



I-TIP Extensions: At-Home Care Guide – 5/26/2025

1. Brushing

- Use a **BELLAMI boar bristle or wet brush** daily.
 - Hold hair in a ponytail near the scalp, and **brush from ends to roots**.
 - Always **brush before washing** to prevent tangles.
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2. Washing

- **Brush thoroughly** before washing.
- Because your hair is thicker, try **washing in sections** (two side sections or small ponytails).

Shampoo

- Use **sulfate- and paraben-free shampoo** (e.g., *BELLAMI Moisture Restore* or *Purple Brilliance*).
- Massage gently in a **"Z" motion** at the scalp. Avoid circular motions or flipping your head upside down.
- Rinse thoroughly, one section at a time.

Conditioner

- Use a matching **sulfate- and paraben-free conditioner**.
 - Apply from **mid-shaft to ends only**. Avoid roots to prevent slippage.
 - Leave on for 2–3 minutes and rinse well.
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3. Drying

- Towel or air dry as much as possible before blow drying.
- Use **leave-in conditioner, heat protectant** (like *BELLAMI Total Defense*), and **Serum's** on mid-shaft to ends.

- Rough-dry first, then use a round brush from ends to roots.
- **Always dry the bonds completely.**

4. Styling

Heat Tools

- You can use curling wands, flat irons, etc.
- Set temperature between **270°F–380°F** depending on your natural hair
- Always use a **heat protectant**

Products

- Use only **professional-grade products** recommended by your stylist
We recommend:
 - **BELLAMI Total Defense**
 - **BELLAMI Flawless Blend Moisturizing Crème**
 - **Hair Serum Daily** (This helps keep the ends healthier and less damaged)

Sleeping

- Brush and **loosely braid** your hair before bed
- **Never sleep with wet hair** – this can cause tangling at the roots
- If tangling occurs, contact your stylist right away

Coloring

Do NOT color your extensions at home.

Only your **certified BELLAMI stylist** should handle color services.

Swimming

Swimming with extensions is not recommended. If you do swim:

- Rinse hair with fresh water and apply a small amount of leave-in conditioner
- Tie into a loose braid or ponytail
- Rinse and condition hair again immediately after swimming

Sunscreen Caution

*****Use mineral-based sunscreens only*****

Chemical sunscreens can discolor extensions.