08Y
3	Djatej, Franzi	17 SWAT-IE	1:08.62
4	Ernst, Hannah	17 NEP-AZ	1:07.04
5	Janky, Amber	16 FAST-AZ	1:08.38
6	Ackerman, Kileigh	17 EVER-CO	1:09.04
7	Wong-Boulanger, Sabine	17 WWSC-IE	58.90Y
8	Lewis, Camryn	17 UN-PS-AZ	59.49Y

Heat 4 of 5 Prelims

1	Beskind, Julia	17 FAST-AZ	1:10.64LB
2	Symington, Lelia	16 PSC-AZ	1:10.28LB
3	Lewis, Addy	18 MAC-MT	1:09.81LB
4	Bureau, Aubrey	19 BY-SR	1:09.57LB
5	Jones, Ezmee	15 NEP-AZ	1:09.64LB
6	Kainass, Gwen	17 PSC-AZ	1:09.98LB
7	Kovalscik, McKenzie	20 BY-SR	1:10.47LB
8	Bossa, Camila	15 KING-PN	1:11.00LB

Heat 5 of 5 Prelims

1			
2	Crawford, Courtney	17 LIFE-AZ	1:13.00LB
3	Hoisington, Brayleigh	13 SAW-SR	1:12.46LB
4	Sheldon, Emily	17 PSC-AZ	1:11.63LB
5	Rahn, Bethany	19 VAN-IE	1:11.81LB
6	Rains, Riley	17 FST-CO	1:12.77LB
7	Tognoni, Bella	15 SV5B-SR	1:17.88LB
8			

Event 14 Men 100 LC Meter Backstroke

MEET: 54.95 3/2016 Daniel Carr
 55.69 OLYT Olympic Trials
 56.59 PRO TYR Pro Champs
 58.79 JR-A Summer Juniors
 58.89 JR-B Juniors Bonus
 1:00.79 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1	Krattiger, Garrett	17 HLST-MT	1:02.12
2	Boyd, Breck	15 AVON-CO	1:00.97
3	Simmons, Andrew	17 NEP-AZ	1:00.08 FUTR
4	Jones, Keaton	18 NEP-AZ	54.86 OLYT
5	Quarterman, Tyler	18 BY-SR	58.14 JR-A
6	Ponomarev, Tony	19 KING-PN	1:00.36 FUTR
7	Ellsworth, Holden	21 UTAH-UT	1:01.47
8	Ostrom, Makalu	18 BEND-OR	1:02.34

Heat 2 of 7 Prelims

1	Eichler, Karsten	16 PSC-AZ	1:02.27
2	Wrona, Sebastian	16 OA-UT	1:01.23
3	Springer, Jack	19 KING-PN	1:00.17 FUTR
4	Hochwalt, Michael	17 SWAT-IE	57.25 JR-A
5	Sundeen, Winston	16 BOZ-MT	59.53 FUTR
6	Cole, Aidan	16 KING-PN	1:00.63 FUTR
7	Koschmann, Soren	16 RIP-CO	1:01.75
8	Sherick, Paul	15 LOVE-CO	1:02.60

Heat 3 of 7 Prelims

1	Killian, Graham	17 NEP-AZ	1:02.33
2	Wu, Kevin	18 NEP-AZ	1:01.41
3	Cox, Carter	15 KING-PN	1:00.32 FUTR
4	Huston, Drew	18 UN-KI-PN	57.70 JR-A
5	Stratton, Shae	17 SAW-SR	59.78 FUTR
6	Suaverdez, Landon	17 PSC-AZ	1:00.81
7	Stemmons, Asher	21 NEP-AZ	1:01.89
8	Ravegum, Drew	18 FST-CO	1:02.66



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2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Prelims - Friday

Heat 4 Prelims (#14 Men 100 LC Meter Backstroke)

1	Sage, Payton	23	FST-CO	1:03.82
2	Dusek, Ryan	16	AQFO-AZ	1:03.61
3	Gingras, Ethan	15	VAN-IE	1:03.20
4	Gingras, Owen	17	VAN-IE	1:02.73
5	Postlewait, Samuel	17	NST-OR	1:03.10
6	Pickles, Evan	18	NEP-AZ	1:03.29
7	Hale, Nash	16	SSC-UT	1:03.65
8	Le, Ryan	16	PSC-AZ	1:03.90

