

“But you, when you pray, go into  
your room, and when you have  
shut your door, pray to your  
Father who is in the secret place;  
and your Father who sees in  
secret will reward you openly.”  
Matthew 6:6 (NKJV)

# Pray the Word Daily



*Kathy Shaw has been married to Kevin M. Shaw for 32 years, and has two boys, named Kenan and Kylan Shaw. She also has a maltipoo named Richie.*

*Kathy Shaw is a pastor's wife, a Bible study writer, a certified family care giver, and a nanny. She runs a Facebook group called "Jesus the Wounded Healer". She also has a website where she offers several free Bible studies that she has written. Kathy serves in her local church with van carpooling ministry, service coordinator, mentor and discipleship teacher. She also serves as the Colorado District as Prayer Coordinator for the state.*

*Her passion is for prayer, multicultural ministries, discipleship teaching and helping people heal and grow; especially those from broken homes and backgrounds.*

*Facebook page: Jesus the Wounded Healer  
Website: Kathshaw.net*

MICHELLE  
Kathy Shaw

## I praise, worship, and give thanks

1 Chronicles 16:29 Give unto the LORD the glory due unto his name: bring an offering and come before him: worship the LORD in the beauty of holiness.



Psalms 71:8 Let my mouth be filled with Your praise And with Your glory all the day.

Psalms 100:4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name.

Psalms 107:22 And let them sacrifice the sacrifices of thanksgiving and declare his works with rejoicing.

Isaiah 61:3 To console those who mourn in Zion, to give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness; That they may be called trees of righteousness, The planting of the LORD, that He may be glorified.

Philippians 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Hebrews 13:15 By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.

## Search my heart, Oh, Lord! Let it be pure

Psalms 19:14 Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my strength, and my Redeemer.



Psalms 51:10 Create in me a clean heart, O God; and renew a right spirit within me.

Psalms 139:23-24 Search me, O God, and know my heart: try me, and know my thoughts.

Proverbs 4:23 Keep your heart with all diligence (carefulness), for out of it spring the issues of life.

Jeremiah 17:9-10 The heart is deceitful above all things, and desperately wicked; Who can know it? (10) I, the LORD, search the heart, I test the mind, even to give every man according to his ways, according to the fruit of his doings.

Matthew 5:8 Blessed are the pure in heart: for they shall see God.

Luke 6:45 A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.

## I confess and repent of all sin

2 Chronicles 7:14 If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

Proverbs 28:13 He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy.

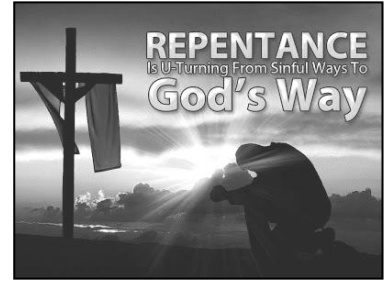
Isaiah 59:2 But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

Matthew 3:8 Bring forth therefore fruits meet for repentance.

Luke 13:3 I tell you, no; but unless you repent you will all likewise perish.

Acts 3:19 Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord.

2 Corinthians 7:10 For godly sorrow worketh repentance to salvation...



## I accept God's forgiveness; therefore, I am not condemned

Psalms 103:12 As far as the east is from the west, so far hath he removed our transgressions from us.

Isaiah 43:25 I, even I, am he that blotteth out thy transgressions for mine own sake and will not remember thy sins.

Romans 8:1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

I am  
not  
perfect  
just  
forgiven

## I die to my selfish desires and will so I can submit to God's will

Matthew 16:24 Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me."

Luke 22:42 "Father, if it is your will, take this cup away from Me; nevertheless, not My will, but Yours, be done."



Acts 20:22-24 And see, now I go bound in the Spirit to Jerusalem, not knowing the things that will happen to me there, (23) Except that the Holy Spirit testifies in every city, saying that chains and tribulations await me. (24) But none of these things move me; nor do I count my life dear to myself, so that I may finish my race with joy, and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God.

2 Corinthians 5:15 And he died for all, that they who live should no longer live unto themselves, but unto him who died for them, and rose again.

Galatians 2:20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me.

Galatians 5:24 And those who are Christ's have crucified the flesh with its passions and desires.

Colossians 3:3 Set your mind on things above, not on things on the earth, for you died, and your life is hidden with Christ in God.

## **I seek God in fervent prayer so that I may walk in the Spirit**

2 Chronicles 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.



Jeremiah 29:13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

Hosea 10:12 Sow to yourselves in righteousness, reap in mercy; break up your fallow ground: for it is time to seek the LORD, till he come and rain righteousness upon you.

