

Helpful GRASS Terms

Group Conscience: This is how we make all group decisions in GRASS, by collective vote. Each group holds a "group conscience" monthly to select service positions, make any changes within the group for the betterment of it, and/or to address any issues or concerns that may have arisen. In the case of an issue that needs to be addressed immediately, an emergency group conscience may be called for any group. The intergroup body also votes by group conscience; with committee chairs, group reps & active members acting as the voting body.

Intergroup (IG): The "governing" body of GRASS, meets on the 1st Tuesday of each month. In this business meeting, each committee reports any pertinent information and brings forth any ideas and/or concerns that need to be addressed at the larger group level.

Intergroup Chairperson: Leads the monthly intergroup meeting and keeps it on track. This person is voted into position for a 6 month term.

Intergroup Agenda: Created by intergroup secretary to outline what will be covered that month during the IG meeting. This includes any motions to be brought before IG.

Intergroup Report: The Intergroup Secretary takes notes during the meeting and puts them into a report for the members of GRASS to read and share with their groups.

Committee Report for Intergroup: Every month each committee chair generates a report for their committee to update IG on their work and which may bring in new business motions that need to be voted in at the IG level.

Committee Chairperson: This person helps to guide & keep the committee on track, updating them on any GRASS/IG needs, schedules & runs committee meetings.

Committee Agenda: The agenda is created by the committee chair in order to help keep the committee meeting on track. It contains any business items & motions that may need to be voted on by the group.

Group Rep: A member who serves as a representative for that group. This person leads the monthly group conscience for their group, keeps track of service positions, attends and votes at intergroup meetings, and brings any concerns or ideas the group may have to intergroup meetings.

Open meeting: This meeting is open to everyone. No recovery is needed but we do ask that they be respectful of using cannabis as a recovery tool and honoring of all paths of recovery.

Closed meeting: This meeting welcomes all who are in recovery and have an interest in using cannabis as a recovery tool.

Private meeting/recovery study: This meeting is only open to those fit within the parameters set; ie..women's meeting, location/region, etc.

Special Interest/Workshops: These special interest gatherings are offered by GRASS members to the community; ie.. writing groups, yoga, codependency, etc

Host: Person who arrives to the meeting early & oversees the Zoom room, claims host role, opens the waiting room, admits other members, assigns co-hosts and helps to welcome people into the room. This person controls mics and video when assistance is needed, helps with the flow of the meeting, is backup for the meeting lead and stays late to help oversee the parking lot.

Co-host: Keeps watch over the meeting, admits members and/or guests into the room, monitors chat and helps host/lead as needed. Puts donation info into the chat when announced.

Lead: Welcomes everyone into the room and leads the meeting. This person reads (or asks someone to) the various parts of the script at the necessary times, oversees introductions, calls on raised hands & keeps the meeting flowing throughout.

Time keeper: Some GRASS meetings may choose to have a timekeeper who times each share & gently reminds the person talking when their time is almost up. Our general time guideline is 4 minutes and 20 seconds, with a reminder at 20 seconds.

Parking Lot: Gathering in the zoom room before and after meetings. A space to socialize and chat with other grassmates.

GRASSmate: a slang term we often use to refer to fellow GRASS members.

Recovery Grow Room 1 & 2: the term we use to refer to our meeting rooms. Chosen after witnessing the tremendous amount of growth in our members who regularly attend these meetings.