

This is shooting drill.

- Set up a small perimeter maze same as we did for Week 4 but this time add the taller cone pylons.
- The object is for the kids to dribble the ball close to their feet around the green discs and to shoot and try to knock over the taller disc cones!
- When the referee blows the whistle the players need to stop, put one foot on the ball and do what the referee is doing