

2023 Speedo Sectionals at Boise
Boise, Idaho
July 13-16, 2023
Thursday, July 13, 2023
Finals Timeline - All times are estimates

Competition Pool Clears		5:20 PM
National Anthem		5:25 PM
Awards	Women's 200 Meter Medley Relay	5:27 PM
Awards	Men's 200 Meter Medley Relay	5:28 PM
Event #3	Women's 100 Meter Freestyle	
	D-Final	5:30 PM
	Bonus Final	5:31 PM
	Consolation Final	5:33 PM
	Parade Championship Final	5:34 PM
	Awards	5:37 PM
Event #4	Men's 100 Meter Freestyle	
	D-Final	5:40 PM
	Bonus Final	5:42 PM
	Consolation Final	5:43 PM
	Parade Championship Final	5:44 PM
	Awards	5:47 PM
Event #5	Women's 800 Meter Freestyle	
	Parade Fastest	5:50 PM
	Awards	6:02 PM
Event #6	Men's 800 Meter Freestyle	
	Parade Fastest	6:05 PM
	Awards	6:16 PM
Event #7	Women's 200 Meter Breaststroke	
	D-Final	6:19 PM
	Bonus Final	6:23 PM
	Consolation Final	6:26 PM
	Parade Championship Final	6:30 PM
	Awards	6:35 PM
Event #8	Men's 200 Meter Breaststroke	
	D-Final	6:38 PM
	Bonus Final	6:41 PM
	Consolation Final	6:44 PM
	Parade Championship Final	6:47 PM
	Awards	6:52 PM
Event #9	Women's 200 Meter Butterfly	
	Bonus Final	6:55 PM
	Consolation Final	6:58 PM
	Parade Championship Final	7:01 PM
	Awards	7:05 PM
Event #10	Men's 200 Meter Butterfly	
	D-Final	7:08 PM
	Bonus Final	7:11 PM
	Consolation Final	7:14 PM
	Parade Championship Final	7:17 PM
	Awards	7:21 PM

10 Minute Break

		<u>No. of Heats</u>	
Event #11	Women's 200 Meter Freestyle Relay	3	7:34 PM
Event #12	Men's 200 Meter Freestyle Relay	3	7:42 PM
	End of Session		7:49 PM

Scratch box for tomorrow's events closes at 6:00 PM today.

Relay cards for the 200 Meter Freestyle Relay are due at 6:30 PM.

The 200 Meter Freestyle Relays will swim fastest to slowest.

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

Meet Program - Finals - Thursday

Event 3 Women 100 LC Meter Freestyle

MEET: 54.01 7/1/2000 INGE DE BRUIJN
 55.79 OLYT Olympic Trials
 56.39 PRO TYR Pro Champs
 57.59 JR-A Summer Juniors
 58.19 JR-B Juniors Bonus
 59.39 FUTR 2023 Futures

Lane	Name	Age	Team	Prelims
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Heat 1 D Final

1	Reich, Abby	16	PSC-AZ	1:01.95
2	Varda, Danika	17	BOZ-MT	1:01.75
3	Inouye, Chloe	16	PAQ-HI	1:01.59
4	Stack, Ella	16	MAC-MT	1:01.50
5	Hansel, Maggie	15	RIP-CO	1:01.54
6	Lewis, Addy	18	MAC-MT	1:01.70
7	Hyde, Catherine	18	SMR-OR	1:01.87
8	Engle, Jaidan	17	NEP-AZ	1:02.00

Alternates

1	Miller, Abbie	15	FSS-AZ	1:02.12
2	McColley, Rylee	17	BOZ-MT	1:02.33

Heat 2 Bonus Final

1	Smith, Wren	15	FAST-AZ	1:01.43
2	Kelaher, Kaci	17	FORD-AZ	1:01.39
3	Canaday, Keaton	17	KING-PN	1:01.38
4	La, Yvy	15	KING-PN	1:01.19
5	McFarland, Ellie	18	BY-SR	1:01.35
6	Djatej, Franzi	17	SWAT-IE	1:01.38
7	Lindstrom, Emma	16	AVON-CO	1:01.39
8	Koza, Becca	15	LGSC-IE	1:01.44