Heat 5 of 7 Prelims

1	Russo, Bennett	18	PSC-AZ	1:04.60LB
2	Salmen, Duncan	16	FST-CO	54.17Y
3	Shue, Milo	18	BY-SR	53.19Y
4	Padilla-Diaz, Ruben	17	FAST-AZ	1:03.98
5	Mooney, Noah	16	FST-CO	52.90Y
6	Mungia, Tres	18	NEP-AZ	54.10Y
7	Young, Tyler	15	BY-SR	1:04.49LB
8	Heikkila, Dylan	15	KING-PN	1:04.87LB

Heat 6 of 7 Prelims

1				
2	Ediss, Blake	18	BY-SR	1:07.20LB
3	Kung, Ian	16	NEP-AZ	1:05.63LB
4	Pham, Ted	18	PSC-AZ	1:05.10LB
5	Grewal, Shah	15	KING-PN	1:05.28LB
6	Faut, Cole	15	PSC-AZ	1:05.94LB
7	Mallender, Ryan	16	PSC-AZ	1:07.30LB
8				

Heat 7 of 7 Prelims

1				
2				
3	Yoked, Reef	18	PC-UT	59.18YB
4	Wesley, Leo	17	RPC-AZ	1:07.32LB
5	Hill, Bryson	16	SWAT-IE	1:07.64LB
6				
7				
8				

Event 15 Women 200 LC Meter Freestyle

MEET: 1:59.83 3/2012 Melissa Franklin

2:00.89 OLYT Olympic Trials

2:01.79 PRO TYR Pro Champs

2:04.29 JR-A Summer Juniors

2:04.99 JR-B Juniors Bonus

2:07.79 FUTR 2023 Futures

Lane Name Age Team Seed Time**Heat 1 of 7 Prelims**

1	Miller, Abbie	15	FSS-AZ	2:12.26
2	Tomey, Taylor	17	PSC-AZ	2:09.86
3	Zallen, Sloan	16	FST-CO	2:08.19
4	Doane, Camden	17	KING-PN	2:03.33 JR-A
5	Chen, Elayne	15	KING-PN	2:06.94 FUTR
6	Symington, Lelia	16	PSC-AZ	2:09.54
7	La, Yvy	15	KING-PN	2:11.12
8	Krew, Sam	20	COUG-IE	1:48.69Y

Heat 2 of 7 Prelims

1	Lindstrom, Emma	16	AVON-CO	2:12.65
2	Ma, Elizabeth	17	KING-PN	2:10.70
3	Parrish, Issabelle	16	MRA-IE	2:08.90
4	Perry, Abigail	16	FLFN-CO	2:06.03 FUTR
5	Neilson, MJ	16	PSC-AZ	2:07.59 FUTR
6	Sheldon, Emily	17	PSC-AZ	2:09.70
7	Bureau, Ella	19	BY-SR	2:11.32
8	Koza, Becca	15	LGSC-IE	1:52.08Y

Heat 3 of 7 Prelims

1	Shanley, Kathryn	20	FST-CO	1:48.61Y
2	Clise, Maya	19	KING-PN	2:10.77
3	Kelaher, Kaci	17	FORD-AZ	2:09.23
4	Gleason, Danielle	17	PSC-AZ	2:06.17 FUTR
5	Jones, Rylie	21	VAN-IE	2:07.85
6	Stafford, Leila	14	FAST-AZ	2:09.85
7	Ho, Sydney	15	PSC-AZ	2:11.96
8	Anderson, Clara	19	COUG-IE	1:54.33Y

Heat 4 of 7 Prelims

1	Ruark, Bri	18	SAW-SR	1:55.86Y
2	Lane, Gretchen	16	PC-UT	1:55.57Y
3	Westphal, Hope	17	SWAT-IE	1:55.26Y
4	Dinnen, Brigid	15	VAN-IE	1:54.58Y
5	Stack, Ella	16	MAC-MT	1:54.70Y
6	Hansel, Maggie	15	RIP-CO	1:55.57Y
7	Smith, Wren	15	FAST-AZ	1:55.61Y
8	Canaday, Keaton	17	KING-PN	1:56.02Y



TOYOTA

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Prelims - Friday

Heat 5 Prelims (#15 Women 200 LC Meter Freestyle)

