# SPIRITUAL WARFARE PRAYER GUIDE

WRITTEN BY KATHY SHAW



For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Ephesians 6:12 (NKJV)

# MY WARFARE



# We are in a war against good and evil and we must fight!

#### Romans 7:23

But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

#### Peter 2:11

Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul.

# 1 Timothy 1:18

This charge I commit unto thee, son Timothy, according to the prophecies which went before on thee, that thou by them mightest war a good warfare.

# 1 Timothy 6:12

Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses.

## 2 Timothy 2:3-4

Thou therefore endure hardness, as a good soldier of Jesus Christ. No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.

#### 2 Timothy 4:7

I have fought a good fight, I have finished my course, I have kept the faith.

#### 2 Corinthians 10:3-4

For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)

# **Warfare against: The Flesh (The carnal nature)**

#### **Romans 8:6-9**

For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh cannot please God. But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.

#### Galatians 5:17-21

For the flesh lusts against the Spirit, and the Spirit against the flesh; ....now these are the works of the flesh.... lewdness, idolatry, sorcery...... those who practice such things will not inherit the kingdom of God.

#### Matthew 26:41

Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.

# 1.) Submit to the Lord - Walk in his spirit & pursue righteousness.

- James 4:7 Therefore submit to God. Resist the devil and he will flee from you.
- Galatians 5:16 Walk in the Spirit, and ye shall not fulfill the lust of the flesh.
- Jude 20 Building yourself up on your most holy faith, praying in the Holy Ghost.
- Isaiah 58:6 I will fast to loose the bonds of wickedness.
- 1 Timothy 6:11 But you, O man of God, flee these things and pursue righteousness, godliness, faith, love, patience, gentleness.
- Ephesians 4:24 And that you put on the new man which was created according to God, in true righteousness and holiness.

# 2.) Renew your mind with the Word of God - Pray, study, and hear it.

- John 8:32 And you shall know the truth, and the truth shall make you free.
- 2 Corinthians 10:5 I cast down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.
- Romans 12:2 Be not conformed to this world, but be ye transformed by the renewing of your mind, that ye may prove what is good and acceptable and perfect will of God.
- Ephesians 4:23 And be renewed in the spirit of your mind.

 Philippians 4:8 - Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy I will meditate on these things.

# 3.) Destroy, remove, and abstain from carnal addictions and habits.

- Galatians 2:20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me.
- Galatians 5:24 Those who are Christ have crucified the flesh with its passions and desires.
- Romans 6:6 Knowing this, that my old man was crucified with Him, that the body of sin might be done away with, that I should no longer be a slave of sin.
- 1 Peter 2:11 Abstain from fleshly lusts which war against the soul.
- Romans 13:14 I will put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.

# Warfare against: The World (It's humanistic views, values, & lifestyle)

# Ephesians 2:1-5

And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.

# 1 John 2:15-16

Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, the lust of the eyes, and the pride of life, is not of the Father but is of the world.

#### James 4:4

Adulterers and adulteresses! Do you not know that friendship with the world is enmity with God? Whoever therefore wants to be a friend of the world makes himself an enemy of God.

# 1.) Separate yourself apart from this world and unto God.

- Romans 12:2 And do not be conformed to this world...
- 2 Corinthians 6:16-17 Therefore come out from among them and be separate, says the Lord. Do not touch what is unclean, and I will receive you.
- Ephesians 5:11 And have no fellowship with the unfruitful works of darkness, but rather expose them.
- John 15:19 If you were of the world, the world would love its own. Yet because
  you are not of the world, but I chose you out of the world, therefore the world
  hates you.

# 2.) Abstain from the "Lust of the flesh" - drinking, drugs, narcotics, gluttony, sexual immorality, witchcraft, covetousness.

- 1 Peter 2:11 Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul.
- Colossians 3:5 Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry.
- Luke 21:34 But take heed to yourselves, lest your hearts be weighed down with carousing, drunkenness, and cares of this life, and that Day come on you unexpectedly.

# 3.) Abstain from the "Lust of the Eyes" - ungodly visual stimuli with magazines, books, movies, computer sites or other things.

- Psalm 101:3 I will set nothing wicked before my eyes; I hate the work of those who fall away; It shall not cling to me.
- 1 Thessalonians 5:22 Abstain from every form of evil.
- Psalm 119:37 Turn away my eyes from looking at worthless things And revive me in Your way.

# 4.) Abstain from the "Pride of Life" - self-glory, riches, power, fame.

- Proverbs 8:13 The fear of the Lord is to hate evil; pride and arrogance and the evil way and the perverse mouth I hate.
- Romans 12:16 Do not set your mind on high things, but associate with the humble.
- Mark 4:19 And the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful.

# Warfare against: Lucifer (The god & prince of this world)

#### II Corinthians 4:4

But even if our gospel is veiled, it is veiled to those who are perishing, whose minds the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them.

#### 1 Peter 5:8

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

#### Ephesians 6:12

For we do not wrestle against flesh and blood, but against principalities (territory of a prince), against powers (controlling influences), against the rulers of the darkness of this age (spirits), against spiritual hosts of wickedness (evil spirits) in the heavenly places.

#### Ephesians 2:2

Wherein in time past you walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience.

## 1.) He blinds the minds of unbelievers from the Gospel. (II Cor 4:3-4)

 Acts 26:18 - Lord, open their eyes, and turn them from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins and an inheritance among those who are sanctified by faith in You.

# 2.) He seeks to steal the seed of the Word. (Matt 13:19, Mk 4:15, Lk 8:12)

- Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.
- John 17:17 Sanctify them through your truth: your word is truth.

# 3.) He seeks to tempt the saints with adversity so they will disobey God. (Genesis 3:4-5, Job 1:11, Ephesians 6:11, Matthew 4:1)

- James 1:12 Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.
- 1 Corinthians 10:13 No temptation has overtaken me except such as is common to man; but God is faithful, who will not allow me to be tempted beyond what I am able, but with the temptation will also make the way of escape, that I may be able to bear it.
- Hebrews 2:18 For in that which He Himself has suffered, being tempted, He is able to help those who are tempted.
- Ephesians 6:11 Put on the whole armor of God, that you may be able to stand against the wiles (tricks) of the devil.

## 4.) He seeks to condemn & accuse the saints. (Revelations 12:10)

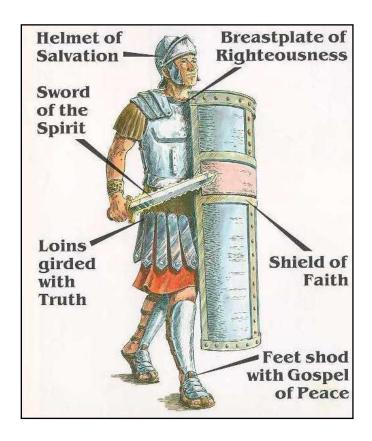
- Romans 8:1 There is therefore now no condemnation to those who are in Christ Jesus, who don't walk according to the flesh, but according to the Spirit.
- Isaiah 54:17 No weapon formed against you shall prosper, And every tongue which rises against you in judgment You shall condemn. This is the heritage of the servants of the LORD, And their righteousness is from Me," Says the LORD.

# 5.) Inspires deception and lies.

# (Genesis 3:4-5, Matthew 24:44, John 8:44, II Thessalonians 2:9)

- 1 John 4:1 I will not believe every spirit, but try the spirits whether they are of God because many false prophets are gone out into the world.
- Psalm 119: 30 I have chosen the way of truth: your judgments have I laid before me.
- John 14:6 Jesus said unto him, I am the way, the truth, and the life.
- 1 John 3:8 For this purpose the Son of God was manifested, that he might destroy the works of the devil.

# MY PROTECTION



# Ephesians 6:13-17

Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand.

Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

And your feet shod with the preparation of the gospel of peace;

Above all, taking the shield of faith, herewith ye shall be able to quench all the fiery darts of the wicked.

And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

## The Armor of God

- 1. Loins girt about with TRUTH- the girdle wraps around and binds everything in place.
  - John 8:32 And ye shall know the truth, and the truth shall make you free.
  - John 14:6 Jesus said to him, "I am the way, the truth, and the life.
  - John 17:17 Sanctify them by your truth. Your word is truth.

Prayer: Wrap your Word around my mind and protect me from lies, false doctrine & error. Through your truth let me help convert others.

- 2. Breastplate of RIGHTEOUSNESS- the breastplate protects the heart which is the most vital organ.
  - Ephesians 4:24 And that ye put on the new man, which after God is created in righteousness and true holiness.
  - Titus 2:12 Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;

Prayer: Keep my heart pure and righteous and free from sin's contamination.

- 3. Feet shod with the preparation of the Gospel of PEACE- Your feet are ruled by your mind and heart. A spiritual mind will have peace in the midst of our hard circumstances.
  - Romans 8:6 For to be carnally minded is death, but to be spiritually minded is life and peace.

Prayer: Let my mind be saturated with you God, and your Word, so that I can have peace and bring peace to others who are troubled.

- 4. Shield of FAITH- the shield is used to protect your body from the enemy's harm (darts of doubt, fear, discouragement...)
  - 1Corinthians 2:5 That your faith should not stand in the wisdom of men, but in the power of God.

Prayer: Help me to quench the fiery darts of the enemy with a constant trust, assurance and confidence in your power Lord.

- 5. Helmet of SALVATION- the helmet is to protect the head from fatal blows.
  - 1Thessalonians 5:8 But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.
  - Il Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Prayer: Give me a sound, trusting, peaceful and hopeful mind.

- 6. Sword of the SPIRIT- the sword is to be used in hand to hand combat with the enemy.
  - Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Prayer: Help me to believe, speak and trust in your Word. It is my offensive weapon.

# What weapons do I fight with?

II Corinthians 10:4 - For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds.

# 1.) The "Name" of Jesus:

a. It brings salvation & remission of sins.

Acts 4:12 - Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved. (Luke 24:47)

b. It brings power over the enemy.

Mark 16:17 - And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues.

Luke 10:17 - And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name.

c. It brings healing.

Acts 3:6 - Then Peter said, "Silver and gold I do not have, but what I do have I give you: In the name of Jesus Christ of Nazareth, rise up and walk."

d. It brings safety.

Proverbs 18:10 - The name of the LORD is a strong tower; The righteous run to it and are safe.

# 2.) The "Blood" of Jesus:

a. It brings forgiveness and redemption.

Ephesians 1:7 - In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace

b. It brings healing.

Peter 2:24 - Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

# 3.) The "Word" of Jesus:

a. It brings power to cut through discouragement and doubt.

Hebrews 4:12 - For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Ephesians 6:17 - And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

b. It is life.

John 6:63 - The words that I speak to you are spirit, and they are life.

c. It is truth thereby liberates us from lies and false doctrines. John 17:17 - Your word is truth.

John 8:32 - And you shall know the truth, and the truth shall make you free.

d. It builds faith.

Romans 10:17 - So then faith comes by hearing, and hearing by the word of God.

e. It brings cleansing to our minds and hearts.

John 15:3 - Now you are clean through the Word which I have spoken to you.

# 4.) Prayer, praise, worship & fasting:

a. It brings healing.

James 5:16 - Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

b. It lifts depression.

Isaiah 61:3 - To appoint to those who mourn in Zion, to give to them beauty for ashes, the oil of joy for mourning, the mantle of praise for the spirit of heaviness.

c. It brings victory over the enemy.

2 Chronicles 20:22 Now when they began to sing and to praise, the LORD set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated. (Isaiah 58:6, Mark 9:28-29)

d. It enables God to do the miraculous.

Mark 9:29 So He said to them, "This kind can come out by nothing but prayer and fasting."

