

Emergency Packing Checklist - 1

CLOTHING

- ☐ Pajamas
- ☐ Underwear
- ☐ Bras
- ☐ Socks
- ☐ Tops
- ☐ Jeans/Pants
- ☐ Shorts
- ☐ Dresses
- ☐ Swimsuits
- ☐ Coats/Sweaters
- ☐ Boots or Shoes
- ☐ Flip Flops
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

ELECTRONICS

- ☐ Phone
- ☐ Computer
- ☐ Chargers
- ☐ Batteries
- ☐ Flashlight
- ☐ _____
- ☐ _____
- ☐ _____

UROSTOMY SUPPLIES

- ☐ Pouches/Wafers
- ☐ Adhesive Remover Wipes
- ☐ Skin Prep Wipes
- ☐ Barrier Strips
- ☐ Skin Powder
- ☐ Urostomy Supplies order #'s
- ☐ Mirror
- ☐ Washcloths
- ☐ Scissors
- ☐ Surgical Gloves

TOILETRIES

- ☐ Shampoo/Conditioner
- ☐ Hair Brush
- ☐ Soap
- ☐ Toothpaste/Toothbrush
- ☐ Face Wash
- ☐ Razor
- ☐ Deodorant
- ☐ Makeup Bag
- ☐ Feminine Products
- ☐ First Aid Kit
- ☐ Medications
- ☐ _____
- ☐ _____
- ☐ _____

Emergency Packing Checklist - 2

COMFORT ITEMS

- ☐ Favorite Blanket/Pillow
- ☐ Books
- ☐ Photos/Art
- ☐ Deck of Cards
- ☐ Water and more water
- ☐ Healthy Snacks
- ☐ Crackers/Nuts
- ☐ Specialty Foods (Gluten Free)
- ☐ Jerky
- ☐ Canned Food
- ☐ _____
- ☐ _____

CAMPING GEAR

- ☐ Tents
- ☐ Sleeping Bags
- ☐ Outdoor Cooking Gear
- ☐ _____
- ☐ _____

PET SUPPLIES

- ☐ Pet Food
- ☐ Bowls
- ☐ Leashes
- ☐ Crates/Carriers
- ☐ Pet Records
- ☐ Pet Beds/Toys
- ☐ _____

IMPORTANT DOCUMENTS/ITEMS

- ☐ Passport / Visa
- ☐ Identification
- ☐ Itinerary
- ☐ Boarding Passes
- ☐ Hotel Reservations
- ☐ Travel Insurance
- ☐ Emergency Contacts
- ☐ Home Insurance Papers
- ☐ Medical information
- ☐ Insurance Cards
- ☐ Copies of Important
- ☐ Documents
- ☐ Car Insurance
- ☐ One or two pieces of Mail
with your Physical Mailing
Address
- ☐ Surgeon Name/Phone #
- ☐ Keys to Cars/House
- ☐ Keys to Safe Deposit Box
- ☐ Safes and Keys
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