Heat 3 Consolation Final

1	Brgoch, Skylar	19	COUG-IE	1:00.92
2	Tomey, Taylor	17	PSC-AZ	1:00.75
3	Neilson, MJ	16	PSC-AZ	1:00.62
4	Jones, Rylie	21	VAN-IE	59.74
5	Parrish, Issabelle	16	MRA-IE	59.96
6	Stafford, Leila	14	FAST-AZ	1:00.72
7	Anderson, Clara	19	COUG-IE	1:00.81
8	Hurd, Sophia	17	PAQ-HI	1:01.04

Heat 4 Championship Final

1	Krew, Sam	20	COUG-IE	59.49
2	Perry, Abigail	16	FLFN-CO	59.25 FUTR
3	Huffmaster, Julia	17	BOZ-MT	58.13 JR-B
4	Doane, Camden	17	KING-PN	57.68 JR-B
5	Gonzalez, Carla	25	PSC-AZ	57.89 JR-B
6	Shanley, Kathryn	20	FST-CO	58.87 FUTR
7	Janky, Amber	16	FAST-AZ	59.46
8	Chen, Elayne	15	KING-PN	59.57

Alternates

1	Stack, Ella	16	MAC-MT	1:01.50
2	Hansel, Maggie	15	RIP-CO	1:01.54

Event 4 Men 100 LC Meter Freestyle

MEET: 48.77 7/2009 Lyndon Ferns
 49.99 OLYT Olympic Trials
 50.49 PRO TYR Pro Champs
 51.99 JR-A Summer Juniors
 52.89 JR-B Juniors Bonus
 53.79 FUTR 2023 Futures

Lane	Name	Age	Team	Prelims
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Heat 1 D Final

1	Stemmons, Gideon	17	NEP-AZ	55.26
2	Robinson, Jens	15	AZSL-AZ	55.17
3	Cole, Aidan	16	KING-PN	54.88
4	Edmiston, Scott	17	FAST-AZ	54.71
5	Sinclair, Adam	18	SSC-UT	54.87
6	Schubert, Jacob	17	NST-SR	54.96
7	Mooney, Noah	16	FST-CO	55.23
8	Koschmann, Soren	16	RIP-CO	55.33

Alternates

1	Gomez, Asher	16	PSC-AZ	55.37
2	Williams, Samuel	17	CCAT-UT	55.50

Heat 2 Bonus Final

1	Irons, Devin	16	PSC-AZ	54.29
2	Duarte, Trypp	17	AQFO-AZ	54.11
3	Schreiber, James	17	FLFN-CO	53.98
4	Killian, Graham	17	NEP-AZ	53.93
5	Sheffert, Tanner	15	PSC-AZ	53.95
6	Stamer, Ryan	16	FAST-AZ	54.07
7	Ravegum, Drew	18	FST-CO	54.24
8	Stemmons, Asher	21	NEP-AZ	54.62

Heat 3 Consolation Final

1	Bednarz, Bartek	17	NEP-AZ	53.87
2	Yang, Beri	19	NEP-AZ	53.76 FUTR
3	Wrona, Sebastian	16	OA-UT	53.68 FUTR
4	Esser, Devin	20	NEP-AZ	53.51 FUTR
5	Shue, Milo	18	BY-SR	53.57 FUTR
6	Dowdall, Finn	20	PSC-AZ	53.70 FUTR
7	Todd, Bayden	16	FST-CO	53.85
8	Hammer, Aiden	15	KING-PN	53.91

