

UNLOCKING POTENTIAL: THE BENEFITS OF A COMPETITION DANCE

In today's fast-paced world, parents are constantly seeking opportunities to enrich their children's lives, and help them develop valuable skills, that will serve them well now and in the future. Imagine enrolling your child in a program that offers a unique combination of physical, emotional, and social benefits, where they are a part of a larger community, and have the opportunity to learn and grow in a safe, family-friendly environment.

Learn why Planet Dance's Competitive Program will be one of the best decisions you'll ever make for your dancer:



1

Competition Dance Programs provide children with a structured and disciplined environment to learn and grow. Through rigorous training, and regular rehearsals, dancers develop important skills, such as time management, goal setting, and perseverance, all of which are essential for success both on and off the dance floor. Moreover, the competitive nature of these programs encourages children to push themselves to new heights, and strive for excellence in everything they do, instilling in them a strong work ethic, and a sense of determination that will serve them well in all aspects of their lives.

2

Competitive Dance fosters physical and mental discipline, and offers numerous opportunities for personal growth and development. As children progress through each level, and gain experience competing in front of judges and audiences, they learn how to handle pressure and overcome adversity with grace and poise. They develop a strong sense of self-confidence and self-esteem as they see their hard work and dedication pay off in the form of improved skills and successful performances. Most importantly, they develop lifelong friendships, and a sense of camaraderie with their fellow dancers, creating memories and bonds that will last a lifetime.

3

Participation in our Competition Dance Program can open doors to exciting opportunities and experiences that may not be available through other means. From performing on prestigious stages, and traveling to new cities, to auditioning for professional dance companies and scholarships, Competition Dancers have access to a world of possibilities that can help them further their dance careers and pursue their dreams. Even if they ultimately decide not to pursue dance professionally, the skills and experiences they gain from their time in a Competition Dance Program will serve them well in whatever path they choose to pursue.





TEAM AUDITIONS



Base your dancer's age group by the age they will be on **January 1, 2026**.

Auditions will be held on **Saturday, July 26**. Times listed below:

AGES 5 - 7

**Auditions will be from
9:00 am - 10:00 am**

Dancers will be auditioning in the styles of Jazz and Lyrical

- Dancers should bring Jazz shoes to the audition
- Required skills:
 - Both Splits, Heel Stretches, Single Pirouette
- If selected, the following classes will be required to take in the Fall:
 - Acro, Ballet, Jazz, and Regular Company Rehearsals

AGES 8 - 12

**Auditions will be from
10:30 am - 12:30 pm**

Dancers will have the opportunity to audition for Jazz, Tap, Hip-Hop, Contemporary, Acro, and Musical Theatre Routines

- Required Skills:
 - Both Splits, Heel Stretches, 3 Turns in 2nd, Leg Hold Variations (*Heel Stretch, Scorpion, etc*), Calypso, Firebirds, Jetes, Leaps in 2nd, Double Pirouette
- If selected, the following classes will be required to take in the Fall:
 - Acro, Ballet, Strength & Conditioning, Jazz, One Additional Technique Class (*either Hip Hop, Tap, or Contemporary*), and Regular Company Rehearsals

AGES 13 +

**Auditions will be from
1:00 pm - 3:00 pm**

Dancers will have the opportunity to audition for Jazz, Tap, Hip-Hop, Contemporary, Acro, and Musical Theatre Routines

- Required Skills:
 - Both Splits, 4 Turns in 2nd with ability to execute variations of 2nd Turns, advanced Turn and Jump sequences (ex. *Helicopters, Switch Leaps*)
- If selected, the following classes will be required to take in the Fall:
 - Ballet, Jazz, Contemporary, Tap, Hip Hop, Two Strength and Conditioning Classes, One Additional Technique Class (*either Pointe, Acro, or an Additional Ballet Class*), and Regular Company Rehearsals



TEAM EXPECTATIONS



ALL AGE LEVELS SHOULD BE ABLE TO DEMONSTRATE:

- A love for dance
- The ability to work individually and with a team
- The capacity to pick up choreography and count music
- A desire for growth and constructive criticism
- The capability to embody different movement styles and types of choreography
- Musicality, timing, and synchronization

AGES 5 - 7

- 2 Group Routines Minimum
- 2 Competitions Per Year
- Nationals Every Other Year
- Optional Convention
- Additional Performance Opportunities

AGES 8+

- 2 Group Routines Minimum
- Dancers Can Be Invited To Do A Solo, Duet, Or Trio
- 3 Competitions Each Year
- 1 Convention Each Year
- Nationals Every Other Year
- Group Performance Opportunity On Non-Nationals Year (*Ex. Dancing at Disney*)
- Optional Competition For Solos, Duets, And Trios
- Additional Performance Opportunities

DETAILS TO NOTE



Summer Classes

- **Summer Class Requirements:**

- Dancers interested in joining a Competition Team should take Ballet, Tap, Jazz, Hip Hop, and Contemporary.
- Acro is **highly** recommended.

- All Team Members, both new and returning, **must** attend the **Competition Team Auditions** on **Saturday, July 26.**

- Dancers must have an account balance of **\$0** to Register and participate in the Audition.
- Upon auditioning, dancers must be willing to commit to the program for an entire season, starting **August 2025** through **July 2026.**
- Prior to auditions parents must complete the audition form (*to be released in July*) and pay the \$25 audition fee.

- Due to the time commitment and demands of being a part of a Competitive Dance Program and a member of a team, we do not recommend members participate in another competitive sport during their contract (August 2025 - July 2026).
- Dancers must be invited to participate in Solos, Duets, and Trios.
 - All Group Routines must be accepted before accepting a Solo, Duet, or Trio.



HAVE QUESTIONS?

Contact us today!