Matthew 6:6 But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Matthew 26:41 Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.

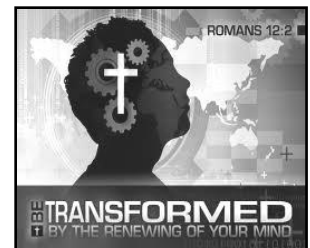
Galatians 5:16 This I say then, walk in the Spirit, and ye shall not fulfil the lust of the flesh.

James 5:16 The effectual fervent prayer of a righteous man avails much.

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost.

## **I surrender my mind to be renewed and transformed**

Romans 8:5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.



Romans 12:2 And be not conformed to this world: but be transformed by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect, will of God.

Ephesians 4:23-24 And be renewed in the spirit of your mind; (24) And that you put on the new man, which after God is created in righteousness and true holiness.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.



## I seek the mind of Christ and cast down all carnal & negative thoughts

John 8:32 And you shall know the truth, and the truth shall make you free..

Romans 8:5 Those who live according to the Spirit, set their minds on and seek those things which gratify the Holy Spirit.

1 Corinthians 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

2 Corinthians 10:4-5 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, (5) casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

Philippians 4:7-8 And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (8) Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

*You have  
the mind  
of Christ!*

## I read, study and meditate on the Word of God which brings nourishment

Isaiah 66:2 But on this one will I look: On him who is poor and of a contrite spirit, and who trembles at My word.

Jeremiah 15:16 Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart...

Psalms 119:11, 24,97,103, 127,140,161-162 Your Word have I hidden in mine heart, that I might not sin against You. (24)Your testimonies also are my delight and my counselors. (97) Oh, how I love Your law! It is my meditation all the day. (103) How sweet are Your words to my taste, Sweeter than honey to my mouth! (127) Therefore I love Your commandments more than gold, yes, than fine gold! (140) Your word is very pure; Therefore, Your servant loves it. (161)...But my heart stands in awe of Your word. I rejoice at Your word as one who finds great treasure.

Psalms 107:20 He sent His word and healed them And delivered them from their destructions.

Psalms 138:2 For You have magnified Your word above all Your name.

March 13:31 Heaven and earth will pass away, but My words will by no means pass away.

Luke 4:4 But Jesus answered him, saying, "It is written, "man shall not live by bread alone but by every Word of God."

John 6:63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.



John 8:31-32 Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. (32) And you shall know the truth, and the truth shall make you free."

John 17:17 Sanctify them by Your truth. Your word is truth.

2 Timothy 3:16 All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.

Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

## I seek to be a doer of the Word

Matthew 7:21 Not everyone that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

Romans 2:13 For not the hearers of the law are just before God, but the doers of the law shall be justified.

1 John 2:3-5 Now by this we know that we know Him if we keep His commandments. he who says, "I know Him," and does not keep His commandments, is a liar, and the truth is not in him. But whoever keeps His word, truly the love of God is perfected in him.

1 John 3:22 And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.



## I purpose in my heart to be CHRIST LIKE in my CHARACTER AND ATTITUDE



## I purpose to GIVE THANKS not COMPLAIN

Numbers 11:1 Now when the people complained, it displeased the LORD; for the LORD heard it, and His anger was aroused. So, the fire of the LORD burned among them, and consumed some in the outskirts of the camp.

Psalms 107:22 And let them sacrifice the sacrifices of thanksgiving and declare his works with rejoicing.

Ephesians 5:20 Giving thanks always for all things to God the Father in the name of our Lord Jesus Christ.

Philippians 2:14 Do all things without complaining and disputing.

1Thessalonians 5:18 In everything give thanks; for this is the will of God in Christ Jesus for you.



## I purpose to be **CONTENT** not **COVET**

Philippians 4:11-13 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: (12) I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. (13) I can do all things through Christ who strengthens me.

Philippians 4:19 And my God shall supply all your need according to His riches in glory by Christ Jesus.

Hebrews 13:5 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

## I purpose to be **HUMBLE** not **PROUD**

Proverbs 8:13 The fear of the LORD is to hate evil; Pride and arrogance and the evil way and the perverse mouth I hate

Proverbs 29:23 A man's pride will bring him low, But the humble in spirit will retain honor.



Luke 14:11 For whoever exalts himself will be humbled, and he who humbles himself will be exalted.

Philippians 2:3-8 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. (4) Let each of you look out not only for his own interests, but also for the interests of others. (5) Let this mind be in you which was also in Christ Jesus, (6) who, being in the form of God, did not consider it robbery to be equal with God, (7) but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. (8) And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross.