1	Inouye, Chloe	16 PAQ-HI	2:15.05LB
2	Scott, Dakota	15 PSC-AZ	2:14.80LB
3	Manley, Laura	17 OV-AZ	2:13.28LB
4	Berthoud, Sarah	18 SWAT-IE	2:12.84LB
5	Switzer, Zoey	15 FAST-AZ	2:12.92LB
6	Hyde, Catherine	18 SMR-OR	2:14.63LB
7	McFarland, Ellie	18 BY-SR	2:14.92LB
8	Frost, Ellee	17 BY-SR	2:15.82LB

Heat 6 of 7 Prelims

1	Edge, Poppy	17 COUG-IE	2:19.19LB
2	Parrish, Makhaela	18 MRA-IE	2:17.28LB
3	Henikman, Viri	14 FAST-AZ	2:16.46LB
4	Hurd, Sophia	17 PAQ-HI	2:16.24LB
5	Tarran, Kirsten	16 FST-CO	2:16.34LB
6	Blute, Desiree	15 FAST-AZ	2:16.90LB
7	Lewis, Elly	15 MAC-MT	2:18.21LB
8	Bringard, Beca	17 SSC-UT	2:19.32LB

Heat 7 of 7 Prelims

1			
2	Babson, Kyla	18 FORD-AZ	2:20.32LB
3	Putt, Takara	17 VAST-PN	2:20.05LB
4	Biglow, Lauren	17 PC-UT	2:19.80LB
5	Warriner, Corinne	16 NEP-AZ	2:20.02LB
6	Ingalls, Emma	17 SWAT-IE	2:20.10LB
7			
8			

Event 16 Men 200 LC Meter Freestyle

MEET: 1:50.26 3/1/2004 RYK NEETHLING

1:49.99 OLYT Olympic Trials

1:51.29 PRO TYR Pro Champs

1:54.29 JR-A Summer Juniors

1:55.69 JR-B Juniors Bonus

1:58.09 FUTR 2023 Futures

Lane Name Age Team Seed Time**Heat 1 of 9 Prelims**

1	Martin, Aaron	17 NEP-AZ	1:59.51
2	Stamer, Ryan	16 FAST-AZ	1:58.15
3	Vetsch, August	17 NEP-AZ	1:56.39 FUTR
4	Jones, Keaton	18 NEP-AZ	1:50.68 PRO
5	Hammer, Aiden	15 KING-PN	1:54.92 JR-B
6	Stemmons, Gideon	17 NEP-AZ	1:57.44 FUTR
7	Irons, Devin	16 PSC-AZ	1:58.68
8	Dowdall, Finn	20 PSC-AZ	1:59.92

Heat 2 of 9 Prelims

1	Bradley, Carter	15 FST-CO	1:59.63
2	Bednarz, Bartek	17 NEP-AZ	1:58.16
3	Wu, Kevin	18 NEP-AZ	1:56.52 FUTR
4	Pickles, Ian	18 NEP-AZ	1:51.53 JR-A
5	Yang, Beri	19 NEP-AZ	1:55.19 JR-B
6	Stewart, Alex	17 SSC-UT	1:57.46 FUTR
7	VanLuvanee, Adam	18 FSS-AZ	1:58.96
8	Lev-Tov, Joseph	18 RIP-CO	1:59.99

Heat 3 of 9 Prelims

1	Hamblin, Carson	18 NEP-AZ	1:59.85
2	Kelly, Keegan	17 FORD-AZ	1:58.21
3	Sheffert, Tanner	15 PSC-AZ	1:57.17 FUTR
4	Coombs, Andrew	16 KING-PN	1:54.53 JR-B
5	Esser, Devin	20 NEP-AZ	1:55.45 JR-B
6	Smith, Denton	20 PSC-AZ	1:57.88 FUTR
7	Kwon, Adam	17 KING-PN	1:59.34
8	Todd, Bayden	16 FST-CO	2:00.18

Heat 4 of 9 Prelims

1	Cole, Aidan	16 KING-PN	2:02.15
2	Robertson, Owen	15 GACC-OR	2:01.82
3	Curran, Evan	17 FST-CO	2:00.70
4	Weinstein, Peter	19 FST-CO	2:00.45
5	Schreiber, James	17 FLFN-CO	2:00.46
6	Troescher, Jacob	20 BY-SR	2:01.46
7	Metzgar, Samuel	15 KING-PN	2:01.94
8	Babson, Riley	22 FORD-AZ	1:38.09Y

