Curl Cult Perm Post Care Instructions

FIRST 48 HOURS AFTER YOUR SERVICE

- O Do not wash your hair for 48 hours.
- lack Avoid tight ponytails, clips, or anything that pulls your hair back tightly.
- No heat styling.

How to Refresh Hair During This Time:

- Lightly scrunch in water with your hands or spray Curl Cult Magic Spell Leave-in Conditioner to revive curls.
- Do not fully wet your hair.

AFTER 48 HOURS – ONGOING MAINTENANCE

- You may find you don't need to wash as often.
 - Recommended: 2 washes per week.
 - Washing more frequently can fade the treatment faster.
- Use Curl Cult support products to maintain your texture.
 - O If those feel too heavy, try:
 - OYA Bungee Mousse
 - OYA Contour Mousse
 - Milk_Shake Volumizing Mousse
- Styling without products? Expect less curl definition.
- Drying & Styling Tips:
 - O Use a microfiber towel or a 100% cotton t-shirt.
 - Brush before washing, not after styling.
 - O A wide-tooth comb is okay if needed.
 - O Sleep on a **silk or satin pillowcase** to reduce frizz.

• Heat styling is okay occasionally, but not recommended for regular use.

STYLING GUIDE

- 1. Start with very damp hair (almost dripping).
- 2. Spray Magic Spell Leave-in Conditioner liberally.
- 3. Apply 1–2 pumps of mousse or curl cream into your hands.
 - O Smooth between flat palms or scrunch into hair.
- 4. Scrunch or rake product in. Repeat in areas as needed.
- 5. Gently **squeeze out excess water** using a microfiber towel or cotton t-shirt.
- 6. Let hair air dry or diffuse dry.
 - O Try not to touch your hair until fully dry to avoid frizz.

TIPS

- Water Temp: Use cool to lukewarm water when washing. Hot water can dry out hair and reduce curl longevity.
- Shampoo: Washing daily will loosen curls more quickly—stick to 2x/week.
- Swimming: Avoid chlorinated pools and saltwater when possible.
 - O If swimming:
 - Wet your hair and apply leave-in conditioner first.
 - Rinse and wash hair after swimming.