1 Peter 5:5 Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God, resist the proud, but gives grace to the humble."

## I purpose to have **FAITH** not **DOUBT**

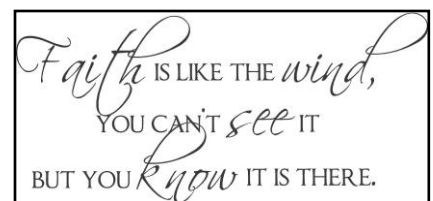
Mark 11:24 Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

1 Corinthians 2:5 That your faith should not stand in the wisdom of men, but in the power of God.

2 Corinthians 5:7 For we walk by faith, not by sight.

Ephesians 6:16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

James 1:6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.





## **I purpose to TRUST not WORRY**

Proverbs 3:5-6 Trust in the LORD with all your heart And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.

Jeremiah 17:5-8 Thus says the LORD: "Cursed is the man who trusts in man And makes flesh his strength, Whose heart departs from the LORD. (6) For he shall be like a shrub in the desert, And shall not see when good comes, But shall inhabit the parched places in the wilderness, In a salt land which is not inhabited. (7) Blessed is the man who trusts in the LORD, and whose hope is the LORD. (8) For he shall be like a tree planted by the waters, which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit."



Matthew 6:31-33 "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' (32) For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. (33) But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Romans 8:28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

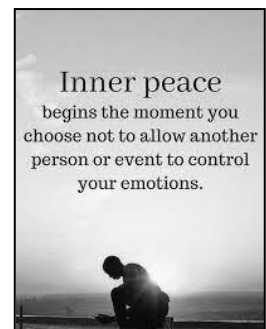
Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus

## **I purpose to have PEACE and be PEACEFUL, not STRIVING and ANGRY**

Proverbs 15:1,18 A soft answer turns away wrath, but a harsh word stirs up anger. (18) A wrathful man stirs up strife: but he who is slow to anger allays contention.

Matthew 5:9 Blessed are the peacemakers, For they shall be called sons of God.

James 1:19-20 So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God.



Ephesians 4:26-27 Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus

Colossians 3:15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

## **I purpose to live in God's LOVE and POWER, not FEAR**

1 John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Deuteronomy 31:6 Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you.

## **I purpose in my heart to LOVE and APPRECIATE others**

1 John 4:8 He who does not love does not know God, for God is love.

1 Peter 1:22 Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently.



John 13:34-35 A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. (35) By this all will know that you are My disciples, if you have love for one another."

## **I purpose to appreciate the DIFFERENCES of others and not to be ENVOIOUS, PARTIAL, or INSINCERE in my love for them**

1 Corinthians 13:4-5 Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; (5) does not behave rudely, does not seek its own, is not provoked, thinks no evil.

Galatians 5:26 Let us not be desirous of vain glory, provoking one another, envying one another.

James 3:13-17 Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom. (14) But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth. (15) This wisdom does not descend from above, but is earthly, sensual, demonic. (16) For where envy and self-seeking exist, confusion and every evil thing are there. (17) But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

## **I purpose to be TENDERHEARTED and FORGIVING, not UNFORGIVING**

Matthew 5:23-24 Therefore if you bring your gift to the altar, and there remember that your brother has something against you, (24) leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.

**Forgiveness**  
The Key to Freedom

Mark 11:25-26 And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. (26) But if you do not forgive, neither will your Father in heaven forgive your trespasses."

Ephesians 4:31 Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

Colossians 3:13 Bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.

Hebrews 12:15 Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled.

### **I purpose to BLESS and DO GOOD, not REPAY EVIL FOR EVIL**

Romans 12:14, 17-21 Bless those who persecute you; bless and do not curse. (17) Repay no one evil for evil. Have regard for good things in the sight of all men. (18) If it is possible, as much as depends on you, live peaceably with all men. (19) Beloved, do not avenge yourselves, (don't take private revenge which flows from anger and ill-will) but rather give place to wrath (answer wrath with love ); for it is written, "Vengeance is mine, I will repay," says the Lord. (20) Therefore "if your enemy is hungry, feed him; if he is thirsty, give him a drink; for in doing so you will heap coals of fire on his head." " (When you give and love then you have the potential of melting them into repentance and making their wrath inexcusable.) (21) Do not be overcome by evil but overcome evil with good. (Conquer evil with your patience, forbearance and kindness.)



1Thessalonians 5:15 See that no one renders evil for evil to anyone, but always pursue what is good both for yourselves and for all.

### **I purpose to DISCIPLINE my tongue, not GOSSIP or SPEAK EVIL of others**

Proverbs 11:13 A talebearer reveals secrets, but he who is of a faithful spirit conceals a matter.