Heat 4 Championship Final

1	Martin, Aaron	17	NEP-AZ	53.45 FUTR
2	Smith, Denton	20	PSC-AZ	53.30 FUTR
3	Jones, Keaton	18	NEP-AZ	52.85 JR-B
4	Pickles, Ian	18	NEP-AZ	51.68 JR-A
5	Wu, Kevin	18	NEP-AZ	52.08 JR-B
6	Vetsch, August	17	NEP-AZ	52.99 FUTR
7	Kelly, Keegan	17	FORD-AZ	53.44 FUTR
8	Coombs, Andrew	16	KING-PN	53.48 FUTR

Alternates

1	Edmiston, Scott	17	FAST-AZ	54.71
2	Covington, Dylan	19	FST-CO	54.77

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

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Meet Program - Finals - Thursday

Event 5 Women 800 LC Meter Freestyle

MEET: 8:40.26 3/2008 Andrea Taylor

8:45.79 OLYT Olympic Trials

8:48.09 PRO TYR Pro Champs

8:58.69 JR-A Summer Juniors

9:06.69 JR-B Juniors Bonus

9:13.79 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Henikman, Viri	14 FAST-AZ	9:29.52
2	Symington, Lelia	16 PSC-AZ	9:24.40
3	Sheldon, Emily	17 PSC-AZ	9:17.40
4	Gleason, Danielle	17 PSC-AZ	8:56.32 JR-A
5	Chen, Elayne	15 KING-PN	9:12.61 FUTR
6	Zallen, Sloan	16 FST-CO	9:19.29
7	LaTendresse, Kaitlyn	15 KING-PN	9:26.09
8	Babson, Kyla	18 FORD-AZ	9:31.41

Event 6 Men 800 LC Meter Freestyle

MEET: 8:06.41 7/2015 Jacob Ores

8:09.69 OLYT Olympic Trials

8:12.99 PRO TYR Pro Champs

8:23.09 JR-A Summer Juniors

8:33.79 JR-B Juniors Bonus

8:40.69 FUTR 2023 Futures

Lane Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Eichler, Karsten	16 PSC-AZ	8:54.93
2	Robertson, Owen	15 GACC-OR	8:52.73
3	Bradley, Carter	15 FST-CO	8:48.13
4	Babson, Riley	22 FORD-AZ	8:24.75 JR-B
5	Troescher, Jacob	20 BY-SR	8:37.44 FUTR
6	Joswiak, Ashton	15 PSC-AZ	8:49.54
7	Lev-Tov, Joseph	18 RIP-CO	8:53.87
8	Metzgar, Samuel	15 KING-PN	8:59.15

Event 7 Women 200 LC Meter Breaststroke

MEET: 2:28.89 3/2008 MEGAN JENDRICK

2:31.69 OLYT Olympic Trials

2:33.79 PRO TYR Pro Champs

2:38.29 JR-A Summer Juniors

2:38.59 JR-B Juniors Bonus

2:43.39 FUTR 2023 Futures

Lane Name	Age	Team	Prelims
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Heat 1 D Final

1	Hancock, Analiese	16 AQFO-AZ	3:03.20
2	Schaffer, Sadie	16 NST-SR	3:00.04
3	Rains, Riley	17 FST-CO	2:57.76
4	Hunt, Fran	15 BY-SR	2:55.85
5	Baldwin, Maddie	17 LIFE-AZ	2:57.11
6	Werni, Ava	15 MAC-MT	2:59.11
7	Carras, Corrina	17 KING-PN	3:01.65
8	Clarke, Charli	13 KING-PN	3:03.23

Heat 2 Bonus Final

1	Nie, Kathy	15 SAW-SR	2:55.28
2	Quihuiz, Chloe	15 NEP-AZ	2:54.03
3	Cos, Dominique	20 FLFN-CO	2:53.71
4	Deneen, Marin	13 RIP-CO	2:52.73
5	Gao, Brisa	15 PDST-PN	2:52.74
6	Dalbik, Sahara	17 NEP-AZ	2:53.91
7	Field, Ava	15 KING-PN	2:54.75
8	Putt, Takara	17 VAST-PN	2:55.68

