

TRISSOLA SOLO

AT HOME CARE

1st - BRUSHING:

Gather the hair into a ponytail and securely hold close to the scalp. Begin brushing from the ends, carefully working your way up toward the scalp. ⚠️ Brushing your hair before it gets wet will keep the hair from tangling while washing.

2nd - WASHING:

⚠️ **Your hair will have an odor for the first 2-3 washes. This is normal and will go away as soon as the hair is dry.**

SHAMPOO:

- o Use a sulfate-free and paraben-free shampoo. Recommend Trissola Chia or Hydrate Shampoo
- o Begin at the scalp and massage shampoo into hair for 60 seconds.
- o Part hair and rinse all the way to the scalp.

CONDITION:

- o Use a sulfate -free and paraben-free conditioner. Recommend Trissola Chia or Hydrate Conditioner
- o Apply conditioner from mid-shaft down to the tips of your hair and leave on for 2-3 minutes.
- o Rinse completely.

3rd - DRYING:

Towel or air dry your hair as much as possible before using a blow dryer.

The use of leave-in conditioners, heat protectants, as well as treatment oils from mid-shaft to ends is recommended to protect your hair.

Using a blow dryer, rough-dry the hair.

Starting at the ends and working your way up toward the scalp, round brush the hair.

4th - STYLING:

⚠️ Do Not Flatiron for the first 30 days after service. It is safe to use thermal tools like curling wands. After 30 days, you may use a flatiron again. The temperature setting depends on your natural hair. You may use a temperature between 270F-400F as long as proper heat protectants are applied before styling.

PRODUCTS:

Use professional grade products recommended by your Stylist to maintain the health of your natural hair.

SWIMMING:

- Before swimming, wet your hair with fresh tap water and apply a small amount of leave-in conditioner to the ends.
- Tie in a loose ponytail or braid.
- Once you are finished swimming, rinse your hair with fresh water and spray with leave-in conditioner.

COLORING:

Coloring hair may be done 2 weeks after your Trissola Solo service has been completed.