Heat 5 of 9 Prelims

1	Clise, Cota	16 KING-PN	1:44.13Y
2	Silva, Jake	17 NEP-AZ	1:43.95Y
3	Scifres, Cody	18 FLFN-CO	1:42.75Y
4	Ponomarev, Tony	19 KING-PN	1:40.45Y
5	Shue, Milo	18 BY-SR	1:42.53Y
6	Ostrom, Makalu	18 BEND-OR	1:43.58Y
7	Krattiger, Garrett	17 HLST-MT	1:44.10Y
8	Killian, Graham	17 NEP-AZ	1:44.27Y

Heat 6 of 9 Prelims

1	Ricker, Zane	16 LGSC-IE	2:02.35LB
2	Senske, Owen	16 VAN-IE	1:44.94Y
3	Elgie, Keegan	16 PC-UT	1:44.70Y
4	Logan, Gavin	15 AQFO-AZ	1:44.53Y
5	Sinclair, Adam	18 SSC-UT	1:44.66Y
6	Schubert, Jacob	17 NST-SR	1:44.82Y
7	Edmiston, Scott	17 FAST-AZ	1:45.73Y
8	Covington, Dylan	19 FST-CO	2:02.36LB



TOYOTA

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Prelims - Friday

Heat 7 Prelims (#16 Men 200 LC Meter Freestyle)

1	Uberuaga, Teodoro	17 COUG-IE	2:05.46LB
2	Theis, Kaleo	19 SWAT-IE	2:05.12LB
3	Postlewait, Samuel	17 NST-OR	2:03.82LB
4	Duarte, Trypp	17 AQFO-AZ	2:02.40LB
5	Alexander, Cameron	19 KING-PN	2:03.43LB
6	Schauer, Cameron	16 BSC-SR	2:04.42LB
7	Robinson, Jens	15 AZSL-AZ	2:05.19LB
8	Grewal, Shah	15 KING-PN	2:05.48LB

Heat 8 of 9 Prelims

1	Hargreaves, Austin	15 S2-AZ	2:07.87LB
2	Salmen, Duncan	16 FST-CO	2:07.23LB
3	O'Connor, Cavan	14 BOZ-MT	2:06.58LB
4	Sanders, Prentice	15 KING-PN	2:05.63LB
5	Whitson, Grady	16 CUDA-NM	2:06.19LB
6	Molloy, Brian	15 AVON-CO	2:06.63LB
7	Bona, Eli	15 WWSC-IE	2:07.24LB
8	McColley, Calahan	15 BOZ-MT	2:08.53LB

Heat 9 of 9 Prelims

1	Cristoloveanu, Luca	14 MRA-IE	2:03.02YB
2	Homes, Connor	15 FORD-AZ	2:13.89LB
3	Shue, Jasper	16 BY-SR	2:10.94LB
4	Taylor, Jaime	16 PC-UT	2:09.56LB
5	Gomez, Asher	16 PSC-AZ	2:10.62LB
6	Jantzi, Ethan	17 AQFO-AZ	2:11.91LB
7	Williams, Samuel	17 CCAT-UT	1:48.54YB
8			

Event 17 Women 400 LC Meter IM

MEET: 4:41.51 3/2008 Caitlin Leverenz

4:49.89 OLYT Olympic Trials

4:53.19 PRO TYR Pro Champs

4:57.29 JR-A Summer Juniors

5:00.99 JR-B Juniors Bonus

5:07.29 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Taylor, Connolly	14 FAST-AZ	5:18.61
2	Jones, Ezmee	15 NEP-AZ	5:17.89
3	Li, Lilian	15 FAST-AZ	5:11.46
4	Ross, Marlies	25 PSC-AZ	4:55.90 JR-A
5	Wieckowski, Kayla	18 SA-SR	5:08.75
6	Nie, Kathy	15 SAW-SR	5:14.10
7	Ma, Elizabeth	17 KING-PN	5:18.20
8	Coleman, Emilie	17 FST-CO	5:21.27

Heat 2 of 4 Prelims

1	Field, Ava	15 KING-PN	5:20.90
2	LaTendresse, Kaitlyn	15 KING-PN	5:17.91
3	Dalbik, Sahara	17 NEP-AZ	5:13.70
4	Huffmaster, Julia	17 BOZ-MT	5:01.65 FUTR
5	Chen, Elayne	15 KING-PN	5:10.78
6	Byrnes Cortinas, Nicole	16 NEP-AZ	5:17.12
7	Westphal, Hope	17 SWAT-IE	5:18.25
8	Buyers, Amelia	20 VAN-IE	4:27.90Y

