



Tape-In Extensions: At-Home Care Guide - 5/26/2025

Important:

- **Do NOT wash your hair for 48 hours** after application to allow the adhesive to fully set.
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1. Brushing

- Brush at least **twice daily** — morning and evening.
 - Use a **BELLAMI boar bristle or wet brush** to gently remove tangles.
 - Hold your hair in a ponytail near the scalp and **brush from ends to roots**.
 - Always **brush before washing** to help prevent tangles.
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2. Washing

- Always **brush thoroughly before washing**.
- For thicker hair, divide it into **sections** or **multiple ponytails** when washing.
- **Use cooler water** — warm water may leave more product residue.

Shampoo

- Use **sulfate- and paraben-free shampoo** (e.g., *BELLAMI Moisture Restore* or *Purple Brilliance*).
- Gently massage shampoo into the scalp in a **"Z" motion** — avoid circular motions or flipping your head upside down.
- Rinse thoroughly, one section at a time.

Conditioner

- Use a matching **sulfate- and paraben-free conditioner**.
 - Apply from **mid-shaft to ends only** — never near the tape bonds.
 - Leave on for 2–3 minutes and rinse thoroughly.
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3. Drying

- Gently towel or air dry as much as possible before using heat.
 - Apply **leave-in conditioner, heat protectant** (*BELLAMI Total Defense*), and **Serum's** to mid-shaft and ends.
 - Rough-dry with a blow dryer, then use a round brush from ends to roots.
 - **Dry the tape bonds completely.**
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4. Styling

Heat Tools

- You can use curling wands, flat irons, etc.
- Set temperature between **270°F–380°F** depending on your natural hair
- Always use a **heat protectant**

Products

- Use only **professional-grade products** recommended by your stylist
We recommend:
 - **BELLAMI Total Defense**
 - **BELLAMI Flawless Blend Moisturizing Crème**
 - **Hair Serum Daily** (This helps keep the ends healthier and less damaged)
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Sleeping

- Brush and **loosely braid** your hair before bed
 - **Never sleep with wet hair** – this can cause tangling at the roots
 - If tangling occurs, contact your stylist right away
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Coloring

Do NOT color your extensions at home.

Only your **certified BELLAMI stylist** should handle color services.

Swimming

Swimming with extensions is not recommended. If you do swim:

- Rinse hair with fresh water and apply a small amount of leave-in conditioner
 - Tie into a loose braid or ponytail
 - Rinse and condition hair again immediately after swimming
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Sunscreen Caution

*****Use mineral-based sunscreens only.*****

Chemical sunscreens can discolor extensions.