



Board Member Recruitment Winter 2019 – Spring 2020 *Applications accepted until positions are filled*

Sunrise Retreats, Inc. is recruiting two new board members!

Sunrise Retreats, Inc. is an Idaho nonprofit directly serving individuals who have experienced death of a loved one. We create opportunities and resources to honor the journey of grief and support life after loss. Currently we serve widows with our annual *Retreat for Widows of Cancer* in July and *Retreat for Widows* in September.

Vision Statement: Sunrise Retreats positively affects our community health and wellness with retreats that replenish, rejuvenate and re-ignite the whole being through nature, art, yoga, body work, adventure, good food and self-inquiry. Together we share in our common humanity: finding compassion, strength, wisdom, courage and inspiration to keep living through the fullness of grief and life after loss.

The challenge of living without the one with whom we hoped to spend our future life with is devastating. And yet, losing a spouse or loved one is a natural part of the human experience. Although the grief journey for widows is preciously intimate, something magical happens when we come together in our healing. We believe that when we have found enough of our own strength, we can begin to reach out and support others. Sunrise Retreats are a place to find connection, deep understanding, guidance and most of all, hope as we begin to move forward in life.

Why be a Sunrise Retreats Board Member?

- Sunrise Retreats board service informs and influences 2 annual retreats serving 16 women from Idaho and across the county. (see program brochure attached)
- Inform Sunrise Retreats' long-term goals of being a resource for grief and life after loss
- Positively impact Idaho's community health, grief and bereavement community
- Gain professional development experience in the nonprofit sector
- Use your expertise and experience to create positive change and improve lives
- Work with a passionate and committed group of experienced colleagues

Board Member Roles/Responsibilities:

Our board members provide mission-based leadership and strategic governance. The Board has responsibilities associated with guiding the organization and has the ultimate legal and fiduciary responsibility for Sunrise Retreats, Inc. In general, a Board member will add value, make a difference, guide the organization, and have fun in the process.

Responsibilities:

- Serve as a trusted advisor to the Executive Director;
- Review and approve budget, audit and financial reports and statements;
- Assess program outcomes and impact;
- Contribute to annually evaluating the performance of the volunteer Executive Director;

- Represent Sunrise Retreats, Inc. to stakeholders by clearly articulating its mission and accomplishments and garnering support from the community;
- Ensure adequate resources to fulfill the Sunrise Retreats' mission;
- Actively participate in strategic planning to establish organization goals and objectives;
- Participate on board committees;
- Review and approve relevant administrative policies
- Provide annual financial contribution to the organization, commensurate with a gift you consider to be generous;
- Serve an initial 1-year term that may be extended if Sunrise Retreats is a good fit for your talents;
- Participate fully in quarterly in person board meetings (1 1/2 hours), monthly one-hour phone call and early 2020 strategic planning session (2 hours).

Interested in serving on the Sunrise Retreats Board?

If you would like to learn more or want to apply for an open board position, contact:

Marni Henderson | Executive Director | 208.440.1230 | marni@sunriseretreat.org

Carrie Robertson | Board Member | 503.330.6652 | carriebrobertson@gmail.com

Jan Schmidt | Board Member | 865.386.3032 | jan@sunriseretreat.org

Sylvia Cochran | Board Member | 208.890.7864 | sylviaandjc@gmail.com

Jen Guerrero | Board Member | 208.921.9256 | jen.c.guerrero@gmail.com