Heat 3 of 4 Prelims

1	Teunissen, Ava	13 RIP-CO	5:27.40LB
2	Deneen, Marin	13 RIP-CO	5:25.32LB
3	Eichler, Kennedy	20 PSC-AZ	4:37.60Y
4	Gourley, Veronica	17 KING-PN	4:29.69Y
5	Stratton, Sedona	13 SAW-SR	4:30.05Y
6	Lotz, Julia	16 PSC-AZ	5:23.86LB
7	Carras, Corrina	17 KING-PN	5:26.01LB
8			

Heat 4 of 4 Prelims

1			
2			
3	Quihuiz, Chloe	15 NEP-AZ	5:34.64LB
4	Tabino, Taylor	14 SWAT-IE	5:29.30LB
5	Turner, Lyndea	21 CCAT-UT	5:30.50LB
6			
7			
8			

Event 18 Men 400 LC Meter IM

MEET: 4:22.00 7/15/2022 Diego Nosack

4:25.19 OLYT Olympic Trials

4:26.89 PRO TYR Pro Champs

4:33.09 JR-A Summer Juniors

4:36.99 JR-B Juniors Bonus

4:42.39 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1	Bradley, Carter	15 FST-CO	4:51.30
2	VanLuvanee, Adam	18 FSS-AZ	4:47.30
3	Uhl, Tobin	15 FST-CO	4:41.87 FUTR
4	Hochwalt, Michael	17 SWAT-IE	4:23.88 OLYT
5	Pickles, Evan	18 NEP-AZ	4:38.90 FUTR
6	Eichler, Karsten	16 PSC-AZ	4:45.61
7	Troescher, Jacob	20 BY-SR	4:50.29
8	Dowe, Kyle	16 FAST-AZ	4:52.80



TOYOTA

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Prelims - Friday

Heat 2 Prelims (#18 Men 400 LC Meter IM)

1	Robertson, Owen	15	GACC-OR	4:51.70	
2	Koza, Tim	19	LGSC-IE	4:48.19	
3	Springer, Jack	19	KING-PN	4:43.88	
4	Ravegum, Drew	18	FST-CO	4:38.06	FUTR
5	Clise, Cota	16	KING-PN	4:39.48	FUTR
6	Neilson, Teddy	16	PSC-AZ	4:45.63	
7	Smith, Denton	20	PSC-AZ	4:50.48	
8	Slankard, Luke	15	FST-CO	4:53.00	

Heat 3 of 5 Prelims

1	Gingras, Owen	17	VAN-IE	4:55.08	
2	Joswiak, Ashton	15	PSC-AZ	4:54.47	
3	Gilman, Liam	18	BEND-OR	4:54.20	
4	Kirk, Bryce	17	RPC-AZ	4:53.80	
5	Ma, William	15	KING-PN	4:53.82	
6	Goetsch, Devin	17	HLST-MT	4:54.29	
7	Wood, Nico	17	PSC-AZ	4:55.07	
8	Jones, Matthew	16	KING-PN	4:57.18	

Heat 4 of 5 Prelims

1	Hale, Nash	16	SSC-UT	4:12.59Y	
2	Gingras, Ethan	15	VAN-IE	4:59.49	
3	Logan, Gavin	15	AQFO-AZ	4:58.20	
4	Metzgar, Samuel	15	KING-PN	4:57.24	
5	Eussen, Lucas	17	KING-PN	4:57.80	
6	Crawford, Markus	15	PSC-AZ	4:59.30	
7	Akpan, Jaden	15	BY-SR	5:00.19	
8	Stewart, Alex	17	SSC-UT	4:13.28Y	

Heat 5 of 5 Prelims

1					
2	Hess, Robert	16	FORD-AZ	5:12.10LB	
3	Hill, Bryson	16	SWAT-IE	5:05.15LB	
4	Cox, Carter	15	KING-PN	5:00.41LB	
5	Li, Harrison	15	PDST-PN	5:01.31LB	
6	Putt, Theo	14	VAST-PN	5:11.24LB	
7	Kung, Ian	16	NEP-AZ	4:43.49YB	
8					

