

Mindful Motion Therapy

Connecting Care, Anytime, Anywhere



PRICE LIST

Online Services

Initial session	FREE
Once off-sessions	R350
Monthly wellness package	R1 200
Comprehensive care package	R3 000

Home Visits

Initial assessment	R700
In-depth assessment	R1 100
Treatment sessions	R700

Additional Services

Summarised assessment report	R350
Functional assessment report	R750
Home programme	R350
Support group	R200

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PLEASE NOTE:

Mindful Motion Therapy offers home visits in Johannesburg Central, Sandton, Midrand, Pretoria and surrounding areas which come at an additional cost.

We are always looking to expand our reach, so if your area is not listed, feel free to enquire with us, and we will let you know if you are eligible for a home visit. We are also exploring the possibility of expanding to other areas in the near future.