Heat 3 Consolation Final

1	Afman, Zoe	18 FST-CO	2:51.01
2	Moses, Jillian	19 TRA-CA	2:49.81
3	Li, Lilian	15 FAST-AZ	2:48.84
4	Tognoni, Bella	15 SV5B-SR	2:47.51
5	Crawford, Courtney	17 LIFE-AZ	2:48.78
6	Gourley, Veronica	17 KING-PN	2:49.34
7	Inouye, Chloe	16 PAQ-HI	2:50.53
8	Lotz, Julia	16 PSC-AZ	2:52.60

Heat 4 Championship Final

1	Warriner, Corinne	16 NEP-AZ	2:45.28
2	Varda, Danika	17 BOZ-MT	2:41.16 FUTR
3	Byrnes Cortinas, Nicole	16 NEP-AZ	2:40.34 FUTR
4	Doane, Camden	17 KING-PN	2:38.00 JR-A
5	Clise, Maya	19 KING-PN	2:39.58 FUTR
6	Ross, Marlies	25 PSC-AZ	2:40.65 FUTR
7	Coleman, Emilie	17 FST-CO	2:43.09 FUTR
8	McColley, Rylee	17 BOZ-MT	2:45.93

Alternates

1	Hunt, Fran	15 BY-SR	2:55.85
2	Conger, Jennifer	21 VAN-IE	2:56.84

Event 8 Men 200 LC Meter Breaststroke

MEET: 2:13.72 7/2013 Naoya Tomita

2:15.99 OLYT Olympic Trials

2:18.09 PRO TYR Pro Champs

2:23.29 JR-A Summer Juniors

2:24.99 JR-B Juniors Bonus

2:29.09 FUTR 2023 Futures

Lane Name	Age	Team	Prelims
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Heat 1 D Final

1	Yoked, Reef	18 PC-UT	2:45.68
2	Humphreys, Caleb	18 PSC-AZ	2:43.04
3	Kelsang, Tenzin	15 GACC-OR	2:42.47
4	Jantzi, Ethan	17 AQFO-AZ	2:40.33
5	Goetsch, Devin	17 HLST-MT	2:41.60
6	Hess, Robert	16 FORD-AZ	2:42.96
7	Akpan, Jaden	15 BY-SR	2:43.30
8	Pham, Ted	18 PSC-AZ	2:49.82

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Meet Program - Finals - Thursday

Heat 2 Bonus Final (#8 Men 200 LC Meter Breaststroke)

1	Koza, Tim	19 LGSC-IE	2:38.19
2	Kung, Ian	16 NEP-AZ	2:36.20
3	Irons, Devin	16 PSC-AZ	2:35.32
4	Wood, Nico	17 PSC-AZ	2:34.06
5	Ma, William	15 KING-PN	2:34.80
6	Jones, Matthew	16 KING-PN	2:35.46
7	Apostol, Daniel	16 BY-MT	2:36.65
8	Cristoloveanu, Luca	14 MRA-IE	2:40.23

Heat 3 Consolation Final

1	Dowe, Kyle	16 FAST-AZ	2:33.88
2	Bednarz, Bartek	17 NEP-AZ	2:33.68
3	Senske, Owen	16 VAN-IE	2:32.94
4	Clise, Cota	16 KING-PN	2:29.18
5	Gingras, Owen	17 VAN-IE	2:29.35
6	Hart, Josh	16 SAW-SR	2:33.37
7	O'Connor, Cavan	14 BOZ-MT	2:33.74
8	Li, Harrison	15 PDST-PN	2:33.94