Event 19 Women 400 LC Meter Freestyle Relay

MEET: 3:48.29 7/2010 Colorado Stars

J Mattern, K Naze, M Franklin, C Piehl

3:55.69 JR-A Summer Juniors

4:04.29 FUTR 2023 Futures

Lane Team Relay Seed Time

Heat 1 of 3 Finals - Swimming with Finals

1	PSC-AZ	C	4:13.53
2	BOZ-MT	A	4:10.20
3	SAW-SR	A	4:08.72
4	VAN-IE	A	4:08.06
5	NEP-AZ	A	4:08.11
6	SWAT-IE	A	4:09.64
7	FST-CO	A	4:13.37
8	MAC-MT	A	4:13.77

Heat 2 of 3 Finals - Swimming with Finals

1	PSC-AZ	B	4:06.04
2	BY-SR	A	4:04.50
3	KING-PN	A	3:58.53 FUTR
4	NEP-AZ	B	3:45.41 JR-A
5	PSC-AZ	A	3:53.50 JR-A
6	FAST-AZ	A	4:03.48 FUTR
7	COUG-IE	A	4:04.78
8	KING-PN	B	4:07.82

Heat 3 of 3 Finals

1			
2			
3	KING-PN	C	4:14.75
4	FAST-AZ	B	4:14.30
5	LIFE-AZ	A	4:14.66
6	BY-SR	B	4:19.07LB
7			
8			



TOYOTA

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July 13-16, 2023

Meet Program - Prelims - Friday

Event 20 Men 400 LC Meter Freestyle Relay

MEET: 3:21.29 7/2009 Tucson Ford

R. Schoeman, L Ferns, A Kirkpatrick, B Aaberg

3:33.59 JR-A Summer Juniors

3:40.89 FUTR 2023 Futures

Lane Team Relay Seed Time**Heat 1 of 3 Finals - Swimming with Finals**

1	BOZ-MT	A	3:53.54
2	PSC-AZ	C	3:49.00
3	FST-CO	B	3:46.51
4	PSC-AZ	B	3:44.76
5	FAST-AZ	A	3:45.20
6	KING-PN	C	3:46.52
7	KING-PN	D	3:52.71
8	HLST-MT	A	3:24.05Y

Heat 2 of 3 Finals - Swimming with Finals

1	SWAT-IE	A	3:40.19	FUTR
2	BY-SR	A	3:38.34	FUTR
3	NEP-AZ	B	3:34.38	FUTR
4	NEP-AZ	A	3:25.70	JR-A
5	PSC-AZ	A	3:33.41	JR-A
6	KING-PN	A	3:36.00	FUTR
7	FST-CO	A	3:38.51	FUTR
8	KING-PN	B	3:42.47	

Heat 3 of 3 Finals

1				
2				
3	PSC-AZ	E	4:02.87	L B
4	PSC-AZ	D	3:55.82	L B
5	AQFO-AZ	A	4:00.50	L B
6				
7				
8				



TOYOTA

2023 Speedo Sectionals at Boise
Boise, Idaho
July 13-16, 2023
Friday, July 14, 2023
Finals Timeline - All times are estimates

Competition Pool Clears		5:15 PM
Awards	Women's 200 Meter Freestyle Relay	5:22 PM
Awards	Men's 200 Meter Freestyle Relay	5:24 PM
National Anthem		5:28 PM
Event #13	Women's 100 Meter Backstroke	
	D-Final	5:30 PM
	Bonus Final	5:31 PM
	Consolation Final	5:33 PM
	Parade Championship Final	5:34 PM
	Awards	5:38 PM
Event #14	Men's 100 Meter Backstroke	
	D-Final	5:41 PM
	Bonus Final	5:42 PM
	Consolation Final	5:44 PM
	Parade Championship Final	5:45 PM
	Awards	5:48 PM
Event #15	Women's 200 Meter Freestyle	
	D-Final	5:51 PM
	Bonus Final	5:54 PM
	Consolation Final	5:57 PM
	Parade Championship Final	6:00 PM
	Awards	6:04 PM
Event #16	Men's 200 Meter Freestyle	
	D-Final	6:07 PM
	Bonus Final	6:09 PM
	Consolation Final	6:12 PM
	Parade Championship Final	6:14 PM
	Awards	6:18 PM
Event #17	Women's 400 Meter Individual Medley	
	D-Final	6:21 PM
	Bonus Final	6:27 PM
	Consolation Final	6:33 PM
	Parade Championship Final	6:39 PM
	Awards	6:46 PM
Event #18	Men's 400 Meter Individual Medley	
	D-Final	6:49 PM
	Bonus Final	6:55 PM
	Consolation Final	7:00 PM
	Parade Championship Final	7:06 PM
	Awards	7:13 PM
10 Minute Break		
Event #19	Women's 400 Meter Freestyle Relay	
	Second Fastest	7:26 PM
	Fastest	7:31 PM
Event #20	Men's 400 Meter Freestyle Relay	
	Second Fastest	7:35 PM
	Fastest	7:40 PM
End of Session		7:44 PM

Scratch box for tomorrow's events closes at 6:00 PM today.

Relay cards for the 400 Meter Freestyle Relay are due at 6:15 PM.

Unofficial Timeline for Preliminaries Sessions
2023 Speedo Sectionals at Boise
Boise, Idaho
July 13-16, 2023

Estimated Preliminaries Timeline, Prior to Scratches

Thursday, July 13, 2023

1	W 200M Medley Relay	3	9:30 AM
2	M 200M Medley Relay	3	9:38 AM
10 Minute Break			
3	W 100M Freestyle	8	9:57 AM
4	M 100M Freestyle	9	10:11 AM
7	W 200M Breaststroke	5	10:26 AM
8	M 200M Breaststroke	5	10:45 AM
9	W 200M Butterfly	3	11:03 AM
10	M 200M Butterfly	5	11:14 AM
End of Session			11:30 AM

Distance Freestyle

5	W 800M Freestyle	3	11:40 AM
6	M 800M Freestyle	3	11:50 AM
*Events 5 and 6 will swim fastest-to-slowest.			
*Events 5 and 6 will alternate heats women/men.			
*The fastest heats of Events 5 and 6 will swim during finals.			
End of Session			12:30 PM

Friday, July 14, 2023

13	W 100M Backstroke	5	9:30 AM
14	M 100M Backstroke	7	9:41 AM
15	W 200M Freestyle	7	9:56 AM
16	M 200M Freestyle	9	10:17 AM
17	W 400M Individual Medley	4	10:42 AM
18	M 400M Individual Medley	5	11:07 AM
10 Minute Break			
19	W 400M Freestyle Relay	1	11:47 AM
20	M 400M Freestyle Relay	1	11:51 AM
*Events 19 and 20 will alternate heats women/men.			
*The fastest two heats of Events 19 and 20 will swim during finals.			
End of Session			11:56 AM

Saturday, July 15, 2023

21	W 200M Backstroke	4	9:30 AM
22	M 200M Backstroke	5	9:44 AM
23	W 400M Freestyle	6	10:02 AM
24	M 400M Freestyle	5	10:35 AM
25	W 100M Breaststroke	5	11:02 AM
26	M 100M Breaststroke	6	11:13 AM
27	W 100M Butterfly	6	11:25 AM
28	M 100M Butterfly	9	11:37 AM
10 Minute Break			
29	W 800M Freestyle Relay	0	12:03 PM
30	M 800M Freestyle Relay	0	

*Events 29 and 30 will alternate heats women/men.
 *The fastest two heats of Events 29 and 30 will swim during finals.

End of Session 12:03 PM

Sunday, July 16, 2023

31	W 200M Individual Medley	7	9:30 AM
32	M 200M Individual Medley	8	9:53 AM
35	W 50M Freestyle	7	10:17 AM
36	M 50M Freestyle	9	10:26 AM

10 Minute Break

37	W 400M Medley Relay	1	10:47 AM
38	M 400M Medley Relay	0	

*Events 37 and 38 will alternate heats women/men.
 *The fastest two heats of Events 37 and 38 will swim during finals.

End of Session 10:52 AM

Distance Freestyle

33	W 1500M Freestyle	3	2:08 PM
34	M 1500M Freestyle	3	2:27 PM

*Events 33 and 34 will swim slowest-to-fastest.
 *Events 33 and 34 will alternate heats women/men.
 *The fastest heats of Events 33 and 34 will swim during finals.

End of Session 4:00 PM

The official timeline will be printed in each day's preliminaries heat sheet.

Events in preliminaries sessions will swim fastest to slowest except as otherwise noted.

The 50 Meter Freestyle will start from the East/Scoreboard end of the pool. All other events will start from the West/Finals end of the pool.

Scratch box for each day's events closes at 6:00 PM the evening before the event.

The competition pool clears 10 minutes prior to session start.