Proverbs 17:9 He who covers a transgression seeks love, but he who repeats a matter separates friends.

Titus 3:2 To speak evil of no one, to be peaceable, gentle, showing all humility to all men.

James 3:8-10 But no man can tame the tongue. It is an unruly evil, full of deadly poison. With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.

### **I purpose to speak LIFE, use WISDOM and be GRACIOUS, not NEGATIVE and CRITICAL**

Proverbs 12:18 There is one who speaks like the piercings of a sword, But the tongue of the wise promotes health.

Proverbs 15:4 A wholesome tongue is a tree of life.

Proverbs 16:24 Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.



Proverbs 17:27 He who has knowledge spares his words: and a man of understanding is of a calm spirit.

Proverbs 18:21 Death and life are in the power of the tongue, And those who love it will eat its fruit.

Proverbs 29:11 A fool vents all his feelings, but a wise man holds them back.

Ecclesiastes 10:12 The words of a wise man's mouth are gracious.

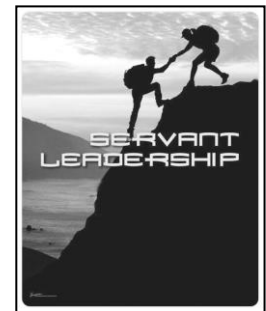
Ephesians 4:29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.

Colossians 4:6 Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.

## **I purpose to SERVE not ISOLATE MYSELF**

Matthew 20:28 Just as the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.

Matthew 22:37-39 Jesus said to him, 'you shall love the Lord your God with all your heart, with all your soul, and with all your mind.' (38) This is the first and great commandment. (39) And the second is like it: 'You shall love your neighbor as yourself.'



Romans 15:1 We then that are strong ought to bear the infirmities of the weak, and not to please ourselves.

Philippians 2:4 Let each of you look out not only for his own interests, but also for the interests of others.

Hebrews 10:24-25 And let us consider one another in order to stir up love and good works, (25) not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the day approaching.

## **I purpose to take OWNERSHIP for my own spiritual man, NOT OTHERS**

Joshua 24:15 And if it seems evil to you to serve the LORD, choose for yourselves this day whom you will serve, whether the gods which your fathers served that were on the other side of the river, or the gods of the Amorites, in whose land you dwell. But as for me and my house, we will serve the LORD."



Luke 6:42 First remove the plank from your own eye, and then you will see clearly to remove the speck that is in your brother's eye.

Rom 14:12 And so each of us shall give an account of himself to God.

Philippians 2:12-13 Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling. (13) For it is God which worketh in you both to will and to do of his good pleasure.

## **I purpose to HONOR THE INTEREST of others and not be MANIPULATIVE with my SELFISH EXPECTATIONS**



Philippians 2:3-4 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. (4)

Let each of you look out not only for his own interests, but also for the interests of others.

1Corinthians 13:4-5 Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; (5) does not behave rudely, does not seek its own, is not provoked, thinks no evil.

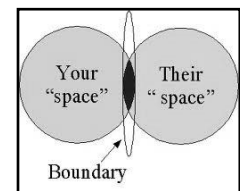
Romans 12:10 Be kindly affectioned one to another with brotherly love; in honor preferring one another.

James 3:16 For where envy and self-seeking exist, confusion and every evil thing are there.

1 Peter 3:8 Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous.

## **I purpose to allow myself and others to have BOUNDARIES**

Luke 5:15-16 However, the report went around concerning Him all the more; and great multitudes came together to hear, and to be healed by Him of their infirmities. (16) So He himself often withdrew into the wilderness and prayed.



Matthew 5:37 But let your 'Yes' be 'Yes,' and your 'No,' 'No.' For whatever is more than these is from the evil one.

Matthew 6:6 But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Galatians 6:5 For every man shall bear his own burden.

## **I purpose to have the SAME MIND with others as we share the SAME SPIRIT & VISION OF GOD. Different experiences, gifts, callings, and cultural backgrounds will not be allowed to cause disunity**

Romans 12:10-18 Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; (11) not lagging in diligence, fervent in spirit, serving the Lord; (12) rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; (13) distributing to the needs of the saints, given to hospitality. (14) Bless those who persecute you; bless and do not curse. (15)



Rejoice with those who rejoice, and weep with those who weep. (16) Be of the same mind toward one another. Do not set your mind on high things but associate with the humble. Do not be wise in your own opinion. (17) Repay no one evil for evil. Have regard for good things in the sight of all men. (18) If it is possible, as much as depends on you, live peaceably with all men.

1Corinthians 1:10 Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment.