

Chelle's Special Touch Breakfast Menu K-8

AUGUST

		1 2oz Biscuit and Turkey gravy ½ cup Pineapple 8oz FF Milk	2 1 oz serving of Waffles ¾ cup Orange 8oz FF Mil	3 ¾ cup WG Cereal ¼ Cup Orange 8oz FF Milk	
6 ¾ cup Cereal ¾ cup Apple 8oz FF Milk	7 1oz serving WG French toast sticks ¾ cup of unsweetened Applesauce 8oz FF Milk	8 4oz Yogurt ¾cup Pineapple 8oz FF Milk	9 1 WG Biscuit 2oz Turkey Sausage 8oz FF Milk	10 ¾ Cup WG Cereal ¾ cup Peaches 8oz FF Milk	
13 ¾ cup Cheerios ¾ cup unsweetened Apple sauce 8oz FF Milk	14 2oz WG Pancake and sausage stick ¾cup Banana 8oz FF Milk	15 ¾ cup Cereal ¾ cup Apple 8oz FF Milk	16 .5oz serving WG Waffles ¾ cup of unsweetened Applesauce 8oz FF Milk	17 ¾ cup WG Cereal 6oz Orange Juice 8oz FF Milk	
20 1 cup Oatmeal ¾cup Peaches 8oz FF Milk	21 ¾ cup Cheerios ¾ cup unsweetened Apple sauce 8oz FF Milk	22 4oz Yogurt ¾cup apple 8oz FF Milk	23 1 WG Cinnamon Toast ¾ cup Banana 8oz FF Milk	24 1 oz serving of Waffles ¾ cup Banana 8oz FF Milk	
27 ¾ cup WG Cereal (6gms of sugar or less) ½ cup Apple 6oz 1% Milk	28 2oz Biscuit and Turkey gravy ½ cup Pineapple 8oz FF Milk	29 1oz serving WG Waffles ¾ cup of unsweetened Applesauce 8oz FF Milk	30 4oz Yogurt ¾cup Pineapple 8oz FF Milk	331 2oz WG Pancake and sausage stick ¾cup Banana 8oz FF Milk	