Heat 4 Championship Final

1	Slankard, Luke	15 FST-CO	2:27.64	FUTR
2	Kistler, Drew	20 SWAT-IE	2:26.76	FUTR
3	Mungia, Tres	18 NEP-AZ	2:23.29	JR-A
4	Dooling, Carter	19 OV-AZ	2:19.04	JR-A
5	Uhl, Tobin	15 FST-CO	2:21.13	JR-A
6	Neilson, Teddy	16 PSC-AZ	2:25.50	FUTR
7	Yang, Beri	19 NEP-AZ	2:27.47	FUTR
8	Pickles, Evan	18 NEP-AZ	2:28.13	FUTR

Alternates

1	Jantzi, Ethan	17 AQFO-AZ	2:40.33
2	Goetsch, Devin	17 HLST-MT	2:41.60

Event 9 Women 200 LC Meter Butterfly

MEET:	2:10.33	7/2010	Andrea Taylor
	2:13.69	OLYT Olympic Trials	
	2:14.59	PRO TYR Pro Champs	
	2:16.99	JR-A Summer Juniors	
	2:18.99	JR-B Juniors Bonus	
	2:21.89	FUTR 2023 Futures	

Lane Name Age Team Prelims**Heat 1 Bonus Final**

1			
2			
3			
4	Urban, Elizabeth	14 HLST-MT	2:38.23
5	Lotz, Julia	16 PSC-AZ	2:39.16
6			
7			
8			

Heat 2 Consolation Final

1	Tabino, Taylor	14 SWAT-IE	2:35.11
2	La, Yvy	15 KING-PN	2:34.42
3	Babson, Kyla	18 FORD-AZ	2:31.40
4	Lewis, Elly	15 MAC-MT	2:29.90
5	Miller, Abbie	15 FSS-AZ	2:31.04
6	Kelaher, Kaci	17 FORD-AZ	2:31.57
7	Buyers, Amelia	20 VAN-IE	2:34.94
8	Nie, Kathy	15 SAW-SR	2:35.69

Heat 3 Championship Final

1	Wieckowski, Kayla	18 SA-SR	2:28.61	
2	Spielman, Lucy	15 RPC-AZ	2:26.21	
3	Ruark, Bri	18 SAW-SR	2:23.07	
4	Gleason, Danielle	17 PSC-AZ	2:20.98	FUTR
5	Neilson, MJ	16 PSC-AZ	2:22.46	
6	Huffmaster, Julia	17 BOZ-MT	2:24.25	
7	Krew, Sam	20 COUG-IE	2:26.90	
8	Ingalls, Emma	17 SWAT-IE	2:29.45	

Event 10 Men 200 LC Meter Butterfly

MEET:	1:58.94	7/2014	Andrew Torres
	2:00.49	OLYT Olympic Trials	
	2:01.69	PRO TYR Pro Champs	
	2:05.09	JR-A Summer Juniors	
	2:06.89	JR-B Juniors Bonus	
	2:10.19	FUTR 2023 Futures	

Lane Name Age Team Prelims**Heat 1 D Final**

1			
2	Mallender, Ryan	16 PSC-AZ	2:28.04
3	Logan, Gavin	15 AQFO-AZ	2:26.08
4	Putt, Theo	14 VAST-PN	2:23.90
5	Eussen, Lucas	17 KING-PN	2:24.99
6	Dang, Dylan	17 KING-PN	2:27.82
7	Alexander, Cameron	19 KING-PN	2:23.61
8			

Heat 2 Bonus Final

1	Goetsch, Devin	17 HLST-MT	2:22.23
2	Williams, Samuel	17 CCAT-UT	2:20.44
3	Joswiak, Ashton	15 PSC-AZ	2:18.91
4	Uhl, Tobin	15 FST-CO	2:16.42
5	Robertson, Tate	16 NEP-AZ	2:18.01
6	Johnson, Chase	16 SSC-UT	2:20.30
7	Alexander, Braiden	16 KING-PN	2:21.14
8	VanLuvanee, Adam	18 FSS-AZ	2:22.61

2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

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Meet Program - Finals - Thursday

Heat 3 Consolation Final (#10)

1	Curran, Evan	17	FST-CO	2:16.23
2	Robertson, Owen	15	GACC-OR	2:14.50
3	Simmons, Andrew	17	NEP-AZ	2:13.70
4	Kirk, Bryce	17	RPC-AZ	2:12.73
5	Kwon, Adam	17	KING-PN	2:13.23
6	Mantz, Matthew	19	SWAT-IE	2:13.91
7	Ma, William	15	KING-PN	2:15.49
8	Slankard, Luke	15	FST-CO	2:16.23

Heat 4 Championship Final

1	Coombs, Andrew	16	KING-PN	2:11.82
2	Vetsch, August	17	NEP-AZ	2:09.25 FUTR
3	Smith, Denton	20	PSC-AZ	2:07.53 FUTR
4	Hochwalt, Michael	17	SWAT-IE	2:02.65 JR-A
5	Hammer, Aiden	15	KING-PN	2:06.28 JR-B
6	Hamblin, Carson	18	NEP-AZ	2:08.33 FUTR
7	Jones, Keaton	18	NEP-AZ	2:11.19
8	Wrona, Sebastian	16	OA-UT	2:12.03

Alternates

1	Putt, Theo	14	VAST-PN	2:23.90
2	Eussen, Lucas	17	KING-PN	2:24.99

Event 11 / 12 Women / Men 200 Free Relay

W MEET: 1:44.34 7/14/2022 Elevation Athletics

I Armon, M Codevilla, K Bank, M Lukinac

M MEET: 1:32.51 7/1/2002 Sun Devil Aquatics

Brunelli, Zaabadick, Bera, Vonschoff

M MEET: 1:32.51 7/13/2018 University of Denver Hilltoppe

C Auchinachie, K Robrock, R Kuebler, S Farber

Lane Team Relay Seed Time**Heat 1 (Heat 1 Women 200 Free Relay)**

1	SAW-SR	A	1:57.56
2	LIFE-AZ	A	1:56.50
3	KING-PN	B	1:54.73
4	PSC-AZ	B	1:54.43
5	NEP-AZ	A	1:54.67
6	MAC-MT	A	1:55.65
7	FST-CO	A	1:57.52
8	BY-SR	B	1:57.99

Heat 2 (Heat 2 Women 200 Free Relay)

1	BOZ-MT	A	1:53.70
2	FAST-AZ	A	1:52.86
3	KING-PN	A	1:50.72
4	PSC-AZ	A	1:48.61
5	COUG-IE	A	1:50.41
6	BY-SR	A	1:52.41
7	VAN-IE	A	1:53.63
8	SWAT-IE	A	1:54.35

Heat 3 (Heat 1 Men 200 Free Relay)

1	BOZ-MT	A	1:46.38
2	FST-CO	B	1:45.05
3	RPC-AZ	A	1:43.80
4	SWAT-IE	A	1:43.01
5	FAST-AZ	A	1:43.54
6	PSC-AZ	C	1:44.45
7	KING-PN	C	1:45.30
8	KING-PN	D	1:46.89

Heat 4 (Heat 2 Men 200 Free Relay)

1	KING-PN	B	1:42.00
2	FST-CO	A	1:40.87
3	NEP-AZ	B	1:39.47
4	NEP-AZ	A	1:33.74
5	KING-PN	A	1:38.50
6	PSC-AZ	A	1:39.73
7	BY-SR	A	1:41.96
8	PSC-AZ	B	1:42.50

Heat 5 (Heat 3 Women 200 Free Relay)

1			
2			
3	PSC-AZ	C	1:58.79
4	NEP-AZ	B	1:58.11
5	KING-PN	C	1:58.67
6	FAST-AZ	B	1:59.13
7			
8			

Heat 6 (Heat 3 Men 200 Free Relay)

1			
2			
3	PSC-AZ	D	1:49.13LB
4	BY-SR	B	1:46.89
5	AQFO-AZ	A	1:48.74LB
6	PSC-AZ	E	1:54.28LB
7			
8			

Unofficial Timeline for Preliminaries Sessions
2023 Speedo Sectionals at Boise
Boise, Idaho
July 13-16, 2023

Estimated Preliminaries Timeline, Prior to Scratches

Thursday, July 13, 2023

1	W 200M Medley Relay	3	9:30 AM
2	M 200M Medley Relay	3	9:38 AM
10 Minute Break			
3	W 100M Freestyle	8	9:57 AM
4	M 100M Freestyle	9	10:11 AM
7	W 200M Breaststroke	5	10:26 AM
8	M 200M Breaststroke	5	10:45 AM
9	W 200M Butterfly	3	11:03 AM
10	M 200M Butterfly	5	11:14 AM
End of Session			11:30 AM

Distance Freestyle

5	W 800M Freestyle	3	11:40 AM
6	M 800M Freestyle	3	11:50 AM
*Events 5 and 6 will swim fastest to slowest.			
*Events 5 and 6 will alternate heats women/men.			
*The fastest heats of Events 5 and 6 will swim during finals.			
End of Session			12:30 PM

Friday, July 14, 2023

13	W 100M Backstroke	5	9:30 AM
14	M 100M Backstroke	7	9:41 AM
15	W 200M Freestyle	7	9:56 AM
16	M 200M Freestyle	9	10:17 AM
17	W 400M Individual Medley	4	10:42 AM
18	M 400M Individual Medley	5	11:07 AM
10 Minute Break			
19	W 400M Freestyle Relay	1	11:47 AM
20	M 400M Freestyle Relay	1	11:51 AM
*Events 19 and 20 will alternate heats women/men.			
*The fastest two heats of Events 19 and 20 will swim during finals.			
End of Session			11:56 AM

Saturday, July 15, 2023

21	W 200M Backstroke	4	9:30 AM
22	M 200M Backstroke	5	9:44 AM
23	W 400M Freestyle	6	10:02 AM
24	M 400M Freestyle	5	10:35 AM
25	W 100M Breaststroke	5	11:02 AM
26	M 100M Breaststroke	6	11:13 AM
27	W 100M Butterfly	6	11:25 AM
28	M 100M Butterfly	9	11:37 AM
10 Minute Break			
29	W 800M Freestyle Relay	0	12:03 PM
30	M 800M Freestyle Relay	0	

***Events 29 and 30 will alternate heats women/men.
 *The fastest two heats of Events 29 and 30 will swim during finals.**

End of Session 12:03 PM

Sunday, July 16, 2023

31	W 200M Individual Medley	7	9:30 AM
32	M 200M Individual Medley	8	9:53 AM
35	W 50M Freestyle	7	10:17 AM
36	M 50M Freestyle	9	10:26 AM

10 Minute Break

37	W 400M Medley Relay	1	10:47 AM
38	M 400M Medley Relay	0	

***Events 37 and 38 will alternate heats women/men.
 *The fastest two heats of Events 37 and 38 will swim during finals.**

End of Session 10:52 AM

Distance Freestyle

33	W 1500M Freestyle	3	2:08 PM
34	M 1500M Freestyle	3	2:27 PM

***Events 33 and 34 will swim slowest to fastest.
 *Events 33 and 34 will alternate heats women/men.
 *The fastest heats of Events 33 and 34 will swim during finals.**

End of Session 4:00 PM

The official timeline will be printed in each day's preliminaries heat sheet.

Events in preliminaries sessions will swim fastest to slowest except as otherwise noted.

The 50 Meter Freestyle will start from the East/Scoreboard end of the pool. All other events will start from the West/Finals end of the pool.

Scratch box for each day's events closes at 6:00 PM the evening before the event.

The competition pool clears 10 minutes prior to session start.